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[Back](#)

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 HY-TEK's Meet Manager 30/05/2010 02:52 PM
 OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010
 Track and Field
 University of Windsor Stadium
 Results

Event 1 Women 100 Meter Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times
 West Region: * 12.12 2002 Emily JOHNSON/J. F. Ross

| Name | Year | School | Prelims | Wind | H# |
|---------------------|------|------------------|---------|------|----------|
| Preliminaries | | | | | |
| 1 Tegan Sauer | | Forest Heigh | 13.08Q | -2.0 | 1 |
| 2 Amy O'Donnell | | Catholic Central | 13.28Q | -1.8 | 2 |
| 3 Samantha Brosseau | | Catholic Cen | 13.25Q | -2.0 | 1 |
| 4 Jallandra Warden | | St. Joseph's W | 13.34Q | -1.8 | 2 |
| 5 Niki Paiva | | Resurrection | 13.31Q | -2.0 | 1 |
| 6 Valentina Perez | | Catholic Central | 13.49Q | -1.8 | 2 |
| 7 Courtney Willock | | St. James HS | 13.38q | -2.0 | 1 13.373 |
| 8 Tanisha Johnson | | St. Mary's High | 13.38q | -2.0 | 1 13.374 |
| 9 Madison Dalley | | Belle River | 13.44 | -2.0 | 1 |
| 10 Madeline Dailey | | Pauline John | 13.57 | -1.8 | 2 |
| 11 Sara Eyndhoven | | Ingersoll DC | 13.62 | -1.8 | 2 |
| 12 Dimitra Lerikos | | Saunders SS | 13.70 | -1.8 | 2 |
| 13 Tina Pantic | | Herman, W.F. | 13.72 | -1.8 | 2 |
| 14 Kasia Suski | | Catholic Central | 13.80 | -1.8 | 2 |
| 15 Madison Herman | | St. Joseph's W | 13.89 | -2.0 | 1 |

Event 1 Women 100 Meter Midget

West Region: * 12.12 2002 Emily JOHNSON/J. F. Ross

| Name | Year | School | Finals | Wind |
|---------------------|------|------------------|--------|-------------|
| Finals | | | | |
| 1 Tegan Sauer | | Forest Heigh | 12.77 | -0.8 |
| 2 Amy O'Donnell | | Catholic Central | 12.82 | -0.8 |
| 3 Jallandra Warden | | St. Joseph's W | 13.00 | -0.8 12.996 |
| 4 Samantha Brosseau | | Catholic Cen | 13.00 | -0.8 13.000 |
| 5 Niki Paiva | | Resurrection | 13.09 | -0.8 |
| 6 Tanisha Johnson | | St. Mary's High | 13.10 | -0.8 |
| 7 Courtney Willock | | St. James HS | 13.24 | -0.8 |
| 8 Valentina Perez | | Catholic Central | 13.35 | -0.8 |
| Preliminaries | | | | |
| 9 Madison Dalley | | Belle River | | |
| 10 Madeline Dailey | | Pauline John | | |
| 11 Sara Eyndhoven | | Ingersoll DC | | |
| 12 Dimitra Lerikos | | Saunders SS | | |
| 13 Tina Pantic | | Herman, W.F. | | |
| 14 Kasia Suski | | Catholic Central | | |
| 15 Madison Herman | | St. Joseph's W | | |

Event 2 Men 100 Meter Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times
 West Region: * 11.18 2006 Corey CRAWLEY, A.B. Lucas

| Name | Year | School | Prelims | Wind | H# |
|------|------|--------|---------|------|----|
|------|------|--------|---------|------|----|

| | | | | | | |
|----|----------------------|----------------|--------|------|---|--------|
| 1 | Breyden Miller | North Park C | 12.05Q | -1.3 | 1 | |
| 2 | Ricardo Rabanes | Villanova | 12.09Q | -2.5 | 2 | |
| 3 | Aaron Stemmler | St David | 12.07Q | -1.3 | 1 | |
| 4 | Brendan Woodfull | St. Anne SS - | 12.12Q | -2.5 | 2 | |
| 5 | Adam Gray | Galt Cvi-Cam | 12.10Q | -1.3 | 1 | 12.092 |
| 6 | Andrew Zamin | St. James HS | 12.13Q | -2.5 | 2 | |
| 7 | Jacob McGhee | St. Anne SS - | 12.10q | -1.3 | 1 | 12.096 |
| 8 | Mitchell Taveirne | Essex D H S-Es | 12.12q | -1.3 | 1 | |
| 9 | Greg Cherniak | London Central | 12.18 | -1.3 | 1 | |
| 10 | Riccardo Carranza | Regina Mundi | 12.26 | -2.5 | 2 | |
| 11 | Stefan Poirier | London Central | 12.27 | -1.3 | 1 | |
| 12 | Matteo Del Brocco | Cardinal Car | 12.39 | -1.3 | 1 | |
| 13 | Blake Percy | Northern C I V | 12.47 | -2.5 | 2 | |
| 14 | Michael Van Damme | Holy Cross | 12.66 | -2.5 | 2 | |
| 15 | Jacob Ledrew-Skinner | Banting, Sir | 13.82 | -2.5 | 2 | |

Event 2 Men 100 Meter Midget

West Region: * 11.18 2006 Corey CRAWLEY, A.B. Lucas

| Name | Year | School | Finals | Wind |
|------|------|--------|--------|------|
|------|------|--------|--------|------|

Finals

| | | | | | |
|---|-------------------|----------------|-------|------|--------|
| 1 | Ricardo Rabanes | Villanova | 11.86 | -0.8 | |
| 2 | Andrew Zamin | St. James HS | 11.89 | -0.8 | |
| 3 | Jacob McGhee | St. Anne SS - | 11.94 | -0.8 | |
| 4 | Brendan Woodfull | St. Anne SS - | 11.96 | -0.8 | |
| 5 | Aaron Stemmler | St David | 12.06 | -0.8 | 12.053 |
| 6 | Breyden Miller | North Park C | 12.06 | -0.8 | 12.059 |
| 7 | Adam Gray | Galt Cvi-Cam | 12.07 | -0.8 | |
| 8 | Mitchell Taveirne | Essex D H S-Es | 12.23 | -0.8 | |

Preliminaries

| | | | | | |
|----|----------------------|----------------|--|--|--|
| 9 | Greg Cherniak | London Central | | | |
| 10 | Riccardo Carranza | Regina Mundi | | | |
| 11 | Stefan Poirier | London Central | | | |
| 12 | Matteo Del Brocco | Cardinal Car | | | |
| 13 | Blake Percy | Northern C I V | | | |
| 14 | Michael Van Damme | Holy Cross | | | |
| 15 | Jacob Ledrew-Skinner | Banting, Sir | | | |

Event 3 Women 200 Meter Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

West Region: * 24.70 2002 Emily JOHNSON/J. F. Ross

| Name | Year | School | Prelims | Wind | H# |
|------|------|--------|---------|------|----|
|------|------|--------|---------|------|----|

| | | | | | | |
|----|----------------------|------------------|--------|------|---|--------|
| 1 | Samantha Brosseau | Catholic Cen | 26.96Q | -3.4 | 1 | 26.952 |
| 2 | Amy O'Donnell | Catholic Central | 26.96Q | -4.0 | 2 | 26.959 |
| 3 | Bailey Sprout | Resurrection | 27.22Q | -4.0 | 2 | |
| 4 | Sarah Muma | Central Elgin | 27.53Q | -3.4 | 1 | |
| 5 | Mikeshia Bobb | Laurier, Sir | 27.52Q | -4.0 | 2 | 27.513 |
| 6 | Taylor Ross | Essex D H S-Es | 27.65Q | -3.4 | 1 | |
| 7 | Madison Dalley | Belle River | 27.52q | -4.0 | 2 | 27.516 |
| 8 | Megan Parsons | Huron Heights Se | 28.12q | -3.4 | 1 | |
| 9 | Tina Pantic | Herman, W.F. | 28.17 | -3.4 | 1 | |
| 10 | Kelsi Darmon | Centre Welli | 28.20 | -4.0 | 2 | |
| 11 | Rheanna Butler | Preston H S-C | 28.22 | -3.4 | 1 | |
| 12 | Ellen Diemert | West Hill | 28.26 | -4.0 | 2 | |
| 13 | Justine Mailloux | Belle River | 28.69 | -4.0 | 2 | |
| 14 | Katherine Marentette | St. Thomas Aq | 28.74 | -4.0 | 2 | |
| 15 | Kelsey King | Central Huron | 29.06 | -3.4 | 1 | |

Event 3 Women 200 Meter Midget

West Region: * 24.70 2002 Emily JOHNSON/J. F. Ross

| Name | Year | School | Finals | Wind |
|------|------|--------|--------|------|
|------|------|--------|--------|------|

Finals

| | | | | | |
|---|-------------------|------------------|-------|------|--|
| 1 | Amy O'Donnell | Catholic Central | 26.38 | -0.3 | |
| 2 | Samantha Brosseau | Catholic Cen | 26.58 | -0.3 | |
| 3 | Bailey Sprout | Resurrection | 26.95 | -0.3 | |
| 4 | Madison Dalley | Belle River | 27.15 | -0.3 | |
| 5 | Taylor Ross | Essex D H S-Es | 27.23 | -0.3 | |
| 6 | Sarah Muma | Central Elgin | 27.42 | -0.3 | |
| 7 | Mikeshia Bobb | Laurier, Sir | 27.68 | -0.3 | |
| 8 | Megan Parsons | Huron Heights Se | 28.45 | -0.3 | |

Preliminaries

| | | | | | |
|----|----------------|---------------|--|--|--|
| 9 | Tina Pantic | Herman, W.F. | | | |
| 10 | Kelsi Darmon | Centre Welli | | | |
| 11 | Rheanna Butler | Preston H S-C | | | |
| 12 | Ellen Diemert | West Hill | | | |

13 Justine Mailloux Belle River
 14 Katherine Marentette St. Thomas Aq
 15 Kelsey King Central Huron

Event 4 Men 200 Meter Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

West Region: * 22.69 1993 Andrew BECKFORD / Kitchener CI

| Name | Year | School | Prelims | Wind | H# | |
|------|----------|-----------|----------------|--------|------|---|
| 1 | Brendan | Woodfull | St. Anne SS - | 24.24Q | -0.2 | 1 |
| 2 | Anthony | Ubah | Holy Names H | 24.27Q | -3.7 | 2 |
| 3 | Greg | Cherniak | London Central | 24.25Q | -0.2 | 1 |
| 4 | Riccardo | Carranza | Regina Mundi | 24.69Q | -3.7 | 2 |
| 5 | Jacob | McGhee | St. Anne SS - | 24.46Q | -0.2 | 1 |
| 6 | Breyden | Miller | North Park C | 24.71Q | -3.7 | 2 |
| 7 | Shayne | Finoro | Lourdes | 24.85q | -0.2 | 1 |
| 8 | Jordan | Simpson | Saunders SS | 24.93q | -0.2 | 1 |
| 9 | Sab | Huber | Elmira Dhs | 25.01 | -0.2 | 1 |
| 10 | Craig | Maltby | East Elgin SS | 25.08 | -3.7 | 2 |
| 11 | Josh | Warren | Resurrection | 25.15 | -0.2 | 1 |
| 12 | Chase | Konecny | West Elgin | 25.29 | -3.7 | 2 |
| 13 | Nick | Zottl | Northern C I V | 25.37 | -3.7 | 2 |
| 14 | Jon | Advincula | North Park C | 25.60 | -3.7 | 2 |
| 15 | Adam | Labute | Chatham-Kent | 25.64 | -3.7 | 2 |
| 16 | Justin | Orton | Essex D H S-Es | 25.73 | -0.2 | 1 |

Event 4 Men 200 Meter Midget

West Region: * 22.69 1993 Andrew BECKFORD / Kitchener CI

| Name | Year | School | Finals | Wind | |
|---------------|----------|-----------|----------------|-------|------|
| Finals | | | | | |
| 1 | Anthony | Ubah | Holy Names H | 24.03 | -1.9 |
| 2 | Breyden | Miller | North Park C | 24.31 | -1.9 |
| 3 | Greg | Cherniak | London Central | 24.33 | -1.9 |
| 4 | Brendan | Woodfull | St. Anne SS - | 24.35 | -1.9 |
| 5 | Jacob | McGhee | St. Anne SS - | 24.54 | -1.9 |
| 6 | Riccardo | Carranza | Regina Mundi | 24.62 | -1.9 |
| 7 | Jordan | Simpson | Saunders SS | 25.17 | -1.9 |
| 8 | Shayne | Finoro | Lourdes | 25.24 | -1.9 |
| Preliminaries | | | | | |
| 9 | Sab | Huber | Elmira Dhs | | |
| 10 | Craig | Maltby | East Elgin SS | | |
| 11 | Josh | Warren | Resurrection | | |
| 12 | Chase | Konecny | West Elgin | | |
| 13 | Nick | Zottl | Northern C I V | | |
| 14 | Jon | Advincula | North Park C | | |
| 15 | Adam | Labute | Chatham-Kent | | |
| 16 | Justin | Orton | Essex D H S-Es | | |

Event 5 Women 400 Meter Midget

West Region: * 57.3h 1982 Donalda DUPREY / Pt. Elgin-Saugeen

| Name | Year | School | Finals | H# | |
|--------|-----------|------------|------------------|---------|---|
| Finals | | | | | |
| 1 | Monica | Januszek | St. Mary's High | 59.75 | 2 |
| 2 | Amy | O'Donnell | Catholic Central | 59.81 | 2 |
| 3 | Sierra | Wolfe | Essex D H S-Es | 1:00.14 | 2 |
| 4 | Michelle | Reddy | St Christoph | 1:00.39 | 2 |
| 5 | Meredith | Leitch | Banting, Sir | 1:01.16 | 2 |
| 6 | Maddie | DeDecker | Dorchester | 1:02.01 | 1 |
| 7 | Sabrina | Fitzgerald | Mother Teresa | 1:02.66 | 1 |
| 8 | Ellen | Diemert | West Hill | 1:02.87 | 2 |
| 9 | Emma | Bluemke | Bluevale | 1:03.18 | 1 |
| 10 | Brianne | Hofstede | Sir John A Macdo | 1:03.68 | 1 |
| 11 | Anique | Daley | McGregor, Jo | 1:04.43 | 1 |
| 12 | Taylor | Ross | Essex D H S-Es | 1:04.68 | 2 |
| 13 | Courtney | Fleming | Sandwich | 1:04.84 | 1 |
| 14 | Katherine | Vaidya | Assumption C | 1:05.60 | 1 |
| 15 | Katherine | Marentette | St. Thomas Aq | 1:05.62 | 1 |

Event 6 Men 400 Meter Midget

West Region: * 50.91 1994 Jeff ELLIS / Orangeville

| Name | Year | School | Finals | H# | |
|------|--------|----------|--------------|-------|---|
| 1 | Jordan | Sherwood | Cameron Heig | 52.64 | 2 |
| 2 | Khalil | Parris | Sandwich | 53.31 | 2 |
| 3 | Chase | Konecny | West Elgin | 53.61 | 1 |

| | | | | |
|----|------------------|------------------|-------|---|
| 4 | Liam Wilson | Banting, Sir | 54.11 | 2 |
| 5 | Jalen Noronha | Cameron Heig | 54.19 | 2 |
| 6 | Connor Musselman | Centre Dufferin | 54.72 | 2 |
| 7 | Matt Quirk | Bishop MacDo | 55.01 | 1 |
| 8 | Jordan Simpson | Saunders SS | 55.04 | 1 |
| 9 | Adam Labute | Chatham-Kent | 55.15 | 2 |
| 10 | Mac MacSorley | St. Michael | 55.34 | 1 |
| 11 | Reid Wilcox | Northern C I V | 55.56 | 1 |
| 12 | Liam Stiles | John F. Ross | 56.08 | 1 |
| 13 | Jordan Huzevka | Northern C I V | 56.46 | 1 |
| 14 | Michael Fraser | St Christoph | 56.54 | 2 |
| 15 | John Arboleda | Catholic Central | 57.04 | 2 |

Event 7 Women 800 Meter Midget

| ===== | | | |
|---|--------------------|-----------------|---------|
| West Region: * 2:12.68 2002 Alyson KOHLMEIER/Sarnia-St. Patirck's | | | |
| Name | Year | School | Finals |
| ===== | | | |
| 1 | Jaimie Phelan | St. Mary's High | 2:17.70 |
| 2 | Cozette Collin | Assumption | 2:19.30 |
| 3 | Jennifer Rowe | Kitchener Wa | 2:19.97 |
| 4 | Michelle Reddy | St Christoph | 2:20.32 |
| 5 | Ellen Diemert | West Hill | 2:21.26 |
| 6 | Cassidy Mayer | Banting, Sir | 2:25.71 |
| 7 | Sierra Wolfe | Essex D H S-Es | 2:27.55 |
| 8 | Madalyn Ruby | Huron Park SS | 2:28.36 |
| 9 | Marissa Ukos | Huron Park SS | 2:31.89 |
| 10 | Carlie Trombley | Holy Names H | 2:32.38 |
| 11 | Morgan Hendriks | Dorchester | 2:32.45 |
| 12 | Sabrina Fitzgerald | Mother Teresa | 2:33.40 |
| 13 | Katherine Vaidya | Assumption C | 2:37.45 |
| 14 | Nadia Pizzolitto | Assumption C | 2:40.46 |
| 15 | Olivia Gains | Galt Cvi-Cam | 2:46.06 |

Event 8 Men 800 Meter Midget

| ===== | | | |
|---|---------------------|-----------------|---------|
| West Region: * 1:55.74 1989 Kevin Sullivan/Brantford-North Park | | | |
| Name | Year | School | Finals |
| ===== | | | |
| 1 | Liam Wilson | Banting, Sir | 2:02.37 |
| 2 | Connor Musselman | Centre Dufferin | 2:03.13 |
| 3 | Paul Kealey | St. James HS | 2:04.98 |
| 4 | Michael Lozinski | Sandwich | 2:05.00 |
| 5 | Ryan Sinclair | Sandwich | 2:05.67 |
| 6 | Liam Stiles | John F. Ross | 2:09.02 |
| 7 | Ryan Foott | Montcalm SS | 2:12.00 |
| 8 | Devin Pfeister | Banting, Sir | 2:12.03 |
| 9 | Jordan Huzevka | Northern C I V | 2:12.68 |
| 10 | Cameron Oliver | St. Michael | 2:12.86 |
| 11 | Henry Off | Medway HS | 2:13.55 |
| 12 | Alexander Rocheleau | Massey, Vinc | 2:13.80 |
| 13 | Blake Rupert | Massey, Vinc | 2:15.52 |
| 14 | Reid Wilcox | Northern C I V | 2:15.81 |
| 15 | Chris Oblitas | St. Mary's High | 2:18.30 |
| 16 | Nathan Cumber | St. Benedict | 2:18.47 |

Event 9 Women 1500 Meter Midget

| ===== | | | |
|---|-------------------|-----------------|---------|
| West Region: * 4:33.99 1997 Erin MCLURE / Waterloo CI | | | |
| Name | Year | School | Finals |
| ===== | | | |
| 1 | Jaimie Phelan | St. Mary's High | 4:38.60 |
| 2 | Hilary Stafford | St. Thomas Aq | 4:47.71 |
| 3 | Cozette Collin | Assumption | 4:50.78 |
| 4 | Jennifer Rowe | Kitchener Wa | 4:51.20 |
| 5 | Cassidy Mayer | Banting, Sir | 5:00.05 |
| 6 | Maribel Flutttert | Dorchester | 5:07.33 |
| 7 | Jazmin Martin | Belle River | 5:08.52 |
| 8 | Madalyn Ruby | Huron Park SS | 5:09.14 |
| 9 | Nicki Parkes | St Christoph | 5:13.21 |
| 10 | Jordyn Visscher | Woodland Chr | 5:13.29 |
| 11 | Michelle Wong | Northern C I V | 5:15.83 |
| 12 | Carlie Trombley | Holy Names H | 5:16.22 |
| 13 | Beatrice Shilton | Beal, H.B. S | 5:18.18 |
| 14 | Nathalie Harris | St Christoph | 5:23.04 |
| 15 | Kelly Long | West Hill | 5:27.43 |
| 16 | Robin Kellam | Amherst, Gen | 5:30.85 |

Event 10 Men 1500 Meter Midget

| ===== | | | |
|--|--|--|--|
| West Region: * 4:00.0h 1986 Andrew DUTZ / London-Central | | | |

| Name | Year School | Finals |
|--------------------|------------------|---------|
| 1 Ryan Sleiman | Kingsville D | 4:12.89 |
| 2 Ben Flanagan | St. Mary's High | 4:15.10 |
| 3 Brandon Allen | Amherst, Gen | 4:17.55 |
| 4 Matt Bannon | Elmira Dhs | 4:17.94 |
| 5 Sameem Javeed | Saunders SS | 4:21.71 |
| 6 Paul Kealey | St. James HS | 4:22.44 |
| 7 Patrick Sullivan | Orangeville | 4:23.32 |
| 8 Derek Hick | Strathroy DC | 4:24.64 |
| 9 Michael Lozinski | Sandwich | 4:28.23 |
| 10 Jacob McDonald | West Elgin | 4:31.92 |
| 11 Stefan Peters | Holy Trinity C H | 4:32.08 |
| 12 Cael Wishart | Stratford Centr | 4:32.46 |
| 13 Evan Abma | St Christoph | 4:37.07 |
| 14 Ryan Sinclair | Sandwich | 4:37.10 |
| 15 Garrick Loewen | Assumption C | 4:46.01 |

Event 11 Women 3000 Meter Midget

| West Region: * 9:48.0h 1986 | | | Jennifer ARMSTRONG / London-South | |
|-----------------------------|------------------|----------|-----------------------------------|--|
| Name | Year School | Finals | | |
| 1 Hilary Stafford | St. Thomas Aq | 10:38.71 | | |
| 2 Cozette Collin | Assumption | 10:48.26 | | |
| 3 Jordyn Visscher | Woodland Chr | 10:48.37 | | |
| 4 Mariel Fluttert | Dorchester | 10:52.84 | | |
| 5 Beatrice Shilton | Beal, H.B. S | 11:09.85 | | |
| 6 Jazmin Martin | Belle River | 11:28.31 | | |
| 7 Sami McGuinness | St. Michael | 11:35.64 | | |
| 8 Nicki Parkes | St Christoph | 11:37.84 | | |
| 9 Nathalie Harris | St Christoph | 11:38.37 | | |
| 10 Michelle Wong | Northern C I V | 11:43.49 | | |
| 11 Mika Otsuka | Sir John A Macdo | 11:54.77 | | |
| 12 Celeah Gagnon | Brennan, F.J | 11:57.05 | | |
| 13 Breanne Lyons | Glenview Par | 12:02.96 | | |
| 14 Cara Shaw | Amherst, Gen | 12:20.43 | | |
| 15 Anna Burns | Wellington Hts | 12:34.02 | | |

Event 12 Men 3000 Meter Midget

| West Region: * 8:47.3h 1979 | | | Chris BREWSTER / London-Cath. Cen. | |
|-----------------------------|------------------|----------|------------------------------------|--|
| Name | Year School | Finals | | |
| 1 Ryan Sleiman | Kingsville D | 9:11.10 | | |
| 2 Ben Flanagan | St. Mary's High | 9:19.08 | | |
| 3 Brandon Allen | Amherst, Gen | 9:24.99 | | |
| 4 Matt Bannon | Elmira Dhs | 9:25.28 | | |
| 5 Sameem Javeed | Saunders SS | 9:27.29 | | |
| 6 Derek Hick | Strathroy DC | 9:40.58 | | |
| 7 Jacob McDonald | West Elgin | 9:41.60 | | |
| 8 Peter Quosai | Centennial C | 9:43.48 | | |
| 9 Stefan Peters | Holy Trinity C H | 9:45.73 | | |
| 10 Cael Wishart | Stratford Centr | 9:46.56 | | |
| 11 Evan Abma | St Christoph | 9:48.40 | | |
| 12 Tristan Fleming | London Central | 9:49.29 | | |
| 13 Garrick Loewen | Assumption C | 10:01.57 | | |
| 14 Nick Schroeder | Forest Heigh | 10:07.60 | | |
| 15 Adam Charlton | Belle River | 10:17.73 | | |
| 16 Nathan Verburg | Ur The Pines | 10:36.82 | | |

Event 13 Women 80 Meter Hurdles Midget

| 8 Advance: Top 3 Each Heat plus Next 2 Best Times | | | | |
|---|------------------|---------|----------------------------------|----|
| West Region: * 11.52 1996 | | | Jessica ZELINKA / London-Banting | |
| Name | Year School | Prelims | Wind | H# |
| Preliminaries | | | | |
| 1 Nicole Settington | Oakridge SS | 12.21Q | -1.7 | 1 |
| 2 Samantha Brosseau | Catholic Cen | 12.64Q | -1.0 | 2 |
| 3 Megan Parsons | Huron Heights Se | 12.79Q | -1.0 | 2 |
| 4 Shelby Janmaat | St. Anne's | 12.84Q | -1.7 | 1 |
| 5 Emily Bowerman | John F. Ross | 12.94Q | -1.0 | 2 |
| 6 Olivia King | Belle River | 13.02Q | -1.7 | 1 |
| 7 Chantal Caraher | Northern C I V | 13.10q | -1.7 | 1 |
| 8 Ali Baker | Mother Teresa | 13.19q | -1.0 | 2 |
| 9 Megan Baker | Mother Teresa | 13.23 | -1.7 | 1 |
| 10 Holly Thomas | Northern C I V | 13.25 | -1.0 | 2 |
| 11 Jenna West | Holy Trinity C H | 13.27 | -1.7 | 1 |
| 12 Mikesha Bobb | Laurier, Sir | 13.36 | -1.7 | 1 |
| 13 Tori Givlin | Grand River | 13.80 | -1.0 | 2 |

| | | | | | |
|----|-----------------|--------------|-------|------|---|
| 14 | Ericka Chuli | Waterford | 13.81 | -1.0 | 2 |
| 15 | Emelia Unsworth | Lambton Cent | 14.08 | -1.0 | 2 |
| 16 | Jessica Paglia | Villanova | 14.16 | -1.7 | 1 |

Event 13 Women 80 Meter Hurdles Midget

West Region: * 11.52 1996 Jessica ZELINKA / London-Banting

| Name | Year | School | Finals | Wind |
|------|------|--------|--------|------|
|------|------|--------|--------|------|

Finals

| | | | | |
|---|--------------------|------------------|-------|------|
| 1 | Nicole Settrington | Oakridge SS | 11.99 | -0.9 |
| 2 | Samantha Brosseau | Catholic Cen | 12.55 | -0.9 |
| 3 | Megan Parsons | Huron Heights Se | 12.71 | -0.9 |
| 4 | Shelby Janmaat | St. Anne's | 12.75 | -0.9 |
| 5 | Olivia King | Belle River | 12.84 | -0.9 |
| 6 | Chantal Caraher | Northern C I V | 12.91 | -0.9 |
| 7 | Ali Baker | Mother Teresa | 13.08 | -0.9 |
| 8 | Emily Bowerman | John F. Ross | 13.49 | -0.9 |

Preliminaries

| | | |
|----|-----------------|------------------|
| 9 | Megan Baker | Mother Teresa |
| 10 | Holly Thomas | Northern C I V |
| 11 | Jenna West | Holy Trinity C H |
| 12 | Mikeshia Bobb | Laurier, Sir |
| 13 | Tori Givlin | Grand River |
| 14 | Ericka Chuli | Waterford |
| 15 | Emelia Unsworth | Lambton Cent |
| 16 | Jessica Paglia | Villanova |

Event 14 Men 100 Meter Hurdles Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

West Region: * 13.12 1998 Paul WHITTY / London-Saunders

| Name | Year | School | Prelims | Wind | H# |
|------|------|--------|---------|------|----|
|------|------|--------|---------|------|----|

| | | | | | | |
|----|-------------------|------------------|--------|------|---|--------|
| 1 | Jordan Sherwood | Cameron Heig | 14.21Q | -1.9 | 2 | |
| 2 | Aaron Stemmler | St David | 14.21Q | -0.3 | 1 | |
| 3 | Luke Dailleboust | Madill, F.E. | 14.66Q | -1.9 | 2 | |
| 4 | Ben Craik | Saunders SS | 14.72Q | -0.3 | 1 | |
| 5 | Nick Parisotto | Lourdes | 14.94Q | -0.3 | 1 | |
| 6 | Mike Frizzell | St. Thomas Aq | 15.10Q | -1.9 | 2 | |
| 7 | Mike Giorgi | Lambton Cent | 14.94q | -0.3 | 1 | |
| 8 | Will Potter | South Huron | 14.95q | -0.3 | 1 | 14.941 |
| 9 | Michigan Mitchell | Northern C I V | 14.95 | -0.3 | 1 | 14.949 |
| 10 | Garrett Turner | Ur The Pines | 15.26 | -0.3 | 1 | |
| 11 | Jude Manu | St. Joseph's W | 15.30 | -1.9 | 2 | |
| 12 | Dennis Hong | Sir John A Macdo | 15.31 | -1.9 | 2 | |
| 13 | Cameron Geddes | Catholic Central | 15.33 | -1.9 | 2 | |
| 14 | Austin Kreller | Bluevale | 15.80 | -1.9 | 2 | |
| -- | Kevin Lin | Massey, Vinc | FS | -1.9 | 2 | 162.7 |

Event 14 Men 100 Meter Hurdles Midget

West Region: * 13.12 1998 Paul WHITTY / London-Saunders

| Name | Year | School | Finals | Wind |
|------|------|--------|--------|------|
|------|------|--------|--------|------|

Finals

| | | | | | |
|---|------------------|---------------|-------|------|--------|
| 1 | Aaron Stemmler | St David | 13.96 | -1.6 | |
| 2 | Jordan Sherwood | Cameron Heig | 13.99 | -1.6 | |
| 3 | Luke Dailleboust | Madill, F.E. | 14.58 | -1.6 | |
| 4 | Ben Craik | Saunders SS | 14.69 | -1.6 | |
| 5 | Nick Parisotto | Lourdes | 14.88 | -1.6 | |
| 6 | Will Potter | South Huron | 15.00 | -1.6 | |
| 7 | Mike Giorgi | Lambton Cent | 15.19 | -1.6 | 15.186 |
| 8 | Mike Frizzell | St. Thomas Aq | 15.19 | -1.6 | 15.190 |

Preliminaries

| | | |
|----|-------------------|------------------|
| 9 | Michigan Mitchell | Northern C I V |
| 10 | Garrett Turner | Ur The Pines |
| 11 | Jude Manu | St. Joseph's W |
| 12 | Dennis Hong | Sir John A Macdo |
| 13 | Cameron Geddes | Catholic Central |
| 14 | Austin Kreller | Bluevale |
| -- | Kevin Lin | Massey, Vinc |

Event 15 Women 300 Meter Hurdles Midget

West Region: * 43.80 1997 Jessica ZELINKA / London-Banting

| Name | Year | School | Finals | H# |
|------|------|--------|--------|----|
|------|------|--------|--------|----|

Finals

| | | | | |
|---|---------------|--------------|-------|---|
| 1 | Mikeshia Bobb | Laurier, Sir | 47.46 | 2 |
| 2 | Sydney Barber | Saunders SS | 49.06 | 2 |

| | | | | |
|----|-------------------|------------------|-------|---|
| 3 | Sara Grzywnowicz | Mother Teresa | 49.29 | 2 |
| 4 | Megan Parsons | Huron Heights Se | 49.52 | 2 |
| 5 | Rachael Durocher | Villanova | 49.55 | 1 |
| 6 | Holly Thomas | Northern C I V | 49.70 | 1 |
| 7 | Anique Daley | McGregor, Jo | 49.74 | 2 |
| 8 | Erica Chuli | Waterford | 49.78 | 2 |
| 9 | Morgan Hendriks | Dorchester | 50.58 | 2 |
| 10 | Natalia Augustyn | Sandwich | 50.88 | 2 |
| 11 | Kayla Hopkins | Oakridge SS | 51.44 | 1 |
| 12 | Amber Bechard | St. Anne SS - | 51.83 | 1 |
| 13 | Michelle Thompson | Huron Heights Se | 52.35 | 1 |
| 14 | Taryn Lee | St Christoph | 52.63 | 1 |
| 15 | Tori Givlin | Grand River | 52.79 | 1 |
| 16 | Kim Kunkel | Pauline John | 58.55 | 1 |

Event 16 Men 300 Meter Hurdles Midget

| West Region: * 40.41 28/05/2005 Jeremy Gibbons, Herman | | | | | |
|--|-------------------|------------------|--------|----|--|
| Name | Year | School | Finals | H# | |
| 1 | Jordan Sherwood | Cameron Heig | 41.08 | 2 | |
| 2 | Aaron Stemmler | St David | 41.67 | 2 | |
| 3 | Khalil Parris | Sandwich | 42.59 | 2 | |
| 4 | Michigan Mitchell | Northern C I V | 42.93 | 2 | |
| 5 | Ben Craik | Saunders SS | 43.44 | 2 | |
| 6 | Kevin Lin | Massey, Vinc | 43.74 | 2 | |
| 7 | Jordan Huzevka | Northern C I V | 44.15 | 1 | |
| 8 | Phil Janikowski | Villanova | 44.32 | 2 | |
| 9 | Will Potter | South Huron | 44.33 | 2 | |
| 10 | Joel Mahon | St. Patrick' | 44.52 | 1 | |
| 11 | Brian MiCall | Grand River | 44.60 | 1 | |
| 12 | Sam Martinello | St. Mary's High | 44.87 | 1 | |
| 13 | Cameron Geddes | Catholic Central | 46.12 | 1 | |
| 14 | Blake Evans | Central Huron | 46.63 | 1 | |
| 15 | Garrett Davidson | Madill, F.E. | 48.79 | 1 | |

Event 17 Women High Jump Midget

| Starting height 1.35m | | | | | |
|---|------------------------------------|------------------|--------|--|--|
| West Region: * 1.73m 1984 Leanne MADILL / Guelph-Centennial | | | | | |
| Name | Year | School | Finals | | |
| 1 | Leah Hutchison | Madill, F.E. | 1.59m | | |
| | 1.35 1.40 1.45 1.50 1.53 1.56 1.59 | | | | |
| | O O O O O O XXO | | | | |
| 2 | Celina DeCarolis | Holy Trinity C H | 1.56m | | |
| | 1.35 1.40 1.45 1.50 1.53 1.56 1.59 | | | | |
| | P O O O O O XXX | | | | |
| 2 | Ali Baker | Mother Teresa | 1.56m | | |
| | 1.35 1.40 1.45 1.50 1.53 1.56 1.59 | | | | |
| | O O O O O O XXX | | | | |
| 4 | Carolyn Adams | Lucas, A.B. | J1.56m | | |
| | 1.35 1.40 1.45 1.50 1.53 1.56 1.59 | | | | |
| | P P O O O XO XXO XXX | | | | |
| 5 | Christine Fleischer | Northern C I V | 1.53m | | |
| | 1.35 1.40 1.45 1.50 1.53 1.56 | | | | |
| | O O O O XO XO XXX | | | | |
| 6 | Ashlyn Beckman | Galt Cvi-Cam | J1.53m | | |
| | 1.35 1.40 1.45 1.50 1.53 1.56 | | | | |
| | O XO O XXO XO XXX | | | | |
| 7 | Jess Authier | Sir John A Macdo | 1.50m | | |
| | 1.35 1.40 1.45 1.50 1.53 | | | | |
| | P O XO XO XXX | | | | |
| 8 | Kyla MacDougall | St. Joseph's W | J1.50m | | |
| | 1.35 1.40 1.45 1.50 1.53 | | | | |
| | O O XO XXO XXX | | | | |
| 9 | Meghan Wright | Dorchester | 1.45m | | |
| | 1.35 1.40 1.45 1.50 | | | | |
| | P O O XXX | | | | |
| 10 | Vanessa Wahl | Westminster | J1.45m | | |
| | 1.35 1.40 1.45 1.50 | | | | |
| | O O XO XXX | | | | |
| 11 | Emelia Unsworth | Lambton Cent | 1.40m | | |
| | 1.35 1.40 1.45 | | | | |
| | XO O XXX | | | | |
| 11 | Tessa Charnuski | Elmira Dhs | 1.40m | | |
| | 1.35 1.40 1.45 | | | | |
| | XO O XXX | | | | |
| 13 | Melissa Stapleton | Centre Dufferin | J1.40m | | |
| | 1.35 1.40 1.45 | | | | |
| | O XO XXX | | | | |

| | | |
|------------------|--------------|--------|
| 14 Erika Corey | Sandwich | J1.40m |
| 1.35 1.40 1.45 | | |
| O XXO XXX | | |
| 15 Elise LeBlanc | Villanova | 1.35m |
| 1.35 1.40 | | |
| O XXX | | |
| -- Emily Dodman | Chatham-Kent | NH |
| 1.35 | | |
| XXX | | |

Event 18 Men High Jump Midget

| | | | | | | |
|--|------|------------------|--|--|--|-----------|
| Starting height 1.55 m | | | | | | |
| West Region: * 1.90m 02/06/2007 Branden Wilhelm, Woodstock | | | | | | |
| Name | Year | School | | | | Finals |
| 1 Rick Knelsen | | Valley Heigh | | | | 1.77m |
| 1.55 1.60 1.65 1.68 1.71 1.74 1.77 1.80 | | | | | | |
| O O O O XO | | | | | | XO XO XXX |
| 2 Steve Neumann | | Kingsville D | | | | 1.71m |
| 1.55 1.60 1.65 1.68 1.71 1.74 | | | | | | |
| P O O XXO O XXX | | | | | | |
| 3 Trevor Way | | Massey, Vinc | | | | J1.71m |
| 1.55 1.60 1.65 1.68 1.71 1.74 | | | | | | |
| O O O O XO | | | | | | XXX |
| 4 Braden Cok | | Sir John A Macdo | | | | 1.68m |
| 1.55 1.60 1.65 1.68 1.71 | | | | | | |
| P P O O XXX | | | | | | |
| 5 Terry Pham | | Guelph Cvi-G | | | | J1.68m |
| 1.55 1.60 1.65 1.68 1.71 | | | | | | |
| O O O XO XXX | | | | | | |
| 6 Tom deVroomen | | Strathroy DC | | | | J1.68m |
| 1.55 1.60 1.65 1.68 1.71 | | | | | | |
| O O O XXO XXX | | | | | | |
| 6 Connor Heslop | | Northern C I V | | | | J1.68m |
| 1.55 1.60 1.65 1.68 1.71 | | | | | | |
| O O O XXO XXX | | | | | | |
| 8 Shaun Brus | | London Christian | | | | J1.68m |
| 1.55 1.60 1.65 1.68 1.71 | | | | | | |
| O O XXO XXO XXX | | | | | | |
| 9 Jermaine MacDougal | | Sir John A Macdo | | | | J1.68m |
| 1.55 1.60 1.65 1.68 1.71 | | | | | | |
| O XO XXO XXO XXX | | | | | | |
| 10 Mike Wood | | Grey Highlands | | | | 1.65m |
| 1.55 1.60 1.65 1.68 | | | | | | |
| XO O O XXX | | | | | | |
| 11 Alek Ruzic | | London Central | | | | 1.60m |
| 1.55 1.60 1.65 | | | | | | |
| O O XXX | | | | | | |
| 11 Derek Wagler | | Stratford NW SS | | | | 1.60m |
| 1.55 1.60 1.65 | | | | | | |
| O O XXX | | | | | | |
| 13 Quinn Fleming | | Sandwich | | | | J1.60m |
| 1.55 1.60 1.65 | | | | | | |
| O XO XXX | | | | | | |
| 14 Joel Mahon | | St. Patrick' | | | | J1.60m |
| 1.55 1.60 1.65 | | | | | | |
| O XXO XXX | | | | | | |
| 15 Doug Kee | | St Christoph | | | | 1.55m |
| 1.55 1.60 | | | | | | |
| XXO XXX | | | | | | |
| 15 Scott Goad | | Mother Teresa | | | | 1.55m |
| 1.55 1.60 | | | | | | |
| XXO XXX | | | | | | |

Event 20 Men Pole Vault Midget

| | | | | | | |
|--|------|--------------|--|--|--|--------|
| Starting height 2.00 m | | | | | | |
| West Region: * 3.80m 1997 Frank KLUNDERT / Cardinal Carter | | | | | | |
| Name | Year | School | | | | Finals |
| 1 Brian Choja | | Oakridge SS | | | | 3.20m |
| 2.00 2.20 2.40 2.55 2.70 2.80 2.90 3.00 3.20 3.40 | | | | | | |
| P P P P P P P P XO O XXX | | | | | | |
| 2 Ashton Marlow | | Oakridge SS | | | | 2.90m |
| 2.00 2.20 2.40 2.55 2.70 2.80 2.90 3.00 | | | | | | |
| P P O O O O O O XXX | | | | | | |
| 3 Corey Abbruzzese | | Kingsville D | | | | 2.80m |
| 2.00 2.20 2.40 2.55 2.70 2.80 2.90 | | | | | | |
| O P O XO O O XXX | | | | | | |
| 4 Connor Young | | Saunders SS | | | | 2.70m |

| | | | | | | | | |
|----|-----------------|------|------|------|------|------|------------------|--------|
| | 2.00 | 2.20 | 2.40 | 2.55 | 2.70 | 2.80 | | |
| | O | O | XO | XO | XXO | XXX | | |
| 5 | Trevon Mendez | | | | | | Resurrection | 2.55m |
| | 2.00 | 2.20 | 2.40 | 2.55 | 2.70 | | | |
| | P | P | O | O | XXX | | | |
| 6 | Ty Hamilton | | | | | | Delhi Dss-De | J2.55m |
| | 2.00 | 2.20 | 2.40 | 2.55 | 2.70 | | | |
| | P | XO | O | O | XXX | | | |
| 7 | Brian Mundt | | | | | | Sir John A Macdo | J2.55m |
| | 2.00 | 2.20 | 2.40 | 2.55 | 2.70 | | | |
| | P | XO | XXO | O | XXX | | | |
| 8 | Lyndon Rey | | | | | | Brantford CI | J2.55m |
| | 2.00 | 2.20 | 2.40 | 2.55 | 2.70 | | | |
| | O | XO | XO | XO | XXX | | | |
| 9 | Mke Cooper | | | | | | Kingsville D | 2.40m |
| | 2.00 | 2.20 | 2.40 | 2.55 | | | | |
| | O | O | XO | XXX | | | | |
| 10 | Braden Cok | | | | | | Sir John A Macdo | J2.40m |
| | 2.00 | 2.20 | 2.40 | 2.55 | | | | |
| | P | P | XXO | XXX | | | | |
| 11 | Aaron Bos | | | | | | Goderich Dci | 2.20m |
| | 2.00 | 2.20 | 2.40 | 2.55 | | | | |
| | P | O | P | XXX | | | | |
| 12 | Michael Rossyan | | | | | | Sandwich | 2.00m |
| | 2.00 | 2.20 | | | | | | |
| | O | XXX | | | | | | |

Event 21 Women Long Jump Midget

| | | | | | | | | | |
|---------------------------|----------------------|------------------|-------------|-------------|----------------------------------|-------------|--|--|--|
| West Region: * 5.78m 1996 | | | | | Jessica ZELINKA / London-Banting | | | | |
| Name | Year | School | Finals | Wind | | | | | |
| 1 | Nicole Settrington | Oakridge SS | 5.20m | NWI | | | | | |
| | 5.20m(NWI) | FOUL | 5.12m(0.3) | 4.84m(-0.2) | FOUL(1.3) | 5.01m(2.4) | | | |
| 2 | Celina DeCarolis | Holy Trinity C H | 5.13m | 0.2 | | | | | |
| | 4.99m(NWI) | 5.11m(NWI) | FOUL(0.7) | 4.93m(1.3) | 5.13m(0.2) | 4.93m(-0.9) | | | |
| 3 | Danielle Quinn | St Christoph | 4.98m | 0.4 | | | | | |
| | 4.61m(NWI) | 4.75m(1.6) | 4.98m(0.4) | 4.82m(0.1) | 4.85m(0.3) | 4.67m(-0.8) | | | |
| 4 | Megan Payler | St. Joseph's | 4.90m | 1.8 | | | | | |
| | 4.74m(-0.1) | 4.86m(-0.2) | 4.90m(1.8) | 4.75m(1.2) | FOUL(0.8) | 4.65m(-1.0) | | | |
| 5 | Natalia Augustyn | Sandwich | 4.86m | 0.9 | | | | | |
| | 4.72m(NWI) | 4.81m(NWI) | 4.64m(-0.4) | 4.86m(0.9) | FOUL(1.4) | 4.65m(-1.1) | | | |
| 6 | Emma Higgins | Resurrection | 4.82m | 1.3 | | | | | |
| | 4.58m(NWI) | 4.72m(NWI) | 3.36m(0.7) | 4.82m(1.3) | 4.70m(0.2) | 4.56m(-0.9) | | | |
| 7 | Mialynn Lee-Daigle | L'Essor | 4.79m | NWI | | | | | |
| | 4.79m(NWI) | 4.62m(NWI) | 4.70m(-1.1) | 4.55m(0.8) | 4.72m(2.0) | FOUL(-1.4) | | | |
| 8 | Shelby Janmaat | St. Anne's | 4.73m | NWI | | | | | |
| | 4.73m(NWI) | 4.44m(NWI) | FOUL(+0.0) | FOUL(1.7) | 4.43m(1.6) | 4.51m(-1.3) | | | |
| 9 | Mackenzie Puklicz | St. Thomas Aq | 4.68m | 0.2 | | | | | |
| | 4.60m(NWI) | FOUL(1.9) | 4.68m(0.2) | | | | | | |
| 9 | Nicki Cruickshank | Southwood S S | 4.68m | 1.7 | | | | | |
| | 4.57m(NWI) | 4.64m(-1.6) | 4.68m(1.7) | | | | | | |
| 11 | Searra Spadafora | Holy Names H | 4.67m | 1.9 | | | | | |
| | 4.65m(NWI) | 4.67m(1.9) | 4.60m(0.2) | | | | | | |
| 12 | Megan Baker | Mother Teresa | 4.54m | NWI | | | | | |
| | 4.54m(NWI) | 4.41m(1.5) | 4.44m(0.2) | | | | | | |
| 13 | Nicole Surdyka | St. Patrick' | 4.48m | 0.3 | | | | | |
| | 4.33m(1.6) | 4.25m(1.6) | 4.48m(0.3) | | | | | | |
| 14 | Kennedy Carr | Chatham-Kent | 4.40m | NWI | | | | | |
| | 4.08m(NWI) | 4.40m(NWI) | 4.13m(0.8) | | | | | | |
| 15 | Nicole Matthews-Rose | Saugeen D S S | 4.32m | NWI | | | | | |
| | 4.11m(NWI) | 4.32m(NWI) | FOUL | | | | | | |
| 16 | Sarah Sandor | Valley Heigh | 4.26m | 0.8 | | | | | |
| | 4.18m(NWI) | 4.17m(NWI) | 4.26m(0.8) | | | | | | |

Event 22 Men Long Jump Midget

| | | | | | | | | | |
|---------------------------|-------------------|----------------|------------|------------|----------------------------|------------|--|--|--|
| West Region: * 6.67m 1979 | | | | | Ken BERRY / London-Laurier | | | | |
| Name | Year | School | Finals | Wind | | | | | |
| 1 | Destin Gardner | Massey, Vinc | 5.96m | 0.4 | | | | | |
| | 5.74m(3.3) | 5.82m(3.0) | 5.85m(3.2) | FOUL | 5.62m(3.0) | 5.96m(0.4) | | | |
| 2 | Mitchell Taveirne | Essex D H S-Es | 5.95m | 0.9 | | | | | |
| | 4.04m(2.2) | 5.43m(0.9) | 5.84m(2.7) | 5.68m(2.8) | 5.85m(-3.0) | 5.95m(0.9) | | | |
| 3 | Jalen Noronha | Cameron Heig | 5.92m | 2.0 | | | | | |
| | 5.92m(2.0) | 5.76m(2.5) | FOUL(2.6) | 5.90m(2.5) | 5.84m(0.8) | 5.80m(1.3) | | | |
| 4 | Jacob Taveirne | Essex D H S-Es | 5.90m | 3.0 | | | | | |
| | 5.89m(2.1) | FOUL(2.9) | 5.90m(3.0) | 5.67m(2.5) | 5.45m(-0.7) | FOUL(2.2) | | | |
| 5 | Brendan Woodfull | St. Anne SS - | 5.87m | 2.3 | | | | | |
| | 5.42m(-0.7) | 5.69m(2.6) | 5.87m(2.3) | 5.75m(2.5) | FOUL | | | | |
| 6 | Luke Dailleboust | Madill, F.E. | 5.86m | 1.3 | | | | | |

| | | | | | | | |
|------------------------|-------------|-------------|------------------|------------|------------|------------|------|
| | 5.75m(1.6) | 5.72m(0.7) | 5.76m(1.6) | 5.74m(2.3) | 5.66m(0.8) | 5.86m(1.3) | |
| 7 Phil Janikowski | | | Villanova | | | 5.73m | 3.6 |
| | 5.58m(0.8) | 5.45m(2.0) | 5.73m(3.6) | 5.62m(2.7) | 5.51m(1.7) | 5.71m(1.0) | |
| 8 Riley Flanagan | | | St. Mary's High | | | 5.70m | 2.6 |
| | FOUL | 5.66m(-0.4) | 5.70m(2.6) | 5.48m(1.9) | 5.63m(2.8) | 5.62m(1.6) | |
| 8 Andrew Zamin | | | St. James HS | | | 5.70m | -0.3 |
| | 5.70m(-0.3) | 5.57m(+0.0) | FOUL(1.6) | | | | |
| 10 Austin Kreller | | | Bluevale | | | 5.63m | 1.3 |
| | FOUL | 5.63m(1.3) | FOUL | | | | |
| 11 Shaun Brus | | | London Christian | | | 5.59m | NWI |
| | 5.59m(NWI) | 5.43m(3.2) | 5.27m(1.4) | | | | |
| 11 Kyle Patrick Dennis | | | Resurrection | | | 5.59m | 2.1 |
| | 4.90m(0.3) | 5.59m(2.1) | FOUL | | | | |
| 13 Tyrell Smith | | | Madill, F.E. | | | 5.58m | 2.8 |
| | FOUL(1.7) | FOUL(1.9) | 5.58m(2.8) | | | | |
| 14 Scott Goad | | | Mother Teresa | | | 5.39m | 2.1 |
| | 5.09m(-1.0) | 5.39m(2.1) | 5.14m(1.5) | | | | |
| 15 Tom deVroomen | | | Strathroy DC | | | 5.24m | 0.5 |
| | 5.18m(1.4) | 4.94m(2.6) | 5.24m(0.5) | | | | |
| 16 Nick McMaster | | | Belle River | | | 5.17m | -0.2 |
| | 5.17m(-0.2) | 5.12m(1.4) | 4.15m(2.8) | | | | |

Event 23 Women Triple Jump Midget

| West Region: * 11.22m 02/06/2007 Katie Flemington, Centennial C | | | | | | | |
|---|--------------|------------------|-------------|-------------|--------------|--------------|--|
| Name | Year | School | Finals | Wind | | | |
| 1 Nicole Settingington | | Oakridge SS | 10.88m | 1.2 | | | |
| | 10.87m(2.2) | 10.56m(2.1) | 10.71m(3.4) | 10.88m(1.2) | 10.37m(0.1) | 10.46m(NWI) | |
| 2 Jenna West | | Holy Trinity C H | 10.70m | 1.1 | | | |
| | 10.02m(NWI) | 10.40m(NWI) | 10.48m(1.6) | 10.70m(1.1) | 9.87m(0.6) | FOUL(1.2) | |
| 3 Megan Payler | | St. Joseph's | 10.59m | -1.3 | | | |
| | 10.50m(NWI) | 10.47m(1.8) | 10.25m(1.1) | FOUL(0.9) | 10.59m(-1.3) | 10.27m(0.3) | |
| 4 Nicki Cruickshank | | Southwood S S | 10.55m | 0.6 | | | |
| | 10.16m(1.4) | FOUL | 10.55m(0.6) | 10.37m(1.1) | 10.25m(-0.8) | 9.45m(0.1) | |
| 5 Leah Hutchison | | Madill, F.E. | 10.43m | 0.9 | | | |
| | 9.88m(NWI) | FOUL | 10.22m(1.8) | FOUL(-0.1) | 10.43m(0.9) | 10.31m(+0.0) | |
| 6 Mackenzie Pulham | | Pauline John | 10.34m | 1.0 | | | |
| | FOUL | 10.22m(2.0) | 10.20m(0.8) | 10.34m(1.0) | 10.23m(1.5) | 9.77m(-0.7) | |
| 7 Searra Spadafora | | Holy Names H | 10.29m | 0.7 | | | |
| | 10.19m(+0.0) | 10.18m(NWI) | 9.59m(0.7) | 10.29m(0.7) | 10.24m(-0.1) | 10.15m(-0.6) | |
| 8 Kelsie Eadie | | Madill, F.E. | 10.25m | 1.6 | | | |
| | 9.95m(NWI) | 10.25m(1.6) | 9.85m(2.0) | 9.75m(1.1) | 9.30m(0.1) | 8.53m(+0.0) | |
| 9 Natalia Augustyn | | Sandwich | 10.14m | 2.6 | | | |
| | 10.14m(2.6) | 9.51m(2.7) | FOUL | | | | |
| 10 Mialynn Lee-Daigle | | L'Essor | 10.10m | NWI | | | |
| | 10.10m(NWI) | FOUL | 10.06m(1.5) | | | | |
| 11 Nicole Matthews-Rose | | Saugeen D S S | 10.09m | 0.7 | | | |
| | 9.78m(1.7) | 9.60m(NWI) | 10.09m(0.7) | | | | |
| 12 Kennedy Carr | | Chatham-Kent | 9.96m | 1.4 | | | |
| | 9.51m(NWI) | FOUL | 9.96m(1.4) | | | | |
| 13 Emma Higgins | | Resurrection | 9.91m | NWI | | | |
| | 9.70m(NWI) | 9.91m(NWI) | 9.81m(0.1) | | | | |
| 14 Paige Henry | | Stratford Centr | 9.84m | 3.0 | | | |
| | 9.69m(NWI) | 9.84m(3.0) | 9.78m(0.3) | | | | |
| 15 Meighen Boyd | | St. Anne SS - | 9.77m | 2.1 | | | |
| | 9.47m(NWI) | 9.77m(2.1) | FOUL(1.9) | | | | |
| 16 Ashley Bisson | | St. Clair S S | 9.64m | NWI | | | |
| | 9.64m(NWI) | 9.38m(NWI) | 9.34m(0.4) | | | | |

Event 24 Men Triple Jump Midget

| West Region: * 13.78m 1994 Kriss PETERSON / LaSalle-Sandwich | | | | | | | |
|--|-------------|------------------|-------------|--------------|--------------|--------------|--|
| Name | Year | School | Finals | Wind | | | |
| 1 Braden Cok | | Sir John A Macdo | 12.86m | 0.4 | | | |
| | 12.69m(2.6) | 12.15m(2.1) | 12.32m(0.8) | 12.86m(0.4) | 12.60m(3.4) | 12.64m(-0.6) | |
| 2 Austin Kreller | | Bluevale | 12.77m | 1.8 | | | |
| | 12.27m(0.7) | 12.34m(-0.5) | 12.13m(1.0) | 12.77m(1.8) | 12.08m(+0.0) | 12.58m(-0.5) | |
| 3 Tyrell Smith | | Madill, F.E. | 12.43m | 1.3 | | | |
| | 12.11m(0.3) | 11.54m(0.4) | 11.86m(0.6) | 12.43m(1.3) | FOUL(3.6) | 12.35m(1.7) | |
| 4 Mitchell Taveirne | | Essex D H S-Es | 12.27m | 2.0 | | | |
| | 12.20m(2.9) | 12.20m(1.7) | 12.03m(0.4) | 12.27m(2.0) | 12.23m(1.7) | 12.24m(1.1) | |
| 5 Luke Dailleboust | | Madill, F.E. | 12.22m | +0.0 | | | |
| | 11.82m(4.1) | 11.77m(4.1) | FOUL(-0.1) | 11.62m(2.8) | 12.06m(1.3) | 12.22m(+0.0) | |
| 6 Shaun Brus | | London Christian | 11.80m | 1.4 | | | |
| | 11.68m(1.4) | 11.41m(0.9) | 11.42m(0.6) | 11.73m(-1.5) | 11.49m(0.5) | 11.80m(1.4) | |
| 7 Scott Goad | | Mother Teresa | 11.78m | 1.6 | | | |
| | 10.90m(0.7) | FOUL(-0.5) | 11.78m(1.6) | FOUL(0.1) | 11.70m(0.3) | 11.39m(-0.5) | |
| 8 Andrew Bye | | Grand River | 11.73m | -0.1 | | | |
| | FOUL | 11.73m(-0.1) | 11.44m(0.7) | 11.33m(-1.8) | FOUL(1.0) | FOUL(2.1) | |

| | | | | |
|----|--|-----------------|--------|------|
| 9 | Jacob Taveirne | Essex D H S-Es | 11.59m | +0.0 |
| | 11.42m(3.4) 11.45m(3.5) 11.59m(+0.0) | | | |
| 10 | Nicholas Montigny | L'Essor | 11.35m | 0.3 |
| | 11.35m(0.3) FOUL(2.4) 11.13m(1.1) | | | |
| 11 | Nick McMaster | Belle River | 11.06m | 0.9 |
| | 10.78m(1.7) 10.47m(-0.3) 11.06m(0.9) | | | |
| 12 | Riley Flanagan | St. Mary's High | 11.01m | 0.1 |
| | 11.01m(0.1) 10.65m(0.2) 10.92m(-0.7) | | | |
| 13 | Devon Laird | Northern C I V | 10.94m | +0.0 |
| | 10.84m(-0.1) 10.94m(+0.0) 10.87m(-0.2) | | | |
| 14 | Quinn Fleming | Sandwich | 10.70m | 0.6 |
| | 10.44m(0.7) 10.36m(0.9) 10.70m(0.6) | | | |
| -- | Andrew Zamin | St. James HS | FOUL | |
| | FOUL FOUL | | | |

Event 25 Women Shot Put Midget

| West Region: * 12.06m 1979 | | Liz POLYAK / Brantford-North Park | |
|----------------------------|-----------------------|-----------------------------------|--------|
| Name | Year | School | Finals |
| 1 Nicole Horneman | | Medway HS | 10.74m |
| | 10.74m 10.10m 9.90m | 10.29m 9.60m 9.08m | |
| 2 Stacie Dobson | | St Christoph | 9.95m |
| | 9.25m FOUL 9.95m FOUL | 8.94m 8.79m | |
| 3 Brianna Quenneville | | Belle River | 9.67m |
| | 8.76m 9.12m 8.39m | 9.67m 8.93m 8.35m | |
| 4 Kathleen Francis | | London Central | 9.60m |
| | 8.69m 8.66m 8.97m | 9.60m 8.64m 8.98m | |
| 5 Kelly Gribbons | | Saugeen D S S | 9.29m |
| | 8.72m 8.65m 8.88m | 9.29m 9.16m 9.14m | |
| 6 Karli Milmine | | East Elgin SS | 9.16m |
| | 8.95m 8.96m 9.03m | 9.16m 8.93m 9.15m | |
| 7 Natalie Waren | | Lucas, A.B. | 9.03m |
| | 8.35m 8.54m 9.03m | 9.00m 8.15m 8.62m | |
| 8 Joslyn Gauthier | | Herman, W.F. | 9.00m |
| | 8.46m 8.94m 7.92m | 8.44m 7.67m 9.00m | |
| 9 McKenzie Kearns | | Lajeunesse E | 8.82m |
| | 7.84m 8.77m 8.82m | | |
| 10 Rebecca Wynn | | Amherst, Gen | 8.79m |
| | 8.51m 8.79m 8.19m | | |
| 11 Mackenzie Colbran | | Northern C I V | 8.70m |
| | FOUL 8.17m 8.70m | | |
| 12 Brett Jutzi | | Stratford NW SS | 8.23m |
| | 8.20m 8.23m FOUL | | |
| 13 Tamara Officer | | Wellington Hts | 8.11m |
| | 7.77m 8.11m FOUL | | |
| 14 Rachel McLay | | Bpds | 7.98m |
| | 7.98m 7.45m 7.04m | | |
| 15 Emma Bluemke | | Bluevale | 7.94m |
| | 6.67m FOUL 7.94m | | |

Event 26 Men Shot Put Midget

| West Region: * 18.23m 1982 | | Dave CROMBEEN / Sarnia-St. Patrick's | |
|----------------------------|----------------------|--------------------------------------|--------|
| Name | Year | School | Finals |
| 1 Mike Collins | | Belle River | 13.97m |
| | 12.70m 12.70m 12.32m | 12.72m 13.97m 13.95m | |
| 2 Josh Shepley | | Belle River | 13.66m |
| | 12.24m 12.52m 12.57m | 13.66m 11.64m FOUL | |
| 3 Josh Vandeven | | Strathroy DC | 13.52m |
| | 12.93m 13.52m FOUL | 13.35m 12.78m 13.36m | |
| 4 Chris Cambridge | | Banting, Sir | 13.51m |
| | FOUL 12.34m 12.05m | 12.62m 13.11m 13.51m | |
| 5 Mat VanDijk | | Essex D H S-Es | 12.94m |
| | 12.15m 12.86m 12.48m | 11.82m 12.60m 12.94m | |
| 6 Mac MacSorley | | St. Michael | 12.80m |
| | 12.01m 12.34m 12.27m | 12.48m 12.80m 12.22m | |
| 7 Matt Lencz | | North Middlesex | 12.74m |
| | 11.81m FOUL 12.40m | 12.73m 12.62m 12.74m | |
| 8 Alex Kirshner | | West Elgin | 12.46m |
| | 12.40m 12.46m 11.68m | 11.96m 12.40m 11.38m | |
| 9 Liam Palmer | | Walkerville | 12.13m |
| | 11.28m 12.12m 12.13m | | |
| 10 James Burns | | Bluevale | 11.93m |
| | 11.93m 11.77m 11.75m | | |
| 11 Lucas Palmer | | Walkerville | 11.92m |
| | FOUL 11.92m 11.18m | | |
| 12 Tyler Winchester | | Erin Dhs-Eri | 11.74m |
| | FOUL 11.74m 11.68m | | |
| 13 Austin Baggio | | Lourdes | 11.48m |

11.48m FOUL FOUL
 14 Jakoby Jones St. Anne SS - 10.90m
 10.90m 10.46m 10.53m

Event 27 Women Discus Throw Midget

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West Region: * 40.46m 1979 Liz POLYAK / Brantford-North Park

| Name | Year | School | Finals |
|---|------|----------------|---------|
| 1 Schuyler Young | | St. Joseph's | 30.38m |
| 25.29m 26.86m 27.67m 28.40m 30.15m 30.38m | | | |
| 2 Kelly Gribbons | | Saugeen D S S | 29.13m |
| 25.37m 27.73m 26.87m 23.90m FOUL 29.13m | | | |
| 3 Kathleen Francis | | London Central | 28.94m |
| 27.15m FOUL 25.96m 27.70m 28.49m 28.94m | | | |
| 4 Quinn Conlon | | Assumption C | J28.94m |
| FOUL 26.07m 26.99m 25.23m 28.94m 22.02m | | | |
| 5 Michelle Hunter | | Belle River | 28.29m |
| 24.36m 26.50m 26.32m 28.29m 24.57m FOUL | | | |
| 6 Rebecca Wynn | | Amherst, Gen | 27.62m |
| 26.06m 25.81m 27.62m 24.67m 25.35m 26.48m | | | |
| 7 Nicole Horneman | | Medway HS | 26.40m |
| FOUL 22.12m 26.40m 24.60m FOUL 24.97m | | | |
| 8 Alex Coyle | | Sarnia C I T S | 26.33m |
| 26.29m 26.33m 25.95m 25.00m 23.36m FOUL | | | |
| 9 Stacie Dobson | | St Christoph | 26.07m |
| 22.86m 21.33m 26.07m | | | |
| 10 Jessica Wilson | | Centre Welli | 23.67m |
| FOUL 22.58m 23.67m | | | |
| 11 Mercedes VanSloun | | Delhi Dss-De | 23.08m |
| 21.18m 23.08m 23.07m | | | |
| 12 Delaney Vanderburg | | Banting, Sir | 22.88m |
| 22.58m FOUL 22.88m | | | |
| 13 Maggie Forshaw | | L'Essor | 22.86m |
| FOUL 20.27m 22.86m | | | |
| 14 Stephanie Shepard | | Huron Park SS | 22.24m |
| 22.06m 20.26m 22.24m | | | |
| 15 Tanja Velickovic | | Saugeen D S S | 21.89m |
| 20.25m 21.89m 20.71m | | | |
| 16 Brianna Atto | | North Park C | 21.00m |
| 20.54m FOUL 21.00m | | | |

Event 28 Men Discus Throw Midget

=====

West Region: * 55.14m 2002 Joe POCOCK/Windsor

| Name | Year | School | Finals |
|---|------|----------------|--------|
| 1 Josh Vandeven | | Strathroy DC | 42.89m |
| 41.87m 42.89m FOUL 36.38m FOUL 37.75m | | | |
| 2 Mitchell Fitzmorris | | Ingersoll DC | 36.66m |
| 29.43m FOUL 36.29m 35.15m 33.59m 36.66m | | | |
| 3 JJ Innes | | McGregor, Jo | 36.51m |
| FOUL 29.95m 35.37m 33.80m 36.51m 34.51m | | | |
| 4 Montana Strong | | Belle River | 35.75m |
| 34.82m 32.21m 35.56m 24.72m 35.43m 35.75m | | | |
| 5 Mitch McConnel | | Medway HS | 35.43m |
| 31.51m 31.81m 35.43m FOUL 32.42m 32.27m | | | |
| 6 James Burns | | Bluevale | 34.12m |
| FOUL FOUL 34.12m FOUL 34.12m FOUL | | | |
| 7 Josh Shepley | | Belle River | 33.30m |
| FOUL 32.70m FOUL FOUL 33.30m FOUL | | | |
| 8 Noah Benko | | Kennedy, Hon | 32.78m |
| 32.78m 28.44m FOUL 31.12m FOUL FOUL | | | |
| 9 Tyler Winchester | | Erin Dhs-Eri | 32.05m |
| 32.05m 31.28m 30.76m | | | |
| 10 Nick Zottl | | Northern C I V | 31.90m |
| FOUL FOUL 31.90m | | | |
| 11 Colin Robertson | | Georgian Bay | 31.41m |
| 31.41m FOUL 29.38m | | | |
| 12 Zachary Sauer | | Southwood S S | 31.21m |
| 26.62m 31.21m 30.20m | | | |
| 13 Kellen LeClair | | Brennan, F.J | 31.10m |
| 31.10m 29.98m FOUL | | | |
| 14 Hudson Bruin | | Delhi Dss-De | 28.98m |
| 27.20m 27.80m 28.98m | | | |
| 15 Luke Alexander | | South Huron | 28.10m |
| 28.10m FOUL 26.40m | | | |
| 16 Aaron Bos | | Goderich Dci | 25.60m |
| FOUL 25.60m 23.33m | | | |

Event 29 Women Javelin Throw Midget

| West Region: * 39.25m 2009 | | Brooke ROWLAND, Westside | | |
|-----------------------------|---------------|--------------------------|---------------|---------------|
| Name | Year | School | Finals | |
| 1 Victoria Smith | | Belle River | 36.53m | |
| | 29.59m 29.30m | | 25.71m 36.53m | 31.29m 31.49m |
| 2 Rachael Durocher | | Villanova | 31.59m | |
| | 27.99m 29.29m | | 29.38m 28.90m | 31.59m 28.77m |
| 3 Jordan Henry | | St Christoph | 31.06m | |
| | FOUL 31.06m | | 27.61m 27.15m | 27.64m FOUL |
| 4 Mackenzie Sleaford | | Lambton Cent | 30.32m | |
| | 24.69m 25.19m | | 27.98m 28.66m | 30.32m 30.01m |
| 5 Natalie Waren | | Lucas, A.B. | 29.59m | |
| | 29.41m 29.59m | | 26.54m 22.05m | 24.49m 25.11m |
| 6 Abby Roberts | | Northern C I V | 29.04m | |
| | 28.98m FOUL | | 29.04m 25.20m | 24.32m FOUL |
| 7 Laura Vermeire | | Mother Teresa | 28.68m | |
| | 27.93m 28.68m | | 27.32m FOUL | FOUL FOUL |
| 8 Stephanie Shepard | | Huron Park SS | 28.36m | |
| | 28.36m FOUL | | 22.03m 24.52m | 26.19m 27.55m |
| 9 Jaime Moon | | Ingersoll DC | 27.55m | |
| | FOUL 23.49m | | 27.55m | |
| 10 Melanie Schwartzentruber | | Elmira Dhs | 27.31m | |
| | 27.31m 25.38m | | 26.50m | |
| 11 Kelly Gribbons | | Saugeen D S S | 24.84m | |
| | 24.84m 23.64m | | FOUL | |
| 12 Nicole Horneman | | Medway HS | 23.86m | |
| | 20.24m 23.86m | | 23.83m | |
| 13 Paige Coyne | | Pain Court E S | 23.25m | |
| | 23.25m FOUL | | FOUL | |
| 14 Cortney Van Allen | | Mgsr. E.A. Doyle | 22.29m | |
| | 20.16m 22.29m | | 21.86m | |
| 15 Julia Frey | | Elmira Dhs | 21.75m | |
| | 21.75m FOUL | | FOUL | |

Event 30 Men Javelin Throw Midget

| West Region: * 61.70m 1982 | | Dave CROMBEEN / Sarnia-St. Patrick's | | |
|----------------------------|---------------|--------------------------------------|---------------|---------------|
| Name | Year | School | Finals | |
| 1 Josh Shepley | | Belle River | 54.01m | |
| | 53.55m 53.56m | | 54.01m 50.91m | 50.70m 51.29m |
| 2 Cole Jordan | | Oakridge SS | 49.45m | |
| | FOUL 47.89m | | 47.61m FOUL | FOUL 49.45m |
| 3 Mike Collins | | Belle River | 46.29m | |
| | 41.04m 39.09m | | 41.80m 42.52m | 46.29m 45.58m |
| 4 Ryan Smith | | Massey, Vinc | 45.52m | |
| | 40.54m 45.40m | | 45.52m 41.51m | 42.53m 40.07m |
| 5 D'Sean Thelwell | | Regina Mundi | 44.68m | |
| | 38.09m 36.63m | | 40.89m 44.68m | 37.21m FOUL |
| 6 Kellen LeClair | | Brennan, F.J | 43.76m | |
| | 43.76m 38.51m | | 38.78m 42.16m | FOUL 42.40m |
| 7 Will Chesney | | Huron Park SS | 43.44m | |
| | 39.49m 35.61m | | 39.96m 40.44m | 43.44m 30.69m |
| 8 Jacob Hennin | | Massey, Vinc | 39.81m | |
| | 34.97m 38.75m | | 39.81m 35.91m | 33.89m 30.78m |
| 9 Evan Redka | | Glenview Par | 39.43m | |
| | 36.60m 31.56m | | 39.43m | |
| 10 Adam Waller | | St. Clair S S | 38.87m | |
| | 38.60m 31.25m | | 38.87m | |
| 11 Mike Duddy | | St. Michael | 37.29m | |
| | 35.85m 37.29m | | 34.76m | |
| 12 Shayne Finoro | | Lourdes | 36.11m | |
| | 34.98m FOUL | | 36.11m | |
| 13 Andrew Tovey | | Kincardine | 34.47m | |
| | 34.47m 31.76m | | 32.64m | |
| 14 Matt Coates | | Galt Cvi-Cam | 33.68m | |
| | 33.51m 30.83m | | 33.68m | |
| 15 Caleb Crewson | | Lourdes | 31.34m | |
| | FOUL FOUL | | 31.34m | |
| 16 Zach Read | | West Elgin | 30.67m | |
| | 27.72m 29.49m | | 30.67m | |

Event 31 Women 4x100 Meter Relay Midget

| West Region: * 50.00 1996 | | LONDON - BANTING | |
|---------------------------|------|------------------|----|
| School | Year | Finals | H# |
| 1 Resurrection C S S | 'A' | 50.14 | 2 |
| 1) Kristen Dietrich | | 2) Niki Paiva | |
| 3) Bailey Sprout | | 4) Emma Higgins | |

| | | | |
|---------------------------------------|-------------------------|-------|----------|
| 2 Catholic Central 'A' | | 50.91 | 2 |
| 1) Kasia Suski | 2) Valentina Perez | | |
| 3) Abby Ouellette | 4) Amy O'Donnell | | |
| 3 St. Mary's High School 'A' | | 50.92 | 2 |
| 1) Shanette Walch | 2) Jaimie Phelan | | |
| 3) Tanisha Johnson | 4) Monica Januszek | | |
| 4 St. Joseph's H S - swsj 'A' | | 51.30 | 2 |
| 1) Ore Ayo-Olaniyan | 2) Elizabeth Hesley | | |
| 3) Madison Herman | 4) Jallandra Warden | | |
| 5 F.E. Madill S S 'A' | | 51.50 | 2 |
| 1) Leah Hutchison | 2) Sarah Cook | | |
| 3) Kira Worner | 4) Lanie Smith | | |
| 6 Southwood S S 'A' | | 52.32 | 1 |
| 1) Nicki Cruickshank | 2) Courtney Harley | | |
| 3) Karen Becker | 4) Emma Schroeder | | |
| 7 Northern C I & V S - swno 'A' | | 52.33 | 2 |
| 1) Holly Thomas | 2) Madison Parsons | | |
| 3) Chantal Caraher | 4) Mackenzie Shaw | | |
| 8 St. Thomas of Villanova - swtv 'A' | | 52.41 | 2 |
| 1) Ashley Paling | 2) Rachael Durocher | | |
| 3) Jessica Paglia | 4) Renee LeBlanc | | |
| 9 Essex D H S - swes 'A' | | 52.82 | 1 |
| 1) Tristen Nikita | 2) Taylor Ross | | |
| 3) Ashley Amicarelli | 4) Sierra Wolfe | | |
| 10 Oakridge S S 'A' | | 53.05 | 2 |
| 1) Nicole Settingington | 2) Kayla Hopkins | | |
| 3) Jamila Skinner | 4) Celeste White | | |
| 11 Assumption College Sch 'A' | | 53.63 | 1 |
| 1) Haley Falco | 2) Emily Gill | | |
| 3) Caitlin Wallace | 4) Cozette Collin | | |
| 12 Lord Dorchester S S 'A' | | 53.99 | 1 |
| 13 Pauline Johnson C & V S 'A' | | 55.25 | 1 |
| 1) Madeline Dailey | 2) Mackenzie Pulham | | |
| 3) Lily Huynh | 4) Mimi Nguyen | | |
| 14 Lambton Central C & V I - swlc 'A' | | 56.02 | 1 |
| 1) Katrina Russel | 2) Emelia Unsworth | | |
| 3) Shauna McPhail | 4) Jessica Jamieson | | |
| -- Sandwich S S - swsw 'A' | | DQ | 1 170.14 |
| 1) Natalia Augustyn | 2) Stephanie Zajacz | | |
| 3) | 4) Courtney Fleming | | |
| -- St. Thomas Aquinas S S 'A' | | DQ | 1 170.14 |
| 1) Breanne Anderson | 2) Amanda Cybulski | | |
| 3) Lauren Daniel | 4) Katherine Marentette | | |

Event 32 Men 4x100 Meter Relay Midget

| ===== | | | | |
|--------------------------------------|------------------------|------|-------------------|----|
| West Region: * | 45.37 | 2002 | LASALLE-VILLANOVA | |
| School | | | Finals | H# |
| ===== | | | | |
| 1 Sir John A Macdonald SS 'A' | | | 46.85 | 1 |
| 1) Michael Piaseczny | 2) Matt Bell | | | |
| 3) Caleb Dale | 4) Dennis Hong | | | |
| 2 St. Thomas of Villanova - swtv 'A' | | | 46.94 | 2 |
| 1) Anthony Olivito | 2) Ricardo Rabanes | | | |
| 3) Douglas Heffernan | 4) Phil Janikowski | | | |
| 3 Resurrection C S S 'A' | | | 47.20 | 2 |
| 1) Owen Masterton | 2) Adam Schneider | | | |
| 3) Josh Warren | 4) Kyle Patrick Dennis | | | |
| 4 Our Lady OF Lourdes 'A' | | | 47.32 | 2 |
| 1) Liam Ottema | 2) Braden Gorgi | | | |
| 3) Shayne Finoro | 4) Nick Parisotto | | | |
| 5 Holy Names H S - swhn 'A' | | | 47.44 | 2 |
| 1) Robert Hertzog | 2) Ian Montero | | | |
| 3) Anthony Ubah | 4) Dan Shaya | | | |
| 6 London Central S S 'A' | | | 47.53 | 1 |
| 1) Graeme Gillespie | 2) Stefan Poirier | | | |
| 3) Griffin Williams | 4) Greg Cherniak | | | |
| 7 F.E. Madill S S 'A' | | | 47.54 | 2 |
| 1) Tyrell Smith | 2) Jesse Fortier | | | |
| 3) Tanner Kirkby | 4) Luke Dailleboust | | | |
| 8 Sandwich S S - swsw 'A' | | | 47.56 | 2 |
| 1) Grahame McNevin | 2) Khalil Parris | | | |
| 3) Wesley Zawyrucha | 4) Quinn Fleming | | | |
| 9 Cameron Heights C I 'A' | | | 47.78 | 2 |
| 1) Kevin Henry | 2) Jalen Noronha | | | |
| 3) Santiago Almada | 4) Jordan Sherwood | | | |
| 10 Northern C I & V S - swno 'A' | | | 47.98 | 2 |
| 1) Blake Percy | 2) Adam Lane | | | |
| 3) Cary Brown | 4) Nick Zottl | | | |
| 11 St. Mary's High School 'A' | | | 48.17 | 1 |
| 1) Sam Martinello | 2) Riley Flanagan | | | |

| | | | |
|-----------------------------------|--------------------|-------|---|
| 3) Mario Reckl | 4) Roman Barrett | | |
| 12 Saunders S S 'A' | | 48.41 | 1 |
| 1) Nathan Lethbridge | 2) Jordan Simpson | | |
| 3) Ben Craik | 4) Connor Young | | |
| 13 Vincent Massey S S - swma 'A' | | 48.53 | 1 |
| 1) Dragos Chiriac | 2) Destin Gardner | | |
| 3) Kevin Lin | 4) Lahiru Kanchana | | |
| 14 St. Christopher S S - swst 'A' | | 48.68 | 1 |
| 1) Matt Cimetta | 2) Michael Fraser | | |
| 3) Paul Jeong | 4) Doug Kee | | |
| 15 Medway H S 'A' | | 49.26 | 1 |
| 16 St. Thomas Aquinas S S 'A' | | 49.49 | 1 |
| 1) Hunter Tilden | 2) Mike Frizzell | | |
| 3) Matt DeCicco | 4) Jack Shelley | | |

Event 33 Women 100 Meter Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

West Region: * 11.89 1995 Margaret FOX / Guelph-Bishop Mac.

| Name | Year | School | Prelims | Wind | H# |
|------|------|--------|---------|------|----|
|------|------|--------|---------|------|----|

Preliminaries

| | | | | | |
|--------------------|--|------------------|--------|------|---|
| 1 McKenzie Johnson | | Laurier, Sir | 12.88Q | -2.3 | 2 |
| 2 Sara Costa | | St. Thomas Aq | 13.13Q | -2.0 | 1 |
| 3 Emily Omahen | | St. Anne SS - | 13.00Q | -2.3 | 2 |
| 4 Bailey Hutt | | North Lambto | 13.16Q | -2.0 | 1 |
| 5 Laura VanBommel | | St. Joseph's | 13.23Q | -2.3 | 2 |
| 6 Jenny Carrique | | Grand River | 13.31Q | -2.0 | 1 |
| 7 Hannah Reardon | | Holy Trinity C H | 13.32q | -2.0 | 1 |
| 8 Carley Horvath | | Ur The Pines | 13.53q | -2.0 | 1 |
| 9 Janessa Laureano | | St. Patrick' | 13.59 | -2.0 | 1 |
| 10 Taylor Campbell | | Glendale HS | 13.62 | -2.3 | 2 |
| 11 Anisha MacLean | | Chatham-Kent | 13.73 | -2.3 | 2 |
| 12 Kelsey Smith | | St. Anne's | 13.76 | -2.3 | 2 |
| 13 Kayla Cooke | | Brantford CI | 13.76 | -2.0 | 1 |
| 14 Elisa Wright | | Harrow D H S | 13.79 | -2.3 | 2 |
| 15 Emma Sandroock | | Resurrection | 13.80 | -2.3 | 2 |
| 16 Danielle Holder | | Brantford CI | 13.82 | -2.0 | 1 |

Event 33 Women 100 Meter Junior

West Region: * 11.89 1995 Margaret FOX / Guelph-Bishop Mac.

| Name | Year | School | Finals | Wind |
|------|------|--------|--------|------|
|------|------|--------|--------|------|

Finals

| | | | | |
|--------------------|--|------------------|-------|------|
| 1 McKenzie Johnson | | Laurier, Sir | 12.64 | -0.6 |
| 2 Emily Omahen | | St. Anne SS - | 12.89 | -0.6 |
| 3 Jenny Carrique | | Grand River | 12.95 | -0.6 |
| 4 Sara Costa | | St. Thomas Aq | 13.01 | -0.6 |
| 5 Bailey Hutt | | North Lambto | 13.03 | -0.6 |
| 6 Laura VanBommel | | St. Joseph's | 13.08 | -0.6 |
| 7 Hannah Reardon | | Holy Trinity C H | 13.19 | -0.6 |
| 8 Carley Horvath | | Ur The Pines | 13.27 | -0.6 |

Preliminaries

| | | | | |
|--------------------|--|--------------|--|--|
| 9 Janessa Laureano | | St. Patrick' | | |
| 10 Taylor Campbell | | Glendale HS | | |
| 11 Anisha MacLean | | Chatham-Kent | | |
| 12 Kelsey Smith | | St. Anne's | | |
| 13 Kayla Cooke | | Brantford CI | | |
| 14 Elisa Wright | | Harrow D H S | | |
| 15 Emma Sandroock | | Resurrection | | |
| 16 Danielle Holder | | Brantford CI | | |

Event 34 Men 100 Meter Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

West Region: * 10.60 2002 Rhoan STERLING/Galt

| Name | Year | School | Prelims | Wind | H# |
|------|------|--------|---------|------|----|
|------|------|--------|---------|------|----|

| | | | | | |
|-------------------------|--|----------------|--------|------|---|
| 1 Drelan Bramwell | | Northern C I V | 11.42Q | -1.9 | 1 |
| 2 Justin Kobarda | | Regina Mundi | 11.69Q | -2.1 | 2 |
| 3 Jaydon Gauthier | | Herman, W.F. | 11.84Q | -2.1 | 2 |
| 4 Jermaine Stephenson | | St. James HS | 11.84Q | -1.9 | 1 |
| 5 Emerson Petri | | Galt Cvi-Cam | 11.84Q | -2.1 | 2 |
| 6 Chris Green | | Cameron Heig | 11.86Q | -1.9 | 1 |
| 7 Dustin Nguyen-Black | | Grand River | 11.87q | -2.1 | 2 |
| 8 Morgan Walls | | North Park C | 11.89q | -2.1 | 2 |
| 9 Mitchell Nelson | | Sandwich | 11.92 | -2.1 | 2 |
| 10 Connor Hogg | | St. Thomas Aq | 11.99 | -2.1 | 2 |
| 11 Jacob Francis-Taylor | | Holy Names H | 12.00 | -1.9 | 1 |
| 12 Ben Kelly | | Sarnia C I T S | 12.00 | -2.1 | 2 |

| | | | | | | |
|----|---------------|------------------|-------|------|---|--------|
| 13 | Eric Frappier | Pain Court E S | 12.09 | -1.9 | 1 | |
| 14 | Alex Morgan | Parkside CI | 12.23 | -1.9 | 1 | |
| 15 | Bashar Neema | Catholic Central | 12.27 | -1.9 | 1 | 12.261 |
| 16 | Devon Lucan | Parkside CI | 12.27 | -1.9 | 1 | 12.267 |

Event 34 Men 100 Meter Junior

| West Region: * 10.60 2002 Rhoan STERLING/Galt | | | | | | |
|---|----------------------|------------------|--------|------|--|--|
| Name | Year | School | Finals | Wind | | |
| Finals | | | | | | |
| 1 | Drelan Bramwell | Northern C I V | 11.30 | -3.0 | | |
| 2 | Justin Kobarda | Regina Mundi | 11.53 | -3.0 | | |
| 3 | Jermaine Stephenson | St. James HS | 11.59 | -3.0 | | |
| 4 | Dustin Nguyen-Black | Grand River | 11.65 | -3.0 | | |
| 5 | Morgan Walls | North Park C | 11.71 | -3.0 | | |
| 6 | Emerson Petri | Galt Cvi-Cam | 11.77 | -3.0 | | |
| 7 | Jaydon Gauthier | Herman, W.F. | 11.78 | -3.0 | | |
| 8 | Chris Green | Cameron Heig | 11.81 | -3.0 | | |
| Preliminaries | | | | | | |
| 9 | Mitchell Nelson | Sandwich | | | | |
| 10 | Connor Hogg | St. Thomas Aq | | | | |
| 11 | Jacob Francis-Taylor | Holy Names H | | | | |
| 12 | Ben Kelly | Sarnia C I T S | | | | |
| 13 | Eric Frappier | Pain Court E S | | | | |
| 14 | Alex Morgan | Parkside CI | | | | |
| 15 | Bashar Neema | Catholic Central | | | | |
| 16 | Devon Lucan | Parkside CI | | | | |

Event 35 Women 200 Meter Junior

| 8 Advance: Top 3 Each Heat plus Next 2 Best Times | | | | | | |
|---|------------------|------------------|---------|------|----|--------|
| West Region: * 24.13 1995 Margaret FOX / Guelph-Bishop Mac. | | | | | | |
| Name | Year | School | Prelims | Wind | H# | |
| 1 | Emily Omahen | St. Anne SS - | 26.47Q | -1.3 | 2 | |
| 2 | Sara Costa | St. Thomas Aq | 26.56Q | -2.9 | 1 | 26.557 |
| 3 | Hannah Pearsall | Lourdes | 26.56Q | -1.3 | 2 | 26.560 |
| 4 | Nadine Otten | St. Anne's | 27.06Q | -2.9 | 1 | |
| 5 | Marissa Kurtimah | Guelph Cvi-G | 26.81Q | -1.3 | 2 | |
| 6 | McKenzie Johnson | Laurier, Sir | 27.32Q | -2.9 | 1 | |
| 7 | Hannah Reardon | Holy Trinity C H | 27.12q | -1.3 | 2 | |
| 8 | Samantha Ireland | Bluevale | 27.64q | -1.3 | 2 | |
| 9 | Alyssa Medeiros | Catholic Central | 27.72 | -1.3 | 2 | |
| 10 | Jillian Rops | Lambton Cent | 27.73 | -1.3 | 2 | |
| 11 | Janessa Laureano | St. Patrick' | 28.16 | -2.9 | 1 | |
| 12 | Anisha MacLean | Chatham-Kent | 28.22 | -2.9 | 1 | |
| 13 | Michelle Chauvin | L'Essor | 28.80 | -2.9 | 1 | |
| 14 | Jenny Carrique | Grand River | 29.02 | -2.9 | 1 | |

Event 35 Women 200 Meter Junior

| West Region: * 24.13 1995 Margaret FOX / Guelph-Bishop Mac. | | | | | | |
|---|------------------|------------------|--------|------|--|--|
| Name | Year | School | Finals | Wind | | |
| Finals | | | | | | |
| 1 | Emily Omahen | St. Anne SS - | 25.86 | 1.0 | | |
| 2 | Hannah Pearsall | Lourdes | 26.16 | 1.0 | | |
| 3 | Sara Costa | St. Thomas Aq | 26.28 | 1.0 | | |
| 4 | Marissa Kurtimah | Guelph Cvi-G | 26.50 | 1.0 | | |
| 5 | McKenzie Johnson | Laurier, Sir | 26.60 | 1.0 | | |
| 6 | Hannah Reardon | Holy Trinity C H | 27.34 | 1.0 | | |
| 7 | Samantha Ireland | Bluevale | 27.74 | 1.0 | | |
| Preliminaries | | | | | | |
| 4 | Nadine Otten | St. Anne's | | | | |
| 9 | Alyssa Medeiros | Catholic Central | | | | |
| 10 | Jillian Rops | Lambton Cent | | | | |
| 11 | Janessa Laureano | St. Patrick' | | | | |
| 12 | Anisha MacLean | Chatham-Kent | | | | |
| 13 | Michelle Chauvin | L'Essor | | | | |
| 14 | Jenny Carrique | Grand River | | | | |

Event 36 Men 200 Meter Junior

| 8 Advance: Top 3 Each Heat plus Next 2 Best Times | | | | | | |
|---|---------------------|----------------|---------|------|----|--|
| West Region: * 21.67 1993 Chris ROBINSON / Cambridge-Hespeler | | | | | | |
| Name | Year | School | Prelims | Wind | H# | |
| 1 | Jermaine Stephenson | St. James HS | 23.12Q | -1.7 | 2 | |
| 2 | Nienkel Paljola | Forest Heigh | 23.19Q | -1.3 | 1 | |
| 3 | Drelan Bramwell | Northern C I V | 23.30Q | -1.7 | 2 | |

| | | | | | |
|----|----------------------|----------------|--------|------|---|
| 4 | Keegan Calder | Waterloo | 23.43Q | -1.3 | 1 |
| 5 | Justin Kobarda | Regina Mundi | 23.54Q | -1.3 | 1 |
| 6 | Dustin Nguyen-Black | Grand River | 23.87Q | -1.7 | 2 |
| 7 | Cody Brown | Herman, W.F. | 23.85q | -1.3 | 1 |
| 8 | Broderick Webster | Northern C I V | 23.86q | -1.3 | 1 |
| 9 | Morgan Walls | North Park C | 24.08 | -1.7 | 2 |
| 10 | Mitchell Nelson | Sandwich | 24.10 | -1.3 | 1 |
| 11 | Nathan Hartwig | Medway HS | 24.11 | -1.7 | 2 |
| 12 | Caleb Papineau | St. Thomas Aq | 24.41 | -1.7 | 2 |
| 13 | Dylan Lambert | Central Huron | 24.46 | -1.7 | 2 |
| 14 | Devyn McGlocklin | Dorchester | 24.53 | -1.7 | 2 |
| 15 | Jacob Francis-Taylor | Holy Names H | 25.20 | -1.3 | 1 |

Event 36 Men 200 Meter Junior

West Region: * 21.67 1993 Chris ROBINSON / Cambridge-Hespeler

| Name | Year | School | Finals | Wind |
|------|------|--------|--------|------|
|------|------|--------|--------|------|

Finals

| | | | | |
|---|---------------------|----------------|-------|------|
| 1 | Nienkel Paljola | Forest Heigh | 22.72 | -1.3 |
| 2 | Drelan Bramwell | Northern C I V | 23.11 | -1.3 |
| 3 | Justin Kobarda | Regina Mundi | 23.20 | -1.3 |
| 4 | Keegan Calder | Waterloo | 23.35 | -1.3 |
| 5 | Jermaine Stephenson | St. James HS | 23.45 | -1.3 |
| 6 | Broderick Webster | Northern C I V | 23.79 | -1.3 |
| 7 | Dustin Nguyen-Black | Grand River | 23.86 | -1.3 |
| 8 | Cody Brown | Herman, W.F. | 23.91 | -1.3 |

Preliminaries

| | | |
|----|----------------------|---------------|
| 9 | Morgan Walls | North Park C |
| 10 | Mitchell Nelson | Sandwich |
| 11 | Nathan Hartwig | Medway HS |
| 12 | Caleb Papineau | St. Thomas Aq |
| 13 | Dylan Lambert | Central Huron |
| 14 | Devyn McGlocklin | Dorchester |
| 15 | Jacob Francis-Taylor | Holy Names H |

Event 37 Women 400 Meter Junior

West Region: * 54.56 1994 Nadia SCHMEIDT / London-John Paul II

| Name | Year | School | Finals | H# |
|------|------|--------|--------|----|
|------|------|--------|--------|----|

Finals

| | | | | |
|----|-----------------------|-----------------|---------|---|
| 1 | Taylor Farquhar | London Central | 58.50 | 2 |
| 2 | Ally Gonzalez | Regina Mundi | 59.79 | 1 |
| 3 | Mikaela Vandenheuvell | Medway HS | 1:00.46 | 2 |
| 4 | Katie Parry | St. Thomas Aq | 1:00.79 | 2 |
| 5 | Rachel Costa | Lourdes | 1:01.01 | 1 |
| 6 | Siobhan Smith | Northern C I V | 1:01.27 | 2 |
| 7 | Marissa Kurtimah | Guelph Cvi-G | 1:01.51 | 2 |
| 8 | Samantha Ireland | Bluevale | 1:02.47 | 1 |
| 9 | Charlotte Clarke | Centennial C | 1:02.75 | 1 |
| 10 | McKenzie Johnson | Laurier, Sir | 1:02.99 | 2 |
| 11 | Jillian Rops | Lambton Cent | 1:03.38 | 1 |
| 12 | Kaitlyn Schenck | St. Mary's High | 1:03.45 | 2 |
| 13 | Breanne Nicholas | Blenheim D H S | 1:03.80 | 2 |
| 14 | Angelica Campigotto | Holy Names H | 1:05.00 | 1 |
| 15 | Lauren Dann | Northern C I V | 1:05.90 | 1 |
| 16 | Amanda Desjardins | Essex D H S-Es | 1:05.97 | 1 |

Event 38 Men 400 Meter Junior

West Region: * 47.94 1997 Liam CARD / Port Elgin-Saugeen

| Name | Year | School | Finals | H# |
|------|------|--------|--------|----|
|------|------|--------|--------|----|

| | | | | |
|----|---------------------|------------------|-------|---|
| 1 | Brandon McBride | Herman, W.F. | 48.65 | 2 |
| 2 | Nienkel Paljola | Forest Heigh | 50.19 | 2 |
| 3 | Jermaine Stephenson | St. James HS | 50.30 | 2 |
| 4 | Keegan Calder | Waterloo | 51.43 | 2 |
| 5 | Broderick Webster | Northern C I V | 51.55 | 2 |
| 6 | Drelan Bramwell | Northern C I V | 52.50 | 2 |
| 7 | Shawn Beaudoin | Sandwich | 52.97 | 1 |
| 8 | Scott Buttinger | Resurrection | 53.00 | 2 |
| 9 | Jake Clement | Brennan, F.J | 53.52 | 1 |
| 10 | Devyn McGlocklin | Dorchester | 53.52 | 1 |
| 11 | Micah Hesman | Sandwich | 53.62 | 1 |
| 12 | Dylan Lambert | Central Huron | 54.22 | 2 |
| 13 | Brady Johnston | St. John's Colle | 54.54 | 1 |
| 14 | Peter Harris | London Central | 54.55 | 1 |
| 15 | Corey Squires | Parkside CI | 54.62 | 1 |
| 16 | Alex Dufault | Strathroy DC | 55.12 | 1 |

Event 39 Women 800 Meter Junior

| West Region: * 2:08.52 02/06/2007 Jessica Parry, C. C. London | | | | |
|---|-------------|---------------|----------------|---------|
| Name | Year | School | Finals | |
| 1 | Cheyenne | Hunter | Kincardine | 2:17.40 |
| 2 | Jessica | Bujouves | Saunders SS | 2:18.41 |
| 3 | Aliya | Roga | St David | 2:19.08 |
| 4 | Katie | Parry | St. Thomas Aq | 2:24.25 |
| 5 | Elora | Beitz | Bishop MacDo | 2:25.95 |
| 6 | Darian | Limb | Lambton Cent | 2:26.36 |
| 7 | Spottiswood | Sarah | Laurier, Sir | 2:27.30 |
| 8 | Reo | Roland | North Park C | 2:27.47 |
| 9 | Madeline | Yungblut | Madill, F.E. | 2:27.91 |
| 10 | Angelica | Campigotto | Holy Names H | 2:28.04 |
| 11 | Amanda | Hancock | Parkside CI | 2:29.27 |
| 12 | Jacey | Steen | St. Anne SS - | 2:30.17 |
| 13 | Samantha | Ireland | Bluevale | 2:34.23 |
| 14 | Haley | Hetzl | Essex D H S-Es | 2:40.37 |
| 15 | Siobhan | Smith | Northern C I V | 2:41.37 |
| 16 | Mel | Boissonneault | Essex D H S-Es | 2:41.43 |

Event 40 Men 800 Meter Junior

| West Region: * 1:50.90 2000 Nathan BRANNEN / Preston HS | | | | |
|---|---------|-----------|-----------------|----------|
| Name | Year | School | Finals | |
| 1 | Shawn | Master | Northern C I V | 1:57.11 |
| 2 | Corey | Bellemore | Riverside S S | 1:57.84 |
| 3 | Jerry | Colaluca | Catholic Cen | 1:57.98 |
| 4 | Jake | Clement | Brennan, F.J | 1:58.68 |
| 5 | Cory | Simard | Kennedy, Hon | 2:03.17 |
| 6 | Chris | Taylor | St. Joseph's | 2:04.73 |
| 7 | Brad | Carroll | Herman, W.F. | 2:05.17 |
| 8 | Mike | Gunn | Oakridge SS | 2:05.92 |
| 9 | Sam | Baxter | St. Mary's High | 2:07.62 |
| 10 | Alex | Dufault | Strathroy DC | 2:07.75 |
| 11 | Jake | Moore | North Park C | 2:12.39 |
| 12 | Brendan | Clark | Lourdes | 2:13.59 |
| 13 | Andrew | Moser | Dorchester | 2:16.52 |
| -- | Scott | Buttinger | Resurrection | DQ 163.3 |

Event 41 Women 1500 Meter Junior

| West Region: * 4:28.35 01/06/2007 Jessica Parry, C. C. London | | | | |
|---|-------------|-----------|----------------|---------|
| Name | Year | School | Finals | |
| 1 | Cheyenne | Hunter | Kincardine | 4:49.31 |
| 2 | Jessica | Bujouves | Saunders SS | 4:49.83 |
| 3 | Aliya | Roga | St David | 4:51.35 |
| 4 | Jaclyn | White | Mother Teresa | 4:53.86 |
| 5 | Stephanie | Rigg | London Central | 4:59.10 |
| 6 | Vanessa | Linton | Guelph Cvi-G | 5:04.01 |
| 7 | Elora | Beitz | Bishop MacDo | 5:08.74 |
| 8 | Darian | Limb | Lambton Cent | 5:11.03 |
| 9 | Madeline | Yungblut | Madill, F.E. | 5:11.09 |
| 10 | Spottiswood | Sarah | Laurier, Sir | 5:13.86 |
| 11 | Paige | Odegard | Northern C I V | 5:14.30 |
| 12 | Chantal | Bourassa | St Christoph | 5:15.07 |
| 13 | Jacey | Steen | St. Anne SS - | 5:16.70 |
| 14 | Maggie | MacDonald | Erin Dhs-Eri | 5:22.52 |
| 15 | Andrea | Kiss | St. Anne SS - | 5:25.08 |
| -- | Ashley | Bracci | Essex D H S-Es | DNF |

Event 42 Men 1500 Meter Junior

| West Region: * 3:49.3h 1994 Jay CANTIN / Sarnia-St. Clair | | | | |
|---|---------|-----------|------------------|---------|
| Name | Year | School | Finals | |
| 1 | Shawn | Master | Northern C I V | 4:07.05 |
| 2 | Corey | Bellemore | Riverside S S | 4:07.61 |
| 3 | Sam | Baxter | St. Mary's High | 4:08.30 |
| 4 | Jerry | Colaluca | Catholic Cen | 4:08.87 |
| 5 | Cory | Simard | Kennedy, Hon | 4:12.22 |
| 6 | Patrick | Deane | Dorchester | 4:15.89 |
| 7 | James | Milton | St David | 4:20.81 |
| 8 | Mike | Gunn | Oakridge SS | 4:23.20 |
| 9 | Tyler | VanLeewen | St. John's Colle | 4:25.60 |
| 10 | Ryan | McNamara | Chatham Chri | 4:25.63 |
| 11 | Tyler | Natywary | St. Michael | 4:28.14 |
| 12 | Logan | Chappell | Saugeen D S S | 4:28.93 |

| | | |
|--------------------|----------------|---------|
| 13 Paul Wunder | St. Michael | 4:30.76 |
| 14 Olivier Asselin | Northern C I V | 4:34.42 |
| 15 Mate Magdic | Central Elgin | 4:42.99 |
| -- Usama Ikram | Waterloo | DNF |

Event 43 Women 3000 Meter Junior

| West Region: * 9:50.02 2001 Amy KOHLMEIER / Sarnia-St.Patrick's | | | |
|---|------|----------------|----------|
| Name | Year | School | Finals |
| 1 Jaclyn White | | Mother Teresa | 10:38.49 |
| 2 Stephanie Rigg | | London Central | 10:39.06 |
| 3 Vanessa Linton | | Guelph Cvi-G | 10:39.30 |
| 4 Paige Odegard | | Northern C I V | 10:59.52 |
| 5 Taylor Martin | | Cameron Heig | 11:02.11 |
| 6 Maggie MacDonald | | Erin Dhs-Eri | 11:22.77 |
| 7 Chantal Bourassa | | St Christoph | 11:30.22 |
| 8 Nicole McMullen-Cook | | Bluevale | 11:31.19 |
| 9 Marina Drygala | | Bluevale | 11:32.83 |
| 10 Tiana Beharriell | | Strathroy DC | 11:48.84 |
| 11 Melissa Jameson | | Northern C I V | 11:57.24 |
| 12 Hanne Roelen | | Regina Mundi | 12:08.33 |
| 13 Erinn Lee | | Wallaceburg | 12:10.22 |
| 14 Madi MacDonald | | London Central | 12:14.50 |
| 15 Stephanie Jarison | | Riverside S S | 12:27.98 |
| -- Ashley Bracci | | Essex D H S-Es | DNF |

Event 44 Men 3000 Meter Junior

| West Region: * 8:35.46 2001 Adam HORTIAN / Bluevale | | | |
|---|------|------------------|----------|
| Name | Year | School | Finals |
| 1 James Milton | | St David | 9:18.62 |
| 2 Patrick Deane | | Dorchester | 9:22.80 |
| 3 Devon Ellijah | | Massey, Vinc | 9:25.99 |
| 4 Sayf Al-Khazraji | | Massey, Vinc | 9:26.23 |
| 5 Ryan McNamara | | Chatham Chri | 9:33.15 |
| 6 Tyler Natywary | | St. Michael | 9:36.77 |
| 7 Tyler VanLeewen | | St. John's Colle | 9:40.90 |
| 8 Logan Chappell | | Saugeen D S S | 9:42.59 |
| 9 Paul Wunder | | St. Michael | 9:44.42 |
| 10 Patrick Carrique | | Grand River | 9:58.95 |
| 11 Brandon Miner | | Holy Names H | 10:04.54 |
| 12 Colton MacDonald | | Saunders SS | 10:07.88 |
| 13 Pablo Mendoza | | Northern C I V | 10:16.43 |
| 14 Joel Webster | | Southwood S S | 10:17.32 |
| 15 Matt Ward-Trymbulak | | Amherst, Gen | 10:23.28 |
| -- Mate Magdic | | Central Elgin | DNF |

Event 45 Women 80 Meter Hurdles Junior

| 8 Advance: Top 3 Each Heat plus Next 2 Best Times | | | | |
|--|------|-----------------|---------|---------|
| West Region: * 11.01 1998 Jessica ZELINKA / London-Banting | | | | |
| Name | Year | School | Prelims | Wind H# |
| Preliminaries | | | | |
| 1 Alysha Newman | | Mother Teresa | 11.95Q | -1.3 2 |
| 2 Christine MacNeill | | London Central | 12.24Q | -0.7 1 |
| 3 Helena Reinfels | | Centennial C | 12.48Q | -0.7 1 |
| 4 Nadine Otten | | St. Anne's | 12.55Q | -1.3 2 |
| 5 Courtney Rivait | | Kingsville D | 12.69Q | -0.7 1 |
| 6 Cheryse Mitton | | St. Mary's High | 12.72Q | -1.3 2 |
| 7 Laura Pineault | | Riverside S S | 12.85q | -1.3 2 |
| 8 Elisa Wright | | Harrow D H S | 12.89q | -1.3 2 |
| 9 Ally Gonzalez | | Regina Mundi | 12.96 | -0.7 1 |
| 10 Brogan Probert | | Belle River | 12.99 | -0.7 1 |
| 11 Jilleen VanLeerzem | | Lambton Cent | 13.04 | -1.3 2 |
| 12 Leah de los Santos | | Cameron Heig | 13.31 | -0.7 1 |
| 13 Hanna Molzan | | Lambton Cent | 13.32 | -0.7 1 |
| 14 Kaitlyn Schenck | | St. Mary's High | 13.47 | -1.3 2 |
| 15 Adrienne Wise | | Central Huron | 13.74 | -1.3 2 |
| 16 Nicole Do | | Grand River | 13.97 | -0.7 1 |

Event 45 Women 80 Meter Hurdles Junior

| West Region: * 11.01 1998 Jessica ZELINKA / London-Banting | | | | |
|--|------|----------------|--------|------|
| Name | Year | School | Finals | Wind |
| Finals | | | | |
| 1 Christine MacNeill | | London Central | 11.75 | -2.3 |
| 2 Alysha Newman | | Mother Teresa | 11.76 | -2.3 |

| | | | | | |
|---------------|--------------------|-----------------|-------|------|--------|
| 3 | Helena Reinfels | Centennial C | 12.37 | -2.3 | |
| 4 | Courtney Rivait | Kingsville D | 12.48 | -2.3 | 12.475 |
| 5 | Nadine Otten | St. Anne's | 12.48 | -2.3 | 12.478 |
| 6 | Cheryse Mitton | St. Mary's High | 12.75 | -2.3 | |
| 7 | Elisa Wright | Harrow D H S | 12.86 | -2.3 | |
| 8 | Laura Pineault | Riverside S S | 12.89 | -2.3 | |
| Preliminaries | | | | | |
| 9 | Ally Gonzalez | Regina Mundi | | | |
| 10 | Brogan Probert | Belle River | | | |
| 11 | Jilleen VanLeerzem | Lambton Cent | | | |
| 12 | Leah de los Santos | Cameron Heig | | | |
| 13 | Hanna Molzan | Lambton Cent | | | |
| 14 | Kaitlyn Schenck | St. Mary's High | | | |
| 15 | Adrienne Wise | Central Huron | | | |
| 16 | Nicole Do | Grand River | | | |

Event 46 Men 100 Meter Hurdles Junior

| | | | | | |
|--|-----------------|------------------|---------|------|----|
| ===== | | | | | |
| 8 Advance: Top 3 Each Heat plus Next 2 Best Times | | | | | |
| West Region: * 13.49 2009 Gregory MACNEILL, Mother Theresa | | | | | |
| Name | Year | School | Prelims | Wind | H# |
| ===== | | | | | |
| 1 | Brandon Gow | Belle River | 13.97Q | -0.1 | 2 |
| 2 | Mitch O'Donnell | Forest Heigh | 14.30Q | 0.2 | 1 |
| 3 | Chris Green | Cameron Heig | 14.56Q | 0.2 | 1 |
| 4 | Mitchell Long | Harrow D H S | 14.77Q | -0.1 | 2 |
| 5 | Michael Gray | Lambton Cent | 15.28Q | 0.2 | 1 |
| 6 | Ian McGregor | Centre Welli | 15.49Q | -0.1 | 2 |
| 7 | Jevon Bisschop | East Elgin SS | 15.57q | 0.2 | 1 |
| 8 | Shawn Wu | John F. Ross | 15.65q | 0.2 | 1 |
| 9 | Matt Cober | Huron Heights Se | 15.69 | -0.1 | 2 |
| 10 | Steven Buckley | Huron Park SS | 15.99 | 0.2 | 1 |
| 11 | Connor Hogg | St. Thomas Aq | 16.03 | -0.1 | 2 |
| 12 | Matt Klaudi | Northern C I V | 16.27 | 0.2 | 1 |
| 13 | Garrick Byers | Ingersoll DC | 17.45 | -0.1 | 2 |
| 14 | Zak Jukna | Central Elgin | 18.18 | 0.2 | 1 |

Event 46 Men 100 Meter Hurdles Junior

| | | | | | |
|--|-----------------|------------------|--------|------|--|
| ===== | | | | | |
| West Region: * 13.49 2009 Gregory MACNEILL, Mother Theresa | | | | | |
| Name | Year | School | Finals | Wind | |
| ===== | | | | | |
| Finals | | | | | |
| 1 | Mitch O'Donnell | Forest Heigh | 13.55 | -0.3 | |
| 2 | Brandon Gow | Belle River | 13.83 | -0.3 | |
| 3 | Chris Green | Cameron Heig | 14.47 | -0.3 | |
| 4 | Mitchell Long | Harrow D H S | 14.70 | -0.3 | |
| 5 | Michael Gray | Lambton Cent | 14.92 | -0.3 | |
| 6 | Shawn Wu | John F. Ross | 15.23 | -0.3 | |
| 7 | Ian McGregor | Centre Welli | 15.66 | -0.3 | |
| 8 | Jevon Bisschop | East Elgin SS | 15.87 | -0.3 | |
| Preliminaries | | | | | |
| 9 | Matt Cober | Huron Heights Se | | | |
| 10 | Steven Buckley | Huron Park SS | | | |
| 11 | Connor Hogg | St. Thomas Aq | | | |
| 12 | Matt Klaudi | Northern C I V | | | |
| 13 | Garrick Byers | Ingersoll DC | | | |
| 14 | Zak Jukna | Central Elgin | | | |

Event 47 Women 300 Meter Hurdles Junior

| | | | | | |
|--|--------------------|-----------------|--------|----|--|
| ===== | | | | | |
| West Region: * 41.78 1994 Nadia SCHMEIDT / London-John Paul II | | | | | |
| Name | Year | School | Finals | H# | |
| ===== | | | | | |
| Finals | | | | | |
| 1 | Helena Reinfels | Centennial C | 44.67 | 2 | |
| 2 | Taylor Farquhar | London Central | 45.73 | 2 | |
| 3 | Ally Gonzalez | Regina Mundi | 46.25 | 2 | |
| 4 | Christine MacNeill | London Central | 46.75 | 2 | |
| 5 | Siobhan Smith | Northern C I V | 47.40 | 2 | |
| 6 | Kaitlyn Schenck | St. Mary's High | 47.87 | 1 | |
| 7 | Courtney Rivait | Kingsville D | 47.94 | 2 | |
| 8 | Marlowe Pecora | Northern C I V | 48.25 | 1 | |
| 9 | Cheryse Mitton | St. Mary's High | 48.51 | 1 | |
| 10 | Leah de los Santos | Cameron Heig | 48.59 | 1 | |
| 11 | Sam Murray | Cameron Heig | 48.69 | 2 | |
| 12 | Jilleen VanLeerzem | Lambton Cent | 49.47 | 2 | |
| 13 | Laura Pineault | Riverside S S | 49.74 | 1 | |
| 14 | Kaitlyn Donison | L'Essor | 49.86 | 1 | |
| 15 | Kaylin Corneliuss | Oakridge SS | 51.06 | 1 | |
| -- | Nadine Otten | St. Anne's | DNF | 1 | |

Event 48 Men 300 Meter Hurdles Junior

| West Region: * 38.11 1996 | | | | | Jeff ELLIS/Orangeville | |
|---------------------------|------|------------------|--------|----|------------------------|--|
| Name | Year | School | Finals | H# | | |
| 1 Brandon McBride | | Herman, W.F. | 38.35 | 2 | | |
| 2 Shawn Beaudoin | | Sandwich | 40.41 | 2 | | |
| 3 Brandon Gow | | Belle River | 40.78 | 2 | | |
| 4 Micah Hesman | | Sandwich | 41.34 | 2 | | |
| 5 Matt Cober | | Huron Heights Se | 41.98 | 2 | | |
| 6 Michael Gray | | Lambton Cent | 42.17 | 2 | | |
| 7 Corey Squires | | Parkside CI | 43.01 | 2 | | |
| 8 Matt Klaudi | | Northern C I V | 43.03 | 2 | | |
| 9 Andrew Moser | | Dorchester | 43.23 | 1 | | |
| 10 Mark Muehmer | | Medway HS | 43.46 | 1 | | |
| 11 Brady Kelly | | Lourdes | 43.47 | 1 | | |
| 12 Jeff Mah | | John F. Ross | 44.61 | 1 | | |
| 13 Ian McGregor | | Centre Welli | 45.32 | 1 | | |
| -- Zac Bandura | | St. Mary's High | DNF | 1 | | |

Event 49 Women High Jump Junior

| Starting height 1.35 m | | | | | | | | | | West Region: * 1.77m 1985 | | Catherine BOND / Woodstock CI | |
|--|------|------------------|--------|--|--|--|--|--|--|---------------------------|--|-------------------------------|--|
| Name | Year | School | Finals | | | | | | | | | | |
| 1 Avrya Janke | | Kitchener Wa | 1.65m | | | | | | | | | | |
| 1.35 1.40 1.45 1.50 1.53 1.56 1.59 1.62 1.65 | | | | | | | | | | | | | |
| P O O O XO O XO XO XO | | | | | | | | | | | | | |
| 2 Brooke Rowland | | Westside Sec | 1.62m | | | | | | | | | | |
| 1.35 1.40 1.45 1.50 1.53 1.56 1.59 1.62 1.65 | | | | | | | | | | | | | |
| P P P O O O O O XXX | | | | | | | | | | | | | |
| 3 Alyssa Bickle | | Woodstock | J1.62m | | | | | | | | | | |
| 1.35 1.40 1.45 1.50 1.53 1.56 1.59 1.62 1.65 | | | | | | | | | | | | | |
| P P XO O O O O XO XXX | | | | | | | | | | | | | |
| 4 Julie-Ann Milling | | Ingersoll DC | 1.53m | | | | | | | | | | |
| 1.35 1.40 1.45 1.50 1.53 1.56 | | | | | | | | | | | | | |
| P P O O XO XXX | | | | | | | | | | | | | |
| 5 Karleigh Davidson | | Mgsr. E.A. Doyle | 1.50m | | | | | | | | | | |
| 1.35 1.40 1.45 1.50 1.53 | | | | | | | | | | | | | |
| O O XXO O XXX | | | | | | | | | | | | | |
| 6 Caitlin Hughes | | Sir John A Macdo | J1.50m | | | | | | | | | | |
| 1.35 1.40 1.45 1.50 1.53 | | | | | | | | | | | | | |
| O O O XO XXX | | | | | | | | | | | | | |
| 6 Bryar Hind | | Galt Cvi-Cam | J1.50m | | | | | | | | | | |
| 1.35 1.40 1.45 1.50 1.53 | | | | | | | | | | | | | |
| O O O XO XXX | | | | | | | | | | | | | |
| 8 Rachel Neves | | Strathroy DC | 1.45m | | | | | | | | | | |
| 1.35 1.40 1.45 1.50 | | | | | | | | | | | | | |
| XO O XO XXX | | | | | | | | | | | | | |
| 9 Jessica Mong | | Riverside S S | 1.40m | | | | | | | | | | |
| 1.35 1.40 1.45 | | | | | | | | | | | | | |
| O XXO XXX | | | | | | | | | | | | | |
| 9 Alexis Lockstadt | | Sandwich | 1.40m | | | | | | | | | | |
| 1.35 1.40 1.45 | | | | | | | | | | | | | |
| O O XXX | | | | | | | | | | | | | |
| 10 Sarah Backes | | Saunders SS | J1.40m | | | | | | | | | | |
| 1.35 1.40 1.45 | | | | | | | | | | | | | |
| O XO XXX | | | | | | | | | | | | | |
| 11 Veronica Uras | | Massey, Vinc | J1.40m | | | | | | | | | | |
| 1.35 1.40 1.45 | | | | | | | | | | | | | |
| XO XO XXX | | | | | | | | | | | | | |
| 12 Jennifer Christie | | Saunders SS | J1.40m | | | | | | | | | | |
| 1.35 1.40 1.45 | | | | | | | | | | | | | |
| O XXO XXX | | | | | | | | | | | | | |
| 14 Leah VanBarneveld | | Northern C I V | 1.35m | | | | | | | | | | |
| 1.35 1.40 | | | | | | | | | | | | | |
| O XXX | | | | | | | | | | | | | |
| 15 Leah Caravan | | Northern C I V | J1.35m | | | | | | | | | | |
| 1.35 1.40 | | | | | | | | | | | | | |
| XO XXX | | | | | | | | | | | | | |

Event 50 Men High Jump Junior

| Starting height 1.65 m | | | | | | | | | | West Region: * 2.01m 1984 | | Andrew MCLEAN / Arva-Medway | |
|--|------|--------------|--------|--|--|--|--|--|--|---------------------------|--|-----------------------------|--|
| Name | Year | School | Finals | | | | | | | | | | |
| 1 Scott Campbell | | Lambton Cent | 1.90m | | | | | | | | | | |
| 1.65 1.70 1.75 1.78 1.81 1.84 1.86 1.90 1.93 | | | | | | | | | | | | | |

| | | | | | | | | | | |
|-------------------------|------------------|------|------|------|------|------|-----|-----|-----|--------|
| | O | O | O | O | XO | XO | XXO | XXO | XXX | |
| 2 Sean Callaghan | Strathroy DC | | | | | | | | | 1.81m |
| | 1.65 | 1.70 | 1.75 | 1.78 | 1.81 | 1.84 | | | | |
| | XO | O | XO | XXO | XO | XXX | | | | |
| 3 Tyler Storey | Herman, W.F. | | | | | | | | | J1.81m |
| | 1.65 | 1.70 | 1.75 | 1.78 | 1.81 | 1.84 | | | | |
| | O | XO | O | O | XXO | XXX | | | | |
| 4 David Nightingale | Woodland Chr | | | | | | | | | 1.78m |
| | 1.65 | 1.70 | 1.75 | 1.78 | 1.81 | | | | | |
| | O | O | O | O | XXX | | | | | |
| 5 Jake Williams | Northern C I V | | | | | | | | | J1.78m |
| | 1.65 | 1.70 | 1.75 | 1.78 | 1.81 | | | | | |
| | P | P | O | XO | XXX | | | | | |
| 6 Conner Hodgins-Depont | St. Joseph's | | | | | | | | | 1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | O | O | XXX | | | | | | | |
| 6 Jordan Spain | Delhi Dss-De | | | | | | | | | 1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | O | O | XXX | | | | | | | |
| 8 Mark Boles | Catholic Central | | | | | | | | | J1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | XO | O | XXX | | | | | | | |
| 8 Jordan Moore | Elmira Dhs | | | | | | | | | J1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | XO | O | XXX | | | | | | | |
| 10 Quinton Eaton | Listowel Dss | | | | | | | | | J1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | O | XO | XXX | | | | | | | |
| 10 Mark Muehmer | Medway HS | | | | | | | | | J1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | O | XO | XXX | | | | | | | |
| 10 Shawn Beaudoin | Sandwich | | | | | | | | | J1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | O | XO | XXX | | | | | | | |
| 10 Keegan Calder | Waterloo | | | | | | | | | J1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | O | XO | XXX | | | | | | | |
| 14 Robin Petrie | St. Benedict | | | | | | | | | J1.70m |
| | 1.65 | 1.70 | 1.75 | | | | | | | |
| | O | XXO | XXX | | | | | | | |
| 15 Demetrius Kah | Herman, W.F. | | | | | | | | | 1.65m |
| | 1.65 | 1.70 | | | | | | | | |
| | O | XXX | | | | | | | | |

Event 51 Women Pole Vault Junior

| | | | | | | | | | | | | |
|--|-----------------|------|---------------|------|------|------|------|------|------|------|------|--------|
| Starting height 1.70 m | | | | | | | | | | | | |
| West Region: * 3.41m 2009 Alysha NEWMAN, Oakridge SS | | | | | | | | | | | | |
| | Name | Year | School | | | | | | | | | Finals |
| ===== | | | | | | | | | | | | |
| 1 | Alysha Newman | | Mother Teresa | | | | | | | | | 3.70m* |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | 2.70 | 2.75 | 3.20 | 3.50 | 3.70 | 3.91 |
| | P | P | P | P | P | P | P | P | O | XXO | O | XXX |
| 2 | Abbie McLellan | | Cameron Heig | | | | | | | | | 2.70m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | 2.70 | 2.75 | | | | |
| | P | O | O | O | O | O | XXO | XXX | | | | |
| 3 | Sophie Bauer | | Saunders SS | | | | | | | | | 2.60m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | 2.70 | | | | | |
| | P | P | P | XO | P | XO | XXX | | | | | |
| 4 | Rachel Brandner | | Kingsville D | | | | | | | | | J2.60m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | | | | | | |
| | O | P | O | O | O | O | | | | | | |
| 5 | Laura Sauro | | Assumption C | | | | | | | | | 2.45m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | | | | | | |
| | O | O | O | O | O | XXX | | | | | | |
| 6 | Tori Larocque | | St. Anne SS - | | | | | | | | | J2.45m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | | | | | | |
| | P | P | XO | O | O | XXX | | | | | | |
| 7 | Larrissa Jerome | | Woodstock | | | | | | | | | 2.30m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | |
| | P | O | O | O | XXX | | | | | | | |
| 7 | Meredith Leitch | | Banting, Sir | | | | | | | | | 2.30m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | |
| | O | O | O | O | XXX | | | | | | | |
| 9 | Alyssa Fiedler | | Grand River | | | | | | | | | J2.30m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | |
| | O | XO | O | O | XXX | | | | | | | |
| 10 | Kaylie Crawford | | Kingsville D | | | | | | | | | J2.30m |
| | 1.70 | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | |
| | O | O | O | XO | XXX | | | | | | | |
| 11 | Kaitlyn Pinch | | Leamington D | | | | | | | | | J2.30m |

| | | | |
|----|-------------------|------------------|--------|
| 12 | Jennifer Christie | Saunders SS | J2.30m |
| 13 | Angela Taylor | St. Anne SS - | 2.10m |
| 14 | Hannah Becket | Brantford CI | 1.90m |
| 15 | Anna Maria Radu | Resurrection | J1.90m |
| 16 | Tracey Scanling | Sir John A Macdo | 1.70m |

Event 52 Men Pole Vault Junior

Starting height 2.25 m
 West Region: * 4.40m 1991 Mike NOLAN / Lord Dorchester

| Name | Year | School | Finals |
|------------------|------|------------------|--------|
| 1 Nik Hoediono | | Sir John A Macdo | 4.20m |
| 2 Emil Larsson | | Sir John A Macdo | 3.50m |
| 3 Matt Hartley | | Saunders SS | J3.50m |
| 4 Micah Hesman | | Sandwich | 3.40m |
| 5 Brad Kuiack | | Oakridge SS | 3.30m |
| 6 Beau Burroughs | | Delhi Dss-De | J3.30m |
| 7 Jay Meyer | | St. Anne SS - | 2.95m |
| 8 Kaelan Masse | | Sandwich | J2.95m |
| 9 Harvey Xu | | Sir John A Macdo | 2.80m |
| 10 Sam Ferguson | | Banting, Sir | J2.80m |
| -- Mike Lavdas | | Banting, Sir | NH |

Event 53 Women Long Jump Junior

West Region: * 5.76m 1981 Tina LETOURNEAU / Windsor-Brennan

| Name | Year | School | Finals | Wind |
|-------------------------|------|-----------------|--------|------|
| 1 Emily Omahen | | St. Anne SS - | 5.39m | 1.4 |
| 2 Mikaela Vandenheuvell | | Medway HS | 5.15m | NWI |
| 3 Laura VanBommel | | St. Joseph's | 5.10m | 2.9 |
| 4 Briawna Taylor | | Oakridge SS | 5.07m | 2.2 |
| 5 Breanne Nicholas | | Blenheim D H S | 5.03m | 1.2 |
| 6 Lauren Smith | | Orangeville | 4.98m | NWI |
| 7 Emily Lesouder | | Stratford Centr | 4.79m | NWI |
| 8 Hannah Pearsall | | Lourdes | 4.77m | NWI |
| 9 Katrina Corrado | | Resurrection | 4.74m | NWI |

| | | | | |
|----|----------------------------------|-----------------|-------|-----|
| 10 | Jessica Clancy | Waterloo | 4.64m | NWI |
| | 4.62m(NWI) FOUL | 4.64m(NWI) | | |
| 11 | Alexis Lockstadt | Sandwich | 4.63m | NWI |
| | 4.60m(NWI) 4.63m(NWI) 4.47m(NWI) | | | |
| 12 | Mia Cuffaro | Villanova | 4.59m | NWI |
| | 4.59m(NWI) 4.47m(NWI) FOUL | | | |
| 13 | Hanna Molzan | Lambton Cent | 4.43m | NWI |
| | 4.39m(NWI) 4.43m(NWI) 4.11m(NWI) | | | |
| 14 | Pheobe Sampey | Ingersoll DC | 4.42m | NWI |
| | 4.20m(NWI) 4.30m(NWI) 4.42m(NWI) | | | |
| 15 | Carley Horvath | Ur The Pines | 4.37m | NWI |
| | FOUL 4.37m(NWI) | | | |
| -- | Devin Crandall | Centre Dufferin | ND | NWI |
| | PASS PASS PASS | | | |

Event 54 Men Long Jump Junior

| West Region: * 7.18m 1999 | | Paul WHITTY / London-Saunders | |
|--|-----------------------|-------------------------------|------|
| Name | Year School | Finals | Wind |
| 1 Mitch O'Donnell | Forest Heigh | 6.59m | 1.4 |
| 6.53m(1.9) 6.49m(0.9) FOUL(2.8) PASS | 6.59m(1.4) FOUL(-0.8) | | |
| 2 Austin Lanteigne | St. Patrick' | 6.45m | 3.7 |
| 6.45m(3.7) 6.26m(1.9) 6.31m(1.2) FOUL(-0.8) FOUL(1.3) FOUL(1.4) | | | |
| 3 Danny Richards | Centennial C | 6.33m | 1.3 |
| 6.33m(1.3) FOUL(2.1) FOUL(1.3) 5.53m(-1.2) 5.98m(1.6) 5.71m(1.5) | | | |
| 4 Austin Crumb | Harrow D H S | 6.30m | 2.5 |
| 6.17m(2.8) 6.30m(2.5) FOUL(1.2) 5.78m(1.0) 6.04m(0.8) 6.23m(-0.1) | | | |
| 5 Colin Black | Sacred Heart | 6.29m | 2.4 |
| 6.14m(2.1) FOUL(1.7) 6.29m(2.4) 5.91m(-1.6) 5.62m(1.7) 5.82m(2.6) | | | |
| 6 Mike Ascot | Herman, W.F. | 6.25m | 2.7 |
| 5.73m(1.6) 6.25m(2.7) 5.59m(2.3) 5.88m(-0.6) 6.12m(2.5) 4.90m(1.5) | | | |
| 7 Conner Hodgins-Depont | St. Joseph's | 6.18m | 1.8 |
| 5.96m(1.6) 6.00m(1.7) 6.08m(1.9) 6.18m(1.8) 6.04m(-1.2) | | | |
| 8 Salah Kanu | Eastwood | 6.08m | 0.8 |
| 6.08m(0.8) FOUL(2.1) FOUL(0.7) 6.05m(1.4) 5.65m(-0.8) 5.67m(-0.4) | | | |
| 9 Lukas Jeffery | Lambton Cent | 5.96m | 2.5 |
| 5.80m(1.8) 5.75m(1.6) 5.96m(2.5) | | | |
| 10 Mitchell Long | Harrow D H S | 5.79m | 1.6 |
| 5.79m(1.6) 5.74m(1.0) 5.75m(1.8) | | | |
| 11 Khalil Jones | Herman, W.F. | 5.78m | 3.2 |
| 5.78m(3.2) 5.63m(0.4) 5.62m(1.9) | | | |
| 12 Brandon Meginnis | St. Joseph's | 5.67m | 1.0 |
| 4.50m(2.7) 4.85m(0.9) 5.67m(1.0) | | | |
| 13 Devon Lucan | Parkside CI | 5.56m | 1.8 |
| 5.44m(1.8) 5.56m(1.8) 5.08m(2.5) | | | |
| 14 Robin Petrie | St. Benedict | 5.54m | 0.9 |
| 5.54m(0.9) FOUL FOUL | | | |
| 15 Jormnap Chhorn | Montcalm SS | 5.46m | 2.8 |
| 5.14m(1.2) FOUL(1.9) 5.46m(2.8) | | | |

Event 55 Women Triple Jump Junior

| West Region: * 11.94m 1995 | | Monique HAAN / London Christian | |
|---|------------------|---------------------------------|------|
| Name | Year School | Finals | Wind |
| 1 Brooke Rowland | Westside Sec | 11.46m | 1.7 |
| 10.48m(-0.5) 11.46m(1.7) PASS(1.0) PASS PASS | PASS PASS | | |
| 2 Emily Ersman | Bluevale | 11.36m | 0.8 |
| 10.54m(0.4) 11.13m(3.2) 11.36m(0.8) 9.02m(-1.7) FOUL(1.3) 11.02m(-0.7) | | | |
| 3 Leah de los Santos | Cameron Heig | 10.81m | -1.4 |
| 10.42m(0.6) 10.57m(1.9) 10.58m(2.3) 10.30m(1.0) 10.81m(-1.4) 9.30m(-0.8) | | | |
| 4 Danielle Gunsch | Huron Heights Se | 10.80m | 1.9 |
| 10.67m(1.9) 10.80m(1.9) 10.50m(1.1) 10.10m(-0.0) 10.70m(1.7) 10.44m(-0.9) | | | |
| 5 Mikaela Vandenheuvel | Medway HS | 10.55m | 0.1 |
| 10.32m(0.5) 10.09m(2.4) 10.55m(0.1) 10.21m(0.8) 10.45m(3.5) 10.42m(-0.7) | | | |
| 6 Mia Cuffaro | Villanova | 10.36m | 2.1 |
| 10.25m(3.1) FOUL(1.8) 9.72m(1.0) 10.06m(0.5) 10.36m(2.1) 10.22m(-2.2) | | | |
| 7 Leanne Holdaway | Northern C I V | 10.29m | 2.8 |
| 10.29m(2.8) 9.94m(-3.0) 9.01m(1.6) 10.12m(1.4) 9.92m(2.9) 10.19m(-1.9) | | | |
| 8 Kendra Stirling | Oakridge SS | 10.28m | -0.4 |
| 10.28m(-0.4) 9.96m(0.4) 9.99m(1.2) FOUL(0.1) 9.92m(1.1) 10.24m(-1.0) | | | |
| 9 Valerie Wahl | Westminster | 10.04m | 2.3 |
| FOUL(2.3) 10.04m(2.3) 9.70m(1.1) | | | |
| 10 Alexis Lockstadt | Sandwich | 10.01m | 0.9 |
| 9.54m(1.0) 10.00m(1.0) 10.01m(0.9) | | | |
| 11 Cayla Smith | Glendale HS | 9.83m | 2.7 |
| 9.53m(-0.1) 9.83m(2.7) 9.66m(2.2) | | | |
| 12 Katrina Kok | Lourdes | 9.79m | 0.7 |
| 9.40m(0.8) FOUL(1.6) 9.79m(0.7) | | | |
| 13 Carley Horvath | Ur The Pines | 9.68m | 1.2 |

| | | | | | | |
|-------------------------|------------|------------|------------|----------------|-------|-----|
| | 9.39m(0.5) | 9.68m(1.2) | 9.56m(1.4) | | | |
| 14 Nancy Yu | | | | Kingsville D | 9.63m | 1.0 |
| | 9.63m(1.0) | FOUL(1.2) | FOUL(0.1) | | | |
| 15 Breanne Nicholas | | | | Blenheim D H S | 9.54m | 1.5 |
| | 9.11m(1.3) | 9.52m(2.2) | 9.54m(1.5) | | | |
| -- Danielle Prapavassis | | | | Lucas, A.B. | FOUL | |
| | FOUL | FOUL | FOUL | | | |

Event 56 Men Triple Jump Junior

| West Region: * 15.22m 2000 Kenen SHADD / Kitchner-Grand River CI | | | | | | |
|--|--------------|------------------|--------------|-------------|-------------|--------------|
| Name | Year | School | Finals | Wind | | |
| 1 Mike Ascot | | Herman, W.F. | 13.70m | 1.9 | | |
| | 13.38m(1.8) | 13.37m(3.5) | 12.93m(0.1) | 13.70m(1.9) | 12.36m(0.6) | 13.12m(-0.2) |
| 2 Mitch O'Donnell | | Forest Heigh | 13.22m | 0.3 | | |
| | 13.22m(0.3) | FOUL | FOUL | PASS | FOUL | |
| 3 Jaydon Gauthier | | Herman, W.F. | 13.09m | 0.8 | | |
| | 13.09m(0.8) | 12.38m(2.0) | 12.80m(-1.1) | 12.83m(0.9) | 12.49m(0.2) | FOUL(1.2) |
| 4 Damion Lacroix Smith | | Holy Names H | 12.67m | 0.7 | | |
| | 12.61m(0.5) | 12.67m(0.7) | 12.33m(1.3) | 11.90m(1.8) | PASS | PASS |
| 5 Steven Riosa | | London Christian | 12.60m | 0.7 | | |
| | FOUL(0.2) | 12.16m(-0.0) | 12.49m(1.4) | 12.15m(1.6) | 12.50m(1.0) | 12.60m(0.7) |
| 6 Ryan Wells | | Huron Park SS | 12.59m | -0.4 | | |
| | 12.59m(-0.4) | 12.35m(3.2) | 12.30m(1.0) | FOUL | FOUL | |
| 7 Casey Barvinek | | Jacob Hesple | 12.48m | 1.6 | | |
| | FOUL | FOUL | 12.48m(1.6) | FOUL | FOUL | |
| 8 Chris Green | | Cameron Heig | 12.38m | 2.7 | | |
| | 12.38m(2.7) | FOUL | FOUL | 12.35m(0.6) | FOUL | |
| 9 Lukas Jeffery | | Lambton Cent | 12.27m | 0.8 | | |
| | 11.69m(1.3) | 12.27m(0.8) | 12.08m(2.2) | | | |
| 10 Steven Buckley | | Huron Park SS | 12.22m | 0.1 | | |
| | 12.18m(-1.1) | 12.22m(0.1) | FOUL | | | |
| 11 Riley Crean | | Westside Sec | 12.00m | 2.0 | | |
| | FOUL | 12.00m(2.0) | FOUL | | | |
| 12 Jevon Bisschop | | East Elgin SS | 11.84m | 0.9 | | |
| | FOUL | 11.84m(0.9) | 11.46m(4.7) | | | |
| 13 Derek Blonsky | | Lambton Cent | 11.68m | 4.0 | | |
| | FOUL | 11.68m(4.0) | FOUL | | | |
| 14 Evan Dierickse | | Essex D H S-Es | 11.27m | -0.3 | | |
| | 11.27m(-0.3) | FOUL | FOUL | | | |
| -- Ethan McCarroll | | St. Michael | FOUL | | | |
| | FOUL | FOUL | FOUL | | | |

Event 57 Women Shot Put Junior

| West Region: * 13.30m 1981 Liz POLYAK / Brantford - North Park | | | | | | |
|--|--------|------------------|--------|--------|--------|--------|
| Name | Year | School | Finals | | | |
| 1 Brindley Jantzi | | Stratford Centr | 10.86m | | | |
| | 10.62m | 10.83m | 10.27m | 10.79m | 10.21m | 10.86m |
| 2 Suzanna Lam | | Forster, Joh | 10.79m | | | |
| | 9.55m | 10.79m | FOUL | 9.53m | 10.02m | 9.89m |
| 3 Bailey Hutt | | North Lambto | 10.53m | | | |
| | 8.58m | 9.99m | 10.53m | FOUL | 10.01m | 10.42m |
| 4 Taylor Farquhar | | London Central | 9.97m | | | |
| | 9.63m | 9.97m | 9.67m | 9.02m | 9.02m | 9.42m |
| 5 Breanne Hutchings | | Mgsr. E.A. Doyle | 9.77m | | | |
| | 9.70m | 9.44m | 9.03m | 9.48m | 9.77m | 9.12m |
| 6 Emily Brooks | | Delhi Dss-De | 9.69m | | | |
| | 9.52m | 8.31m | 8.95m | 9.31m | 9.49m | 9.69m |
| 7 Alex Forshaw | | L'Essor | 9.57m | | | |
| | FOUL | 8.89m | 9.57m | 9.38m | 9.17m | FOUL |
| 8 Heather Grandy | | Catholic Central | 9.47m | | | |
| | 9.33m | 8.79m | 8.80m | 9.06m | 9.35m | 9.47m |
| 9 Emily Charlton | | West Hill | 9.32m | | | |
| | 8.17m | 9.32m | FOUL | | | |
| 10 Chelsea Masson | | Herman, W.F. | 9.29m | | | |
| | 8.24m | 8.43m | 9.29m | | | |
| 11 Nicole Morse | | Essex D H S-Es | 9.25m | | | |
| | 8.91m | 9.25m | 8.73m | | | |
| 12 Christie Robertson | | Saugeen D S S | 8.76m | | | |
| | FOUL | 8.46m | 8.76m | | | |
| 13 Alisha Arthurs | | Northern C I V | 8.30m | | | |
| | 8.21m | 8.30m | FOUL | | | |
| 14 Mara Rumble | | Woodstock | 8.26m | | | |
| | 8.26m | FOUL | 8.22m | | | |
| 15 Michelle Hudyn | | Eastwood | 8.20m | | | |
| | 8.02m | 8.20m | 8.07m | | | |
| 15 Patti Blake | | Listowel Dss | 8.20m | | | |
| | 8.08m | 8.07m | 8.20m | | | |

Event 58 Men Shot Put Junior

| West Region: * 17.41m 2009 | | | | Jordan YOUNG, St.Joseph St.Thomas | | |
|----------------------------|--------|-----------------|--------|-----------------------------------|--------|--------|
| Name | Year | School | | | | Finals |
| 1 Zach Mallough | | Mother Teresa | | | | 16.55m |
| | 16.33m | 16.55m | 16.48m | 15.44m | FOUL | 15.48m |
| 2 Josh Dame | | Essex D H S-Es | | | | 15.76m |
| | 15.31m | 15.63m | 15.73m | 15.67m | 15.40m | 15.76m |
| 3 Brett Boersma | | Northern C I V | | | | 15.45m |
| | 14.49m | 13.95m | 15.45m | FOUL | 13.98m | 15.18m |
| 4 Corey Wortley | | Massey, Vinc | | | | 15.19m |
| | 15.19m | 12.56m | 13.43m | 13.61m | 14.08m | 14.09m |
| 5 Garrett Heming | | Montcalm SS | | | | 15.12m |
| | 14.15m | 13.98m | 14.42m | 14.12m | 14.28m | 15.12m |
| 6 Jake Williams | | Northern C I V | | | | 14.57m |
| | 13.79m | 13.39m | 14.57m | 13.01m | 13.48m | 13.64m |
| 7 Austin Lanteigne | | St. Patrick' | | | | 14.49m |
| | 14.49m | 14.36m | 13.59m | 13.84m | 13.55m | 13.79m |
| 8 Matt Dobbin | | Stratford NW SS | | | | 13.78m |
| | 13.71m | 13.78m | FOUL | 12.38m | FOUL | 13.17m |
| 9 Charles Nguyen | | St. Joseph's | | | | 13.68m |
| | 13.68m | 13.07m | FOUL | | | |
| 10 Taylor Kreitzer | | Belle River | | | | 13.30m |
| | 12.45m | 13.30m | 13.10m | | | |
| 11 Braeden Weppler | | West Hill | | | | 13.29m |
| | 11.67m | 12.60m | 13.29m | | | |
| 12 Mark Wheatley | | London South | | | | 13.25m |
| | 12.80m | 13.18m | 13.25m | | | |
| 13 Lance Hazlett | | Cameron Heig | | | | 12.42m |
| | 11.85m | 11.72m | 12.42m | | | |
| 14 Grevon Marston | | Bluevale | | | | 12.04m |
| | 11.63m | 12.04m | 10.17m | | | |
| -- Jake Francis | | Resurrection | | | | FOUL |
| | FOUL | FOUL | FOUL | | | |

Event 59 Women Discus Throw Junior

| West Region: * 44.24m 1981 | | | | Liz POLYAK / Brantford-North Park | | |
|----------------------------|--------|-----------------|--------|-----------------------------------|--------|--------|
| Name | Year | School | | | | Finals |
| 1 Alex Forshaw | | L'Essor | | | | 30.91m |
| | 30.91m | FOUL | FOUL | 28.45m | 28.09m | FOUL |
| 2 Mary Coughlin | | Villanova | | | | 29.55m |
| | 26.55m | 26.82m | 29.55m | 28.11m | FOUL | 29.23m |
| 3 Katie Costello | | Oakridge SS | | | | 28.96m |
| | 28.96m | 27.27m | 28.38m | FOUL | FOUL | FOUL |
| 4 Brindley Jantzi | | Stratford Centr | | | | 28.92m |
| | 26.77m | 24.72m | FOUL | 26.55m | 27.13m | 28.92m |
| 5 Sierra Stoffelson | | Tollgate | | | | 28.18m |
| | FOUL | 28.18m | FOUL | 27.68m | 25.50m | 26.38m |
| 6 Emily Brooks | | Delhi Dss-De | | | | 27.80m |
| | 23.05m | 22.26m | 27.80m | 26.27m | 27.15m | 27.45m |
| 7 Veronica Carpani | | St. Clair S S | | | | 26.19m |
| | 21.96m | 26.19m | 25.19m | 24.75m | 24.63m | FOUL |
| 8 Mara Rumble | | Woodstock | | | | 25.11m |
| | 24.14m | FOUL | 24.71m | FOUL | 25.11m | 24.55m |
| 9 Amber Nicholas | | Blenheim D H S | | | | 24.52m |
| | 24.27m | 23.71m | 24.52m | | | |
| 9 Patti Blake | | Listowel Dss | | | | 24.52m |
| | 23.42m | 23.23m | 24.52m | | | |
| 11 Kelsey MacSorley | | St. Michael | | | | 24.13m |
| | 19.98m | 21.48m | 24.13m | | | |
| 12 Michelle Hudyn | | Eastwood | | | | 23.55m |
| | 22.34m | 21.14m | 23.55m | | | |
| 13 Nikki Ross | | Cameron Heig | | | | 21.82m |
| | 19.62m | FOUL | 21.82m | | | |
| 14 Marija Kulidzan | | Riverside S S | | | | 21.49m |
| | 20.82m | FOUL | 21.49m | | | |
| 15 Emily Charlton | | West Hill | | | | 21.27m |
| | FOUL | 21.27m | FOUL | | | |
| 16 Katie Tracey | | St. Anne SS - | | | | 21.03m |
| | FOUL | FOUL | 21.03m | | | |

Event 60 Men Discus Throw Junior

| West Region: * 61.26m 2009 | | | | Jordan YOUNG, St.Joseph St. Thomas | | |
|----------------------------|------|----------------|--|------------------------------------|--|--------|
| Name | Year | School | | | | Finals |
| 1 Josh Dame | | Essex D H S-Es | | | | 54.26m |

| | | | | | | | |
|----|-----------------|--------|--------|---------------|--------|--------|--------|
| | 50.79m | FOUL | 42.53m | 51.74m | 54.26m | 50.90m | |
| 2 | Charles Nguyen | | | St. Joseph's | | | 49.91m |
| | 46.71m | FOUL | 47.43m | 49.91m | FOUL | 45.23m | |
| 3 | Thomas Godwin | | | Saugeen D S S | | | 48.74m |
| | 43.62m | 42.34m | 42.17m | 42.81m | 41.44m | 48.74m | |
| 4 | Daniel Medel | | | Riverside S S | | | 48.02m |
| | 46.06m | 47.14m | 48.02m | 46.60m | 45.18m | FOUL | |
| 5 | Jayne Dunlop | | | Saugeen D S S | | | 47.97m |
| | 44.29m | 39.05m | 41.44m | 40.79m | 47.97m | 47.93m | |
| 6 | Michael Rocca | | | St Christoph | | | 46.73m |
| | 40.50m | 41.29m | 42.88m | 45.00m | 42.74m | 46.73m | |
| 7 | Garrett Heming | | | Montcalm SS | | | 45.79m |
| | 38.71m | 45.37m | FOUL | 42.79m | FOUL | 45.79m | |
| 8 | Taylor Kreitzer | | | Belle River | | | 44.43m |
| | 42.38m | 44.43m | FOUL | FOUL | 41.19m | FOUL | |
| 9 | Lance Freer | | | Strathroy DC | | | 42.93m |
| | 42.93m | FOUL | FOUL | | | | |
| 10 | Mark Wheatley | | | London South | | | 42.84m |
| | FOUL | 39.52m | 42.84m | | | | |
| 11 | Ben Sayles | | | North Park C | | | 42.55m |
| | FOUL | 39.45m | 42.55m | | | | |
| 12 | Anthony Spanic | | | Amherst, Gen | | | 41.67m |
| | FOUL | FOUL | 41.67m | | | | |
| 13 | Andrew Scott | | | Walkerton | | | 40.64m |
| | 40.64m | 39.08m | FOUL | | | | |
| 14 | Carter Noll | | | Lambton Cent | | | 40.33m |
| | 40.33m | 37.31m | FOUL | | | | |
| 15 | Bronson Smart | | | Holy Cross | | | 40.19m |
| | 39.67m | 40.19m | 37.05m | | | | |
| 16 | Grevon Marston | | | Bluevale | | | 35.94m |
| | 33.94m | FOUL | 35.94m | | | | |

Event 61 Women Javelin Throw Junior

| ===== | | | | | | | |
|----------------------------|-------------------|------------------|--------|--------------------------------------|--------|--------|--------|
| West Region: * 48.84m 1989 | | | | Margaret GRIFFITHS / Windsor-Brennan | | | |
| Name | Year | School | Finals | | | | |
| ===== | | | | | | | |
| 1 | Brooke Rowland | Westside Sec | | | | | 43.93m |
| | 37.79m | 43.93m | FOUL | 39.26m | 40.60m | 41.82m | |
| 2 | Jasmine Wilson | Elmira Dhs | | | | | 35.66m |
| | FOUL | 31.99m | 34.84m | 30.42m | 30.15m | 35.66m | |
| 3 | Breanne Hutchings | Mgsr. E.A. Doyle | | | | | 35.22m |
| | 35.22m | FOUL | 33.26m | FOUL | 31.21m | 31.02m | |
| 4 | Samantha Bondy | Herman, W.F. | | | | | 34.62m |
| | 32.31m | 28.77m | 30.62m | 29.78m | 34.62m | 33.64m | |
| 5 | Lexie Hanly | St. Clair S S | | | | | 33.58m |
| | 24.11m | 33.58m | FOUL | FOUL | 32.31m | 30.00m | |
| 6 | Karli Clark | Brennan, F.J | | | | | 32.57m |
| | 32.57m | FOUL | 29.67m | 31.87m | 29.69m | 30.19m | |
| 7 | Leah Burress | Holy Names H | | | | | 31.37m |
| | 29.90m | 31.10m | 29.98m | 28.58m | 30.55m | 31.37m | |
| 8 | Deanna Ritchie | Northern C I V | | | | | 30.54m |
| | 30.54m | 28.43m | FOUL | 28.60m | FOUL | FOUL | |
| 9 | Hayley Stewart | Kincardine | | | | | 30.43m |
| | 27.66m | 30.43m | FOUL | | | | |
| 10 | Rachel Woolley | Waterloo-Oxf | | | | | 30.29m |
| | 26.64m | 25.45m | 30.29m | | | | |
| 11 | Sophie Bauer | Saunders SS | | | | | 30.18m |
| | 29.43m | 29.25m | 30.18m | | | | |
| 12 | Jessica Lomazzo | Sandwich | | | | | 30.02m |
| | 29.24m | 29.54m | 30.02m | | | | |
| 13 | Mara Rumble | Woodstock | | | | | 29.36m |
| | 25.34m | 29.36m | 28.67m | | | | |
| 14 | Laura VanBommel | St. Joseph's | | | | | 29.35m |
| | 29.35m | 28.04m | 21.96m | | | | |
| 15 | Katrina Jeromkin | Strathroy DC | | | | | 28.20m |
| | 23.65m | 28.20m | 27.81m | | | | |
| 16 | Jasmine Crosby | Strathroy DC | | | | | 26.49m |
| | 24.32m | 26.49m | 25.44m | | | | |

Event 62 Men Javelin Throw Junior

| ===== | | | | | | | |
|----------------------------|-----------------|----------------|--------|-------------------------|--------|--------|--------|
| West Region: * 61.10m 2009 | | | | Tyler WITHERS, Northern | | | |
| Name | Year | School | Finals | | | | |
| ===== | | | | | | | |
| 1 | Jake Williams | Northern C I V | | | | | 54.16m |
| | 48.54m | 54.16m | 51.19m | 47.20m | 53.51m | 45.91m | |
| 2 | Taylor Kreitzer | Belle River | | | | | 54.01m |
| | 46.48m | 48.63m | 50.62m | 48.54m | 48.17m | 54.01m | |
| 3 | Aaron Hackney | Sandwich | | | | | 53.22m |
| | 53.22m | 52.15m | 48.34m | FOUL | 48.45m | 50.22m | |

| | | | | |
|----|----------------------|----------------------|----------------|--------|
| 4 | Richard Chan | | Sandwich | 53.10m |
| | 47.49m 47.59m 50.80m | 51.59m 50.90m | 53.10m | |
| 5 | Thomas Godwin | | Saugeen D S S | 51.75m |
| | 45.44m 48.89m 49.36m | 51.75m 46.68m 50.24m | | |
| 6 | Austin Lanteigne | | St. Patrick' | 51.48m |
| | 51.48m 47.14m 46.08m | FOUL 47.26m FOUL | | |
| 7 | Nolan Anderson | | Mother Teresa | 50.09m |
| | 50.09m 48.80m 48.69m | 49.24m 48.60m 49.59m | | |
| 8 | Mitch Kuik | | Madill, F.E. | 50.02m |
| | 44.46m 50.02m 46.07m | 44.84m FOUL FOUL | | |
| 9 | Eliot Handy | | Northern C I V | 44.76m |
| | 44.76m 41.34m 43.07m | | | |
| 10 | Mitch Green | | Assumption | 44.71m |
| | 42.24m 43.90m 44.71m | | | |
| 11 | Kyle Kinsey | | Erin Dhs-Eri | 43.43m |
| | 33.97m 37.57m 43.43m | | | |
| 12 | Russell MacMillan | | Saugeen D S S | 42.68m |
| | 41.74m 42.68m 42.26m | | | |
| 13 | Wilson Kabutangana | | Banting, Sir | 40.03m |
| | 39.55m 40.03m 34.69m | | | |
| 14 | Cody Wuytenberg | | Holy Cross | 39.24m |
| | 39.24m 36.00m 30.89m | | | |
| 15 | Brian Gilbert | | Waterford | 38.65m |
| | 32.79m 30.41m 38.65m | | | |
| 16 | Riley Ward | | Central Huron | 35.32m |
| | 32.97m 35.32m 34.17m | | | |

Event 63 Women 4x100 Meter Relay Junior

| | | | | | |
|--|------------------------------------|-----------------------|--|--------|----------|
| ===== | | | | | |
| West Region: * 49.80 2006 LONDON - BANTING | | | | | |
| K. Law, M. Harris, B. Rausch, S. Malek | | | | | |
| | School | | | Finals | H# |
| ===== | | | | | |
| 1 | London Central S S 'A' | | | 51.42 | 2 |
| | 1) Christine MacNeill | 2) Ally Clark | | | |
| | 3) Natalie Vezina | 4) Taylor Farquhar | | | |
| 2 | Northern C I & V S - swno 'A' | | | 51.54 | 2 |
| | 1) Siobhan Smith | 2) Marlowe Pecora | | | |
| | 3) Leanne Holdaway | 4) Jess Bonnema | | | |
| 3 | Catholic Central 'A' | | | 52.19 | 2 |
| | 1) Jordan Stapleford | 2) Alyssa Medeiros | | | |
| | 3) Emily Flack | 4) Andrea Quinn | | | |
| 4 | Lambton Central C & V I - swlc 'A' | | | 52.39 | 2 |
| | 1) Lindsay Cecile | 2) Hanna Molzan | | | |
| | 3) Amelia Manuik | 4) Jillian Rops | | | |
| 5 | L'Essor E S - swls 'A' | | | 52.76 | 1 |
| | 1) Michelle Chauvin | 2) Kaitlyn Donison | | | |
| | 3) Lauren Parent | 4) Jessica Cecile | | | |
| 6 | St. Anne's C S S 'A' | | | 52.91 | 2 |
| | 1) Natalie Terpstra | 2) Nadine Otten | | | |
| | 3) Megan Verbeke | 4) Kelsey Smith | | | |
| 7 | Brantford C I & V S 'A' | | | 53.51 | 1 |
| | 1) Danielle Holder | 2) Kayla Cooke | | | |
| | 3) Megan Melling | 4) Emily Weir | | | |
| 8 | Strathroy D C I 'A' | | | 53.61 | 1 |
| | 1) Stephanie Faulds | 2) Jasmine Crosby | | | |
| | 3) Riley Conine | 4) Tiana Beharriell | | | |
| 9 | F.E. Madill S S 'A' | | | 53.61 | 1 |
| | 1) Carly Whitfield | 2) Alisha Morrison | | | |
| | 3) Madeline Yungblut | 4) Kaitlin Bloemberg | | | |
| 10 | Guelph C & V I 'A' | | | 53.79 | 1 |
| | 1) Audrey Clairman | 2) Alex Cvetich | | | |
| | 3) Jessie Garcia | 4) Marissa Kurtimah | | | |
| 11 | St. Anne S S - swsa 'A' | | | 53.81 | 2 |
| | 1) Jocelyn Guilbeaut | 2) Emily Omahen | | | |
| | 3) Angela Taylor | 4) Melissa Milford | | | |
| 12 | Resurrection C S S 'A' | | | 53.88 | 2 |
| | 1) Emma Sandrock | 2) Katrina Corrado | | | |
| | 3) Theresa Wylie | 4) Laura Fedy | | | |
| 13 | Cameron Heights C I 'A' | | | 54.21 | 1 |
| | 1) Nikki Ross | 2) Andrea Popescu | | | |
| | 3) Sam Murray | 4) Leah de los Santos | | | |
| 14 | Kingsville D H S - swki 'A' | | | 54.26 | 1 |
| | 1) Courtney Affleck | 2) Erika Chadwick | | | |
| | 3) Rachel Brandner | 4) Karlee Fischer | | | |
| 15 | Belle River D H S - swbr 'A' | | | 55.04 | 1 |
| | 1) Selina Gabriele | 2) Brogan Probert | | | |
| | 3) Carly Savard | 4) Olivia King | | | |
| -- | St. Mary's High School 'A' | | | DQ | 2 170.14 |
| | 1) Cheryse Mitton | 2) Jody- Ann Burnett | | | |
| | 3) Jayna Jeromin | 4) Kaitlyn Schenck | | | |

Event 64 Men 4x100 Meter Relay Junior

| West Region: * 43.15 2002 | | LONDON-CATHOLIC CENTRAL | | Finals | H# |
|---------------------------|------------------------------------|-------------------------|-------------------------|--------|----|
| School | | | | | |
| 1 | W. F. Herman S S - swhe 'A' | 1) Cody Brown | 2) Jaydon Gauthier | 43.70 | 2 |
| | | 3) Brandon McBride | 4) Khalil Jones | | |
| 2 | Sandwich S S - ssw 'A' | 1) Shawn Beaudoin | 2) Micah Hesman | 44.61 | 2 |
| | | 3) Crannel Jerald | 4) Mitchell Nelson | | |
| 3 | Northern C I & V S - swno 'A' | 1) Jacob Packer | 2) Eliot Handy | 45.00 | 2 |
| | | 3) Drelan Bramwell | 4) Matt Klaudi | | |
| 4 | Holy Names H S - swhn 'A' | 1) Gino Sanchez | 2) Jacob Francis-Taylor | 45.03 | 2 |
| | | 3) Damion Lacroix Smith | 4) Anthony Ubah | | |
| 5 | Grand River C I 'A' | 1) Corey Bowman | 2) Ryan Murphy | 45.70 | 2 |
| | | 3) Dustin Nguyen-Black | 4) John Salazar | | |
| 6 | Essex D H S - swes 'A' | 1) Jacob Taveirne | 2) Mitchell Taveirne | 45.72 | 1 |
| | | 3) Justin Orton | 4) Dayne Garant | | |
| 7 | Resurrection C S S 'A' | 1) Tyler Keller | 2) Mark Radcliffe | 45.84 | 2 |
| | | 3) Brad Chambers | 4) Connor Sprout | | |
| 8 | Centennial C V I 'A' | 1) Sahil Bhagra | 2) Danny Richards | 46.04 | 2 |
| | | 3) Jeremy DiCarlo | 4) Kevin Leyte-Jammu | | |
| 9 | Parkside C I 'A' | 1) Corey Squires | 2) Devon Lucan | 46.06 | 2 |
| | | 3) Cody Kellogg | 4) Alex Morgan | | |
| 10 | Medway H S 'A' | | | 46.13 | 1 |
| 11 | St. Thomas Aquinas S S 'A' | 1) Connor Hogg | 2) Caleb Papineau | 46.38 | 1 |
| | | 3) Harrison Priebe | 4) Stuart King | | |
| 12 | Huron Park S S 'A' | | | 46.52 | 1 |
| 13 | North Park C & V S 'A' | 1) Morgan Walls | 2) Ameer Yusef | 47.32 | 1 |
| | | 3) Breyden Miller | 4) Greg Birdsell | | |
| 14 | Our Lady OF Lourdes 'A' | 1) Brendan Clark | 2) Brady Kelly | 47.36 | 1 |
| | | 3) Max Raab | 4) Jerome Remigo | | |
| 15 | Catholic Central 'A' | 1) Curtis D'Hollander | 2) Aaron Osborne | 47.46 | 1 |
| | | 3) Bashar Neema | 4) Nick Vanin | | |
| -- | Lambton Central C & V I - swlc 'A' | 1) Nate Mater | 2) Scott Campbell | DNF | 1 |
| | | 3) Austin Langs | 4) Derek Blonsky | | |

Event 65 Women 100 Meter Senior

| 8 Advance: Top 3 Each Heat plus Next 2 Best Times | | Emily JOHNSON/Guelph-J. F. Ross | | Prelims | Wind | H# |
|---|--------------------|---------------------------------|--|---------|------|----|
| West Region: * 12.08 2004 | | | | | | |
| Name | Year | School | | | | |
| Preliminaries | | | | | | |
| 1 | Tia Semplonius | St. Benedict | | 12.76Q | -0.7 | 1 |
| 2 | Kayla Smith | Madill, F.E. | | 13.05Q | -3.9 | 2 |
| 3 | Karry-Ann Cornwall | John F. Ross | | 12.81Q | -0.7 | 1 |
| 4 | Lauren Jespersen | London Central | | 13.06Q | -3.9 | 2 |
| 5 | Amy Wilson | North Lambto | | 12.83Q | -0.7 | 1 |
| 6 | Jennifer Barbon | Mother Teresa | | 13.24Q | -3.9 | 2 |
| 7 | Tonya Malcolm | Bluevale | | 12.95q | -0.7 | 1 |
| 8 | Tori Haffner | Catholic Central | | 13.31q | -0.7 | 1 |
| 9 | Rachel Muma | Central Elgin | | 13.33 | -3.9 | 2 |
| 10 | Raegan Deschamps | Sandwich | | 13.37 | -0.7 | 1 |
| 11 | Saleena Wedderburn | Assumption | | 13.50 | -0.7 | 1 |
| 12 | kristen McMahon | Belle River | | 13.68 | -3.9 | 2 |
| 13 | Tichina Jones | Riverside S S | | 13.71 | -3.9 | 2 |
| 14 | Brittany Pillon | Villanova | | 13.81 | -0.7 | 1 |
| 15 | Kim Ross | St. Clair S S | | 13.93 | -3.9 | 2 |

Event 65 Women 100 Meter Senior

| West Region: * 12.08 2004 | | Emily JOHNSON/Guelph-J. F. Ross | | Finals | Wind |
|---------------------------|-------------|---------------------------------|--|--------|------|
| Name | Year | School | | | |
| Finals | | | | | |
| 1 | Kayla Smith | Madill, F.E. | | 12.67 | -1.8 |

| | | | | |
|---------------|--------------------|------------------|-------|------|
| 2 | Karry-Ann Cornwall | John F. Ross | 12.68 | -1.8 |
| 3 | Tia Semplonius | St. Benedict | 12.70 | -1.8 |
| 4 | Lauren Jespersen | London Central | 12.80 | -1.8 |
| 5 | Amy Wilson | North Lambto | 13.02 | -1.8 |
| 6 | Tonya Malcolm | Bluevale | 13.03 | -1.8 |
| 7 | Jennifer Barbon | Mother Teresa | 13.06 | -1.8 |
| 8 | Tori Haffner | Catholic Central | 13.22 | -1.8 |
| Preliminaries | | | | |
| 9 | Rachel Muma | Central Elgin | | |
| 10 | Raegan Deschamps | Sandwich | | |
| 11 | Saleena Wedderburn | Assumption | | |
| 12 | kristen McMahon | Belle River | | |
| 13 | Tichina Jones | Riverside S S | | |
| 14 | Brittany Pillon | Villanova | | |
| 15 | Kim Ross | St. Clair S S | | |

Event 66 Men 100 Meter Senior

| | | | | | |
|--|------|-------------------|------------------|--------|---------------|
| 8 Advance: Top 3 Each Heat plus Next 2 Best Times | | | | | |
| West Region: * 10.57 1994 Dave TOMLIN / Kitchener-St. Mary's | | | | | |
| Name | Year | School | Prelims | Wind | H# |
| 1 | | Tyler MacLeod | Sandwich | 11.11Q | -0.8 1 |
| 2 | | Devon Rittinger | Forest Heigh | 11.25Q | -2.6 2 |
| 3 | | Taylor Stewart | Regina Mundi | 11.18Q | -0.8 1 |
| 4 | | Emeka Agada | Elmira Dhs | 11.36Q | -2.6 2 |
| 5 | | Tyler Annett | Northern C I V | 11.23Q | -0.8 1 |
| 6 | | Marqus Daniel | Assumption | 11.41Q | -2.6 2 |
| 7 | | Mathew McKeegan | Holy Names H | 11.29q | -0.8 1 |
| 8 | | Gabe Tesfaye | Oakridge SS | 11.33q | -0.8 1 |
| 9 | | Cory Giroux | Elmira Dhs | 11.43 | -2.6 2 11.423 |
| 10 | | Talon Guerra | Huron Heights Se | 11.43 | -0.8 1 11.424 |
| 11 | | Brandyn Martineau | Mother Teresa | 11.50 | -2.6 2 |
| 12 | | Brandon Stewart | Strathroy DC | 11.55 | -0.8 1 |
| 13 | | Ryan Young | Northern C I V | 11.57 | -0.8 1 |
| 14 | | Graeme Wattie | Northern C I V | 11.63 | -2.6 2 |
| 15 | | Jordan Boutilier | London Central | 11.68 | -2.6 2 |

Event 66 Men 100 Meter Senior

| | | | | | |
|--|------|-------------------|------------------|-------|-------------|
| West Region: * 10.57 1994 Dave TOMLIN / Kitchener-St. Mary's | | | | | |
| Name | Year | School | Finals | Wind | |
| Finals | | | | | |
| 1 | | Tyler MacLeod | Sandwich | 11.05 | -2.1 |
| 2 | | Taylor Stewart | Regina Mundi | 11.09 | -2.1 |
| 3 | | Emeka Agada | Elmira Dhs | 11.10 | -2.1 |
| 4 | | Tyler Annett | Northern C I V | 11.11 | -2.1 |
| 5 | | Devon Rittinger | Forest Heigh | 11.21 | -2.1 11.201 |
| 6 | | Mathew McKeegan | Holy Names H | 11.21 | -2.1 11.206 |
| 7 | | Marqus Daniel | Assumption | 11.23 | -2.1 |
| 8 | | Gabe Tesfaye | Oakridge SS | 11.36 | -2.1 |
| Preliminaries | | | | | |
| 9 | | Cory Giroux | Elmira Dhs | | |
| 10 | | Talon Guerra | Huron Heights Se | | |
| 11 | | Brandyn Martineau | Mother Teresa | | |
| 12 | | Brandon Stewart | Strathroy DC | | |
| 13 | | Ryan Young | Northern C I V | | |
| 14 | | Graeme Wattie | Northern C I V | | |
| 15 | | Jordan Boutilier | London Central | | |

Event 67 Women 200 Meter Senior

| | | | | | |
|---|------|--------------------|------------------|--------|--------|
| 8 Advance: Top 3 Each Heat plus Next 2 Best Times | | | | | |
| West Region: * 24.70 1999 Jessica ZELINKA/Banting | | | | | |
| Name | Year | School | Prelims | Wind | H# |
| 1 | | Brittany Lewis | St. Clair S S | 25.61Q | -1.4 1 |
| 2 | | Nathana Griffiths | Maranatha | 26.17Q | -2.5 2 |
| 3 | | Karry-Ann Cornwall | John F. Ross | 26.06Q | -1.4 1 |
| 4 | | Tia Semplonius | St. Benedict | 26.53Q | -2.5 2 |
| 5 | | Amy Grzywnowicz | Mother Teresa | 26.19Q | -1.4 1 |
| 6 | | Caitlyn Evered | Banting, Sir | 26.57Q | -2.5 2 |
| 7 | | Jennifer Barbon | Mother Teresa | 26.40q | -1.4 1 |
| 8 | | Heather Rayner | John F. Ross | 26.45q | -1.4 1 |
| 9 | | Lauren Jespersen | London Central | 26.74 | -2.5 2 |
| 10 | | Katie Butterwick | Parkside CI | 26.95 | -2.5 2 |
| 11 | | Tichina Jones | Riverside S S | 27.13 | -2.5 2 |
| 12 | | Nicole Makar | St Christoph | 27.65 | -1.4 1 |
| 13 | | Liz Phillips | Galt Cvi-Cam | 27.89 | -2.5 2 |
| 14 | | Payton Thiel | Sir John A Macdo | 27.93 | -2.5 2 |

15 Raegan Deschamps Sandwich 28.05 -1.4 1

Event 67 Women 200 Meter Senior

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West Region: * 24.70 1999 Jessica ZELINKA/Banting

Name Year School Finals Wind

=====

Finals

| | | | | |
|---|--------------------|---------------|-------|------|
| 1 | Brittany Lewis | St. Clair S S | 25.22 | -1.6 |
| 2 | Nathana Griffiths | Maranatha | 25.93 | -1.6 |
| 3 | Amy Grzywnowicz | Mother Teresa | 25.95 | -1.6 |
| 4 | Tia Semplonius | St. Benedict | 26.02 | -1.6 |
| 5 | Karry-Ann Cornwall | John F. Ross | 26.09 | -1.6 |
| 6 | Jennifer Barbon | Mother Teresa | 26.34 | -1.6 |
| 7 | Heather Rayner | John F. Ross | 26.35 | -1.6 |
| 8 | Caitlyn Evered | Banting, Sir | 26.44 | -1.6 |

Preliminaries

| | | |
|----|------------------|------------------|
| 9 | Lauren Jespersen | London Central |
| 10 | Katie Butterwick | Parkside CI |
| 11 | Tichina Jones | Riverside S S |
| 12 | Nicole Makar | St Christoph |
| 13 | Liz Phillips | Galt Cvi-Cam |
| 14 | Payton Thiel | Sir John A Macdo |
| 15 | Raegan Deschamps | Sandwich |

Event 68 Men 200 Meter Senior

=====

8 Advance: Top 3 Each Heat plus Next 2 Best Times

West Region: * 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's

Name Year School Prelims Wind H#

=====

| | | | | | |
|----|-------------------|------------------|--------|------|---|
| 1 | Greg MacNeill | Mother Teresa | 22.44Q | -1.7 | 1 |
| 2 | Tyler MacLeod | Sandwich | 22.59Q | 0.2 | 2 |
| 3 | Tyler Annett | Northern C I V | 22.75Q | 0.2 | 2 |
| 4 | Mathew McKeegan | Holy Names H | 22.99Q | -1.7 | 1 |
| 5 | Marqus Daniel | Assumption | 22.94Q | 0.2 | 2 |
| 6 | Felipe Granja | St. Thomas Aq | 23.18Q | -1.7 | 1 |
| 7 | Brandyn Martineau | Mother Teresa | 22.98q | 0.2 | 2 |
| 8 | Phil O'Donnell | Forest Heigh | 23.24q | 0.2 | 2 |
| 9 | Devon Rittinger | Forest Heigh | 23.26 | -1.7 | 1 |
| 10 | Jake Arnoldi | Galt Cvi-Cam | 23.28 | 0.2 | 2 |
| 11 | Brandon Wagstaff | St. John's Colle | 23.30 | 0.2 | 2 |
| 12 | Jordan Boutilier | London Central | 23.41 | -1.7 | 1 |
| 13 | Steven Strybos | St Christoph | 23.49 | -1.7 | 1 |
| 14 | Gabe Tesfaye | Oakridge SS | 23.49 | 0.2 | 2 |
| 15 | Graeme Wattie | Northern C I V | 23.69 | -1.7 | 1 |
| 16 | Charles Johnson | Herman, W.F. | 24.31 | -1.7 | 1 |

Event 68 Men 200 Meter Senior

=====

West Region: * 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's

Name Year School Finals Wind

=====

Finals

| | | | | |
|---|-------------------|----------------|-------|------|
| 1 | Greg MacNeill | Mother Teresa | 21.43 | -1.2 |
| 2 | Tyler MacLeod | Sandwich | 22.17 | -1.2 |
| 3 | Mathew McKeegan | Holy Names H | 22.32 | -1.2 |
| 4 | Tyler Annett | Northern C I V | 22.55 | -1.2 |
| 5 | Marqus Daniel | Assumption | 22.98 | -1.2 |
| 6 | Brandyn Martineau | Mother Teresa | 23.03 | -1.2 |
| 7 | Phil O'Donnell | Forest Heigh | 23.22 | -1.2 |
| 8 | Felipe Granja | St. Thomas Aq | 23.50 | -1.2 |

Preliminaries

| | | |
|----|------------------|------------------|
| 9 | Devon Rittinger | Forest Heigh |
| 10 | Jake Arnoldi | Galt Cvi-Cam |
| 11 | Brandon Wagstaff | St. John's Colle |
| 12 | Jordan Boutilier | London Central |
| 13 | Steven Strybos | St Christoph |
| 14 | Gabe Tesfaye | Oakridge SS |
| 15 | Graeme Wattie | Northern C I V |
| 16 | Charles Johnson | Herman, W.F. |

Event 69 Women 400 Meter Senior

=====

West Region: * 55.02 1985 Nadia SCHMEIDT / London-J.Paul II

Name Year School Finals H#

=====

Finals

| | | | | |
|---|-----------------|----------------|-------|---|
| 1 | Kelsey Balkwill | Essex D H S-Es | 56.05 | 2 |
| 2 | Brittany Lewis | St. Clair S S | 56.51 | 2 |
| 3 | Jennifer Barbon | Mother Teresa | 57.74 | 2 |

| | | | | |
|----|-------------------|------------------|---------|---------|
| 4 | Amy Grzywnowicz | Mother Teresa | 57.83 | 2 |
| 5 | Tori Haffner | Catholic Central | 58.39 | 2 |
| 6 | Genny Cyrenne | Herman, W.F. | 59.77 | 2 |
| 7 | Nathana Griffiths | Maranatha | 1:00.20 | 2 |
| 8 | Heather Rayner | John F. Ross | 1:01.08 | 1 |
| 9 | Madison Halls | St. Thomas Aq | 1:01.57 | 1 |
| 10 | Nicole Makar | St Christoph | 1:02.05 | 1 |
| 11 | TJ Little | North Lambto | 1:02.44 | 1 |
| 12 | Emily Gordon | Centennial C | 1:02.60 | 1 |
| 13 | Emily McLean | Glenview Par | 1:03.08 | 1 |
| 14 | Rachel Rohfritsch | Stratford Centr | 1:03.39 | 1 |
| -- | Jane Brownlee | Lourdes | FS | 2 162.7 |

Event 70 Men 400 Meter Senior

| ===== | | | | |
|----------------------|--------------------|------------------|--------------------------------|----|
| West Region: * 47.59 | | 1999 | Liam CARD / Port Elgin-Saugeen | |
| Name | Year | School | Finals | H# |
| ===== | | | | |
| 1 | Arjen Colquhoun | Herman, W.F. | 49.32 | 2 |
| 2 | Charles Johnson | Herman, W.F. | 50.41 | 2 |
| 3 | Mathew McKeegan | Holy Names H | 50.48 | 2 |
| 4 | Evan Porter | Saugeen D S S | 50.60 | 2 |
| 5 | Brandon Huzevka | Northern C I V | 50.96 | 1 |
| 6 | Felipe Granja | St. Thomas Aq | 50.96 | 2 |
| 7 | Jeremiah Campbell | St. Michael | 51.12 | 1 |
| 8 | Tye Calder | Waterloo | 51.21 | 1 |
| 9 | Nick Batten | St David | 51.60 | 1 |
| 10 | Matt Boven | St. Anne's | 51.63 | 1 |
| 11 | Charlie Sutton | John F. Ross | 52.00 | 2 |
| 12 | Myles Rombough | Catholic Central | 52.18 | 1 |
| 13 | Alex Bogorin | St. Thomas Aq | 52.39 | 1 |
| 14 | Andy Fawcett | Grey Highlands | 52.42 | 2 |
| 15 | Ryan Young | Northern C I V | 52.57 | 1 |
| 16 | Dominic Pizzolitto | Assumption C | 52.81 | 2 |

Event 71 Women 800 Meter Senior

| ===== | | | | |
|------------------------|-------------------|------------------|--|--|
| West Region: * 2:09.88 | | 2008 | Jessica PARRY, Catholic Central London | |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 | Laura Morrison | Catholic Central | 2:16.86 | |
| 2 | Katie Fleischer | Northern C I V | 2:17.29 | |
| 3 | Katie Phelan | St. Mary's High | 2:17.44 | |
| 4 | Samantha Kellam | Amherst, Gen | 2:17.92 | |
| 5 | Simonne Tomasovic | Cameron Heig | 2:19.88 | |
| 6 | Samantha Robbins | London Central | 2:20.99 | |
| 7 | Sarah Wilson | St. Michael | 2:21.93 | |
| 8 | Madison Halls | St. Thomas Aq | 2:22.17 | |
| 9 | Lindsay Thompson | Guelph Cvi-G | 2:24.33 | |
| 10 | Chelsea Gillies | West Hill | 2:24.98 | |
| 11 | Michelle Cress | Bluevale | 2:24.99 | |
| 12 | Kodi Morgan | Riverside S S | 2:26.63 | |
| 13 | Katie Schurr | Medway HS | 2:27.13 | |
| 14 | Lyndsey Telega | Sandwich | 2:27.91 | |
| 15 | Gabrielle Malette | Assumption C | 2:28.65 | |
| 16 | Sarah Parker | Northern C I V | 2:29.22 | |

Event 72 Men 800 Meter Senior

| ===== | | | | |
|------------------------|--------------------|------------------|--------------------------|--|
| West Region: * 1:48.69 | | 2001 | Nathan BRANNEN / Preston | |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 | Paul LaMarra | Catholic Central | 1:53.61 | |
| 2 | Adam Sawatzky | Northern C I V | 1:53.83 | |
| 3 | Paul Janikowski | Villanova | 1:54.22 | |
| 4 | Evan Porter | Saugeen D S S | 1:54.37 | |
| 5 | Connor Outhit | Rockway Menn | 1:55.25 | |
| 6 | Eric Barry | St. Joseph's | 1:56.41 | |
| 7 | Dominic Pizzolitto | Assumption C | 1:57.46 | |
| 8 | Brandon Huzevka | Northern C I V | 1:58.54 | |
| 9 | Austin Trapp | Centre Welli | 1:59.74 | |
| 10 | Matt Boven | St. Anne's | 2:00.16 | |
| 11 | Alexander Ullman | Bluevale | 2:00.39 | |
| 12 | Stephan McNamara | Chatham Chri | 2:00.62 | |
| 13 | Mike Nelson | St Christoph | 2:03.16 | |
| 14 | Danny McKee | Catholic Central | 2:03.91 | |
| 15 | Drew Anderson | Centennial C | 2:04.03 | |
| 16 | Ubong Umoh | Oakridge SS | 2:08.09 | |

Event 73 Women 1500 Meter Senior

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| West Region: * 4:26.66 2008 Jessica PARRY, Catholic Cenral London | | | |
|---|-------------------|------------------|---------|
| Name | Year | School | Finals |
| 1 | Katie Fleischer | Northern C I V | 4:43.47 |
| 2 | Laura Morrison | Catholic Central | 4:44.44 |
| 3 | Francis Bernard | Massey, Vinc | 4:44.59 |
| 4 | Meaghan Marton | Amherst, Gen | 4:45.58 |
| 5 | Caleigh Smith | Lourdes | 4:47.90 |
| 6 | Samantha Robbins | London Central | 4:47.98 |
| 7 | Kristen Flanagan | St. Mary's High | 4:52.30 |
| 8 | Kirsten Allen | Saunders SS | 4:58.50 |
| 9 | Sarah Wilson | St. Michael | 4:59.83 |
| 10 | Juane Odendaal | St. Thomas Aq | 5:02.59 |
| 11 | Melissa Moore | Massey, Vinc | 5:04.09 |
| 12 | Chelsea Gillies | West Hill | 5:06.74 |
| 13 | Gabrielle Malette | Assumption C | 5:11.62 |
| 14 | Christi Steele | Chatham-Kent | 5:14.45 |
| 15 | Bronwyn Stevens | Sir John A Macdo | 5:18.98 |

Event 74 Men 1500 Meter Senior

| West Region: * 3:45.06 1993 Kevin SULLIVAN / Brantford-North Park | | | |
|---|--------------------|------------------|---------|
| Name | Year | School | Finals |
| 1 | Aaron Hendrikx | North Middlesex | 3:57.45 |
| 2 | Paul LaMarra | Catholic Central | 3:57.75 |
| 3 | Paul Janikowski | Villanova | 3:57.92 |
| 4 | Mackay Wilson | Stratford Centr | 3:58.24 |
| 5 | David Meloche | Massey, Vinc | 3:59.88 |
| 6 | Eric Barry | St. Joseph's | 4:02.44 |
| 7 | Connor Outhit | Rockway Menn | 4:05.23 |
| 8 | Adam Sawatzky | Northern C I V | 4:07.22 |
| 9 | Taylor McArthur | Ur The Pines | 4:09.01 |
| 10 | Matthew Travaglini | St. Thomas Aq | 4:09.05 |
| 11 | Stephan McNamara | Chatham Chri | 4:13.82 |
| 12 | Austin Trapp | Centre Welli | 4:14.24 |
| 13 | Jon Martin | Cameron Heig | 4:15.44 |
| 14 | Drew Anderson | Centennial C | 4:18.39 |
| 15 | Matt Hall | St Christoph | 4:20.52 |
| -- | Jason Thornton | Jacob Hesple | DNF |

Event 75 Women 3000 Meter Senior

| West Region: * 9:39.9h 1992 Kathy BUTLER / Waterloo CI | | | |
|--|--------------------------|-----------------|----------|
| Name | Year | School | Finals |
| 1 | Caleigh Smith | Lourdes | 10:29.25 |
| 2 | Zeinab Baydoun | Massey, Vinc | 10:32.58 |
| 3 | Kirsten Allen | Saunders SS | 10:39.76 |
| 4 | Francis Bernard | Massey, Vinc | 10:41.00 |
| 5 | Kristen Flanagan | St. Mary's High | 10:45.68 |
| 6 | Katie Fleischer | Northern C I V | 10:51.23 |
| 7 | Meaghan Marton | Amherst, Gen | 10:54.57 |
| 8 | Melissa Moore | Massey, Vinc | 11:10.51 |
| 9 | Emily Kruger | Ingersoll DC | 11:11.11 |
| 10 | Heather Dimond | Westside Sec | 11:12.66 |
| 11 | Katie Komarnicky | Beal, H.B. S | 11:21.45 |
| 12 | Charlotte Marcotte Toale | Assumption C | 11:24.54 |
| 13 | Genevieve Beals | Centre Welli | 11:35.53 |
| 14 | Jennifer Roberts | St. Joseph's | 11:41.75 |
| 15 | laura Walker | Goderich Dci | 11:51.87 |

Event 76 Men 3000 Meter Senior

| West Region: * 8:21.8h 1995 Matt KERR / Fergus - Centre Wellington | | | |
|--|--------------------|-----------------|---------|
| Name | Year | School | Finals |
| 1 | Andrew Kowalsky | Massey, Vinc | 8:37.51 |
| 2 | Abdu Zaghlol | Jacob Hesple | 8:38.88 |
| 3 | Daryl Smith | Massey, Vinc | 8:41.27 |
| 4 | Aaron Hendrikx | North Middlesex | 8:44.51 |
| 5 | David Meloche | Massey, Vinc | 8:47.88 |
| 6 | Matt Hall | St Christoph | 8:55.46 |
| 7 | Taylor McArthur | Ur The Pines | 8:55.52 |
| 8 | Jordan Collison | Saugeen D S S | 9:00.33 |
| 9 | Mackay Wilson | Stratford Centr | 9:04.38 |
| 10 | Matthew Travaglini | St. Thomas Aq | 9:07.99 |
| 11 | Jason Thornton | Jacob Hesple | 9:20.38 |
| 12 | Pat Hartman | St. Anne's | 9:25.25 |
| 13 | Scott deBoer | Ingersoll DC | 9:26.63 |
| 14 | Graham Blackport | Kitchener Wa | 9:39.25 |

Event 77 Women 100 Meter Hurdles Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

| West Region: * 13.15 2000 | | Jessica ZELINKA / London-Banting | |
|---------------------------|----------------------|----------------------------------|---------------|
| Name | Year School | Prelims | Wind H# |
| Preliminaries | | | |
| 1 | Rita Rudell | Penninsula Shore | 14.48Q +0.0 1 |
| 2 | Caitlyn Evered | Banting, Sir | 14.69Q -2.4 2 |
| 3 | Caitlyn MacMillan | Saugeen D S S | 15.11Q -2.4 2 |
| 4 | Charlotte Crombeen | Mother Teresa | 15.12Q +0.0 1 |
| 5 | Madeline Charnuski | Elmira Dhs | 15.24Q +0.0 1 |
| 6 | Anna Antczak | St David | 15.36Q -2.4 2 |
| 7 | Jasmine Kerr | London South | 15.65q +0.0 1 |
| 8 | Brianna Wilson | East Elgin SS | 15.74q +0.0 1 |
| 9 | Sarah Harding | Northern C I V | 15.79 -2.4 2 |
| 10 | Lisa Van Espen | Sandwich | 15.92 +0.0 1 |
| 11 | Eszter Nagy | Centennial C | 16.05 -2.4 2 |
| 12 | Rachel Muma | Central Elgin | 16.09 -2.4 2 |
| 13 | Riley Williams | St. Clair S S | 16.35 -2.4 2 |
| 14 | Elizabeth Vandenborn | Chatham-Kent | 16.50 +0.0 1 |
| 15 | Meghan Reddy | St Christoph | 16.68 -2.4 2 |
| 16 | Kelly Burton | Belle River | 17.74 +0.0 1 |

Event 77 Women 100 Meter Hurdles Senior

| West Region: * 13.15 2000 | | Jessica ZELINKA / London-Banting | |
|---------------------------|----------------------|----------------------------------|------------|
| Name | Year School | Finals | Wind |
| Finals | | | |
| 1 | Rita Rudell | Penninsula Shore | 14.27 -1.5 |
| 2 | Caitlyn Evered | Banting, Sir | 14.37 -1.5 |
| 3 | Madeline Charnuski | Elmira Dhs | 15.04 -1.5 |
| 4 | Caitlyn MacMillan | Saugeen D S S | 15.08 -1.5 |
| 5 | Charlotte Crombeen | Mother Teresa | 15.30 -1.5 |
| 6 | Jasmine Kerr | London South | 15.64 -1.5 |
| 7 | Anna Antczak | St David | 15.68 -1.5 |
| 8 | Brianna Wilson | East Elgin SS | 15.81 -1.5 |
| Preliminaries | | | |
| 9 | Sarah Harding | Northern C I V | |
| 10 | Lisa Van Espen | Sandwich | |
| 11 | Eszter Nagy | Centennial C | |
| 12 | Rachel Muma | Central Elgin | |
| 13 | Riley Williams | St. Clair S S | |
| 14 | Elizabeth Vandenborn | Chatham-Kent | |
| 15 | Meghan Reddy | St Christoph | |
| 16 | Kelly Burton | Belle River | |

Event 78 Men 110 Meter Hurdles Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

| West Region: * 13.82 2000 | | Adam KUNKEL /Walkerton DSS | |
|---------------------------|------------------|----------------------------|---------------|
| Name | Year School | Prelims | Wind H# |
| 1 | Greg MacNeill | Mother Teresa | 14.00Q 0.8 2 |
| 2 | Calvin Arsenault | St. Mary's High | 14.65Q -0.4 1 |
| 3 | Gabe Tesfaye | Oakridge SS | 14.81Q -0.4 1 |
| 4 | Mark Stantsos | Saunders SS | 15.01Q 0.8 2 |
| 5 | Marvin Muschette | Resurrection | 14.99Q -0.4 1 |
| 6 | Grant Sparling | St. Anne's | 15.02Q 0.8 2 |
| 7 | Jesse Goldglas | Erin Dhs-Eri | 15.14q 0.8 2 |
| 8 | Mike Snowdon | Ste. Cecile | 15.24q 0.8 2 |
| 9 | Kyle Landry | Sandwich | 15.26 0.8 2 |
| 10 | Gideon Hesman | Sandwich | 15.35 -0.4 1 |
| 11 | Trevor Zister | Waterloo-Oxf | 15.39 -0.4 1 |
| 12 | Michael Paisley | Lambton Cent | 15.43 0.8 2 |
| 13 | Jake Pfaff | Sandwich | 15.48 -0.4 1 |
| 14 | Ben Withers | Northern C I V | 15.65 -0.4 1 |
| 15 | Charl Fourie | Bluevale | 15.73 -0.4 1 |
| 16 | Ben Dailleboust | Madill, F.E. | 16.07 0.8 2 |

Event 78 Men 110 Meter Hurdles Senior

| West Region: * 13.82 2000 | | Adam KUNKEL /Walkerton DSS | |
|---------------------------|------------------|----------------------------|-------------|
| Name | Year School | Finals | Wind |
| Finals | | | |
| 1 | Greg MacNeill | Mother Teresa | 13.46* -1.1 |
| 2 | Gabe Tesfaye | Oakridge SS | 14.59 -1.1 |
| 3 | Calvin Arsenault | St. Mary's High | 14.76 -1.1 |

| | | | | |
|---------------|------------------|----------------|-------|------|
| 4 | Grant Sparling | St. Anne's | 15.05 | -1.1 |
| 5 | Mark Stantsos | Saunders SS | 15.13 | -1.1 |
| 6 | Marvin Muschette | Resurrection | 15.15 | -1.1 |
| 7 | Mike Snowdon | Ste. Cecile | 15.59 | -1.1 |
| 8 | Jesse Goldglas | Erin Dhs-Eri | 16.07 | -1.1 |
| Preliminaries | | | | |
| 9 | Kyle Landry | Sandwich | | |
| 10 | Gideon Hesman | Sandwich | | |
| 11 | Trevor Zister | Waterloo-Oxf | | |
| 12 | Michael Paisley | Lambton Cent | | |
| 13 | Jake Pfaff | Sandwich | | |
| 14 | Ben Withers | Northern C I V | | |
| 15 | Charl Fourie | Bluevale | | |
| 16 | Ben Dailleboust | Madill, F.E. | | |

Event 79 Women 400 Meter Hurdles Senior

| West Region: * 58.03 1995 | | | | | Nadia SCHMEIDT / London-John Paul II | |
|---------------------------|---------------------|------------------|---------|----|--------------------------------------|--|
| Name | Year | School | Finals | H# | | |
| Finals | | | | | | |
| 1 | Kelsey Balkwill | Essex D H S-Es | 1:01.85 | 2 | | |
| 2 | Brittany Lewis | St. Clair S S | 1:02.33 | 2 | | |
| 3 | Caitlyn MacMillan | Saugeen D S S | 1:02.67 | 2 | | |
| 4 | Jane Brownlee | Lourdes | 1:03.40 | 2 | | |
| 5 | Amy Grzywnowicz | Mother Teresa | 1:03.48 | 2 | | |
| 6 | Madeline Charnuski | Elmira Dhs | 1:03.88 | 2 | | |
| 7 | Genny Cyrenne | Herman, W.F. | 1:05.72 | 2 | | |
| 8 | Lisa Van Espen | Sandwich | 1:07.22 | 2 | | |
| 9 | Naomi Lance | St. Mary's High | 1:08.43 | 1 | | |
| 10 | Elizabeth Vandeborn | Chatham-Kent | 1:08.47 | 1 | | |
| 11 | Kendra Taylor | Parkside CI | 1:11.08 | 1 | | |
| 12 | Julie-Anne Staehli | Madill, F.E. | 1:12.37 | 1 | | |
| 13 | Amy Evers | St Christoph | 1:13.95 | 1 | | |
| 14 | Alysha Matthews | Regina Mundi | 1:16.13 | 1 | | |
| 15 | Nicole Kelly | Catholic Central | 1:18.19 | 1 | | |
| -- | Liz Phillips | Galt Cvi-Cam | DQ | 1 | 168.78 | |

Event 80 Men 400 Meter Hurdles Senior

| West Region: * 52.37 1997 | | | | | Jeff ELLIS / Orangeville | |
|---------------------------|-------------------|-----------------|---------|----|--------------------------|--|
| Name | Year | School | Finals | H# | | |
| 1 | Calvin Arsenault | St. Mary's High | 56.08 | 2 | | |
| 2 | Ubong Umoh | Oakridge SS | 56.43 | 2 | | |
| 3 | Charlie Sutton | John F. Ross | 56.49 | 2 | | |
| 4 | Brandon Huzevka | Northern C I V | 56.61 | 2 | | |
| 5 | Grant Sparling | St. Anne's | 56.87 | 2 | | |
| 6 | Wesley Palmer | Bluevale | 57.72 | 2 | | |
| 7 | Andy Fawcett | Grey Highlands | 58.53 | 2 | | |
| 8 | Ben Miethig | Bluevale | 58.68 | 2 | | |
| 9 | Taylor Harris | Saunders SS | 59.07 | 1 | | |
| 10 | Clint Smith | Lambton Cent | 1:00.28 | 1 | | |
| 11 | Jamell Van Dusen | St. Joseph's W | 1:00.31 | 1 | | |
| 12 | Colin Bokhout | Central Huron | 1:01.10 | 1 | | |
| 13 | Kyle Landry | Sandwich | 1:01.16 | 1 | | |
| 14 | Ben Dailleboust | Madill, F.E. | 1:01.60 | 1 | | |
| 15 | Scott Mastronardi | Leamington D | 1:01.91 | 1 | | |
| 16 | Gideon Hesman | Sandwich | 1:02.59 | 1 | | |

Event 81 Women High Jump Senior

| Starting height 1.43 m | | | | | | | | | | | |
|---------------------------|-----------------|------------------|--------|------|------|------|------|------|------|-------------------------------|--|
| West Region: * 1.78m 1986 | | | | | | | | | | Catherine BOND / Woodstock CI | |
| Name | Year | School | Finals | | | | | | | | |
| 1 | Rita Rudell | Penninsula Shore | 1.68m | | | | | | | | |
| | 1.43 | 1.48 | 1.53 | 1.56 | 1.59 | 1.62 | 1.65 | 1.68 | 1.73 | | |
| | P | P | P | O | P | XO | P | XO | XXX | | |
| 2 | Kaitlin Wilhelm | Woodstock | 1.62m | | | | | | | | |
| | 1.43 | 1.48 | 1.53 | 1.56 | 1.59 | 1.62 | 1.65 | | | | |
| | P | O | O | XXO | O | O | XXX | | | | |
| 3 | Flo Peters | Grand River | 1.59m | | | | | | | | |
| | 1.43 | 1.48 | 1.53 | 1.56 | 1.59 | 1.62 | | | | | |
| | P | P | O | O | O | XXX | | | | | |
| 4 | Brianna Wilson | East Elgin SS | 1.56m | | | | | | | | |
| | 1.43 | 1.48 | 1.53 | 1.56 | 1.59 | | | | | | |
| | O | P | XXO | O | XXX | | | | | | |
| 5 | Jasmine Kerr | London South | J1.56m | | | | | | | | |
| | 1.43 | 1.48 | 1.53 | 1.56 | 1.59 | | | | | | |
| | XO | P | XX | O | XXX | | | | | | |

| | | | |
|----|--------------------------|------------------|--------|
| 6 | Vanessa Dam | Lambton Cent | J1.56m |
| | 1.43 1.48 1.53 1.56 1.59 | | |
| | O O O XO XXX | | |
| 7 | Melissa Smyth | McGregor, Jo | J1.56m |
| | 1.43 1.48 1.53 1.56 1.59 | | |
| | O O O XXO XXX | | |
| 8 | Alex Kocher | Eastwood | J1.56m |
| | 1.43 1.48 1.53 1.56 1.59 | | |
| | P O XXO XXO XXX | | |
| 9 | Tessa Rowe | St. John's Colle | 1.53m |
| | 1.43 1.48 1.53 1.56 | | |
| | O O XO XXX | | |
| 10 | Rebecca VanKlaveren | Lambton Cent | J1.53m |
| | 1.43 1.48 1.53 1.56 | | |
| | O XO XXO XXX | | |
| 11 | Kristin Bujnowski | Holy Cross | 1.48m |
| | 1.43 1.48 1.53 | | |
| | P O XXX | | |
| 12 | Tichina Jones | Riverside S S | J1.48m |
| | 1.43 1.48 1.53 | | |
| | XXO O XXX | | |
| 13 | Riley Williams | St. Clair S S | J1.48m |
| | 1.43 1.48 1.53 1.56 | | |
| | O XXO P XXX | | |
| 14 | Michelle Miller | Cameron Heig | 1.43m |
| | 1.43 1.48 | | |
| | XO XXX | | |
| -- | Blair Corey | Sandwich | NH |
| | 1.43 | | |
| | XXX | | |

Event 82 Men High Jump Senior

Starting height 1.73 m

West Region: * 2.18m 1993 Mike CAZA / Chatham - Ursuline C.

| Name | Year | School | Finals |
|----------------------|--|----------------|--------|
| 1 Branden Wilhelm | | Woodstock | 2.19m* |
| | 1.73 1.78 1.83 1.86 1.89 1.92 1.95 2.05 2.10 2.15 2.19 | | |
| | P P P P P P O XO O XXO XO | | |
| 2 Mike Lucier | | North Lambto | 1.92m |
| | 1.73 1.78 1.83 1.86 1.89 1.92 1.95 | | |
| | O O O XO XXO O XXX | | |
| 3 Mat West | | Walkerton | 1.89m |
| | 1.73 1.78 1.83 1.86 1.89 1.92 | | |
| | P O XO P XXO XXX | | |
| 4 Mustafa Bastinduka | | Waterloo | 1.86m |
| | 1.73 1.78 1.83 1.86 1.89 | | |
| | O XO O XO XXX | | |
| 5 Ben Withers | | Northern C I V | J1.86m |
| | 1.73 1.78 1.83 1.86 1.89 | | |
| | O O O XXO XXX | | |
| 6 Kevin Xu | | Sandwich | J1.86m |
| | 1.73 1.78 1.83 1.86 1.89 | | |
| | O O XO XXO XXX | | |
| 7 Jordan Harvey | | St. Joseph's | 1.83m |
| | 1.73 1.78 1.83 1.86 | | |
| | P O O XXX | | |
| 7 Mark Stantsos | | Saunders SS | 1.83m |
| | 1.73 1.78 1.83 1.86 | | |
| | O O O XXX | | |
| 9 Erik VanDyk | | Strathroy DC | J1.83m |
| | 1.73 1.78 1.83 1.86 | | |
| | O O XXO XXX | | |
| 9 Jeremy Armour | | College Avenue | J1.83m |
| | 1.73 1.78 1.83 1.86 | | |
| | O O XXO XXX | | |
| 9 Emeka Agada | | Elmira Dhs | J1.83m |
| | 1.73 1.78 1.83 1.86 | | |
| | O O XO XXX | | |
| 9 Jay Knelsen | | Valley Heigh | J1.83m |
| | 1.73 1.78 1.83 1.86 | | |
| | O O XXO XXX | | |
| 13 Tim Dyck | | Kingsville D | J1.83m |
| | 1.73 1.78 1.83 1.86 | | |
| | O XO XXO XXX | | |
| 14 CJ Smith-White | | St. Clair S S | 1.78m |
| | 1.73 1.78 1.83 | | |
| | XO O XXX | | |
| -- | Mackenzie Streutker | Woodland Chr | NH |
| | 1.73 | | |

XXX

Event 83 Women Pole Vault Senior

| ===== | | | | | | | | | | | | | | |
|--|----------------|------|------|------|------|------|------|------|------|------|--------|------|--|--|
| Starting height 1.90 m | | | | | | | | | | | | | | |
| West Region: * 3.55m 02/06/2007 Jen House, Oakridge SS | | | | | | | | | | | | | | |
| Name | Year School | | | | | | | | | | Finals | | | |
| ===== | | | | | | | | | | | | | | |
| 1 Karleigh Parker | College Avenue | | | | | | | | | | 3.30m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | 2.75 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | 3.45 | | |
| | P | P | P | P | P | P | P | O | P | O | O | XX | | |
| 2 Marielle Harper | Kitchener Wa | | | | | | | | | | 3.20m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | 2.75 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | | | |
| | P | P | P | O | O | XO | O | XO | O | XO | XXX | | | |
| 3 Meaghan Felet | Massey, Vinc | | | | | | | | | | J3.20m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | 2.75 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | | | |
| | P | P | O | O | O | XO | XO | O | XXO | XXO | XXX | | | |
| 4 Nicole Rollins | Simcoe Cs-Si | | | | | | | | | | 2.60m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | 2.75 | | | | | | | | |
| | XO | O | O | O | XO | XXX | | | | | | | | |
| 5 Blaire Stewart | Chatham-Kent | | | | | | | | | | 2.45m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | | | | | | | | | |
| | P | O | O | XO | XXX | | | | | | | | | |
| 6 Jessica McClure | Saunders SS | | | | | | | | | | J2.45m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | 2.60 | | | | | | | | | |
| | O | XO | XO | XO | XXX | | | | | | | | | |
| 7 Christine Walsh | Kitchener Wa | | | | | | | | | | 2.30m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | | | | |
| | P | XXO | O | XXX | | | | | | | | | | |
| 7 Olga Lioudvinevitch | Cameron Heig | | | | | | | | | | 2.30m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | | | | |
| | P | XO | O | XXX | | | | | | | | | | |
| 8 Michelle Corbiere | St. Thomas Aq | | | | | | | | | | J2.30m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | | | | |
| | P | XXO | O | XXX | | | | | | | | | | |
| 10 Jillian McFadden | Sandwich | | | | | | | | | | J2.30m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | | | | |
| | O | O | XO | XXX | | | | | | | | | | |
| 11 Jen Romaniuk | St. Anne SS - | | | | | | | | | | J2.30m | | | |
| | 1.90 | 2.10 | 2.30 | 2.45 | | | | | | | | | | |
| | O | XXO | XO | XXX | | | | | | | | | | |
| 12 Kayla Bondy | Assumption C | | | | | | | | | | 2.10m | | | |
| | 1.90 | 2.10 | 2.30 | | | | | | | | | | | |
| | O | O | XXX | | | | | | | | | | | |
| 12 Elisa Dorman | Cameron Heig | | | | | | | | | | 2.10m | | | |
| | 1.90 | 2.10 | 2.30 | | | | | | | | | | | |
| | O | O | XXX | | | | | | | | | | | |
| 14 Alanna Roy | Central Huron | | | | | | | | | | J2.10m | | | |
| | 1.90 | 2.10 | 2.30 | | | | | | | | | | | |
| | XO | XO | XXX | | | | | | | | | | | |
| 15 Alex Dominato | St. Anne SS - | | | | | | | | | | 1.90m | | | |
| | 1.90 | 2.10 | | | | | | | | | | | | |
| | O | XXX | | | | | | | | | | | | |

Event 84 Men Pole Vault Senior

| ===== | | | | | | | | | | | | | | | | |
|--|------------------|------|------|------|------|------|------|------|------|------|--------|------|------|------|------|------|
| Starting height 2.85 m | | | | | | | | | | | | | | | | |
| West Region: * 5.10m 1985 Doug WOOD / Wingham-Madill | | | | | | | | | | | | | | | | |
| Name | Year School | | | | | | | | | | Finals | | | | | |
| ===== | | | | | | | | | | | | | | | | |
| 1 Jake Pfaff | Sandwich | | | | | | | | | | 4.70m | | | | | |
| | 2.85 | 3.05 | 3.25 | 3.40 | 3.55 | 3.70 | 3.85 | 4.00 | 4.10 | 4.20 | 4.30 | 4.40 | 4.50 | 4.60 | 4.70 | 4.80 |
| | P | P | P | P | P | P | P | XO | P | O | P | XO | O | O | XXO | XXX |
| 2 Alex Hoediono | Sir John A Macdo | | | | | | | | | | 4.60m | | | | | |
| | 2.85 | 3.05 | 3.25 | 3.40 | 3.55 | 3.70 | 3.85 | 4.00 | 4.10 | 4.20 | 4.30 | 4.40 | 4.50 | 4.60 | 4.70 | |
| | P | P | P | P | P | P | O | P | P | O | XP | O | XP | XO | XXX | |
| 3 Paul Worndl | St. Mary's High | | | | | | | | | | 4.30m | | | | | |
| | 2.85 | 3.05 | 3.25 | 3.40 | 3.55 | 3.70 | 3.85 | 4.00 | 4.10 | 4.20 | 4.30 | 4.40 | | | | |
| | P | P | P | P | P | P | P | XO | P | XP | XO | XXX | | | | |
| 4 Ruben Larsson | Sir John A Macdo | | | | | | | | | | 4.00m | | | | | |
| | 2.85 | 3.05 | 3.25 | 3.40 | 3.55 | 3.70 | 3.85 | 4.00 | 4.10 | 4.20 | | | | | | |
| | P | P | P | P | P | XO | O | O | P | XXX | | | | | | |
| 5 Dane Harwood | Chatham-Kent | | | | | | | | | | 3.70m | | | | | |
| | 2.85 | 3.05 | 3.25 | 3.40 | 3.55 | 3.70 | 3.85 | | | | | | | | | |
| | P | P | P | O | P | O | XXX | | | | | | | | | |
| 6 Cameron Hooker | Saunders SS | | | | | | | | | | J3.70m | | | | | |
| | 2.85 | 3.05 | 3.25 | 3.40 | 3.55 | 3.70 | 3.85 | | | | | | | | | |
| | P | P | O | O | XO | O | XXX | | | | | | | | | |
| 6 Harrison Connell | Oakridge SS | | | | | | | | | | J3.70m | | | | | |
| | 2.85 | 3.05 | 3.25 | 3.40 | 3.55 | 3.70 | 3.85 | | | | | | | | | |
| | P | P | O | XO | O | O | XXX | | | | | | | | | |

| | | | |
|----|------------------------------------|------------------|--------|
| 8 | Morley Willoughby | Oakridge SS | J3.70m |
| | 2.85 3.05 3.25 3.40 3.55 3.70 3.85 | | |
| | P P P O XXO XO XXX | | |
| 9 | Michael Lecours | Sandwich | 3.55m |
| | 2.85 3.05 3.25 3.40 3.55 3.70 | | |
| | O O O XO O XXX | | |
| 9 | Clayton Schroeder | Leamington D | 3.55m |
| | 2.85 3.05 3.25 3.40 3.55 3.70 | | |
| | P P XO O O XXX | | |
| 11 | James Steubing | Sir John A Macdo | 3.40m |
| | 2.85 3.05 3.25 3.40 3.55 | | |
| | P P P O XXX | | |
| 12 | Tyler Durst | Goderich Dci | 3.05m |
| | 2.85 3.05 3.25 | | |
| | P O XXX | | |
| 12 | Wheaton Mouck | Leamington D | 3.05m |
| | 2.85 3.05 3.25 | | |
| | O O XXX | | |
| 14 | Andrew Keller | Resurrection | J3.05m |
| | 2.85 3.05 3.25 | | |
| | XO XO XXX | | |
| -- | Chris Waugh | Saunders SS | NH |
| | 2.85 3.05 | | |
| | P XXX | | |
| -- | Austin Crough | St. Anne SS - | NH |
| | 2.85 3.05 3.25 | | |
| | P P XXX | | |

Event 85 Women Long Jump Senior

| West Region: * 5.92m 1996 Laura WESSELING / Delhi | | | | | | |
|---|----------------------------------|----------------------------------|-------------|------------|------------|--|
| Name | Year | School | Finals | Wind | | |
| 1 Charlotte Crombeen | | Mother Teresa | 5.47m | 0.4 | | |
| | 5.45m(NWI) | 5.26m(2.7) FOUL(2.6) | FOUL(0.9) | 5.47m(0.4) | 5.02m(1.2) | |
| 2 Nathana Griffiths | | Maranatha | 5.42m | 0.3 | | |
| | FOUL | 5.13m(NWI) 5.16m(2.1) 5.00m(1.1) | 4.98m(-1.2) | 5.42m(0.3) | | |
| 3 Kristin Bujnowski | | Holy Cross | 5.35m | 1.7 | | |
| | 4.90m(NWI) 5.35m(1.7) | 5.06m(1.7) 4.93m(2.1) | PASS(1.7) | PASS(1.2) | | |
| 4 Kim Cupid | | Lourdes | 5.32m | 1.9 | | |
| | FOUL | 5.17m(0.7) 5.21m(1.7) 5.01m(1.7) | FOUL(3.1) | 5.32m(1.9) | | |
| 5 Katie Flemington | | Centennial C | 5.24m | 1.3 | | |
| | 5.05m(NWI) 5.19m(NWI) 5.19m(1.0) | 5.24m(1.3) 5.18m(0.2) | 5.17m(2.6) | | | |
| 6 Caitlyn Campbell | | St. Joseph's | 5.14m | 0.6 | | |
| | 5.06m(2.5) 5.01m(NWI) 5.14m(0.6) | 5.08m(1.1) 5.04m(2.1) | 1.72m(1.6) | | | |
| 7 Christy Sikkema | | Chatham Chri | 5.13m | 1.3 | | |
| | FOUL | FOUL(1.8) 5.10m(1.2) FOUL(-0.5) | 5.13m(1.3) | FOUL(1.3) | | |
| 8 Logan White | | Pauline John | 5.05m | 3.0 | | |
| | 4.83m(NWI) 5.05m(3.0) 5.02m(1.8) | 4.92m(2.1) FOUL(0.8) | 4.97m(0.6) | | | |
| 9 Karlee Parent | | Belle River | 4.97m | 1.9 | | |
| | FOUL | 4.97m(1.9) FOUL(2.0) | | | | |
| 10 Alexandria Pulham | | Pauline John | 4.91m | 2.0 | | |
| | 4.48m(2.8) 4.76m(NWI) 4.91m(2.0) | | | | | |
| 11 Kelly Bedek | | St. Joseph's | 4.81m | NWI | | |
| | 4.81m(NWI) 4.62m(0.5) 4.59m(1.1) | | | | | |
| 11 Phyllicia Pile | | Essex D H S-Es | 4.81m | 1.1 | | |
| | 4.37m(NWI) 4.71m(2.5) 4.81m(1.1) | | | | | |
| 13 Kandice Pretty | | Villanova | 4.73m | 0.1 | | |
| | FOUL(2.7) 4.14m(NWI) 4.73m(0.1) | | | | | |
| 14 Brooke Earley | | Strathroy DC | 4.65m | 1.9 | | |
| | FOUL | FOUL | 4.65m(1.9) | | | |
| 15 Riley Williams | | St. Clair S S | 4.59m | 0.7 | | |
| | 4.13m(1.4) 4.47m(NWI) 4.59m(0.7) | | | | | |

Event 86 Men Long Jump Senior

| West Region: * 7.48m 2008 Damian WARNER, Montcalm | | | | | | |
|---|------------------------------------|-----------------------|-------------|------------|--|--|
| Name | Year | School | Finals | Wind | | |
| 1 Taylor Stewart | | Regina Mundi | 7.50m* | +0.0 | | |
| | 7.27m(2.0) PASS | 7.50m(+0.0) FOUL | PASS | 7.43m(NWI) | | |
| 2 Branden Wilhelm | | Woodstock | 7.00m | 1.0 | | |
| | 7.00m(1.0) 6.75m(2.1) 6.90m(1.1) | 0.05m(1.3) 6.99m(1.4) | 6.46m(-1.1) | | | |
| 3 Eric McDonald | | St Christoph | 6.89m | 2.5 | | |
| | FOUL(1.7) 6.89m(2.5) FOUL(1.8) | FOUL(2.2) 6.60m(1.5) | 6.44m(0.1) | | | |
| 4 Tom Bednarik | | Chatham-Kent | 6.66m | 2.4 | | |
| | 6.66m(2.4) 6.66m(1.9) 6.41m(0.5) | 6.37m(3.0) 6.62m(1.6) | 6.25m(-2.8) | | | |
| 5 Brandon Potter | | Medway HS | 6.50m | 2.7 | | |
| | 6.09m(+0.0) 6.17m(-1.7) 6.00m(1.5) | 6.09m(0.7) 6.50m(2.7) | 6.15m(-2.0) | | | |
| 6 Cory Giroux | | Elmira Dhs | 6.30m | 2.3 | | |
| | 6.14m(1.6) 6.19m(1.3) 6.30m(2.3) | FOUL(0.2) FOUL(2.2) | 6.11m(-1.4) | | | |

| | | | | |
|----|---|-----------------|-------------|------|
| 7 | Jamie Diehl | Stratford NW SS | 6.21m | 2.6 |
| | 6.09m(1.5) 6.21m(2.6) 5.83m(2.0) 6.02m(1.3) FOUL(2.1) | | 5.87m(-2.0) | |
| 8 | Scott Shea | Elmira Dhs | 6.18m | -1.2 |
| | FOUL(1.7) 6.16m(0.7) FOUL(0.4) FOUL(2.3) 5.63m(2.6) 6.18m(-1.2) | | | |
| 9 | Pieter VanDipten | Orangeville | 6.15m | 2.3 |
| | 6.15m(2.3) 5.82m(1.2) 6.14m(0.9) | | | |
| 10 | Mike Slegers | Holy Cross | 6.11m | 1.7 |
| | 5.96m(0.2) 5.82m(-0.3) 6.11m(1.7) | | | |
| 11 | Greg Lue | St Christoph | 6.06m | -0.2 |
| | 5.95m(1.2) 5.70m(1.5) 6.06m(-0.2) | | | |
| 12 | Richard Veenstra | Massey, Vinc | 6.03m | 0.6 |
| | 5.69m(-0.6) 5.88m(-0.8) 6.03m(0.6) | | | |
| 13 | Brandon Williams | St. Mary's High | 5.98m | 2.1 |
| | 5.98m(2.1) 5.96m(2.6) FOUL(0.8) | | | |
| 14 | Ben Withers | Northern C I V | 5.77m | -1.9 |
| | 5.60m(2.1) 5.68m(1.3) 5.77m(-1.9) | | | |

Event 87 Women Triple Jump Senior

| West Region: * 12.11m 1996 Monique HAAN / London Christian | | | | | |
|--|---|----------------|--------|------|--|
| Name | Year | School | Finals | Wind | |
| 1 | Katie Flemington | Centennial C | 11.83m | 4.0 | |
| | FOUL 11.23m(NWI) FOUL 11.54m(2.8) 11.83m(4.0) 11.68m(2.6) | | | | |
| 2 | Kelly Bedek | St. Joseph's | 11.44m | 0.9 | |
| | FOUL FOUL 11.11m(NWI) 10.91m(2.9) 10.54m(3.4) 11.44m(0.9) | | | | |
| 3 | Alexandria Pulham | Pauline John | 11.25m | 3.3 | |
| | 10.41m(NWI) 10.84m(NWI) 10.89m(NWI) 11.11m(1.9) 10.91m(3.0) 11.25m(3.3) | | | | |
| 4 | Caitlyn Campbell | St. Joseph's | 11.21m | 2.2 | |
| | 11.09m(NWI) 11.04m(NWI) 10.89m(NWI) 10.92m(0.7) 11.21m(2.2) 10.86m(2.3) | | | | |
| 5 | Christy Sikkema | Chatham Chri | 11.15m | 3.1 | |
| | FOUL FOUL 11.01m(NWI) FOUL 11.10m(1.8) 11.15m(3.1) | | | | |
| 6 | Ally Krug | Kitchener Wa | 11.01m | NWI | |
| | 10.63m(NWI) 9.90m(NWI) 11.01m(NWI) 10.95m(2.8) FOUL 10.79m(NWI) | | | | |
| 7 | Krista Sipprell | London South | 11.00m | 2.7 | |
| | 10.25m(NWI) 10.57m(NWI) 10.66m(NWI) 10.65m(1.3) FOUL(2.1) 11.00m(2.7) | | | | |
| 8 | Anna Antczak | St David | 10.86m | NWI | |
| | 10.86m(NWI) 10.62m(NWI) 10.72m(NWI) 9.18m(2.9) 10.27m(2.3) 10.69m(2.1) | | | | |
| 9 | Kayla Smith | Madill, F.E. | 10.59m | NWI | |
| | FOUL 10.35m(NWI) 10.59m(NWI) | | | | |
| 10 | Emily MacLeod | Saugeen D S S | 10.58m | NWI | |
| | FOUL FOUL 10.58m(NWI) | | | | |
| 11 | Laura Chittle | Essex D H S-Es | 10.54m | NWI | |
| | FOUL 10.27m(NWI) 10.54m(NWI) | | | | |
| 12 | Phyllicia Pile | Essex D H S-Es | 10.47m | NWI | |
| | 9.59m(NWI) 10.20m(NWI) 10.47m(NWI) | | | | |
| 13 | Melissa Guiler | London Central | 10.42m | NWI | |
| | 9.72m(NWI) 10.42m(NWI) 10.35m(NWI) | | | | |
| 14 | Paula Gray | Wallaceburg | 10.33m | NWI | |
| | 9.76m(NWI) 9.76m(NWI) 10.33m(NWI) | | | | |
| 15 | Mary Stoesser | St. Patrick' | 10.26m | NWI | |
| | 10.10m(NWI) 10.26m(NWI) 10.21m(NWI) | | | | |
| 16 | Michelle Macrae | Lambton Cent | 9.73m | NWI | |
| | 9.55m(NWI) 9.50m(NWI) 9.73m(NWI) | | | | |

Event 88 Men Triple Jump Senior

| West Region: * 15.73m 2002 Kenen SHADD/Kitchener Grand River | | | | | |
|--|--|----------------|--------|------|--|
| Name | Year | School | Finals | Wind | |
| 1 | Marvin Muschette | Resurrection | 13.90m | 1.1 | |
| | 13.90m(1.1) FOUL(1.5) FOUL 13.82m(1.0) FOUL(0.5) PASS | | | | |
| 2 | Brandon Potter | Medway HS | 13.87m | 0.5 | |
| | 13.02m(2.1) 12.97m(1.3) 12.80m(1.9) 13.36m(0.8) 13.63m(2.7) 13.87m(0.5) | | | | |
| 3 | Tom Bednarik | Chatham-Kent | 13.31m | 0.7 | |
| | 13.10m(2.3) 12.96m(2.0) FOUL(3.4) 13.31m(0.7) 13.27m(0.9) 13.11m(0.8) | | | | |
| 4 | Cole Pellett | Madill, F.E. | 13.15m | NWI | |
| | 13.15m(NWI) 12.88m(NWI) PASS FOUL 13.00m(NWI) PASS | | | | |
| 5 | Richard Veenstra | Massey, Vinc | 13.11m | 2.5 | |
| | 13.11m(2.5) 12.98m(2.5) 12.68m(2.6) 12.55m(1.0) PASS 13.07m(2.1) | | | | |
| 6 | Pieter VanDipten | Orangeville | 13.11m | 1.6 | |
| | 12.94m(2.0) 13.11m(1.6) 12.80m(3.6) 12.77m(+0.0) 12.61m(1.1) 12.96m(2.3) | | | | |
| 7 | Justin Wood | Valley Heigh | 12.79m | 2.9 | |
| | 12.79m(2.9) FOUL(2.3) 12.68m(2.8) 12.40m(+0.0) FOUL 12.50m(2.4) | | | | |
| 8 | Jordan Blackmore | Herman, W.F. | 12.75m | 1.0 | |
| | 12.75m(1.0) FOUL(1.9) FOUL(2.9) 12.56m(1.5) 11.42m(-0.2) FOUL(0.6) | | | | |
| 9 | Tyler Withers | Northern C I V | 12.74m | 2.5 | |
| | 12.38m(3.1) 12.74m(2.5) FOUL(3.3) | | | | |
| 10 | Mitchell Roth | Waterloo | 12.66m | 2.8 | |
| | 12.64m(2.2) 12.36m(2.2) 12.66m(2.8) | | | | |
| 11 | Michael Ballagh | Madill, F.E. | 12.46m | 1.9 | |

| | | | | | |
|----|-----------------|-------------|----------------|--------|-----|
| | 12.46m(1.9) | 12.12m(2.0) | 12.40m(3.1) | | |
| 12 | Jordon Gauthier | | Herman, W.F. | 12.17m | 3.1 |
| | 12.05m(1.7) | 12.04m(0.5) | 12.17m(3.1) | | |
| 13 | Austin Crough | | St. Anne SS - | 12.12m | 0.5 |
| | 12.04m(2.7) | 12.12m(0.5) | 12.00m(2.9) | | |
| 14 | Jeremy Armour | | College Avenue | 11.92m | 2.3 |
| | FOUL(1.8) | 11.92m(2.3) | 11.66m(2.0) | | |
| 15 | Andrew Jenkins | | Central Elgin | 11.89m | 2.4 |
| | 11.50m(0.5) | FOUL(2.0) | 11.89m(2.4) | | |
| 16 | Adam Stuck | | West Hill | 11.18m | 2.6 |
| | 11.18m(2.6) | FOUL(2.9) | FOUL(2.2) | | |

Event 89 Women Shot Put Senior

| West Region: * 14.25m 1996 Liz TOMAN / Elmira | | | | | |
|---|---------------------|------------------|--------|--------|---------------|
| Name | Year | School | Finals | | |
| 1 | Jacinta Cowan | St. Joseph's W | 11.88m | | |
| | 11.62m | 11.16m | 11.70m | 11.39m | 11.88m 10.85m |
| 2 | Ciji Service | St. Patrick' | 11.84m | | |
| | 11.84m | FOUL | 10.09m | 10.58m | 10.60m 10.82m |
| 3 | Sarah Vandeneynnden | Strathroy DC | 11.75m | | |
| | 11.10m | 11.75m | 11.13m | 11.48m | 11.52m 11.43m |
| 4 | Sia Athanasopoulos | St Christoph | 11.38m | | |
| | 10.65m | 10.66m | 10.50m | 10.57m | 10.86m 11.38m |
| 5 | Jill Van Damme | Bluevale | 11.35m | | |
| | 10.84m | 10.45m | 10.72m | 10.79m | 10.20m 11.35m |
| 6 | Jill Knight | Parkside CI | 11.04m | | |
| | 11.04m | 10.84m | 9.95m | 10.54m | 10.21m 10.87m |
| 7 | Jillian Rogers | Sarnia C I T S | 10.68m | | |
| | 10.68m | 10.50m | 10.33m | 9.54m | 9.78m 10.25m |
| 8 | Jessica Hitchcock | Sandwich | 10.63m | | |
| | 10.62m | 10.50m | 10.63m | 10.51m | 10.39m 10.57m |
| 9 | Karlee Kelly | Bpds | 10.25m | | |
| | 9.98m | 9.11m | 10.25m | | |
| 10 | Jenn Wakefield | Central Elgin | 10.14m | | |
| | 9.65m | 9.98m | 10.14m | | |
| 11 | Kayla Dodson | Riverside S S | 9.90m | | |
| | 9.39m | 9.90m | 9.75m | | |
| 12 | Allyson Steutker | London Christian | 9.89m | | |
| | 9.76m | 9.04m | 9.89m | | |
| 13 | Logan White | Pauline John | 9.52m | | |
| | 9.46m | 9.13m | 9.52m | | |

Event 90 Men Shot Put Senior

| West Region: * 20.78m 1995 Brad SNYDER / Windsor - St. Joseph's | | | | | |
|---|-----------------|------------------|--------|--------|---------------|
| Name | Year | School | Finals | | |
| 1 | Jordan Young | Massey, Vinc | 16.77m | | |
| | FOUL | 16.53m | 16.77m | 16.32m | FOUL 16.10m |
| 2 | Darnell Girard | Herman, W.F. | 16.32m | | |
| | 15.94m | 15.99m | 15.77m | 15.59m | 16.23m 16.32m |
| 3 | Jackson Gray | Sarnia C I T S | 16.05m | | |
| | FOUL | 16.05m | 15.34m | 15.37m | FOUL 15.93m |
| 4 | Kevin Bowman | Saugeen D S S | 15.45m | | |
| | 14.19m | 14.65m | 15.45m | 15.31m | FOUL FOUL |
| 5 | Jordon Gauthier | Herman, W.F. | 15.29m | | |
| | 14.19m | 13.48m | 14.38m | 14.95m | 14.24m 15.29m |
| 6 | Alexander Welch | John Diefenbaker | 15.24m | | |
| | 15.24m | FOUL | FOUL | 14.42m | FOUL FOUL |
| 7 | Josh DaSilva | Holy Names H | 14.13m | | |
| | FOUL | 13.56m | 14.13m | 13.82m | 12.31m 11.25m |
| 8 | Drew Campbell | Glenview Par | 13.56m | | |
| | 12.82m | 13.44m | 13.45m | 13.56m | 12.98m 13.22m |
| 9 | Seb Pilon | Saugeen D S S | 13.42m | | |
| | 12.36m | 12.80m | 13.42m | | |
| 10 | Jeff Paulley | Sarnia C I T S | 13.20m | | |
| | FOUL | 13.20m | FOUL | | |
| 11 | Tyler Smith | Madill, F.E. | 12.87m | | |
| | 12.87m | 12.50m | FOUL | | |
| 12 | Aaron Dinich | St. Thomas Aq | 12.72m | | |
| | FOUL | 12.72m | FOUL | | |
| 13 | Coy Kulich | Goderich Dci | 12.54m | | |
| | FOUL | 12.54m | FOUL | | |
| 14 | Michael Dyck | East Elgin SS | 12.28m | | |
| | 12.15m | 12.28m | FOUL | | |
| 15 | Scott Rumble | Woodstock | 11.98m | | |
| | 11.98m | 11.75m | 11.48m | | |

Event 91 Women Discus Throw Senior

| West Region: * 48.20m 1982 | | | | Liz POLYAK / Brantford-North Park | | |
|----------------------------|--------|----------------|--------|-----------------------------------|---------------|--|
| Name | Year | School | Finals | | | |
| 1 Jill Van Damme | | Bluevale | 36.77m | | | |
| | 35.87m | 36.77m | 33.65m | FOUL | 32.87m FOUL | |
| 2 Sarah Vandeneynnden | | Strathroy DC | 36.72m | | | |
| | 30.84m | 34.24m | 36.72m | 35.19m | 33.02m 35.90m | |
| 3 Jacinta Cowan | | St. Joseph's W | 35.73m | | | |
| | FOUL | 30.56m | 32.35m | 31.89m | 35.73m FOUL | |
| 4 Alexis Beddard | | Holy Cross | 32.98m | | | |
| | 32.57m | 32.98m | 32.79m | FOUL | 31.68m 31.38m | |
| 5 Emily Weston | | Banting, Sir | 32.46m | | | |
| | 30.34m | 32.46m | FOUL | FOUL | FOUL FOUL | |
| 6 Heather de Boer | | Madill, F.E. | 32.02m | | | |
| | 30.61m | FOUL | 32.02m | FOUL | 31.33m 31.26m | |
| 7 Karly Dobbin | | Lambton Cent | 31.94m | | | |
| | 28.43m | 31.11m | FOUL | 29.45m | 31.15m 31.94m | |
| 8 Sara Hudyn | | Eastwood | 31.47m | | | |
| | 31.04m | 31.27m | 31.47m | 30.09m | 31.18m FOUL | |
| 9 Brianna Balzer | | Holy Names H | 31.04m | | | |
| | 31.04m | 30.15m | 30.04m | | | |
| 10 Milica Kulidzan | | Riverside S S | 30.96m | | | |
| | FOUL | 30.96m | 28.90m | | | |
| 11 Carissa Luker | | Lambton Cent | 30.53m | | | |
| | 29.16m | 30.16m | 30.53m | | | |
| 12 Jodie Eadie | | Madill, F.E. | 30.49m | | | |
| | FOUL | FOUL | 30.49m | | | |
| 13 Jessica Hitchcock | | Sandwich | 28.60m | | | |
| | 28.06m | FOUL | 28.60m | | | |
| 14 Karlee Kelly | | Bpds | 27.80m | | | |
| | 27.80m | 27.17m | FOUL | | | |
| 15 Acadia Northfield | | Centre Welli | 27.46m | | | |
| | 25.81m | 27.46m | 26.25m | | | |
| -- Lydia Frey | | Elmira Dhs | FOUL | | | |
| | FOUL | FOUL | FOUL | | | |

Event 92 Men Discus Throw Senior

| West Region: * 64.94m 1995 | | | | Jason TUNKS / London-Banting | | |
|----------------------------|--------|----------------|--------|------------------------------|---------------|--|
| Name | Year | School | Finals | | | |
| 1 Jordan Young | | Massey, Vinc | 56.70m | | | |
| | 49.45m | FOUL | 49.31m | FOUL | FOUL 56.70m | |
| 2 Alex Pilar | | Saugeen D S S | 50.09m | | | |
| | 46.26m | FOUL | FOUL | 50.09m | FOUL FOUL | |
| 3 Jackson Gray | | Sarnia C I T S | 48.07m | | | |
| | 48.07m | FOUL | 47.44m | FOUL | 46.30m FOUL | |
| 4 Kevin Bowman | | Saugeen D S S | 46.60m | | | |
| | 44.77m | FOUL | 42.98m | 40.78m | 46.60m FOUL | |
| 5 Jordon Gauthier | | Herman, W.F. | 45.14m | | | |
| | 45.14m | 44.38m | 41.54m | 44.90m | 44.20m FOUL | |
| 6 Seb Pilon | | Saugeen D S S | 43.00m | | | |
| | 39.33m | 39.45m | FOUL | 41.76m | FOUL 43.00m | |
| 7 Coy Kulich | | Goderich Dci | 41.54m | | | |
| | FOUL | 38.21m | FOUL | 38.99m | 38.15m 41.54m | |
| 8 Rob Bartoszewicz | | Lourdes | 38.06m | | | |
| | 34.28m | 35.71m | 38.06m | FOUL | FOUL FOUL | |
| 9 Justin Stymest | | Northern C I V | 37.92m | | | |
| | 37.40m | 37.92m | 37.86m | | | |
| 10 Brett Hedges | | Amherst, Gen | 36.46m | | | |
| | 35.38m | 35.17m | 36.46m | | | |
| 11 Tyrone Enerio | | Lourdes | 36.23m | | | |
| | 35.70m | 33.33m | 36.23m | | | |
| 12 Scott Rumble | | Woodstock | 34.88m | | | |
| | 34.88m | FOUL | FOUL | | | |
| 13 Tracey Remeloso-Talbot | | Catholic Cen | 33.97m | | | |
| | FOUL | 29.24m | 33.97m | | | |
| 14 Jeff Grass | | Saunders SS | 33.08m | | | |
| | 33.08m | 31.00m | FOUL | | | |
| 15 Michael Dyck | | East Elgin SS | 31.17m | | | |
| | FOUL | FOUL | 31.17m | | | |

Event 93 Women Javelin Throw Senior

| West Region: * 47.56m 1997 | | | | Andrea BULAT / Windsor-Brennan | | |
|----------------------------|------|----------------|--------|--------------------------------|---------------|--|
| Name | Year | School | Finals | | | |
| 1 Jessica Hitchcock | | Sandwich | 40.81m | | | |
| | FOUL | 40.81m | 39.49m | 39.67m | 37.42m 35.74m | |
| 2 Karleigh Parker | | College Avenue | 38.25m | | | |

| | | | | | | |
|--------------------|--------|--------|--------|----------------|--------|--------|
| | 36.30m | 36.13m | FOUL | 37.45m | 38.25m | |
| 3 Milica Kulidzan | | | | Riverside S S | | 37.84m |
| | 31.24m | 37.84m | 36.42m | 33.06m | 33.77m | 37.08m |
| 4 Gina Murray | | | | Madill, F.E. | | 37.30m |
| | FOUL | 34.01m | 37.30m | 36.02m | 32.20m | 32.04m |
| 5 Hillary Lubimiv | | | | Saugeen D S S | | 36.81m |
| | 32.71m | 32.40m | 36.81m | 35.14m | 33.50m | 33.12m |
| 6 Brianne Belanger | | | | Sarnia C I T S | | 36.64m |
| | 36.26m | 34.37m | 31.47m | FOUL | 36.64m | 36.64m |
| 7 Jenn Wakefield | | | | Central Elgin | | 35.39m |
| | 32.07m | 35.15m | FOUL | 33.26m | 35.39m | FOUL |
| 8 Hannah Robson | | | | Brennan, F.J | | 35.11m |
| | 34.98m | 32.20m | 30.38m | 35.11m | 32.26m | 32.17m |
| 9 Lerren Ducharme | | | | Villanova | | 34.70m |
| | 32.73m | 34.70m | 27.61m | | | |
| 10 Hien Ngo | | | | Mother Teresa | | 34.25m |
| | 34.25m | 33.10m | FOUL | | | |
| 11 Jill Van Damme | | | | Bluevale | | 33.99m |
| | 27.18m | 33.99m | FOUL | | | |
| 12 Kelsey Henry | | | | St Christoph | | 33.09m |
| | FOUL | FOUL | 33.09m | | | |
| 13 Jenn Ward | | | | Orangeville | | 31.24m |
| | 31.24m | FOUL | FOUL | | | |
| 14 Lydia Frey | | | | Elmira Dhs | | 31.11m |
| | 29.45m | 29.06m | 31.11m | | | |
| 15 Samira Sommer | | | | Laurier, Sir | | 29.87m |
| | 29.00m | 29.51m | 29.87m | | | |

Event 94 Men Javelin Throw Senior

| West Region: * 70.20m | | 2001 | Trevor SNYDER / Windsor-St.Joseph's | | |
|-----------------------|--------|-----------------|-------------------------------------|--------|--------|
| Name | Year | School | Finals | | |
| 1 Tyler Withers | | Northern C I V | | | 57.00m |
| | 50.69m | 50.89m | 54.42m | 57.00m | 51.22m |
| 2 Scott Rumble | | Woodstock | | | 55.21m |
| | 49.85m | 46.76m | 50.25m | 50.41m | 50.05m |
| 3 Evan Mascaro | | Brennan, F.J | | | 54.01m |
| | 49.64m | 50.66m | 52.99m | FOUL | FOUL |
| 4 Michael Paisley | | Lambton Cent | | | 51.60m |
| | 48.72m | FOUL | 44.88m | 45.30m | PASS |
| 5 Nick Graver | | Stratford NW SS | | | 49.98m |
| | 47.58m | 47.91m | 49.98m | 47.22m | 45.46m |
| 6 Coy Kulich | | Goderich Dci | | | 49.92m |
| | 48.35m | 48.80m | 49.92m | FOUL | 49.19m |
| 7 Tyler Patterson | | Medway HS | | | 49.00m |
| | FOUL | FOUL | 49.00m | FOUL | FOUL |
| 8 Christian Hackney | | Sandwich | | | 48.49m |
| | 47.33m | 48.49m | 47.56m | 46.55m | FOUL |
| 9 Wesley Palmer | | Bluevale | | | 48.13m |
| | 48.13m | FOUL | 42.89m | | |
| 10 Rob Bartoszewicz | | Lourdes | | | 47.34m |
| | 43.80m | 47.34m | FOUL | | |
| 11 Jason Mota | | Brennan, F.J | | | 46.79m |
| | FOUL | 42.17m | 46.79m | | |
| 12 Brandon Jordan | | Oakridge SS | | | 46.29m |
| | 46.29m | FOUL | 44.94m | | |
| 13 Mat West | | Walkerton | | | 44.11m |
| | 43.45m | 44.11m | FOUL | | |
| 14 Brad Kreitzer | | Belle River | | | 44.05m |
| | 44.01m | 43.54m | 44.05m | | |
| 15 Matthew Kok | | Lourdes | | | 40.46m |
| | FOUL | 40.46m | FOUL | | |
| -- Bryan Mitchell | | Paris D H S-Pa | | | FOUL |
| | FOUL | FOUL | FOUL | | |

Event 95 Women 4x100 Meter Relay Senior

| West Region: * 48.73 | | 2000 | LONDON-BANTING | | |
|----------------------------|-----|------|-----------------------|--------|----|
| School | | | | Finals | H# |
| 1 Mother Teresa C S S | 'A' | | | 49.39 | 2 |
| 1) Jennifer Barbon | | | 2) Amy Grzywnowicz | | |
| 3) Hien Ngo | | | 4) Charlotte Crombeen | | |
| 2 Our Lady OF Lourdes | 'A' | | | 50.22 | 2 |
| 1) Jane Brownlee | | | 2) Rachel Costa | | |
| 3) Kim Cupid | | | 4) Hannah Pearsall | | |
| 3 Essex D H S - swes | 'A' | | | 50.45 | 2 |
| 1) Phyllicia Pile | | | 2) Kelsey Balkwill | | |
| 3) Amanda Gemmell | | | 4) Amanda Desjardins | | |
| 4 North Lambton S S - swml | 'A' | | | 51.00 | 2 |

| | | | |
|-----------------------------------|---------------------|-------|---|
| 1) TJ Little | 2) Bailey Hutt | | |
| 3) Kelsey Prong | 4) Amy Wilson | | |
| 5 John F. Ross C & V I 'A' | | 51.03 | 2 |
| 6 St. Clair S S - swsc 'A' | | 51.09 | 2 |
| 1) Kim Ross | 2) Riley Williams | | |
| 3) Ashley Bisson | 4) Brittany Lewis | | |
| 7 Cameron Heights C I 'A' | | 51.15 | 2 |
| 1) Eugenia Acosta | 2) Tatum McLeod | | |
| 3) Brianna Leahy | 4) Erin Robbins | | |
| 8 Medway H S 'A' | | 51.19 | 1 |
| 9 F.E. Madill S S 'A' | | 51.27 | 1 |
| 1) Julie-Anne Staehli | 2) Nelle Cook | | |
| 3) Jodie Eadie | 4) Kayla Smith | | |
| 10 Centennial C V I 'A' | | 51.43 | 2 |
| 1) Helena Reinfels | 2) Eszter Nagy | | |
| 3) Julia Miroлта | 4) Katie Flemington | | |
| 11 Sandwich S S - ssw 'A' | | 51.45 | 1 |
| 1) Raegan Deschamps | 2) Lyndsey Telega | | |
| 3) Sarah Paton | 4) Lisa Van Espen | | |
| 12 Bluevale C I 'A' | | 51.50 | 1 |
| 1) Emily Ersman | 2) Kylie Rohr | | |
| 3) Michelle Cress | 4) Tonya Malcolm | | |
| 13 Parkside C I 'A' | | 51.59 | 1 |
| 1) Katie Butterwick | 2) Jen Chamberlain | | |
| 3) Chelsey Filewood | 4) Tara Matthews | | |
| 14 Catholic Central 'A' | | 51.72 | 1 |
| 1) Katelyn O'Quinn | 2) Kelly Bonk | | |
| 3) Kim Babirad | 4) Tori Haffner | | |
| 15 Maranatha Christian - swmc 'A' | | 51.88 | 1 |
| 1) Lisa Joy Bunce | 2) Keilah Griffiths | | |
| 3) Nathana Griffiths | 4) Margaret Joseph | | |
| 16 Belle River D H S - swbr 'A' | | 52.10 | 1 |
| 1) Kelly Burton | 2) Marissa Chauvin | | |
| 3) Karlee Parent | 4) kristen McMahan | | |

Event 96 Men 4x100 Meter Relay Senior

| West Region: * 42.1h 1992 WATERLOO-BLUEVALE | | | |
|---|-----------------------|--------|----------|
| School | | Finals | H# |
| 1 Sandwich S S - ssw 'A' | | 43.10 | 2 |
| 1) Ali Amir | 2) Matt Bessey | | |
| 3) Gideon Hesman | 4) Tyler MacLeod | | |
| 2 Huron Heights SS 'A' | | 43.31 | 2 |
| 1) Tom Woodhouse | 2) Dhane Smith | | |
| 3) Matt Cober | 4) Talon Guerra | | |
| 3 Northern C I & V S - swno 'A' | | 43.41 | 2 |
| 1) Ryan Charteris | 2) Graeme Wattie | | |
| 3) Ryan Young | 4) Tyler Annett | | |
| 4 W. F. Herman S S - swhe 'A' | | 43.61 | 2 |
| 1) Arjen Colquhoun | 2) Jordon Gauthier | | |
| 3) Charles Johnson | 4) Beau Lumley | | |
| 5 F.E. Madill S S 'A' | | 43.86 | 2 |
| 1) Brayden Pellett | 2) Michael Ballagh | | |
| 3) Tyler Smith | 4) Ben Dailleboust | | |
| 6 Galt C & V I 'A' | | 44.66 | 1 |
| 1) Sherodan Burke | 2) Jake Arnoldi | | |
| 3) Adam Gray | 4) Emerson Petri | | |
| 7 St. Christopher S S - swst 'A' | | 44.94 | 2 |
| 1) Greg Lue | 2) Steven Strybos | | |
| 3) Mike Nelson | 4) Devin Golub | | |
| 8 St. Thomas Aquinas S S 'A' | | 45.17 | 1 |
| 1) Felipe Granja | 2) Alex Bogorin | | |
| 3) Greg Staeger | 4) Stephen Nicholson | | |
| 9 Chatham-Kent S S - swck 'A' | | 45.30 | 1 |
| 1) Tom Bednarik | 2) Graham Smyth | | |
| 3) Tyler Hay | 4) Peter Bishop | | |
| 10 Strathroy D C I 'A' | | 45.38 | 1 |
| 1) Cam Purdy | 2) Brandon Strazzella | | |
| 3) Kevin Thoren | 4) Brandon Stewart | | |
| 11 Grey Highlands SS 'A' | | 45.65 | 1 |
| 1) Andy Fawcett | 2) Mike Goudy | | |
| 3) Matt Rapke | 4) Dustin Cunningham | | |
| 12 Lambton Central C & V I - swlc 'A' | | 45.72 | 1 |
| 1) Mario Huzevka | 2) Cody McPhail | | |
| 3) Michael Paisley | 4) Brendan Butler | | |
| -- Holy Cross 'A' | | DQ | 2 170.14 |
| 1) Daniel Posliff | 2) Mike Slegers | | |
| 3) Tyler Runnalls | 4) Jake McAlister | | |
| -- Assumption College Sch 'A' | | DQ | 2 170.14 |
| 1) Marqus Daniel | 2) Justin Ferraccioli | | |

3) Justin Robinson
 -- Valley Heights S S 'A' 170.14
 1) Justin Wood
 3) Mike Reby

4) Paco Villabos
 DQ 1 170.14
 2) Josh Thammavongsa
 4) Wyatt Barry

Event 97 Women 1500 Meter Steeplechase Open

West Region: * 5:02.59 2009 Haley Cadwallader, Sarnia CI@TS

| Name | Year School | Finals |
|----------------------|------------------|---------|
| 1 Zeinab Baydoun | Massey, Vinc | 5:10.64 |
| 2 Samantha Kellam | Amherst, Gen | 5:14.69 |
| 3 Katie Schurr | Medway HS | 5:16.44 |
| 4 Lindsay Thompson | Guelph Cvi-G | 5:24.60 |
| 5 Simonne Tomasovic | Cameron Heig | 5:28.53 |
| 6 Olivia Grafinger | Mgsr. E.A. Doyle | 5:30.07 |
| 7 Paige Odegard | Northern C I V | 5:33.39 |
| 8 Stephanie Mason | Galt Cvi-Cam | 5:34.49 |
| 9 Sara Bowman | John F. Ross | 5:35.57 |
| 10 Emily Yungblut | Madill, F.E. | 5:38.50 |
| 11 Kodi Morgan | Riverside S S | 5:39.69 |
| 12 Kayla Raniwsky | Herman, W.F. | 5:46.50 |
| 13 Michelle Gleason | Oakridge SS | 5:46.85 |
| 14 Laura Walker | Goderich Dci | 5:51.54 |
| 15 Candice Chevalier | Essex D H S-Es | 5:59.69 |
| 16 Jennifer Roberts | St. Joseph's | 6:06.35 |

Event 98 Men 2000 Meter Steeplechase Open

West Region: * 5:56.7h 1984 Nick CIPP/Waterloo-Bluevale

| Name | Year School | Finals |
|----------------------|-----------------|----------|
| 1 Jordan Collison | Saugeen D S S | 5:57.33 |
| 2 Daryl Smith | Massey, Vinc | 6:01.57 |
| 3 Patrick Fortune | Kennedy, Hon | 6:01.96 |
| 4 Daniel Piticariu | Massey, Vinc | 6:07.28 |
| 5 Clint Smith | Lambton Cent | 6:11.70 |
| 6 Jason Thornton | Jacob Hesple | 6:27.84 |
| 7 Jacob Marsh | Lucas, A.B. | 6:27.89 |
| 8 Alexander Ullman | Bluevale | 6:28.01 |
| 9 Jeremy Hick | Strathroy DC | 6:37.66 |
| 10 Nathaniel Lamb | St. Thomas Aq | 6:41.94 |
| 11 Matt Krey | Massey, Vinc | 6:42.27 |
| 12 Zac Brown | Northern C I V | 6:48.52 |
| 13 Dan Caudle | St. James HS | 6:55.52 |
| 14 Alastair Thompson | St. Thomas Aq | 7:21.68 |
| -- Ben Murphy | Centre Dufferin | DNF |
| -- Pat Hartman | St. Anne's | DQ 163.3 |

Event 99 Women 4x400 Meter Relay Open

West Region: * 3:54.13 2008 RESURRECTION

| School | Finals | H# |
|---------------------------------|-----------------------|----|
| 1 Our Lady OF Lourdes 'A' | 3:57.16 | 2 |
| 1) Jane Brownlee | 2) Rachel Costa | |
| 3) Kim Cupid | 4) Hannah Pearsall | |
| 2 Mother Teresa C S S 'A' | 4:00.90 | 2 |
| 1) Jennifer Barbon | 2) Amy Grzywnowicz | |
| 3) Sabrina Fitzgerald | 4) Kristen Arsenaault | |
| 3 St. Mary's High School 'A' | 4:01.02 | 2 |
| 1) Kristen Flanagan | 2) Naomi Lance | |
| 3) Kaitlyn Schenck | 4) Jaimie Phelan | |
| 4 Catholic Central 'A' | 4:02.96 | 2 |
| 1) Andrea Quinn | 2) Amy O'Donnell | |
| 3) Laura Morrison | 4) Tori Haffner | |
| 5 Essex D H S - swes 'A' | 4:05.37 | 2 |
| 1) Kelsey Balkwill | 2) Sierra Wolfe | |
| 3) Taylor Ross | 4) Amanda Gemmell | |
| 6 Cameron Heights C I 'A' | 4:06.35 | 1 |
| 1) Brianna Leahy | 2) Simonne Tomasovic | |
| 3) Sam Murray | 4) Eugenia Acosta | |
| 7 Centennial C V I 'A' | 4:06.62 | 2 |
| 1) Helena Reinfels | 2) Eszter Nagy | |
| 3) Emily Gordon | 4) Charlotte Clarke | |
| 8 St. Thomas Aquinas S S 'A' | 4:07.73 | 2 |
| 1) Katherine Marentette | 2) Madison Halls | |
| 3) Juane Odendaal | 4) Katie Parry | |
| 9 Northern C I & V S - swno 'A' | 4:08.90 | 2 |
| 1) Sarah Parker | 2) Katie Fleischer | |
| 3) Chantal Caraher | 4) Siobhan Smith | |

| | | |
|---------------------------------------|---------------------|---|
| 10 St. Christopher S S - swst 'A' | 4:09.79 | 1 |
| 1) Michelle Reddy | 2) Vicki Devet | |
| 3) Amy Evers | 4) Nicole Makar | |
| 11 Saunders S S 'A' | 4:12.13 | 1 |
| 1) Sarah Callahan | 2) Kayla Duncan | |
| 3) Kirsten Allen | 4) Jessica Bujouves | |
| 12 Guelph C & V I 'A' | 4:14.26 | 1 |
| 1) Marissa Kurtimah | 2) Lindsay Thompson | |
| 3) Vanessa Linton | 4) Audrey Clairman | |
| 13 Medway H S 'A' | 4:14.76 | 1 |
| 14 Lambton Central C & V I - swlc 'A' | 4:23.23 | 1 |
| 1) Darian Limb | 2) Jillian Rops | |
| 3) Hanna Molzan | 4) Jenn Gray | |

Event 100 Men 4x400 Meter Relay Open

| West Region: * 3:20.70 1996 | | GENERAL AMHERST | | Finals | H# |
|---------------------------------------|----------------------|-----------------|--|----------|----------|
| School | | | | | |
| 1 W. F. Herman S S - swhe 'A' | | | | 3:19.22* | 2 |
| 1) Arjen Colquhoun | 2) Charles Johnson | | | | |
| 3) Brandon McBride | 4) Milos Savic | | | | |
| 2 Northern C I & V S - swno 'A' | | | | 3:27.05 | 2 |
| 1) Tyler Annett | 2) Adam Sawatzky | | | | |
| 3) Ryan Young | 4) Brandon Huzevka | | | | |
| 3 Sandwich S S - swsw 'A' | | | | 3:30.82 | 2 |
| 1) Shawn Beaudoin | 2) Matt Bessey | | | | |
| 3) Micah Hesman | 4) Tyler MacLeod | | | | |
| 4 St. Thomas Aquinas S S 'A' | | | | 3:31.36 | 2 |
| 1) Felipe Granja | 2) Alex Bogorin | | | | |
| 3) Greg Staeger | 4) Stephen Nicholson | | | | |
| 5 Bluevale C I 'A' | | | | 3:31.43 | 2 |
| 1) Alexander Ullman | 2) Brandon Yeung | | | | |
| 3) Ben Miethig | 4) Wesley Palmer | | | | |
| 6 Catholic Central 'A' | | | | 3:31.58 | 2 |
| 1) Nick Vanin | 2) Danny McKee | | | | |
| 3) Myles Rombough | 4) Paul LaMarra | | | | |
| 7 St. Joseph's H S 'A' | | | | 3:32.58 | 1 |
| 1) Eric Barry | 2) | | | | |
| 8 St. Anne's C S S 'A' | | | | 3:33.68 | 2 |
| 1) Matt Boven | 2) Grant Sparling | | | | |
| 3) Jordan Kadlecik | 4) Pat Hartman | | | | |
| 9 Grey Highlands SS 'A' | | | | 3:35.85 | 1 |
| 1) Mike Goudy | 2) Matt Rapke | | | | |
| 3) Dustin Cunningham | 4) Andy Fawcett | | | | |
| 10 Lambton Central C & V I - swlc 'A' | | | | 3:36.30 | 1 |
| 1) Michael Paisley | 2) Brandon Leckie | | | | |
| 3) Mario Huzevka | 4) Clint Smith | | | | |
| 11 St. Christopher S S - swst 'A' | | | | 3:36.42 | 2 |
| 1) Devin Golub | 2) Mike Nelson | | | | |
| 3) Steven Strybos | 4) Eric McDonald | | | | |
| 12 Vincent Massey S S - swma 'A' | | | | 3:38.35 | 1 |
| 1) Ibrahim Ajayi | 2) Devon Ellijah | | | | |
| 3) Matt Krey | 4) David Meloche | | | | |
| 13 Forest Heights C I 'A' | | | | 3:40.77 | 1 |
| 1) Nienkel Paljola | 2) Jamie Anderson | | | | |
| 3) Paul Anderson | 4) Phil O'Donnell | | | | |
| 14 Saunders S S 'A' | | | | 3:41.36 | 1 |
| 1) Tayler Harris | 2) Paul Malik | | | | |
| 3) Jordan Simpson | 4) Justin Laing | | | | |
| -- St. Mary's High School 'A' | | | | DQ | 1 170.13 |
| 1) Sam Baxter | 2) Yonnas Getachew | | | | |
| 3) Quincy Simon | 4) Calvin Arsenault | | | | |

Event 101 Women 100 Meter Ambulatory

| West Region: * 15.29 28/05/2006 | | Joanna Edwards, MacKenzie-Sarnia | | Finals | Wind |
|---------------------------------|------|----------------------------------|--|--------|------|
| Name | Year | School | | | |
| 1 Leah Robinson | | Rockway Menn | | 15.59 | -1.9 |
| 2 Sylvia Crevier | | St. Patrick' | | 16.73 | -1.9 |
| 3 Virginia McLachlan | | Assumption C | | 16.94 | -1.9 |
| 4 Lena Worner | | Listowel Dss | | 19.12 | -1.9 |
| 5 Terri-Lynn Laker | | MacKenzie, A | | 20.23 | -1.9 |
| 6 Katrina Passador | | Assumption C | | 21.15 | -1.9 |

Event 102 Men 100 Meter Ambulatory

| West Region: * 12.08 01/06/2006 | | Deric Kruse, F.E.Madill | | Finals | Wind | H# |
|---------------------------------|------|-------------------------|--|--------|------|----|
| Name | Year | School | | | | |

| | | | | | |
|---|---------------|------------------|-------|------|---|
| 1 | Brandon Wong | MacKenzie, A | 13.81 | +0.0 | 2 |
| 2 | Leshon Morris | Goderich Dci | 14.23 | +0.0 | 2 |
| 3 | Jaime Pollard | Madill, F.E. | 14.29 | -2.3 | 1 |
| 4 | Cody Salomons | London Christian | 14.45 | +0.0 | 2 |
| 5 | Josh DaSilva | St. Patrick' | 15.48 | +0.0 | 2 |
| 6 | Mitch Blondin | MacKenzie, A | 16.17 | -2.3 | 1 |
| 7 | Mark Beneteau | Cardinal Car | 16.20 | -2.3 | 1 |
| 8 | Myles Koke | Chatham Chri | 19.79 | -2.3 | 1 |

Event 104 Men 1500 Meter Wheelchair

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West Region: * 4:37.13 2008      Ian Van Heteren, Strathroy
Name                          Year School                      Finals
=====
1 Ian VanHeteren              Strathroy DC                      4:45.78
    
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[Back](#)

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