2012 Forest City Prep / Mustang Invite - 35th Annual

Sat. April 28 @ Don Wright Track

04/28/2012 - 04/28/2012 **TD Waterhouse Stadium - London, ON**

Event # 1 GIRLS Midget 100m Dash

START: 10:50am
Gold 13.24 / S - 13.64 / B - 14.04
#MEET RECORD:V.Bendle Banting 12.54 1997

1	Sydney Fisher	M	London Central	13.71
2	Megan Dessureault	M	London Oakridge	13.92
3	Brittany Vernon	M	St. Joan of Arc	14.09
4	McNally Gina	M	North Lambton	14.11
5	Alicia Johnson	M	SarniaSt Christopher	14.34
6	Keira Ford	M	London South	14.35
7	Jaimee Clarke	M	South Huron	14.44
8	Dana Healey	M	Strathroy Holy Cross	14.51
9	Stephanie Singeris	M	London Central	14.53
10	Jordynn Diebold	M	London Aquinas	14.55
11	Zahra Sepahi	M	Waterloo CI	14.57
11	Rachel Avram	M	Cameron Heights	14.57
13	Marissa Carson	M	Medway HS	14.58
14	Delaney Willemse	M	Strathroy Holy Cross	14.66
15	Genevieve Kasa-Vubu	M	Guelph J.F. Ross	14.67
16	Stephanie Middlemiss	M	London Saunders	14.81
16	Michelle Agyare-Tabbi	M	Guelph J.F. Ross	14.81
18	Gabby Hankins	M	Cameron Heights	14.85
19	Olga Solodova	M	Cameron Heights	14.95
20	Emily Gray	M	Guelph J.F. Ross	14.99
21	Cindy McCormick	M	Lambton Central	15.01
22	Molly Sadlowsk	M	London Oakridge	15.12
22	Alicia Harris	M	London Saunders	15.12
24	Jessica VanDenbrink	M	London Christian	15.16
25	Nikita Frizzelle	M	London South	15.21
26	Victoria McBeth	M	Strathroy Holy Cross	15.37
27	Julia Wiendels	M	Strathroy Holy Cross	15.38
27	Mariah Alvarez	M	Pauline Johnson CI	15.38
29	Alina Dewani	M	London Oakridge	15.42
30	Beatrix Wang	M	Guelph J.F. Ross	15.56
31	Sarah McIntyre	M	Medway HS	15.57
32	Nikitia Carimbocas	M	Pauline Johnson CI	15.62
33	Jacey Moore	M	Crestwood Peterboro	15.64
34	Helen Peng	M	London Central	15.99
35	Erin Kaastra	M	London Christian	16.00
36	Jenna Cimetta	M	SarniaSt Christopher	16.32
37	Santana Brideau	M	Strathroy Holy Cross	16.36
38	Andrea Naus	M	Strathroy Holy Cross	16.43
39	Jessica Brown	M	Pauline Johnson CI	16.54
40	Brittany VanCe	M	London Saunders	16.80
41	Chasity Giles	M	Pauline Johnson CI	17.18
42	Kruti Patel	M	Pauline Johnson CI	18.05

Event # 2 BOYS Midget 100m Dash

START: 10:15am
Gold 11.74 / S- 12.14 / B- 12.54
#MEET RECORD:C.Crawley Lucas 11.34 2006

1	Antonio Bosnjak	M	London Aquinas	12.58
2	Jake Fraggis	M	Medway HS	12.65
3	Alex McConnell	J	Strathroy Holy Cross	12.68
4	Ryan Collison	M	South Huron	12.75
5	Brock VanBerlo	M	London Aquinas	12.79
6	Mauritzio White	M	St.Paul Mississauga	12.83
7	Luke Medeiros	M	London Aquinas	12.88
8	Dominik Postl	M	Clinton St.Anne	12.89
9	Alex Collison	M	South Huron	12.90
10	Andrew Heffren	M	London Laurier	12.95
11	Nic Brown	M	SarniaSt Christopher	12.96
12	Ian Smit	M	London Christian	13.08
13	Connor Neil	M	London Laurier	13.17
14	Andy Tran	M	Cameron Heights	13.20
15	Keelan Paliani	M	Medway HS	13.25
16	Owen Rowe	M	Pauline Johnson CI	13.41
17	Adam Turnbull	M	Waterloo CI	13.43
18	Jack Thomas	M	North Lambton	13.53
19	Ian Major	M	Strathroy Holy Cross	13.58
20	Josh Zwinkles	M	Strathroy Holy Cross	13.62
21	Steven Ingles	M	Lambton Central	13.67
22	James Lyons	M	Medway HS	13.71
23	Jordan Chalupka	M	Lambton Central	13.82
24	Thoune Burgess	M	Cameron Heights	14.01
25	Michael Wallis	M	Lambton Central	14.12
26	Aidan Attema	M	London South	14.20
27	Muhammad Syed	M	London Oakridge	14.24
28	Joseph Kim	M	Waterloo CI	14.29
29	Stephen Golob	M	SarniaSt Christopher	14.44
30	Sean Russell	M	Waterloo CI	14.45
31	Andrew Clayton	M	Medway HS	14.50
32	Vibhav Dindyal	M	Waterloo CI	14.57
33	Om Patel	M	Crestwood Peterboro	14.64
34	Aaron Armstrong	M	Crestwood Peterboro	15.02

Event # 3 GIRLS Midget 200m Dash

START: 4:30pm
Gold 27.24 / S- 28.24 / B- 29.24
#MEET RECORD:D.Duprey Saugeen 25.54 1982

1	McNally Gina	M	North Lambton	28.52
2	Rachel Avram	M	Cameron Heights	28.60
3	Lauren Laing	M	London Saunders	28.74
4	Anna Sutton	M	Guelph J.F. Ross	28.99
5	Alicia Johnson	M	SarniaSt Christopher	29.45
6	Zahra Sepahi	M	Waterloo CI	29.68
7	Claire Bergen	M	Wat Bluevale	29.94
8	Stephanie Singeris	M	London Central	30.10
9	Delaney Willemse	M	Strathroy Holy Cross	30.39
10	Emily Gray	M	Guelph J.F. Ross	30.74
11	Hillary Taylor	M	Lord Dorchester	31.08
12	Tulang Eunice	M	SarniaSt Christopher	31.12
12	Cindy McCormick	M	Lambton Central	31.12
14	Mariah Alvarez	M	Pauline Johnson CI	31.24
15	Beatrix Wang	M	Guelph J.F. Ross	31.41
16	Maggie Young	M	Crestwood Peterboro	31.67
17	Taylor Parnham	M	Lambton Central	31.88
18	Jessica VanDenbrink	M	London Christian	31.90
19	Courtney McNaughton	M	Medway HS	32.48
20	Jacey Moore	M	Crestwood Peterboro	32.64
21	Jenna Cimetta	M	SarniaSt Christopher	33.30
22	Jessica Brown	M	Pauline Johnson CI	35.42
23	Nikitia Carimbocas	M	Pauline Johnson CI	36.75
24	Sam Clark	M	Crestwood Peterboro	37.80
25	Kruti Patel	M	Pauline Johnson CI	38.08

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Event # 4 BOYS Midget 200m Dash

START: 5:05pm
Gold 24.14 / S- 25.14 / B- 26.14
#MEET RECORD:B.Nutt Banting 22.94 2003

1	Antonio Bosnjak	M	London Aquinas	25.07
2	Ian Smit	M	London Christian	25.91
3	Jake Fraggis	M	Medway HS	25.95
4	Wesley Tang	M	Waterloo CI	25.96
5	Alex Collison	M	South Huron	26.09
6	Dominik Postl	M	Clinton St.Anne	26.31
7	Keelan Paliani	M	Medway HS	26.87
8	Mauritzio White	M	St.Paul Mississauga	26.98
9	Ian Major	M	Strathroy Holy Cross	27.62
10	Aaron Armstrong	M	Crestwood Peterboro	27.78
11	Sam Luckhurst	M	Pauline Johnson CI	28.46
12	Dean VanHerpe	M	Strathroy Holy Cross	28.50
13	Kyle Webster	M	London Aquinas	28.53
14	Om Patel	M	Crestwood Peterboro	29.43

Event # 5 GIRLS Midget 400m Run

START: 12:20pm
Gold 62.24 / S- 65.24 / B- 68.24
#MEET RECORD:K.Peak Regina Mundi 58.18 1998

1	Sarah Welch	M	Guelph J.F. Ross	1:02.64
2	Sarah Kwajafa	M	South Huron	1:03.24
3	McNally Gina	M	North Lambton	1:05.01
4	Sydney Fisher	M	London Central	1:05.20
5	Zahra Sepahi	M	Waterloo CI	1:06.29
6	Emily Wilson	M	St. Joan of Arc	1:09.66
7	Lisa Gibson	M	Medway HS	1:09.83
8	Victoria McBeth	M	Strathroy Holy Cross	1:12.80
9	Dana Healey	M	Strathroy Holy Cross	1:14.03
10	Jordan Milos	M	SarniaSt Christopher	1:15.24
11	Ryley Shewfelt	M	London Oakridge	1:15.36
12	Julia Wiendels	M	Strathroy Holy Cross	1:16.00
13	Courtney Westbrook	M	Winston Churchill	1:22.36
14	Brittany VanCe	M	London Saunders	1:26.98

Event # 6 BOYS Midget 400m Run

START: 11:50pm
Gold 53.24 / S- 55.74 / B- 58.24
#MEET RECORD:L.Card Saugeen 51.98 1995

1	Robert Heppenstall	M	St. Thomas More CSS	54.78
2	Michael Ogundeji	M	St. Joan of Arc	57.77
3	Mac Grenier	M	Lord Dorchester	59.97
4	Steven Ingles	M	Lambton Central	1:00.69
5	Jason Holzscherer	M	Waterloo CI	1:01.45
6	Nic Brown	M	SarniaSt Christopher	1:01.90
7	Jack Thomas	M	North Lambton	1:02.21
8	Stirling Iredale	M	South Huron	1:03.52
9	Jacob Nanni	M	Crestwood Peterboro	1:04.00
10	Dean VanHerpe	M	Strathroy Holy Cross	1:04.38
11	Ian Major	M	Strathroy Holy Cross	1:04.51
12	Aidan Attema	M	London South	1:04.65
13	Sam Luckhurst	M	Pauline Johnson CI	1:04.85
14	Evan Scott	M	Medway HS	1:05.21
15	Zac Miller	M	St. Thomas More CSS	1:05.36
16	Dylan Ardnt	M	Wat Bluevale	1:05.53
17	Alex McConnell	J	Strathroy Holy Cross	1:07.05
18	Kyle Lacey	M	Strathroy DCI	1:11.39
19	Aaron Armstrong	M	Crestwood Peterboro	1:11.48

Event # 7 GIRLS Midget 800m Run

START: 3:15pm >1 turn stagger start
Gold 2:24.0 / S 2:34.0 / B 2:44.0
#MEET RECORD:J.Gamble Owen Sound 2:19.10 1991

1	Jessica Martin	9	Saugeen DSS	2:25.10
2	Jessie Nusselder	9	Saugeen DSS	2:30.61
3	Sarah VanWyk	M	London Christian	2:32.44
4	Sarah Kwajafa	M	South Huron	2:33.36
5	Ally MacDonald	M	London Central	2:37.69
6	Lisa Gibson	M	Medway HS	2:39.92
7	Emily Jensen	M	Wat Bluevale	2:42.08
8	Claire Bergen	M	Wat Bluevale	2:43.49
9	Molly Miller	M	Medway HS	2:45.26
10	Samantha Campbell	M	Mentor College	2:45.62
11	Alicia Harris	M	London Saunders	2:47.82
12	Caroline Wysocki	M	Cameron Heights	2:47.84
13	Grace Pendergast	M	Mentor College	2:56.40
14	Maggie Young	M	Crestwood Peterboro	3:00.48
15	Camryn Berry	M	Waterloo CI	3:07.83
16	Sam Clark	M	Crestwood Peterboro	3:20.29
17	Ashley Shanklin	M	London South	3:21.11

Event # 8 BOYS Midget 800m Run

START: 3:45pm >1 turn stagger start
Gold 2:06.0 /S 2:16.0 /B 2:26.0
#MEET RECORD:S.Sikic Eastwood CI 2:03.20 1983

1	Robert Heppenstall	M	St. Thomas More CSS	2:05.32
2	Adam Tait	M	South Huron	2:06.91
3	Logan Buruma	M	Lambton Central	2:09.18
4	Justin Lawless	M	Winston Churchill	2:09.67
5	Stephen Dejager	M	Goderich DCI	2:13.62
6	Cain Hassim	M	Winston Churchill	2:15.16
7	Bryan Emery	M	London South	2:19.89
8	Jordan Teeple	M	North Lambton	2:21.29
9	Dean VanHerpe	M	Strathroy Holy Cross	2:22.32
10	Jason Holzscherer	M	Waterloo CI	2:22.86
11	Michael Ogundeji	M	St. Joan of Arc	2:23.53
12	Jacob Nanni	M	Crestwood Peterboro	2:27.32
13	Evan Scott	M	Medway HS	2:27.89
14	Zac Miller	M	St. Thomas More CSS	2:30.11
15	Elliott Godfrey	M	Medway HS	2:32.54
16	Matt Whalen	M	Pauline Johnson CI	2:32.85
17	Jordan Manktelow	M	Sarnia St.Pat's	2:33.00
18	Jack Rookes	M	Strathroy Holy Cross	2:34.40
19	Luis Silva-Elizondo	M	London Central	2:37.81
20	Alex Kozak	M	Cameron Heights	2:37.97
21	Tanner Getty	M	North Lambton	2:41.38
22	Kyle Lacey	M	Strathroy DCI	2:42.04
23	Raif Abdallah	M	Cameron Heights	2:42.89
24	Jacob Buttery	M	Crestwood Peterboro	2:43.02
25	Brad Ross	M	Strathroy Holy Cross	2:52.51
26	Sunkanmi Adedoyin	M	Waterloo CI	3:09.07

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Event # 9 GIRLS Midget 1500m Run

START: 5:40pm
Gold 4:53.0 / S 5:10.0 / B 5:23.0
#MEET RECORD:M.Bathurst Oakridge 4:40.70 1983

1	Charlotte Prouse	M	London Central	4:56.23
2	Jessie Nusselder	9	Saugeen DSS	5:17.14
3	Jessica Martin	9	Saugeen DSS	5:22.84
4	Sarah VanWyk	M	London Christian	5:23.09
5	Sarah Goudie	M	London Saunders	5:29.65
6	Megan Black	M	North Lambton	5:29.80
7	Ally MacDonald	M	London Central	5:30.59
8	Emily Jensen	M	Wat Bluevale	5:47.61
9	Michalia Walls	M	London Saunders	6:06.34
10	Samantha Campbell	M	Mentor College	6:09.37
11	Grace Pendergast	M	Mentor College	6:10.27
12	Alison VanDerwal	M	London Christian	6:27.37
13	Camryn Berry	M	Waterloo CI	6:33.22
14	Maggie Young	M	Crestwood Peterboro	6:43.53

Event # 10 BOYS Midget 1500m Run

START: 6:10pm
Gold 4:21.0 / S 4:35.0 / B 4:50.0
#MEET RECORD:I.Forsyth Banting 4:16.90 1987

1	Robert Heppenstall	M	St. Thomas More CSS	4:26.19
2	Logan Buruma	M	Lambton Central	4:27.53
3	Adam Tait	M	South Huron	4:29.92
4	Cain Hassim	M	Winston Churchill	4:32.13
5	Justin Lawless	M	Winston Churchill	4:36.96
6	Ethan Gawne	M	London Laurier	4:42.70
7	Stephen Dejager	M	Goderich DCI	4:48.00
8	Jordan Teeple	M	North Lambton	4:50.20
9	Jacob Nanni	M	Crestwood Peterboro	5:04.09
10	Tom Zhang	M	London Central	5:19.57
11	Zac Miller	M	St. Thomas More CSS	5:19.59
12	Elliott Godfrey	M	Medway HS	5:29.29
13	Max Goudsbloem	M	London Aquinas	5:39.25
14	Tanner Getty	M	North Lambton	5:40.25

Event # 11 GIRLS Midget 3000m Run

START: 9:45am
Gold 11:10.0 /S 11:30.0 /B 11:50.0
#MEET RECORD:S.Horne West Ferries 10:08.40 1978

1	Charlotte Prouse	M	London Central	10:40.08
2	Sarah Hesman	M	London Central	11:51.24
3	Megan Black	M	North Lambton	12:00.55
4	Caroline Wysocki	M	Cameron Heights	13:14.01
5	Jenna Rankin	M	Lambton Central	14:04.85

Event # 12 BOYS Midget 3000m Run

START: 10:00am
G- 9:25.0 / S- 9:50.0 / B- 10:20.0
#MEET RECORD:C.Brewster CCH 8:55.00 1979

1	Cam Jowett	M	Strathroy Holy Cross	10:36.86
2	Ryan Bakker	M	North Lambton	10:59.19
3	David Archibald	M	London South	11:20.39
4	Elliott Godfrey	M	Medway HS	11:25.36
5	Matt Whalen	M	Pauline Johnson CI	11:25.81
6	Brad Petovello	M	London Laurier	11:28.99
7	Alex Kozak	M	Cameron Heights	11:33.76
8	Raif Abdallah	M	Cameron Heights	11:56.58
9	Max Goudsbloem	M	London Aquinas	12:05.96
10	Brad Ross	M	Strathroy Holy Cross	12:28.18

Event # 13 GIRLS Midget 80m Hurdles

START: 3:00pm >8 hurdles
12m to H-1 > 8m between > 76cm ht
Gold 13.04 / S - 13.74 / B - 14.74
#MEET RECORD:D.Charles London Laurier 11.54 1998

1	Emily McKay	M	Waterloo CI	13.84
2	Jaimee Clarke	M	South Huron	14.55
3	Megan Dessureault	M	London Oakridge	14.92
4	Marika Fowler	M	Lambton Central	15.19
5	Rachel Avram	M	Cameron Heights	15.21
6	Sarah Goudie	M	London Saunders	15.25
6	Anna Sutton	M	Guelph J.F. Ross	15.25
8	Emily Wilson	M	St. Joan of Arc	16.32
9	Laura Tangelder	M	Medway HS	16.79
10	Marissa Carson	M	Medway HS	16.93
11	Sydney Wootton	M	London Saunders	16.98
12	Tomi Kalapo	M	Guelph J.F. Ross	17.32
13	Brittney Griffin	M	London Laurier	17.40
14	Olga Solodova	M	Cameron Heights	17.83
15	Caitlin Loucks	M	London Saunders	17.84
16	Delaney Willemse	M	Strathroy Holy Cross	17.90
17	Nicole VanDenbrink	M	London Christian	17.91
18	Amanda Mann	M	Strathroy Holy Cross	17.95
19	Santana Brideau	M	Strathroy Holy Cross	19.56

Event # 14 BOYS Midget 100m Hurdles

START: 2:35pm > 10 hurdles
13m to H-1 >8.5m between >84cm ht
Gold 15.24 / S - 15.74 / B - 14.74
#MEET RECORD:J.Westen Tillsonburg 13.84 1978

1	Maher Akhtar	M	Cameron Heights	15.74
2	Max Bannon	M	Medway HS	16.69
3	Andrew Heffren	M	London Laurier	16.84
4	Collin Tate	M	Pauline Johnson CI	17.78
5	Stirling Iredale	M	South Huron	18.39
6	Adam Gomes	M	Mentor College	19.59
7	Hussain Imam	M	Pauline Johnson CI	20.18
8	Muhammad Syed	M	London Oakridge	21.08
9	Daniel Allen	M	Medway HS	22.23

Event # 15 GIRLS Midget 300m Hurdles

START: 8:50am >7 hurdles
50m to H-1 > 35m between >76cm ht
Gold 48.24/ S- 50.74 / B- 53.24
#MEET RECORD:G.Sherwin STM 47.18 2004

1	Sarah Goudie	M	London Saunders	51.28
2	Emily McKay	M	Waterloo CI	51.76
3	Robyn Frosst	M	London Oakridge	54.98
4	Madison Tomlinson	M	SarniaSt Christopher	56.12

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5	Jaslynn Forster	M	Medway HS	56.34
6	Delaney Willemse	M	Strathroy Holy Cross	57.41
7	Caroline Wysocki	M	Cameron Heights	57.47
8	Jordan Milos	M	SarniaSt Christopher	57.64
9	Olivia MacKenzie	M	London Mother Teresa	57.79
10	Tulang Eunice	M	SarniaSt Christopher	57.80
11	Marika Fowler	M	Lambton Central	58.64
12	Ryley Shewfelt	M	London Oakridge	59.55
13	Naomi Campbell	M	North Middlesex	59.76
14	Santana Brideau	M	Strathroy Holy Cross	1:01.52
15	Amanda Mann	M	Strathroy Holy Cross	1:02.05
16	Courtney McNaughton	M	Medway HS	1:02.24
17	Jessica Brown	M	Pauline Johnson CI	1:03.24
18	Sarah Gibson	M	Medway HS	1:04.72
19	Courtney Westbrook	M	Winston Churchill	1:06.01
20	Tomi Kalapo	M	Guelph J.F. Ross	1:08.77

Event # 16 BOYS Midget 300m Hurdles

START: 9:10am >7 hurdles
50m to H-1 > 35m between >84cm ht
Gold 44.24 / S- 46.74 / B- 49.24
#MEET RECORD:J.Sherwood Cameron Heights 43.50 2010

1	Andrew Heffren	M	London Laurier	47.71
2	Maher Akhtar	M	Cameron Heights	48.23
3	Kyle Webster	M	London Aquinas	48.63
4	Collin Tate	M	Pauline Johnson CI	49.23
5	Sam Luckhurst	M	Pauline Johnson CI	52.82
6	David Lillo	M	Winston Churchill	54.89
7	David Archibald	M	London South	55.20

Event # 17 GIRLS Midget High Jump

START: 9:00am
Gold 1.55m / S- 1.50m / B- 1.45m
#MEET RECORD:C.Bond Woodstock CI 1.66 1983

1	Emily Campbell	M	Lambton Central	1.50m
2	Emily McKay	M	Waterloo CI	1.50m
3	Robyn Frosst	M	London Oakridge	1.45m
4	Jaimee Clarke	M	South Huron	1.45m
5	Alison VanDerwal	M	London Christian	1.40m
6	Sarah Hiscott	M	London Central	1.35m
6	Gillian Anderson	M	London Oakridge	1.35m
6	Jory Flutcher	M	Lambton Central	1.35m
9	Laura Tangelder	M	Medway HS	1.30m
9	Julia D'Angela	M	Sarnia St.Pat's	1.30m
9	Abbey Bibbings	M	London Oakridge	1.30m
12	Naomi Wedel	M	Guelph J.F. Ross	1.25m
12	Dana O'Brien	M	London Central	1.25m
12	Samantha Lanooy	M	London Central	1.25m
15	Kristen Bertram	M	Mentor College	1.20m
	Samantha Lester	M	Sarnia St.Pat's	NM
	Emily Jensen	M	Wat Bluevale	NM

Event # 18 BOYS Midget High Jump

START: 2:00pm
Gold 1.75m / S- 1.70m / B- 1.65m
#MEET RECORD:N.Salmons Strathroy DCI 1.88 1996

1	Jacob Buttery	M	Crestwood Peterboro	1.60m
2	Scott Billings	M	London Central	1.55m
3	Jacob Beer	M	Waterloo CI	1.50m
3	Branden Ly	M	London Central	1.50m
3	Thoune Burgess	M	Cameron Heights	1.50m
3	Sunkanmi Adedoyin	M	Waterloo CI	1.50m
3	Seaton Brown	M	Waterloo CI	1.50m
3	Mitchell Wininger	M	Winston Churchill	1.50m
9	Kurtis Tamming	M	SarniaSt Christopher	1.45m
9	Jake Godfrey	M	Medway HS	1.45m
9	Alex Mayhead	M	Lambton Central	1.45m
12	Min Kang	M	Sarnia St.Pat's	1.40m
12	Matthew Pitt	M	SarniaSt Christopher	1.40m
12	David Lillo	M	Winston Churchill	1.40m
15	Matt Baxter	M	Medway HS	1.35m
15	Matthew Truong	M	Sarnia St.Pat's	1.35m

Event # 19 GIRLS Midget Pole Vault

START: 9:00am [M, J, & S]
Gold 3.25m / S- 2.90m / B- 2.70m

1	Caitlin Loucks	M	London Saunders	1.70m
1	Lauren Laing	M	London Saunders	1.70m
1	Jordynn Diebold	M	London Aquinas	1.70m
4	Michalia Walls	M	London Saunders	1.50m
4	Diamond Braithwaite	M	Cameron Heights	1.50m
	Abbey Bibbings	M	London Oakridge	NM

Event # 20 BOYS Midget Pole Vault

START:10:30am
Under 3m> G- 3.10m S-2.90m B-2.70m
Over 3m> G- 3.80m S-3.60m B- 3.40m
#MEET RECORD:M.Bannon St..Benedict 3.60 1998

1	Antonio Bosnjak	M	London Aquinas	2.60m
2	Ian Cross	M	Cameron Heights	2.60m
3	Brock VanBerlo	M	London Aquinas	2.60m
4	Andrew Dunsmore	9	Stratford N'Western	2.00m
4	Kyle Webster	M	London Aquinas	2.00m
6	Tim Lansink	9	Stratford N'Western	1.70m

Event # 21 GIRLS Midget Long Jump

START: 2:00pm
Gold 5.10m / S- 4.85m / B- 4.70m
#MEET RECORD:A.Dickson F.E. Madill 5.16 1983

1	Sydney Wootton	M	London Saunders	4.70m
2	Ashlin Taylor	M	London Oakridge	4.67m
3	Samantha Lanooy	M	London Central	4.31m
4	Sabina Burazerovic	M	Waterloo CI	4.17m
5	Alison VanDerwal	M	London Christian	4.11m
6	Megan Black	M	North Lambton	4.07m
7	Heather Kaiser	M	London Saunders	3.93m
8	Brittany Vernon	M	St. Joan of Arc	3.92m
9	Jaslynn Forster	M	Medway HS	3.81m
10	Alina Dewani	M	London Oakridge	3.79m
11	Hillary Taylor	M	Lord Dorchester	3.78m
12	McNally Gina	M	North Lambton	3.73m
13	Samantha Johnson	M	Lambton Central	3.70m
14	Lindsay Wammes	M	SarniaSt Christopher	3.66m
15	Genevieve Kasa-Vubu	M	Guelph J.F. Ross	3.62m

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16	Sarah McIntyre	M	Medway HS	3.60m
17	Sarah Gibson	M	Medway HS	3.57m
18	Alicia Johnson	M	SarniaSt Christopher	3.55m
19	Molly Sadlowsk	M	London Oakridge	3.53m
20	Caitlin Loucks	M	London Saunders	3.42m
21	Nicole VanDenbrink	M	London Christian	3.38m
22	Whintey Simpson	M	Lambton Central	3.31m
23	McKayla Parson-Chilvers	M	London Laurier	3.28m
24	Kruti Patel	M	Pauline Johnson CI	3.00m
25	MacKenzie Klazinga	M	London Christian	2.91m
26	N. Balaakrishnamoorthy	M	Waterloo CI	2.81m
27	Aurora Moreno-Bautista	M	Waterloo CI	2.69m

Event # 22 BOYS Midget Long Jump

START: 10:30am
Gold 5.90m / S- 5.75m / B- 5.60m
#MEET RECORD:A.Edwards Notre Dame 6.26 1997

1	Scott Billings	M	London Central	5.65m
2	Wesley Tang	M	Waterloo CI	5.27m
3	Will Davidson	M	Medway HS	5.19m
4	Connor Neil	M	London Laurier	5.17m
5	Mac Grenier	M	Lord Dorchester	4.97m
6	Ian Smit	M	London Christian	4.89m
7	Collin Tate	M	Pauline Johnson CI	4.85m
8	Owen Rowe	M	Pauline Johnson CI	4.84m
9	Max Bannon	M	Medway HS	4.79m
10	Branden Ly	M	London Central	4.70m
11	Stirling Iredale	M	South Huron	4.69m
12	Andrew Janssen	M	Clinton St.Anne	4.65m
12	Matt Baxter	M	Medway HS	4.65m
14	Mitchell Wininger	M	Winston Churchill	4.55m
15	Nic Brown	M	SarniaSt Christopher	4.54m
16	Steven Ingles	M	Lambton Central	4.53m
17	Jason Bento	M	Sarnia St.Pat's	4.50m
18	Andy Tran	M	Cameron Heights	4.46m
19	Keelan Paliani	M	Medway HS	4.36m
20	Min Kang	M	Sarnia St.Pat's	4.35m
21	Dominik Postl	M	Clinton St.Anne	4.34m
22	Jordan Teeple	M	North Lambton	4.33m
23	Adam Turnbull	M	Waterloo CI	4.32m
24	Jacob Buttery	M	Crestwood Peterboro	4.23m
25	Jordan Chalupka	M	Lambton Central	4.22m
26	Hussain Imam	M	Pauline Johnson CI	4.18m
27	Jack Thomas	M	North Lambton	4.11m
28	Daniel Allen	M	Medway HS	4.06m
29	Vibhav Dindyal	M	Waterloo CI	3.99m
30	Yitong Zhao	M	London Central	3.98m
31	Jake Godfrey	M	Medway HS	3.86m
32	Michael Wallis	M	Lambton Central	3.36m
33	Michael Sinaj	M	London Saunders	2.80m

Event # 23 GIRLS Midget Triple Jump

START: 12:30pm
Gold 10.10m / S- 9.80m / B- 9.50m
#MEET RECORD:E.Goad Mother Teresa 10.26 2006

1	Ashlin Taylor	M	London Oakridge	10.28m #
2	Lindsay Wammes	M	SarniaSt Christopher	9.62m
3	Keira Ford	M	London South	9.33m
4	Sarah Kwajafa	M	South Huron	9.32m
5	Samantha Lanooy	M	London Central	9.28m
6	Jordynn Diebold	M	London Aquinas	8.80m
7	Alina Dewani	M	London Oakridge	8.75m
8	Heather Kaiser	M	London Saunders	8.46m
9	Abbey Bibbings	M	London Oakridge	8.39m
10	Jaslynn Forster	M	Medway HS	8.23m
11	Nicole VanDenbrink	M	London Christian	8.07m
12	Jordan Milos	M	SarniaSt Christopher	8.00m
13	Samantha Johnson	M	Lambton Central	7.96m
14	Brittney Griffin	M	London Laurier	7.73m
15	Kristen Bertram	M	Mentor College	7.69m
16	MacKenzie Klazinga	M	London Christian	7.17m
17	Sydney Wootton	M	London Saunders	6.89m
17	Samantha Lester	M	Sarnia St.Pat's	6.89m
	Janessa O'Hara	M	Lambton Central	ND

Event # 24 BOYS Midget Triple Jump

START: 9:00am
Gold 12.00m /S- 11.75m /B- 11.50m
#MEET RECORD:K.Bowman Saugeen District 12.15 2008

1	Scott Billings	M	London Central	12.48m #
2	Jack Thomas	M	North Lambton	11.54m
3	Yitong Zhao	M	London Central	11.31m
4	Wesley Tang	M	Waterloo CI	11.20m
5	Collin Tate	M	Pauline Johnson CI	11.15m
6	Maher Akhtar	M	Cameron Heights	11.12m
7	Owen Rowe	M	Pauline Johnson CI	10.99m
8	Brock VanBerlo	M	London Aquinas	10.95m
9	Sunkanmi Adedoyin	M	Waterloo CI	10.31m
10	Andy Tran	M	Cameron Heights	10.27m
11	Hayden Patterson	M	SarniaSt Christopher	10.20m
12	Sebastian Lethbridge	1	London Saunders	10.16m
13	Max Bannon	M	Medway HS	10.11m
14	Matt Baxter	M	Medway HS	9.78m
15	Kurtis Tamming	M	SarniaSt Christopher	9.61m
16	Jacob Buttery	M	Crestwood Peterboro	9.53m
17	Min Kang	M	Sarnia St.Pat's	9.51m
18	Joseph Kim	M	Waterloo CI	9.44m
19	Andrew Janssen	M	Clinton St.Anne	9.38m
20	Jason Bento	M	Sarnia St.Pat's	9.26m
21	Daniel Allen	M	Medway HS	9.18m
22	Matt Mawdsley	M	London Oakridge	9.16m
23	Hussain Imam	M	Pauline Johnson CI	8.97m
24	Jake Godfrey	M	Medway HS	8.62m
25	Tanner Getty	M	North Lambton	8.45m

Event # 25 GIRLS Midget Shot Put

START: 9:00am > Weight 4kg
Gold 10.00m / S- 9.80m / B- 9.00m
#MEET RECORD:L.Harkness F.E. Madill 10.82 1990

1	Harlee Jantzi	M	Stratford Central	8.11m
2	Christina Hertner	M	Lord Dorchester	7.68m
3	Amy Smith	M	SarniaSt Christopher	6.94m
4	Taylor Parnham	M	Lambton Central	6.56m
5	Katie Brandon-Wheeler	M	Sarnia St.Pat's	6.54m
6	Karissa Newport	M	Lambton Central	6.16m
7	Kirsti Uhlig	M	Waterloo CI	6.00m

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8	Janessa O'Hara	M	Lambton Central	5.83m
9	Emma Kuiack	M	London Oakridge	5.63m

Event # 26 BOYS Midget Shot Put

START: 12:45pm > Weight 4kg
Gold 14.00m / S- 13.50m /B- 13.00m
#MEET RECORD:D.Crombeen Sarnia St.Pat's 17.59 1982

1	Andrew Taphorn	9	Stratford N'Western	13.04m
2	Travis Wagner	M	Lambton Central	12.59m
3	MacLean Haggarty	M	Pauline Johnson CI	12.33m
4	Will Davidson	M	Medway HS	12.05m
5	Kurtis Tamming	M	SarniaSt Christopher	11.91m
6	Ali Nagmoush	M	London Oakridge	11.87m
7	Tylere Davies	M	London Central	10.01m
8	Stephen Golob	M	SarniaSt Christopher	9.84m
9	Michai Rempel	M	SarniaSt Christopher	9.57m
10	Riley Kehna	9	Stratford N'Western	9.40m
11	Boady Santavy	M	SarniaSt Christopher	9.23m
12	John Harloff	M	Medway HS	8.86m
13	Dylan Ross	M	London Saunders	8.84m
14	Vu Tran	M	Pauline Johnson CI	8.35m
15	Dallas Manley	M	Lambton Central	8.30m
16	Brett Carpenter	M	Lambton Central	7.43m
17	Michael Sinaj	M	London Saunders	5.94m

Event # 27 GIRLS Midget Discus Throw

START: 11:30am > Weight 1kg
Gold 28.00m / S- 26.50m / B- 25.00m
#MEET RECORD:M.Lisle F.E. Madill 33.32 1994

1	Harlee Jantzi	M	Stratford Central	23.83m
2	Christina Hertner	M	Lord Dorchester	21.76m
3	Jory Flutcher	M	Lambton Central	21.52m
4	Amy Smith	M	SarniaSt Christopher	19.27m
5	Whintey Simpson	M	Lambton Central	18.43m
6	Renee Deschenes	M	SarniaSt Christopher	18.13m
7	Jordan Milos	M	SarniaSt Christopher	17.87m
8	Emma Kuiack	M	London Oakridge	15.67m
9	Ashley English	M	Strathroy Holy Cross	14.43m
10	Karissa Newport	M	Lambton Central	14.26m
11	Rachel Pearson	9	Stratford N'Western	13.09m
12	Janessa O'Hara	M	Lambton Central	11.91m
13	Tulang Eunice	M	SarniaSt Christopher	11.19m
14	Andrea Naus	M	Strathroy Holy Cross	10.77m
15	Kirsti Uhlig	M	Waterloo CI	8.57m
	Terry Horneman	M	Medway HS	ND
	Adrianna Blittersuyk	M	Pauline Johnson CI	ND
	Rachel Hickey	M	London Christian	ND
	Robyn Frosst	M	London Oakridge	ND

Event # 28 BOYS Midget Discus Throw

START: 9:00am > Weight 1kg
Gold 41.50m / S- 41.00m /B- 40.50m
#MEET RECORD:J.MacDonald F.E. Madill 49.16 1994

1	Andrew Taphorn	9	Stratford N'Western	33.14m
2	Travis Wagner	M	Lambton Central	33.00m
3	MacLean Haggarty	M	Pauline Johnson CI	32.88m
4	Alex Mayhead	M	Lambton Central	30.45m
5	John Harloff	M	Medway HS	30.08m
6	Cameron MacAlpine	M	Lambton Central	29.26m
7	Dallas Manley	M	Lambton Central	28.77m
8	Boady Santavy	M	SarniaSt Christopher	27.65m
9	Riley Kehna	9	Stratford N'Western	24.15m
10	Devin Dabanovich	M	SarniaSt Christopher	23.95m
11	Dylan Ross	M	London Saunders	23.37m
12	John Douglas	M	Medway HS	22.84m
13	Stephen Golob	M	SarniaSt Christopher	22.22m
14	Michai Rempel	M	SarniaSt Christopher	21.94m
15	Ali Nagmoush	M	London Oakridge	21.43m
16	Vu Tran	M	Pauline Johnson CI	21.26m
17	Hayden Patterson	M	SarniaSt Christopher	21.05m
18	Zak Jones	M	Mentor College	20.40m
19	Jonathon Stewart	M	London South	19.83m
	Hussain Imam	M	Pauline Johnson CI	ND

Event # 29 GIRLS Midget Javelin Throw

START: 2:00pm > Weight 600gm
Gold 29.00m / S- 28.00m /B- 27.00m
#MEET RECORD:L.Sovran Villanova 36.04 1998

1	Brooke Parsons	M	Sarnia St.Pat's	23.58m
2	Terry Horneman	M	Medway HS	22.95m
3	Christina Hertner	M	Lord Dorchester	22.91m
4	Harlee Jantzi	M	Stratford Central	20.93m
5	Andrea Naus	M	Strathroy Holy Cross	19.57m
6	Ann Jurasek	M	London Laurier	18.79m
7	Julia D'Angela	M	Sarnia St.Pat's	18.76m
8	Samantha Lester	M	Sarnia St.Pat's	18.34m
9	Rachel Pearson	9	Stratford N'Western	18.14m
10	Megan Black	M	North Lambton	17.37m
11	Katie Brandon-Wheeler	M	Sarnia St.Pat's	17.10m
12	Renee Deschenes	M	SarniaSt Christopher	16.86m
13	Ashley English	M	Strathroy Holy Cross	14.35m
14	Jenna Cimetta	M	SarniaSt Christopher	12.06m
15	Gillian Anderson	M	London Oakridge	11.53m

Event # 30 BOYS Midget Javelin Throw

START: 11:30am > Weight 600gm
Gold 44.00m / S- 43.00m /B- 42.00m
#MEET RECORD:K.Bowman Saugeen District 52.46 2008

1	Jake Fraggis	M	Medway HS	36.48m
2	Devin Dabanovich	M	SarniaSt Christopher	35.41m
3	Dylan Ross	M	London Saunders	34.51m
4	Michai Rempel	M	SarniaSt Christopher	32.04m
5	Dallas Manley	M	Lambton Central	32.03m
6	Cody Merner	M	South Huron	31.48m
7	John Douglas	M	Medway HS	31.05m
8	Will Davidson	M	Medway HS	30.94m
9	Brett Carpenter	M	Lambton Central	30.87m
10	Josh Zwinkles	M	Strathroy Holy Cross	30.57m
11	Hayden Patterson	M	SarniaSt Christopher	30.07m
12	Kurtis Tamming	M	SarniaSt Christopher	29.29m
13	Travis Wagner	M	Lambton Central	28.91m
14	Andrew Janssen	M	Clinton St.Anne	27.71m
15	Andrew Taphorn	9	Stratford N'Western	27.06m
16	Matthew Truong	M	Sarnia St.Pat's	26.50m
17	MacLean Haggarty	M	Pauline Johnson CI	26.32m

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18	Jonathon Stewart	M	London South	26.28m
19	Riley Kehna	9	Stratford N'Western	23.82m
20	Cameron MacAlpine	M	Lambton Central	23.80m
21	Zak Jones	M	Mentor College	22.90m
22	Bryan Emery	M	London South	22.77m
23	Ali Nagmoush	M	London Oakridge	22.44m
24	Jacob Beer	M	Waterloo CI	20.72m
25	Luke Medeiros	M	London Aquinas	20.40m
26	Vu Tran	M	Pauline Johnson CI	18.07m
27	Dylan Ardnt	M	Wat Bluevale	16.73m
28	Michael Sinaj	M	London Saunders	10.60m
	Seaton Brown	M	Waterloo CI	ND
	Jason Holzscherer	M	Waterloo CI	ND

Event # 31 GIRLS Junior 100m Dash

START: 11:10am
Gold 12.84 / S- 13.34 / B-13.84

#MEET RECORD:E.Zetica Gill JF Ross, M Ward 12.24 2003

1	Ann Gauthier	J	Waterloo CI	13.47
2	Annie Widdifield	J	Wat Bluevale	13.78
3	Haleigh Michalak	J	St.Paul Mississauga	13.97
4	Stephanie Yantz	J	Wat Bluevale	14.08
5	Jenna Rops	M	Lambton Central	14.16
6	Sara Cecile	J	Lambton Central	14.37
7	Kathryn Chanthalyma	J	Cameron Heights	14.43
8	Leanne Higdon	J	Guelph J.F. Ross	14.51
9	Katie Whyte	J	Guelph J.F. Ross	14.80
10	Megan VanKessel	J	Strathroy Holy Cross	15.29
11	Katie Norley	J	Medway HS	15.40
12	Taylor Brand	J	Guelph J.F. Ross	15.42
12	Olivera Kralj	J	Mentor College	15.42
14	Stephanie Borsi	J	Cameron Heights	15.58
15	Ore Banjoko	J	Waterloo CI	15.68
16	Beverly Yang	J	Waterloo CI	15.76
17	Carrie Yam	J	Cameron Heights	16.24
17	Natalia Godwinska	J	Cameron Heights	16.24
19	Sara Albers	J	London Aquinas	16.34
20	Shannon Elliot	J	Cameron Heights	16.38
21	Nicole Kornelsen	J	Waterloo CI	17.68

Event # 32 BOYS Junior 100m Dash

START: 10:30am
Gold 11.64 / S- 12.04 / B-12.44

#MEET RECORD:D.Kay Saunders 11.04 1982

1	Kevin Willemse	J	SarniaSt Christopher	11.82
2	David Mohan	J	Cameron Heights	11.87
3	Christian Fryer-Davis	J	Cameron Heights	12.19
4	Sinjon Crombleholme	J	London Aquinas	12.29
5	Hayden McLean	J	SarniaSt Christopher	12.34
6	Lucas Catena	J	St.Paul Mississauga	12.39
7	Dakota Johnson	J	Pauline Johnson CI	12.40
7	Patrick Lange	J	SarniaSt Christopher	12.40
9	Zach Taylor	J	SarniaSt Christopher	12.55
10	Darien Primeau	J	SarniaSt Christopher	12.64
11	Shawn Munroe	J	London Westminster	12.69
12	Tim Bester	J	Wat Bluevale	12.76
13	Brandyn D'Onofrio	J	London Aquinas	12.79
14	Lauchlin MacDonald	J	SarniaSt Christopher	12.81
15	Irving Ding	J	Wat Bluevale	12.95
16	Jared Ryan	J	Strathroy Holy Cross	12.96
17	Matt Gregory	J	Wat Bluevale	12.99
18	Adrian Visser	M	London Christian	13.09
19	Nathan Christopher	J	London Aquinas	13.10
20	MacKenzie Hayter	J	Medway HS	13.12
21	Andason Cen	J	London Central	13.19
21	Trevor Roberts	J	Pauline Johnson CI	13.19
23	Noah Olynyk	J	London Saunders	13.28
24	Colin Parent	J	Medway HS	13.37
25	Adam Abdulla	J	Winston Churchill	13.59
26	Tyler Silva	J	Strathroy Holy Cross	13.96
27	Joel Hill	J	Lambton Central	14.05
28	Ray Lin	J	Wat Bluevale	14.13
29	Tanner Lyons	J	Strathroy Holy Cross	14.42

Event # 33 GIRLS Junior 200m Dash

START: 4:45pm
Gold 26.24 / S- 27.54 / B- 28.24

#MEET RECORD:O.Beckles Laurier 24.74 1990

1	Christie Moir	J	Medway HS	28.98
2	Haleigh Michalak	J	St.Paul Mississauga	28.99
3	Stephanie Yantz	J	Wat Bluevale	29.16
4	Jenna Rops	M	Lambton Central	29.31
5	Leanne Higdon	J	Guelph J.F. Ross	30.41
6	Ore Banjoko	J	Waterloo CI	31.93
7	Olivera Kralj	J	Mentor College	32.44
8	Beverly Yang	J	Waterloo CI	32.64
9	Golbahar Poirer	J	London Laurier	34.12
10	Sara Albers	J	London Aquinas	35.08

Event # 34 BOYS Junior 200m Dash

START: 5:15pm
Gold 23.54 / S- 24.24 / B- 24.94

#MEET RECORD:D.Kay Saunders 21.84 1982

1	Caleb Larrier	J	Mentor College	24.74
2	Lucas Catena	J	St.Paul Mississauga	25.18
3	Patrick Lange	J	SarniaSt Christopher	25.25
4	Lyes Attou	J	Winston Churchill	25.34
5	Darien Primeau	J	SarniaSt Christopher	25.59
6	Colin Burns	J	London Saunders	25.79
7	James McHugh	J	London Saunders	26.06
8	Ian Kerrigan	J	North Lambton	26.37
9	MacKenzie Hayter	J	Medway HS	26.41
10	Nathan Christopher	J	London Aquinas	26.69
11	Joel Hill	J	Lambton Central	29.62

Event # 35 GIRLS Junior 400m Run

START: 12:30pm
Gold 60.24 / S- 63.24 / B- 66.24

#MEET RECORD:O.Beckles Laurier 56.38 1990

1	Alex Morrow	J	Saugeen DSS	1:03.36
2	Annie Widdifield	J	Wat Bluevale	1:07.74
3	Alanna Jacques	J	Lambton Central	1:08.09
4	Ivy Allen	J	London Laurier	1:09.26
5	Stephanie Yantz	J	Wat Bluevale	1:09.59
6	Erinn Mccreath Fragakis	J	North Lambton	1:10.18

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7	Megan Hoggart	J	Clinton St.Anne	1:14.49
8	Emily Fields	J	Mentor College	1:15.38
9	Golbahar Poirer	J	London Laurier	1:19.82
10	Jackie Trainer	J	London Westminster	1:20.60

Event # 36 BOYS Junior 400m Run

START: 12:00pm
Gold 52.47 / S- 54.74 / B- 56.74
#MEET RECORD:L.Card Saugeen 49.68 1997

1	David Mohan	J	Cameron Heights	55.31
2	Sheldon Budhram	J	Wat Bluevale	56.17
3	Lyes Attou	J	Winston Churchill	56.71
4	Colin Burns	J	London Saunders	57.58
5	Jared Ryan	J	Strathroy Holy Cross	57.76
6	Qingfan Liu	J	London Central	58.02
7	Tim Bester	J	Wat Bluevale	58.19
8	Shawn Munroe	J	London Westminster	58.50
9	Jacob Zerko	J	SarniaSt Christopher	58.55
10	Benjamin Caldwell	J	Waterloo CI	58.90
11	Ian Kerrigan	J	North Lambton	59.14
12	Maarten Deregt	J	London Christian	59.94
13	Trevor Roberts	J	Pauline Johnson CI	1:00.87
14	Kwesi Asantey	J	London Central	1:01.00
15	Kevin Zhang	J	Mentor College	1:01.67

Event # 37 GIRLS Junior 800m Run

START: 3:25pm >1 turn stagger start
Gold 2:21.0 / S 2:28.0 / B 2:35.0
#MEET RECORD:L.MacKay J.F. Ross 2:14.70 1978

1	Allie Deery	J	SarniaSt Christopher	2:30.42
2	Ivy Allen	J	London Laurier	2:40.53
3	Alisha Clancy	J	Waterloo CI	2:41.95
4	Erinn Mccreath Fragakis	J	North Lambton	2:44.97
5	Megan Hoggart	J	Clinton St.Anne	2:52.65
6	Jasdeep Multani	J	St. Thomas More CSS	2:56.91
7	Jamie Sheidow	J	London Central	2:59.55
8	Emily Fields	J	Mentor College	3:04.62
9	Morgan Napper	J	Lambton Central	3:10.33
10	Rachel Divito	J	Wat Bluevale	3:16.61
11	Jackie Trainer	J	London Westminster	3:23.74
12	Ayesha Anklesaria	J	London Laurier	3:33.08
13	Lauren Holman	J	SarniaSt Christopher	3:47.80

Event # 38 BOYS Junior 800m Run

START: 4:00pm >1 turn stagger start
Gold 2:03.0 / S 2:08.0 / B 2:13.0
#MEET RECORD:M.Thorson Saugeen 1:57.00 1998

1	Sheldon Budhram	J	Wat Bluevale	2:07.06
2	Hendrik Vermeulen	J	SarniaSt Christopher	2:07.61
3	Eric Rozon	J	Winston Churchill	2:09.06
4	Matt Sheeler	J	Strathroy Holy Cross	2:12.80
5	Peter Li	J	Winston Churchill	2:13.46
6	Conor O'Brien	J	London Aquinas	2:13.65
7	Cameron Howes	J	London Central	2:14.13
8	Jack Sheffar	J	London Central	2:15.04
9	Eminet Bogale	J	London Central	2:15.29
10	Ben Caddey	J	Lord Dorchester	2:16.02
11	Spencer Raby	J	Winston Churchill	2:16.10
12	Ryan Annis	J	Wat Bluevale	2:16.44
13	Kwesi Asantey	J	London Central	2:16.67
14	Joe Sheridan	J	Cameron Heights	2:17.80
15	Jacob Zerko	J	SarniaSt Christopher	2:19.08
16	Thomas Branderhoorst	J	London Christian	2:19.55
17	Qingfan Liu	J	London Central	2:21.30
18	Alex Kwan	J	Pauline Johnson CI	2:23.62
19	Marcus Flamminio	J	Sarnia St.Pat's	2:28.90
20	Lucas Dupee	J	Clinton St.Anne	2:32.37
21	Jeremy Cosson-Martin	J	Mentor College	2:33.17
22	Kevin Zhang	J	Mentor College	2:33.81
23	Donais Curtis	J	Lambton Central	2:42.86

Event # 39 GIRLS Junior 1500m Run

START: 5:50pm
Gold 4:50.0 / S 5:05.0 / B 5:15.0
#MEET RECORD:J.Purola Huron Park 4:39.70 1980

1	Allie Deery	J	SarniaSt Christopher	5:14.95
2	Alysa Woodhouse	J	Denis Morris	5:20.82
3	Jamie-Lea Sharpe	J	Medway HS	5:37.40
4	Carissa Smith	J	Lambton Central	5:38.14
5	Erinn Mccreath Fragakis	J	North Lambton	5:39.85
6	Alisha Clancy	J	Waterloo CI	5:57.73
7	Emma Damiao	J	Waterloo CI	6:00.62
8	Monika Frejlich	J	St.Paul Mississauga	6:16.03
9	Jasdeep Multani	J	St. Thomas More CSS	6:21.06
10	Beverly Yang	J	Waterloo CI	6:32.79
11	Rachel Divito	J	Wat Bluevale	6:55.38
12	Nicole Kornelsen	J	Waterloo CI	7:11.02

Event # 40 BOYS Junior 1500m Run

START: 6:20pm
Gold 4:10.0 / S 4:20.0 / B 4:30.0
#MEET RECORD:R.Morrison Saunders 4:02.00 1987

1	Reid Palmer	J	London Banting	4:20.72
2	Mark Schmidt	J	Stratford N'Western	4:22.27
3	Connor Black	J	North Lambton	4:25.46
4	Hendrik Vermeulen	J	SarniaSt Christopher	4:27.24
5	Chris Marentette	J	London Aquinas	4:30.50
6	Jack Sheffar	J	London Central	4:34.56
7	Matthew Cormier	J	Winston Churchill	4:35.64
8	Braden Kenny	J	Denis Morris	4:38.83
9	Eric Rozon	J	Winston Churchill	4:39.63
10	Spencer Raby	J	Winston Churchill	4:40.07
11	Cameron Howes	J	London Central	4:40.73
12	Thomas Branderhoorst	J	London Christian	4:47.83
13	Mitchell Garlick	J	London Central	4:48.26
14	Peter Li	J	Winston Churchill	4:58.51
15	Benjamin Caldwell	J	Waterloo CI	4:59.64
16	Charlie Dobbin	J	St.Paul Mississauga	5:00.23
17	Ryan Annis	J	Wat Bluevale	5:02.11
18	Tyler Goldsack	J	London Aquinas	5:06.67
19	Marcus Flamminio	J	Sarnia St.Pat's	5:09.90
20	Scott Weeks	J	London South	5:11.88
21	Jeremy Cosson-Martin	J	Mentor College	5:14.76
22	Brandon Carter	J	St.Paul Mississauga	5:21.45
23	Lucas Dupee	J	Clinton St.Anne	5:28.93

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24	Jed Gould	J	Lambton Central	5:30.43
25	Kevin Zhang	J	Mentor College	5:35.00
26	Sawyer Bloome	J	St.Paul Mississauga	5:37.83

Event # 41 GIRLS Junior 3000m Run

START: 1:20pm
Gold 10:40.0 /S 11:05.0 /B 11:30.0
#MEET RECORD:J.McPeck South 9:55.40 1983

1	Alysa Woodhouse	J	Denis Morris	11:37.66
2	Tiana Mistry	J	St. Joan of Arc	12:03.21
3	Elise Wiley	J	Winston Churchill	12:20.01
4	Jamie-Lea Sharpe	J	Medway HS	12:25.71
5	Emma Damiao	J	Waterloo CI	12:59.41
6	Monika Frejlich	J	St.Paul Mississauga	13:06.45
7	Rachel Divito	J	Wat Bluevale	14:34.01

Event # 42 BOYS Junior 3000m Run

START: 1:50pm
Gold 9:10.0 / S 9:35.0 / B 10:00.0
#MEET RECORD:C.Brewster CCH 8:39.00 1981

1	Craig Klomp	10	Stratford St. Mike's	9:10.93
2	Matt Sheeler	J	Strathroy Holy Cross	9:24.61
3	Connor Black	J	North Lambton	9:29.63
4	Hendrik Vermeulen	J	SarniaSt Christopher	9:40.14
5	Chris Marentette	J	London Aquinas	9:51.82
6	Braden Kenny	J	Denis Morris	10:04.31
7	Joe Sheridan	J	Cameron Heights	10:17.68
8	Alex Kwan	J	Pauline Johnson CI	10:29.47
9	Jamie McNorgan	J	Lord Dorchester	10:42.15
10	Charlie Dobbin	J	St.Paul Mississauga	10:42.71
11	Tyler Goldsack	J	London Aquinas	10:53.30
12	Jeremy Cosson-Martin	J	Mentor College	11:07.77
13	Tanner Wing	J	Cameron Heights	11:09.38
14	Tyler Austin	M	London Aquinas	11:19.06
15	Sawyer Bloome	J	St.Paul Mississauga	11:20.27
16	Brandon Carter	J	St.Paul Mississauga	11:20.36
17	Jed Gould	J	Lambton Central	12:08.17
18	Geoff Nielsen	M	London Saunders	12:27.29
19	Chris Prinze	J	London Saunders	12:34.04

Event # 43 GIRLS Junior 80m Hurdles

START: 2:55pm > 8 hurdles
12m to H-1 > 8m between > 76cm ht
Gold 12.74 / S- 13.24 / B- 14.24
#MEET RECORD:J.Zelinka Banting 11.44 1998

1	Alex Morrow	J	Saugeen DSS	12.99
2	Mallory Straatman	J	Lambton Central	13.30
3	Andrea Limburg	J	London Aquinas	14.15
4	Sara Cecile	J	Lambton Central	14.89
5	Megan Sanderson	J	Guelph J.F. Ross	15.59
6	Stephanie Borsi	J	Cameron Heights	16.15
7	Ashley Schwartzentruber	J	Woodstock CI	16.41
8	Olivera Kralj	J	Mentor College	16.64
9	MacKenzie Pearce	J	London Aquinas	16.72
10	Katie Whyte	J	Guelph J.F. Ross	16.75
11	Kenzie Pearsall	J	London Oakridge	17.38
12	Jillian Kapteyn	J	London Christian	18.10
12	Taylor Brand	J	Guelph J.F. Ross	18.10
14	Shannon Elliot	J	Cameron Heights	18.77

Event # 44 BOYS Junior 100m Hurdles

START: 2:30pm > 10 hurdles
13m to H-1>8.5m between >91.4cm ht
Gold 15.04 / S- 15.64 / B- 16.24
#MEET RECORD:J.Sherwood Cameron Heights 14.19 2011

1	Sinjon Crombleholme	J	London Aquinas	15.51
2	Matt Swarath	J	Lambton Central	15.85
3	Zach Taylor	J	SarniaSt Christopher	15.92
4	Sam Gordon	J	North Lambton	15.93
5	Christian Fryer-Davis	J	Cameron Heights	15.95
6	Abe Fischer	M	Walkerton DSS	15.98
7	Andrew Smallman	J	South Huron	17.44
8	Matt Gregory	J	Wat Bluevale	18.62
8	Joel Lines	J	North Middlesex	18.62
10	Justin Grygier	M	London Oakridge	19.68
11	Curt Russell	J	London Christian	20.07
12	Jacob Henry	J	South Huron	20.74
13	Tanner Lyons	J	Strathroy Holy Cross	21.46

Event # 45 GIRLS Junior 300m Hurdles

START: 9:00am > 7 hurdles
50m to H-1 > 35m between >76cm ht
Gold 46.74 / S- 49.74 / B- 52.24
#MEET RECORD:J.Zelinka Banting 43.00 1998

1	Alex Morrow	J	Saugeen DSS	47.90
2	McKayla Eves	J	Lambton Central	48.26
3	Mallory Straatman	J	Lambton Central	50.13
4	Christie Moir	J	Medway HS	50.47
5	Elizabeth Barbon	JR	London Mother Teresa	53.22
6	Megan Sanderson	J	Guelph J.F. Ross	55.26
7	Julie Dion	J	Winston Churchill	57.09
8	MacKenzie Pearce	J	London Aquinas	59.06
9	Mary Jane Dunlop	J	Winston Churchill	1:03.70

Event # 46 BOYS Junior 300m Hurdles

START: 9:15am > 7 hurdles
50m to H-1 > 35m between >84cm ht
Gold 42.74 / S- 45.24 / B- 48.24
#MEET RECORD:C.Bluevale '90 J.Hollingworth PCI 39.64 '96

1	Sam Gordon	J	North Lambton	43.80
2	Zach Taylor	J	SarniaSt Christopher	44.75
3	Conor O'Brien	J	London Aquinas	45.04
4	Abe Fischer	M	Walkerton DSS	45.25
5	Christian Fryer-Davis	J	Cameron Heights	45.85
6	Joel Lines	J	North Middlesex	48.93
7	Justin Grygier	M	London Oakridge	49.21

Event # 47 GIRLS Junior High Jump

START: 10:30am
Gold 1.58m /Silver 1.54m /Br 1.50m
#MEET RECORD:L.DeVries Lucas 1.76 1985

1	Kristina VanDamme	J	Lambton Central	1.50m
2	Julie Dion	J	Winston Churchill	1.40m

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3	Ashley Esdale	J	Medway HS	1.30m
4	Kenzie Pearsall	J	London Oakridge	1.25m
4	Jillian Kapteyn	J	London Christian	1.25m
4	Megan Sanderson	J	Guelph J.F. Ross	1.25m
	Katie Norley	J	Medway HS	NM
	Casandra Camenzuli	J	London Central	NM

Event # 48 BOYS Junior High Jump

START: 12:30pm
Gold 1.85m /Silver 1.80m /Br 1.75m
#MEET RECORD:M.West Walkerton 1.97 2009

1	Kevin Willemse	J	SarniaSt Christopher	1.85m
2	Simon Dobransky	M	London Central	1.85m
3	MacKenzie Crawford	J	South Huron	1.75m
4	Sam Gordon	J	North Lambton	1.70m
4	Stephen Taylor	M	London Oakridge	1.70m
4	Christian VanKlaveren	J	Lambton Central	1.70m
7	Alex Knarr	J	Waterloo CI	1.55m
7	Abe Fischer	M	Walkerton DSS	1.55m
7	Kiran Heble	J	Guelph J.F. Ross	1.55m
10	Lauchlin MacDonald	J	SarniaSt Christopher	1.50m
	Drennan Jarrod	M	London Oakridge	NM
	Adrian Visser	M	London Christian	NM

Event # 49 GIRLS Junior Pole Vault

START: 9:00am
Gold 3.25m / S- 2.90m / B- 2.70m

1	Ashley Stoyanovich	J	London Aquinas	2.30m
2	Sarah Bantseev	J	London Saunders	1.70m
2	Andrea Limburg	J	London Aquinas	1.70m
4	Ally Kolapak	J	Cameron Heights	1.50m
5	Marianna Da Silva	J	London Saunders	1.20m

Event # 50 BOYS Junior Pole Vault

START:U3m >10:30am/ O3m >12:30pm
Under 3m> G- 3.10m S-2.90m B-2.70m
Over 3m> G- 3.80m S-3.60m B- 3.40m
#MEET RECORD:M.Nolan Dorchester 4.26 1991

1	John Bice	10	Stratford N'Western	2.60m
2	Ben Congram	10	Stratford N'Western	2.40m
3	Jim Flood	10	Stratford N'Western	2.20m

Event # 51 GIRLS Junior Long Jump

START: 2:00pm
Gold 5.15m / S- 4.95m / B- 4.75m
#MEET RECORD:J.Kerr London South 5.48 2009

1	Alex Morrow	J	Saugeen DSS	5.13m
2	McKayla Eves	J	Lambton Central	4.96m
3	Lauren Saly	J	London Oakridge	4.64m
4	Sara Cecile	J	Lambton Central	4.63m
5	Danielle Verrier	J	London South	4.31m
6	Olivia Prinz	J	Sarnia St.Pat's	4.30m
7	Lisa Mihalik	J	Lambton Central	4.28m
8	Ashley Schwartzentruber	J	Woodstock CI	4.22m
9	Kinsley Child	J	Winston Churchill	4.20m
9	Dana Shipley	J	Medway HS	4.20m
11	Marianna Da Silva	J	London Saunders	4.19m
12	Jillian Kapteyn	J	London Christian	4.16m
13	Ashley Stoyanovich	J	London Aquinas	4.01m
14	Madeline Kubinski	J	London Saunders	3.98m
15	Sarah Bantseev	J	London Saunders	3.81m
16	Golbahar Poirer	J	London Laurier	3.79m
17	Ore Banjoko	J	Waterloo CI	3.76m
18	Jessica Thompson-Nelson	J	Crestwood Peterboro	3.68m
19	Emily Regan	J	SarniaSt Christopher	3.66m
20	Taylor Craig	J	Medway HS	3.58m
20	Stephanie Borsi	J	Cameron Heights	3.58m
22	Ashley Esdale	J	Medway HS	3.49m
23	Carrie Yam	J	Cameron Heights	3.48m
23	Natalia Godwinska	J	Cameron Heights	3.48m
25	Shannon Elliot	J	Cameron Heights	3.27m
26	Kathryn Chanthalyma	J	Cameron Heights	3.15m
27	Sara Albers	J	London Aquinas	2.78m

Event # 52 BOYS Junior Long Jump

START: 12:30pm
Gold 6.15m / S- 5.90m / B- 5.70m
#MEET RECORD:P.Whitty Saunders 6.69 1999

1	Stephen Taylor	M	London Oakridge	5.85m
2	Irving Ding	J	Wat Bluevale	5.82m
3	Sinjon Crombleholme	J	London Aquinas	5.51m
4	James McHugh	J	London Saunders	5.43m
5	Caleb Larrier	J	Mentor College	5.32m
6	Lyes Attou	J	Winston Churchill	5.27m
7	Dan Vallee	J	Sarnia St.Pat's	5.16m
8	Patrick Lange	J	SarniaSt Christopher	5.15m
9	Andason Cen	J	London Central	4.97m
10	Tim Bester	J	Wat Bluevale	4.94m
11	Jacob Henry	J	South Huron	4.88m
12	Ian Kerrigan	J	North Lambton	4.71m
13	Noah Olynyk	J	London Saunders	4.48m
14	Curt Russell	J	London Christian	4.34m
15	Colin Parent	J	Medway HS	3.60m

Event # 53 GIRLS Junior Triple Jump

START: 10:30am
Gold 10.30m / S- 10.00m / B- 9.70m
#MEET RECORD:A.Schipper London Christian 10.74 2003

1	Lauren Saly	J	London Oakridge	9.60m
2	Christie Moir	J	Medway HS	9.49m
3	Ashley Schwartzentruber	J	Woodstock CI	9.41m
4	Danielle Verrier	J	London South	9.21m
5	Kinsley Child	J	Winston Churchill	9.18m
6	Alanna Jacques	J	Lambton Central	8.96m
7	Andrea Limburg	J	London Aquinas	8.57m
8	Marianna Da Silva	J	London Saunders	8.40m
9	Julie Dion	J	Winston Churchill	8.22m
10	Dana Shipley	J	Medway HS	7.75m
11	Emily Regan	J	SarniaSt Christopher	7.64m
12	Natalia Godwinska	J	Cameron Heights	7.40m
	Carrie Yam	J	Cameron Heights	ND
	Jessica Thompson-Nelson	J	Crestwood Peterboro	ND

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Event # 54 BOYS Junior Triple Jump

START: 10:30am
Gold 12.50m /S- 12.15m / B- 11.80m
#MEET RECORD:C.Collarile St.Marcellinius 12.95 2009

1	Stephen Taylor	M	London Oakridge	12.51m
2	Caleb Larrier	J	Mentor College	12.02m
3	Dakota Johnson	J	Pauline Johnson CI	11.85m
4	Kevin Willemse	J	SarniaSt Christopher	11.46m
5	Trevor Roberts	J	Pauline Johnson CI	10.60m
6	Lauchlin MacDonald	J	SarniaSt Christopher	10.30m
7	Adam Abdulla	J	Winston Churchill	10.10m
8	Adrian Visser	M	London Christian	10.08m

Event # 55 GIRLS Junior Shot Put

START: 10:15am > Weight 4kg
Gold 10.30m / S- 9.90m / B- 9.50m
#MEET RECORD:M.Weaver Lucas 13.29 2003

1	Caroline Hummell	J	SarniaSt Christopher	10.38m
2	Beth Kester	J	South Huron	10.00m
3	Carine Djainai	J	Mentor College	8.79m
4	Krista Duncan	J	London Saunders	8.42m
5	Deanna Morbrook	J	Pauline Johnson CI	8.08m
6	Emily McClocklin	J	Lord Dorchester	7.95m
7	Emily Ferguson	J	Wat Bluevale	7.94m
8	Teddi Taran	M	Guelph J.F. Ross	7.79m
9	Lexine VanLeerzem	J	Lambton Central	7.32m
10	Riley Wilhelm	J	SarniaSt Christopher	7.20m
11	Lyara Kielt	J	London Oakridge	6.38m
12	Deborah Martin-Nino	J	Guelph J.F. Ross	6.28m
13	Grayson VanDerydt	J	Strathroy Holy Cross	6.09m
13	Serra Star	J	London Oakridge	6.09m
15	Lexi Gubbels	J	London Aquinas	5.27m
16	Sara Albers	J	London Aquinas	5.11m
17	Jackie Trainer	J	London Westminster	5.01m

Event # 56 BOYS Junior Shot Put

SRART: 2:00pm > Weight 4kg
Gold 15.50m /S- 15.00m / B- 14.00m
#MEET RECORD:F.Clarke St. Thomas Aquinas 17.18 1997

1	MacKenzie Josie	J	Central Huron	15.14m
2	Ben Wargala	J	St.Paul Mississauga	14.01m
3	Justin Kunder	10	Stratford N'Western	13.63m
4	Minwoo Kim	J	London Christian	12.63m
5	Frankie Divona	J	St.Paul Mississauga	12.53m
6	Brad Carpenter	J	Lambton Central	12.11m
7	Harry Haran	J	Mentor College	11.43m
8	Curtis Bobier	J	London Saunders	10.37m
9	Brandon Burton	J	London Saunders	10.02m
10	Tyler Silva	J	Strathroy Holy Cross	9.91m
11	Lauchlin MacDonald	J	SarniaSt Christopher	9.68m

Event # 57 GIRLS Junior Discus Throw

START: 12:45pm > Weight 1kg
Gold 31.50m /S- 30.75m /B- 30.00m
#MEET RECORD:J.Lisle F.E. Madill 39.30 1994

1	Riley Wilhelm	J	SarniaSt Christopher	25.21m
2	Carine Djainai	J	Mentor College	23.07m
3	Caroline Hummell	J	SarniaSt Christopher	22.93m
4	Deborah Martin-Nino	J	Guelph J.F. Ross	21.72m
5	Emily Ferguson	J	Wat Bluevale	21.09m
6	Lexine VanLeerzem	J	Lambton Central	20.61m
7	Krista Duncan	J	London Saunders	20.59m
8	Teddi Taran	M	Guelph J.F. Ross	19.72m
9	Lyara Kielt	J	London Oakridge	18.78m
10	Deanna Morbrook	J	Pauline Johnson CI	18.39m
11	Beth Kester	J	South Huron	17.67m
12	Hayley Potvin	J	SarniaSt Christopher	17.41m
13	Megan VanKessel	J	Strathroy Holy Cross	16.71m
14	Emily McClocklin	J	Lord Dorchester	15.24m
15	Taylor Craig	J	Medway HS	14.26m
16	Lexi Gubbels	J	London Aquinas	12.47m
	Serra Star	J	London Oakridge	ND

Event # 58 BOYS Junior Discus Throw

START: 3:15pm > Weight 1kg
Gold 50.00m /S- 47.00m /B- 44.00m
#MEET RECORD:Z.Ford Banting 53.62 2006

1	MacKenzie Josie	J	Central Huron	38.05m
2	Justin Kunder	10	Stratford N'Western	37.73m
3	Ben Smith	J	Medway HS	37.05m
4	Chris Bunting	J	London Westminster	35.05m
5	Harry Haran	J	Mentor College	34.70m
6	Ben Wargala	J	St.Paul Mississauga	33.94m
7	Lauchlin MacDonald	J	SarniaSt Christopher	33.49m
8	Brandon Burton	J	London Saunders	29.13m
9	Minwoo Kim	J	London Christian	27.66m
10	Christian VanKlaveren	J	Lambton Central	27.60m
11	Kyle Thomson	J	Lambton Central	27.56m
12	Andrew Hodgert	J	South Huron	26.58m
13	Frankie Divona	J	St.Paul Mississauga	24.65m
14	Tyler Silva	J	Strathroy Holy Cross	24.63m
15	Matt Selman	J	London South	23.07m
16	Roopabalan Subramanian	J	Waterloo CI	19.50m

Event # 59 GIRLS Junior Javelin Throw

START: 3:15pm > Weight 600gm
Gold 33.00m / S- 32.00m /B- 31.00m
#MEET RECORD:B.Arnett St.Thomas Parkside 43.58 1997

1	Jenna Bolton	J	Lambton Central	31.05m
2	Olivia Prinz	J	Sarnia St.Pat's	30.56m
3	Carine Djainai	J	Mentor College	26.35m
4	Beth Kester	J	South Huron	23.98m
5	Alex Morrow	J	Saugeen DSS	22.17m
6	Lexine VanLeerzem	J	Lambton Central	21.43m
7	Taylor Craig	J	Medway HS	19.48m
8	Ashley Stoyanovich	J	London Aquinas	18.56m
9	Emily Ferguson	J	Wat Bluevale	18.18m

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10	Deanna Morbrook	J	Pauline Johnson CI	17.90m
11	Hayley Potvin	J	SarniaSt Christopher	17.64m
12	Stephanie Gibson	J	London Central	17.55m
13	Krista Duncan	J	London Saunders	17.20m
14	MacKenzie Pearce	J	London Aquinas	16.57m
15	Teddi Taran	M	Guelph J.F. Ross	15.61m
16	Megan VanKessel	J	Strathroy Holy Cross	15.56m
17	Deborah Martin-Nino	J	Guelph J.F. Ross	14.81m
18	Lilia Pasqual	J	SarniaSt Christopher	12.80m
19	Lexi Gubbels	J	London Aquinas	10.82m
20	Ally Kolapak	J	Cameron Heights	9.80m

Event # 60 BOYS Junior Javelin Throw

START: 10:15am > Weight 600gm
Gold 49.00m / S- 45.00m /B- 41.00m
#MEET RECORD:W.Collins Westminster 59.86 2006

1	Mark Wargala	J	St.Paul Mississauga	46.93m
2	Ben Smith	J	Medway HS	41.47m
3	Hayden McLean	J	SarniaSt Christopher	41.11m
4	Brad Carpenter	J	Lambton Central	39.58m
5	Dan Vallee	J	Sarnia St.Pat's	39.36m
6	Matt Gregory	J	Wat Bluevale	37.06m
7	Harry Haran	J	Mentor College	36.99m
8	Justin Kunder	10	Stratford N'Western	36.17m
9	Shawn Munroe	J	London Westminster	34.78m
10	MacKenzie Josie	J	Central Huron	32.51m
11	Tyler Silva	J	Strathroy Holy Cross	31.81m
12	Kyle Thomson	J	Lambton Central	30.63m
13	Chris Prinze	J	London Saunders	30.48m
14	Andrew Hodgert	J	South Huron	30.16m
15	Matt Selman	J	London South	29.64m
16	Scott Petrocco	J	Sarnia St.Pat's	29.53m
17	Alex Knarr	J	Waterloo CI	28.60m
18	Curt Russell	J	London Christian	28.12m
19	Lauchlin MacDonald	J	SarniaSt Christopher	26.66m
20	Drennan Jarrod	M	London Oakridge	26.08m
21	Brandon Burton	J	London Saunders	24.32m
22	Chris Bunting	J	London Westminster	23.33m
23	Curtis Bobier	J	London Saunders	20.14m
24	Geoff Nielsen	M	London Saunders	18.67m
	Roopabalan Subramanian	J	Waterloo CI	ND

Event # 61 GIRLS Senior 100m Dash

START: 11:20am
Gold 12.74 / S- 13.14 / B- 13.64
#MEET RECORD:L.Keunemans Bluevale 12.14 1987

1	McKenzie Johnson	S	London Laurier	12.74
2	Dimitra Lerikos	S	London Saunders	13.40
3	Madeline Dailey	S	Pauline Johnson CI	13.51
4	Shauna McPhail	S	Lambton Central	13.56
5	Mikhalia Wright	S	London Laurier	13.95
6	Luba Sulypka	S	St.Paul Mississauga	14.34
7	Mikaela Ferguson	S	London Central	14.41
8	Emily Winsor	S	SarniaSt Christopher	14.42
9	Shelly Campbell	S	North Lambton	14.43
10	Jamie Cross	S	Cameron Heights	14.48
11	Liz Miltenburg	S	Clinton St.Anne	14.55
12	Natalie Terpstra	S	Clinton St.Anne	14.75
13	Amanda Kelland	S	Strathroy DCI	14.79
14	Marissa Fraggis	S	Medway HS	15.26
15	Hannah Chubb	S	Cameron Heights	15.31
16	Nadine Drosdowech	S	London Central	15.65
17	Sarah Ashbourne	S	Medway HS	15.79
18	Rachel Disney	S	London Oakridge	16.13

Event # 62 BOYS Senior 100m Dash

START: 10:40am
Gold 11.44 / S- 11.84 / B- 12.14
#MEET RECORD:K.Chatham-Kent Duane Clement St.Bdt 10.94 1991,1998

1	Saeb Omer	S	London Westminster	11.62
2	Mark Muehmer	S	Medway HS	11.87
3	Scott Potenza	S	Strathroy Holy Cross	11.88
4	Isaiah Mels	S	London Westminster	12.01
5	Tanner Rodd	S	Guelph J.F. Ross	12.08
6	Mike Berkers	S	Strathroy Holy Cross	12.25
7	Harrison Priebe	S	London Aquinas	12.27
8	Sami Krasniqi	S	London Westminster	12.28
9	Hunter Tilden	S	London Aquinas	12.31
10	B.J. Wright	S	Guelph J.F. Ross	12.33
11	James Sorensen	S	Medway HS	12.42
12	Justin Whyte	S	Guelph J.F. Ross	12.53
12	Jim Turner	S	South Huron	12.53
14	Tyler Bulmer	S	Medway HS	12.63
15	Isaiah Nganga	S	London Westminster	12.64
16	Nathan Taylor	S	SarniaSt Christopher	12.70
17	Matt Cimetta	S	SarniaSt Christopher	12.85
18	Kian Paliani	S	Medway HS	12.91
19	Jeremy White	S	Medway HS	13.17
20	Blake Krzic	S	Strathroy Holy Cross	13.21
21	Chris Aitken	S	Lambton Central	13.33
22	Mikey Schomburg	S	London Central	13.36
23	Nathaniel Behar	S	London Central	13.43
24	Nick Gooden	S	London Saunders	13.83
25	Cody Salomons	S	London Christian	14.19
26	Thomas Gray	S	London South	14.30
27	Kyle Eckmier	S	Wat Bluevale	15.21

Event # 63 GIRLS Senior 200m Dash

START: 4:55pm
Gold 25.74 / S- 26.74 / B- 27.74
#MEET RECORD:V.Beckles Laurier 24.64 1988

1	Alison Fraser	S	Guelph J.F. Ross	25.63
2	McKenzie Johnson	S	London Laurier	26.51
3	Emily Bowerman	S	Guelph J.F. Ross	26.92
4	Madeline Dailey	S	Pauline Johnson CI	28.36
5	Dimitra Lerikos	S	London Saunders	28.55
6	Janelle Hanna	S	Crestwood Peterboro	28.59
7	Mikhalia Wright	S	London Laurier	28.61
8	Danielle Quinn	S	SarniaSt Christopher	28.81
9	Jillian Rops	S	Lambton Central	28.88
10	Rachel McNaughton	S	Medway HS	29.47
11	Sara Silverthorne	S	Pauline Johnson CI	29.87
12	Shelly Campbell	S	North Lambton	30.18
13	Jurgita Budraityte	S	St. Joan of Arc	30.94
14	Sarah Ashbourne	S	Medway HS	31.69
15	Jane Newman	S	London Central	31.76

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Event # 64 BOYS Senior 200m Dash

START: 5:25pm
Gold 22.74 / S- 23.24 / B- 24.04
#MEET RECORD:L.Card Saugeen 21.30 1998

1	Akeem Irwin	S	Crestwood Peterboro	23.56
2	Scott Potenza	S	Strathroy Holy Cross	23.61
3	Greg Cherniak	S	London Central	23.73
4	Calum Westbrook	S	Winston Churchill	24.05
5	Raphael Nosakhare	S	Wat Bluevale	24.77
6	Zack McDonald	S	Crestwood Peterboro	25.10
7	Tanner Rodd	S	Guelph J.F. Ross	25.48
8	Justin Whyte	S	Guelph J.F. Ross	25.76
9	Zac Brady	S	Guelph J.F. Ross	25.88
10	Seth McDonald	S	Crestwood Peterboro	25.96
11	Tom Lowery	S	Crestwood Peterboro	26.10
12	Kian Paliani	S	Medway HS	26.25
13	Brendan Shannon	S	London Aquinas	27.19

Event # 65 GIRLS Senior 400m Run

START: 12:40pm
Gold 59.24 / S- 62.24 / B- 64.24
#MEET RECORD:A.Ollivier Medway 55.10 2002

1	Alison Fraser	S	Guelph J.F. Ross	56.66
2	Michelle Reddy	S	SarniaSt Christopher	1:00.67
3	Katie Parry	S	London Aquinas	1:03.11
4	Ashley Snyder	S	Simcoe Holy Trinity	1:04.57
5	Jillian Rops	S	Lambton Central	1:05.51
6	Taite Ryley	S	Crestwood Peterboro	1:09.32
7	Michelle Hayman	S	London Saunders	1:09.75
8	Sidney Gagne	S	Wat Bluevale	1:11.67
9	Sarah Ashbourne	S	Medway HS	1:12.19

Event # 66 BOYS Senior 400m Run

START: 12:10pm
Gold 51.24 / S- 52.74 / B- 54.24
#MEET RECORD:L.Card Saugeen 48.08 1998

1	Sam Martinello	S	St Mary's Kitchener	51.55
2	Jordan Sherwood	S	Cameron Heights	51.70
3	Garrett Dion	S	Winston Churchill	52.69
4	Greg Cherniak	S	London Central	52.77
5	Akeem Irwin	S	Crestwood Peterboro	54.19
6	Jose Dominguez	S	St. Joan of Arc	54.28
7	Frampton Andrew	S	Lord Dorchester	54.43
8	Peter Harris	S	London Central	55.01
9	Calum Westbrook	S	Winston Churchill	55.96
10	Raphael Nosakhare	S	Wat Bluevale	56.23
11	Leendert Van Dorp	S	Clinton St.Anne	56.45
12	Mitch Holden	S	Crestwood Peterboro	56.83
13	Caleb Papineau Medeiros	S	London Aquinas	57.32
14	Andrew Krzeczkowski	S	Winston Churchill	57.49
15	Patrick Hoogstra	S	London Christian	57.75
16	B.J. Wright	S	Guelph J.F. Ross	58.97
17	Calvin Scott	S	London Aquinas	59.16
18	Brendan Shannon	S	London Aquinas	59.79
19	Zac Brady	S	Guelph J.F. Ross	59.90
20	Tom Lowery	S	Crestwood Peterboro	1:01.45
21	Daniel Perico	S	London Aquinas	1:01.56
22	Josh Osborne	S	Cameron Heights	1:02.16
23	Mike Berkers	S	Strathroy Holy Cross	1:03.00
24	Dean Stephens	S	South Huron	1:03.01
25	Rahul Bansal	S	Mentor College	1:04.92
26	Theron Hankinson	S	Strathroy Holy Cross	1:05.06

Event # 67 GIRLS Senior 800m Run

START: 3:35pm >1 turn stagger start
Gold 2:20.0 /S - 2:25.0 /B - 2:30.0
#MEET RECORD:C.Beukeboom CCH 2:14.50 1987

1	Cheyenne Hunter	SR	Kincardine DSS	2:21.16
2	Janelle Hanna	S	Crestwood Peterboro	2:21.59
3	Michelle Reddy	S	SarniaSt Christopher	2:21.83
4	Morgan Hendriks	S	Lord Dorchester	2:25.27
5	Katie Parry	S	London Aquinas	2:26.73
6	Talasia Eizenga	S	Winston Churchill	2:28.88
7	Darian Limb	S	Lambton Central	2:29.93
8	Aleksandra Rakic	S	London Saunders	2:33.39
9	Katherine Houston	S	Mentor College	2:35.62
10	Ashley Snyder	S	Simcoe Holy Trinity	2:40.48
11	Jurgita Budraityte	S	St. Joan of Arc	2:41.56
12	Jessica Empringham	S	London Central	2:43.86
13	Maxine Betteridge-Moes	S	Guelph J.F. Ross	2:44.73
14	Tianna Beharriell	S	Strathroy DCI	2:45.73
15	Sidney Gagne	S	Wat Bluevale	2:46.85
16	Merrisa Jarvis	S	London Laurier	2:51.64
17	Alexandra Chirila	S	London Central	2:51.91
18	Nicole Richardson	S	Guelph J.F. Ross	2:52.32
19	Anna Kulesza	S	St. Thomas More CSS	2:52.81
20	Natalie White	S	London Oakridge	2:54.99

Event # 68 BOYS Senior 800m Run

START: 4:15pm >1 turn stagger start
Gold 1:59.5 / S- 2:04.5 / B 2:09.5
#MEET RECORD:K.Benninger Walkerton District 1:54.50 2003

1	Triphon Moodie	S	St. Joan of Arc	1:54.40#
2	Chris Hutton	S	Winston Churchill	1:54.66
3	Jordan Kadlecik	S	Clinton St.Anne	1:56.98
4	Taylor Laekeman	S	Winston Churchill	1:58.03
5	Usama Ikram	S	Waterloo CI	2:05.90
6	Frampton Andrew	S	Lord Dorchester	2:08.61
7	Jesse Smith	S	Wat Bluevale	2:09.00
8	Luke Disanto	S	St. Joan of Arc	2:10.08
9	Garrett Dion	S	Winston Churchill	2:10.46
10	Mike Fortaleza	S	Winston Churchill	2:11.60
11	Timothy Fernandes	S	Mentor College	2:12.68
12	Geoffrey Barnes	S	Guelph J.F. Ross	2:13.87
13	Kyle Gonci	11	Sir Allan MacNab SS	2:15.44
14	Mike Gunn	S	London Oakridge	2:15.88
15	Mitch Holden	S	Crestwood Peterboro	2:16.77
16	Calvin Scott	S	London Aquinas	2:17.84
17	Carson Heald	S	Pauline Johnson CI	2:22.02
18	Eric Fletcher	S	South Huron	2:23.53
19	Jonathan Li	S	Mentor College	2:24.35
20	Josh Bester	S	Wat Bluevale	2:24.55
21	Matthew Davis	S	St. Thomas More CSS	2:25.27
22	Adam Clark	S	Wat Bluevale	2:26.27

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23	Lucas Timmermans	S	Crestwood Peterboro	2:26.96
24	Ian Newton	S	London Aquinas	2:28.19
25	Brendan Shannon	S	London Aquinas	2:29.31
26	Dylan Bedi	S	Mentor College	2:31.34
27	Dean Stephens	S	South Huron	2:31.54
28	Kanu Singh	S	Pauline Johnson CI	2:38.17
29	Rahul Bansal	S	Mentor College	2:38.35
30	Manny Singh	S	Mentor College	2:40.23

Event # 69 GIRLS Senior 1500m Run

START: 6:00pm
Gold 4:48.0 / S- 5:00.0 / B 5:10.0
#MEET RECORD:J.Mota St. Mary's - Kitch 4:36.30 1986

1	Cheyenne Hunter	SR	Kincardine DSS	4:58.89
2	Nicki Parkes	S	SarniaSt Christopher	5:07.07
3	Katherine Houston	S	Mentor College	5:36.70
4	Jessica Jamieson	S	Lambton Central	5:39.58
5	Ashley Cornellissen	S	North Lambton	5:46.44
6	Jocelyn Sannell	S	Guelph J.F. Ross	5:49.18
7	Cara Coutts	S	St.Paul Mississauga	5:51.92
8	Jessica Empringham	S	London Central	5:54.38
9	Courtney McKeracher	S	London Saunders	5:55.28
10	Shannon Goulden	S	Mentor College	5:56.06
11	Katelyn Turk	S	St.Paul Mississauga	6:04.63
12	Megan Cossitt	S	London Laurier	6:05.72
13	Dominique Arsenault	S	London Laurier	6:05.75
14	Natalie White	S	London Oakridge	6:24.14
15	Anna Kulesza	S	St. Thomas More CSS	6:48.90
16	Brennyn Watterton	S	London South	6:52.64

Event # 70 BOYS Senior 1500m Run

START: 6:30pm
Gold 4:02.0 / S 4:10.0 / B 4:18.0
#MEET RECORD:S.MacKay East Elgin 3:56.20 1989

1	Chris Hutton	S	Winston Churchill	4:16.59
2	Sam Foran	S	Strathroy DCI	4:20.39
3	Taylor Laekeman	S	Winston Churchill	4:27.44
4	Nick McFarlane	S	Mentor College	4:33.25
5	Timothy Fernandes	S	Mentor College	4:50.03
6	Lucas Timmermans	S	Crestwood Peterboro	5:02.55
7	Jonathan Li	S	Mentor College	5:02.78
8	Ian Newton	S	London Aquinas	5:03.52
9	Andrew Nocera	S	St.Paul Mississauga	5:03.89
10	Jordan Arndt	S	Wat Bluevale	5:05.91
11	Saanzan Bari	S	London Central	5:07.26
12	Eric Fletcher	S	South Huron	5:13.82
13	Dylan Bedi	S	Mentor College	5:24.57
14	Manny Singh	S	Mentor College	5:35.73
15	Matthew Davis	S	St. Thomas More CSS	5:53.06

Event # 71 GIRLS Senior 3000m Run

START: 1:35pm
Gold 10:38.0/ S 10:59.0/ B 11:20.0
#MEET RECORD:K.Crich Medway :10:08.80 1988

1	Sami McGuinness	11	Stratford St. Mike's	11:15.16
2	Shannen Murray	S	Clinton St.Anne	11:18.79
3	Mariel Fluttert	S	Lord Dorchester	11:24.25
4	Anneri Vermeulen	S	SarniaSt Christopher	11:47.48
5	Jessica Jamieson	S	Lambton Central	12:16.27
6	Ashley Cornellissen	S	North Lambton	12:26.31
7	Cara Coutts	S	St.Paul Mississauga	13:01.21
8	Danielle Bourque	S	SarniaSt Christopher	13:13.83
9	Lynne McClure	S	London Oakridge	13:26.10
10	Nicole Mcmullen-Cook	S	Wat Bluevale	13:28.93
11	Laura Scott	S	Mentor College	14:34.84

Event # 72 BOYS Senior 3000m Run

START: 2:05pm
Gold 8:55.0 / S- 9:15.0 /B- 9:30.0
#MEET RECORD:C.Brewster CCH 8:24.30 1982

1	Matt Hall	S	SarniaSt Christopher	9:11.07
2	Tristan Fleming	S	London Central	9:13.35
3	Patrick Deane	S	Lord Dorchester	9:20.06
4	Shane Roberts	S	London Oakridge	9:24.36
5	Nicholas Svaikauskas	S	Guelph J.F. Ross	10:33.99
6	Jordan Arndt	S	Wat Bluevale	10:57.72
7	Josh Bester	S	Wat Bluevale	11:10.02
8	Tanner Bloome	S	St.Paul Mississauga	11:17.12
9	Adam Clark	S	Wat Bluevale	11:25.70
10	Kanu Singh	S	Pauline Johnson CI	12:01.52
11	Michael Donkers	S	Medway HS	12:24.17

Event # 73 GIRLS Senior 100m Hurdles

START: 2:45pm >10 hurdles
13m to H-1 >8.5m between >76cm ht
Gold 15.74 / S- 16.24 / B- 16.74
#MEET RECORD:J.Zelinka Banting 14.24 1999

1	Alysha Newman	S	London Mother Teresa	14.84
2	Mikeisha Bobb	S	London Laurier	15.21
3	Emily Bowerman	S	Guelph J.F. Ross	15.73
4	Jasmin Kerr	S	London South	16.07
5	Ali Baker	SR	London Mother Teresa	17.34
6	Rachel Wolfs	S	Strathroy Holy Cross	17.38
7	Adrienne Wise	S	Central Huron	17.39
8	Taite Ryley	S	Crestwood Peterboro	17.60
9	Megan Baker	SR	London Mother Teresa	17.62
10	Jessica Clancy	S	Waterloo CI	17.85
11	Jilleen VanLeerzem	S	Lambton Central	17.92
12	Hannah Chubb	S	Cameron Heights	18.55
13	Emily Winsor	S	SarniaSt Christopher	18.93
14	Gabie Iglesias	S	Mentor College	19.76
15	Jamie Cross	S	Cameron Heights	20.07
16	Amanda Kelland	S	Strathroy DCI	20.56
17	Chantelle Chatterson	1	Pauline Johnson CI	21.43
18	Rachel Disney	S	London Oakridge	21.59

Event # 74 BOYS Senior 110m Hurdles

START: 2:20pm >10 hurdles
H-1 > 13.72m > 9.14m > ht 91.4cm
Gold 15.24 / S- 15.94 / B- 16.44
#MEET RECORD:J.Ryder Banting 14.64 2006

1	Chris Green	S	Cameron Heights	14.27#
2	Micheal Paisley	S	Lambton Central	15.25
3	Mike Giorgi	J	Lambton Central	15.46

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4	Jose Dominguez	S	St. Joan of Arc	16.07
5	Shawn Wu	S	Guelph J.F. Ross	16.14
6	Nathan Taylor	S	SarniaSt Christopher	16.18
7	Zack McDonald	S	Crestwood Peterboro	16.57
8	Seth McDonald	S	Crestwood Peterboro	17.06
9	Hunter Tilden	S	London Aquinas	19.44
10	B.J. Wright	S	Guelph J.F. Ross	19.58
11	Tomson Tran	S	Guelph J.F. Ross	19.91

Event # 75 GIRLS Senior 400m Hurdles

START 8:40am > 10 hurdles
45m to H-1 > 35m between >76cm ht
Gold 60.24 / S- 66.74 / B- 69.24
#MEET RECORD:N.Schmidt John Paul II 1:00.20 1995

1	Taylor Farquhar	S	London Central	1:02.71
2	Mikeisha Bobb	S	London Laurier	1:07.57
3	Rachel Wolfs	S	Strathroy Holy Cross	1:09.00
4	Jilleen VanLeerzem	S	Lambton Central	1:11.56
5	Nadine Otten	S	Clinton St.Anne	1:11.79
6	Sara Grzywnowicz	SR	London Mother Teresa	1:13.31
7	Taite Ryley	S	Crestwood Peterboro	1:13.61
8	Rachel McNaughton	S	Medway HS	1:16.62
9	Gabie Iglesias	S	Mentor College	1:21.04
10	Jamie Cross	S	Cameron Heights	1:22.43
11	Hannah Chubb	S	Cameron Heights	1:28.91

Event # 76 BOYS Senior 400m Hurdles

START: 8:30am > 10 hurdles
145m to H-1>35m between >91.4cm ht
Gold 59.24 / S- 62.24 / B- 65.24
#MEET RECORD:C.Arsenault St.Mary's 54.59 2011

1	Chris Green	S	Cameron Heights	58.52
2	Jordan Sherwood	S	Cameron Heights	1:00.76
3	Leendert Van Dorp	S	Clinton St.Anne	1:01.60
4	Nathan Taylor	S	SarniaSt Christopher	1:04.11
5	Caleb Papineau Medeiros	S	London Aquinas	1:07.03
6	Shawn Wu	S	Guelph J.F. Ross	1:08.86
7	Robbie Borsi	S	Cameron Heights	1:10.42

Event # 77 GIRLS Open 1500m Steeplechase

START: 11:35am > no jumps 1st 312m
3 x waterjump+ 13 total barriers
Gold 5:30.0 / S- 5:45.0 / B- 6:00.0
#MEET RECORD:K.Fleischer Sarnia Northern 5:07.49 2011

1	Talasia Eizenga	S	Winston Churchill	5:31.69
2	Nicki Parkes	S	SarniaSt Christopher	5:33.27
3	Stef Smith	S	London Oakridge	5:53.55
4	Tianna Beharriell	S	Strathroy DCI	6:01.23
5	Carissa Smith	J	Lambton Central	6:04.14
6	Paige Parker	M	Guelph J.F. Ross	6:09.73
7	Jamie-Lea Sharpe	J	Medway HS	6:10.51
8	Dominique Arsenault	S	London Laurier	6:45.46
9	Laura Scott	S	Mentor College	8:33.75
	Cassie Silverthorn	S	Pauline Johnson CI	DNF

Event # 78 BOYS Open 2000m Steeplechase

START: 9:25am
5 x waterjump + 18 total barriers
Gold 6:29.9 / B- 6:51.0 / B- 7:13.0
#MEET RECORD:S.Murray Sandwich 6:02.20 1988

1	Jeremy Hick	S	Strathroy DCI	6:28.78
2	Derek Hick	S	Strathroy DCI	6:37.44
3	Matt Hall	S	SarniaSt Christopher	6:39.79
4	Colin Pegg	S	Woodstock CI	6:48.91
5	Lewis Kent	S	MacLachlan College	6:50.57
6	Mike Fortaleza	S	Winston Churchill	6:53.30
7	Alexander Wallace	S	London Central	7:10.42
8	Nick McFarlane	S	Mentor College	7:12.03
9	Nicholas Svaikauskas	S	Guelph J.F. Ross	7:12.42
10	Matthew Cormier	J	Winston Churchill	7:17.16
11	Josh McNorgan	S	Lord Dorchester	7:17.35
12	Chris Caddey	S	Lord Dorchester	7:18.00
13	Andrew Bell	S	Guelph J.F. Ross	7:28.48
14	Ethan Gawne	M	London Laurier	7:34.90
15	Thomas Moores	S	London Oakridge	7:46.66
16	Tyler Austin	M	London Aquinas	7:50.74
17	Alex Kwan	J	Pauline Johnson CI	7:50.89
18	Geoffrey Barnes	S	Guelph J.F. Ross	7:55.72
19	Raphael Nosakhare	S	Wat Bluevale	8:00.46
20	Jordan Arndt	S	Wat Bluevale	8:07.92
21	Marc Harris	M	Medway HS	8:36.36
22	Dylan Bedi	S	Mentor College	8:38.03
23	Michael Donkers	S	Medway HS	9:19.97

Event # 79 GIRLS Senior High Jump

START: 10:30am
Gold 1.63m/ S- 1.58m / B- 1.53m
#MEET RECORD:C.Woodstock CI '86 Van Drummel E.Lmb 1.71 '90

1	Mallory Chamberlain	S	London Saunders	1.55m
2	Ali Baker	SR	London Mother Teresa	1.55m
3	Sara Silverthorne	S	Pauline Johnson CI	1.40m
3	Alexandra Chirila	S	London Central	1.40m
3	Helena Hansen	S	Lambton Central	1.40m
6	Alex Klein	S	Waterloo CI	1.35m
7	MacKenzie Pulham	S	Pauline Johnson CI	1.30m
	Kaitlyn Jacklin	S	Waterloo CI	NM

Event # 80 BOYS Senior High Jump

START: 11:35am
Gold 1.90m / S- 1.85m / B- 1.80m
#MEET RECORD:B.Whilhelm Woodstock CI 2.10 2011

1	Scott Campbell	S	Lambton Central	1.90m
2	Aidan Simone	S	London Central	1.80m
3	Mark Muehmer	S	Medway HS	1.75m
4	Saeb Omer	S	London Westminster	1.70m
4	Matt Swarath	J	Lambton Central	1.70m
4	Sam McGuire	S	Lambton Central	1.70m
7	Cody Salomons	S	London Christian	1.60m
7	Cameron Lohr	S	Guelph J.F. Ross	1.60m
9	Tomson Tran	S	Guelph J.F. Ross	1.55m
10	Lucas Welcz	S	Mentor College	1.40m

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	Cody Parsons	S	Cameron Heights	NM

Event # 81 GIRLS Senior Pole Vault

START: 9:00am
Gold 3.25m / S- 2.90m / B- 2.70m
#MEET RECORD:A.Newman LND Mother Teresa 3.80 2011

1	Alysha Newman	S	London Mother Teresa	3.85m #
2	Kayla Hopkins	S	London Oakridge	2.00m
3	Mallory Chamberlain	S	London Saunders	2.00m
4	Sydney Barber	S	London Saunders	1.85m
5	Samantha Jones	S	London Aquinas	1.85m
6	Melissa Clarke	S	Cameron Heights	1.85m
7	Meagan Wiederman	S	Cameron Heights	1.50m

Event # 82 BOYS Senior Pole Vault

START:U3m >10:30am/ O3m >12:30pm
Under 3m> G- 3.10m S-2.90m B-2.70m
Over 3m> G- 3.80m S-3.60m B- 3.40m
#MEET RECORD:R.Flood Saunders 4.50 2000

1	Connor Young	S	London Saunders	4.00m
2	Chris Waugh	S	London Saunders	4.00m
3	Brian Choja	S	London Oakridge	3.60m
4	Hunter Tilden	S	London Aquinas	3.20m
5	Mark Wouters	11	Stratford N'Western	2.40m
	Aaron Graver	12	Stratford N'Western	NM

Event # 83 GIRLS Senior Long Jump

START: 9:00am
Gold 5.20m/ S- 5.00m / B- 4.80m
#MEET RECORD:M.Hewitt St. Marcellinus 5.55 2007

1	Mikaela VanDenheuvel	S	Medway HS	5.16m
2	Jasmin Kerr	S	London South	5.11m
3	Megan Baker	SR	London Mother Teresa	5.02m
4	Briawna Taylor	S	London Oakridge	4.92m
5	Danielle Quinn	S	SarniaSt Christopher	4.79m
6	Madeline Dailey	S	Pauline Johnson CI	4.74m
7	Jessica Clancy	S	Waterloo CI	4.67m
8	Mikaela Ferguson	S	London Central	4.62m
9	Luba Sulypka	S	St.Paul Mississauga	4.26m
9	Alex Klein	S	Waterloo CI	4.26m
11	Shelly Campbell	S	North Lambton	4.16m
12	MacKenzie Pulham	S	Pauline Johnson CI	4.05m
13	Nadine Drosdowech	S	London Central	3.78m
14	Chantelle Chatterson	1	Pauline Johnson CI	3.75m
15	Emily Winsor	S	SarniaSt Christopher	3.67m
16	Rachel Disney	S	London Oakridge	3.54m

Event # 84 BOYS Senior Long Jump

START: 9:00am
Gold 6.50m / S- 6.25m / B- 6.00m
#MEET RECORD:T.Stewart Regina Mundi 6.98 2008

1	Saeb Omer	S	London Westminster	6.05m
2	Cormac Brown	J	Sarnia St.Pat's	6.04m
3	Isaiah Mels	S	London Westminster	5.84m
4	Aidan Simone	S	London Central	5.83m
5	Garrett Dion	S	Winston Churchill	5.73m
6	Isaiah Nganga	S	London Westminster	5.68m
7	Shay Seiler	S	Strathroy DCI	5.65m
8	Will Snarr	S	Guelph J.F. Ross	5.46m
9	Danny Bonany	S	Guelph J.F. Ross	5.38m
10	Michael Kryzajtys	S	St.Paul Mississauga	5.33m
11	Nick Stevenson	S	Pauline Johnson CI	5.24m
12	Cody Parsons	S	Cameron Heights	5.20m
13	Tyler Bulmer	S	Medway HS	5.18m
14	Mitch Holden	S	Crestwood Peterboro	5.13m
15	Robbie Borsi	S	Cameron Heights	5.11m
16	Luke Murch	S	Guelph J.F. Ross	5.10m
16	Jeremy White	S	Medway HS	5.10m
18	Kian Paliani	S	Medway HS	5.05m
19	Brian Choja	S	London Oakridge	5.00m
19	Shaquille Sealy	S	London Central	5.00m
19	Josh Bell	S	Lambton Central	5.00m
22	Chris Aitken	S	Lambton Central	4.99m
23	Tom Lowery	S	Crestwood Peterboro	4.88m
24	Nick Gooden	S	London Saunders	4.63m
25	Clay Allan	S	Cameron Heights	4.42m
26	Cassidy Pomeroy	S	Wat Bluevale	4.40m
27	Kyle Eckmier	S	Wat Bluevale	4.00m
	Logan Carey	S	Strathroy DCI	ND

Event # 85 GIRLS Senior Triple Jump

START: 12:30pm
Gold 10.50m / S- 10.15m / B- 9.85m
#MEET RECORD:K.Montieth St. Marcellinus 11.52 2011

1	Jasmin Kerr	S	London South	11.00m
2	Danielle Quinn	S	SarniaSt Christopher	10.87m
3	Briawna Taylor	S	London Oakridge	10.54m
4	Mikaela VanDenheuvel	S	Medway HS	10.50m
5	Adrienne Wise	S	Central Huron	9.81m
6	Alex Klein	S	Waterloo CI	9.27m
6	Luba Sulypka	S	St.Paul Mississauga	9.27m
6	Mikaela Ferguson	S	London Central	9.27m
9	MacKenzie Pulham	S	Pauline Johnson CI	9.21m
10	Nadine Drosdowech	S	London Central	9.19m
11	Amanda Micallef	S	Guelph J.F. Ross	8.12m

Event # 86 BOYS Senior Triple Jump

START: 2:00pm
Gold 13.00m / S- 12.50m /B- 12.00m
#MEET RECORD:T.Stewart Regina Mundi 14.85 2010

1	Logan Carey	S	Strathroy DCI	13.91m
2	Austin Kreller	S	Wat Bluevale	12.88m
3	Isaiah Nganga	S	London Westminster	12.71m
4	Michael Kryzajtys	S	St.Paul Mississauga	12.59m
5	Mike Giorgi	J	Lambton Central	12.21m
6	Cormac Brown	J	Sarnia St.Pat's	12.09m
7	Danny Bonany	S	Guelph J.F. Ross	12.02m
8	Jeremy White	S	Medway HS	11.58m
9	Mike Fortaleza	S	Winston Churchill	11.52m
10	Aidan Simone	S	London Central	11.37m
11	Carson Heald	S	Pauline Johnson CI	11.25m
12	Shaquille Sealy	S	London Central	9.79m
12	Josh Bell	S	Lambton Central	9.79m
14	Jim Turner	S	South Huron	9.45m

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15	Kanu Singh	S	Pauline Johnson CI	8.74m

Event # 87 GIRLS Senior Shot Put

START: 11:30am > Weight 4kg
Gold 11.10m / S- 10.75m /B- 10.40m
#MEET RECORD:B.Brooks St. Christopher's 13.05 1986

1	Nicole Horneman	S	Medway HS	10.90m
2	Brooke Hoxar	S	Lord Dorchester	10.54m
3	Kathleen Francis	S	London Central	10.43m
4	Brett Jutzi	11	Stratford N'Western	10.31m
5	Kate Turner	S	Lambton Central	9.17m
6	MacKenzie Sleaford	S	Lambton Central	8.17m
7	Helena Hansen	S	Lambton Central	8.14m
8	Amanda Micallef	S	Guelph J.F. Ross	8.13m
9	Rosie Petrides	S	Mentor College	7.03m

Event # 88 BOYS Senior Shot Put

START 3:15pm > Weight 5.44kg
Gold 15.00m / S- 14.50m /B- 14.00m
#MEET RECORD:J.Neilson Seaforth 18.73 1980

1	Micheal Paisley	S	Lambton Central	13.75m
2	Andrew Cullen	S	Medway HS	13.19m
3	Mathew Palkowski	S	St.Paul Mississauga	13.07m
4	Carter Noll	S	Lambton Central	12.57m
5	James Burns	S	Wat Bluevale	11.61m
6	Dave Gallacher	S	Pauline Johnson CI	11.35m
7	Jordan Hill	S	South Huron	11.19m
8	Joe Medieros	S	London Aquinas	11.00m
9	Sam McGuire	S	Lambton Central	10.62m
10	David Lenting	S	South Huron	10.55m
11	Jacob O'Neil	S	Medway HS	10.28m
12	Matt Cimetta	S	SarniaSt Christopher	9.23m
13	Brandon McVeeney	S	South Huron	8.88m
14	Brandon Silva	S	Strathroy Holy Cross	8.14m
15	Nathan Sukhdeo	S	London Oakridge	7.14m
	Taivon Karelse	S	Lambton Central	ND

Event # 89 GIRLS Senior Discus Throw

START 2:00pm > Weight 1kg
Gold 34.00m / S- 32.50m /B- 31.00m
#MEET RECORD:M.Allan Oakridge 40.65 2008

1	Brett Jutzi	11	Stratford N'Western	34.94m
2	Brooke Hoxar	S	Lord Dorchester	33.26m
3	Nicole Horneman	S	Medway HS	33.20m
4	Kathleen Francis	S	London Central	31.70m
5	Katie Costello	S	London Oakridge	31.64m
6	Kate Turner	S	Lambton Central	29.38m
7	Vanesa Miller	S	Wat Bluevale	28.14m
8	MacKenzie Sleaford	S	Lambton Central	22.15m
9	Jaqueline Lau	S	London Central	19.89m
10	Meagan Wiederman	S	Cameron Heights	16.01m
11	Chantelle Chatterson	1	Pauline Johnson CI	15.98m
12	Rosie Petrides	S	Mentor College	15.65m
	Jilleen VanLeerzem	S	Lambton Central	ND

Event # 90 BOYS Senior Discus Throw

START 10:15am > Weight 1.61kg
Gold 44.00m / S- 42.00m /B- 40.00
#MEET RECORD:J.Tunks Banting 59.38 1997

1	Andrew Cullen	S	Medway HS	47.07m
2	James Burns	S	Wat Bluevale	40.50m
3	Carter Noll	S	Lambton Central	40.19m
4	Scott Campbell	S	Lambton Central	37.81m
5	Jacob O'Neil	S	Medway HS	35.55m
6	Josh Frey	12	Stratford N'Western	32.91m
7	Taivon Karelse	S	Lambton Central	31.49m
8	Calvin Webber	S	London Central	29.80m
9	Jacob Uhlig	S	Waterloo CI	27.62m
10	Dave Gallacher	S	Pauline Johnson CI	25.79m
11	Mark Muehmer	S	Medway HS	24.91m
12	Jordan Hill	S	South Huron	24.18m
13	Matt Komer	S	London Aquinas	22.89m
14	Lucas Welcz	S	Mentor College	21.48m
15	Lukas Van Arragon	S	Waterloo CI	19.68m
16	Brandon Silva	S	Strathroy Holy Cross	19.18m
17	David Lenting	S	South Huron	19.00m
18	Craig Mutter	S	Medway HS	17.90m
19	Brandon McVeeney	S	South Huron	17.20m

Event # 91 GIRLS Senior Javelin Throw

START 9:00am > Weight 600gm
Gold 35.00m / S- 33.50m /B- 32.00
#MEET RECORD:L.Gignac Villanova 45.60 1998

1	MacKenzie Sleaford	S	Lambton Central	36.19m
2	Jordan Henry	S	SarniaSt Christopher	33.07m
3	Brooke Hoxar	S	Lord Dorchester	32.81m
4	Katrina Mason	S	Crestwood Peterboro	29.43m
5	Amanda Micallef	S	Guelph J.F. Ross	25.99m
6	Shauna McPhail	S	Lambton Central	23.78m
7	Vanesa Miller	S	Wat Bluevale	23.58m
8	Jaqueline Lau	S	London Central	22.98m
9	Meagan Wiederman	S	Cameron Heights	15.84m
10	Jenny Bui	S	Waterloo CI	7.65m

Event # 92 BOYS Senior Javelin Throw

START 12:45pm > Weight 800gm
Gold 50.00m / S- 48.00m /B- 46.00
#MEET RECORD:W.Collins Westminster 60.07 2008

1	Micheal Paisley	S	Lambton Central	55.93m
2	Isaiah Mels	S	London Westminster	49.35m
3	Nolan Anderson	SR	London Mother Teresa	48.36m
4	Robbie Borsi	S	Cameron Heights	46.75m
5	Taivon Karelse	S	Lambton Central	44.95m
6	Patrick Litvinskas	S	St.Paul Mississauga	44.67m
7	Scott Campbell	S	Lambton Central	44.48m
8	Aaron Graver	12	Stratford N'Western	41.64m
9	Brandon McVeeney	S	South Huron	32.82m
10	Craig Mutter	S	Medway HS	32.44m
11	Jacob Uhlig	S	Waterloo CI	31.99m
12	James Burns	S	Wat Bluevale	28.50m
13	Matt Komer	S	London Aquinas	27.37m

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14 Sean Hannam	S	Medway HS	25.69m
15 Brandon Silva	S	Strathroy Holy Cross	24.52m
16 Pat Barry	S	Sarnia St.Pat's	23.10m
17 Lukas Van Arragon	S	Waterloo CI	14.60m
18 Nathan Sukhdeo	S	London Oakridge	8.39m