

Top 400m (as of May 18, 2025)

NG – Under 1:01 or Top 12

	Name	School	Time	Competition
1.	Liv Uniacke	Bill Crothers SS	58.21	Colts/Warrior Classic
2.	Jillian McCurdy	Bill Hogarth	58.63	Colts/Warrior Classic
3.	Mercedes Slater	Pickering	58.88	LOSSA
4.	Julia Carswell	Sandwich SS	59.49	WECSSAA
5.	Renee Adrien	St. Anne's CHS	1:00.15	Huron Perth
6.	Jade Paul	Notre Dame (Ajax)	1:00.37	LOSSA
7.	Madeline Verbeek	Ursuline Col	1:00.85	LKSSAA
8.	Stella David	Bishop Allen	1:00.97	TDCAA
9.	Kayda Martineau	Ursula Fran	1:01.05	TDSSAA South and West
10.	Adi Johnson	Thousand Islands SS	1:01.06	Hungerford-Burnbrae
11.	Taylor Declute	Malvern	1:01.09	TDSSAA South and West
12.	Lucy Scheidel	Medway HS	1:01.18	TVRA

JG – Under 1:00 or Top 12

	Name	School	Time	Competition
1.	Anieu Chan	Vincent Massey	55.83	WECSSAA
2.	Makayla Cremers	St. Peter's	56.42	Bay of Quinte Invitational
3.	Ellie McGregor	Immaculata	57.83	Ravens Relays
4.	Camille Baxter	St. Patrick (Tor)	58.39	TDCAA
5.	Indie Bennett	Adam Scott CVI	58.44	Bay of Quinte Invitational
6.	Annalise Galati	Stouffville	58.90	South/West Regional
7.	Anyang Tiel	Laurier	59.03	TVRA
8.	Lauren Closs	North Toronto	59.58	TDSSAA South and West
9.	Lilienne Mitchell	Sir Frederic Banting	59.62	TVRA
10.	Betsy Kaiser	Bishop Strachan	59.90	CISSA Sr
11.	Nikka Rabbani	St. Theresa of Lisieux	1:00.00	North/Central Regional
12.	Bronwyn Blondie	Malvern	1:00.28	TDSSAA South and West

SG – Under 59.0

	Name	School	Time	Competition
1.	Sasha Salwonchuk	St. Mary (Pickering)	55.48	Durham Track Series #1
2.	Ashley Johnson	St. Aloysius Gonzaga	55.92	St. Marcellinus
3.	Gabrielle Matthews	St. Mary (Pickering)	56.35	LOSSA
4.	Quinn Coughlin	Opeongo	56.36	National Capital Cl. Day 1
5.	Katie Coenjarts	St. Patricks CHS	57.02	Forest City Mustang
6.	Janelle Davis	Sandwich SS	57.27	WECSSAA Allcomers #2
7.	Sarah Jaquith	AB Lucas	57.33	Forest City Mustang
8.	Simone Gravesande	Westdale SS	57.84	HWIAC
9.	Jolene Steunebrink	St. James	57.97	Debbie Miller
10.	Charlotte Coskun	St. Thomas of Villanova	57.98	WECSSAA
11.	Mariah Williams	Father Henry Carr	58.01	Colts/Warrior Classic
12.	Ella Steel-Douglas	Sandwich SS	58.02	WECSSAA Allcomers #2
13.	Evangeline Myrtos	Monarch Park	58.20	TDSSAA South and West
14.	Zariyah Ross	Holy Names	58.25	WECSSAA
15.	Julie DeBoer	Emmanuel Chr	58.26	D4 and D10
16.	Shannon Dewar	St. Francis Xavier	58.62	National Capital Cl. Day 1
17.	Finley Baker	St. Martin	58.72	St. Marcellinus
18.	Jaela Bailey	Sandwich SS	58.82	WECSSAA Allcomers #2

NB – Under 54.0 or Top 12

	Name	School	Time	Competition
1.	Rook Erechook	Marshall McLuhan	52.27	TDCAA
2.	Declan McGinnity	All Saints	52.64	NCSSAA West
3.	Shaun Donald	Silverthorn	53.00	TDSSAA South and West
4.	Osman Kromah	Sandwich SS	53.14	WECSSAA
5.	Alan Troop	Saint Michael CHS	53.16	Zone 2
6.	Adriel Piovette	Catholic Central	53.53	WECSSAA
7.	Anthony James Jr.	Milliken Mills	53.66	Colts/Warrior Classic
8.	Jeremiah Addo	Robert F. Hall	53.75	St. Marcellinus
9.	Carson Walsh	St. Michael's Col	53.81	CISSA Sr
10.	Korey Brown	St. Edmund Champion	53.95	St. Marcellinus
11.	Muhammed Alacatiy	Leamington DSS	54.12	WECSSAA
12.	Justin So	Bill Crothers	54.20	South/West Regional

JB – Under 52.0 or Top 12

	Name	School	Time	Competition
1.	Ethan Gallagher	De La Salle (Tor)	49.50	CISSA Sr
2.	Alex Kenny	Ridley College	49.65	CISSA Sr
3.	Hudson Ryan	Nantyr Shores	50.45	GBSSA
4.	Liam Carvalho	Neil McNeil	51.04	TDCAA
5.	Matthew Bradley	St Maximilian Kolbe	51.20	North/Central Regional
6.	Alex Grafos	St. Joseph's Catholic	51.61	WECSSAA
7.	Trace Fordham	Applewood Heights	51.96	St. Marcellinus
8.	Charlie Dufour	Holy Names	52.12	WECSSAA
9.	Caleb Johnson	Medway HS	52.39	TVRA
10.	Noah Hill	Newmarket	52.40	North/Central Regional
11.	Owen Currie	Saint Francis	52.43	Zone 2
12.	Aarrush Joshi	Sinclair (Whitby)	52.44	LOSSA

SB – Under 50.0

	Name	School	Time	Competition
1.	Stephan Balson	Lisgar C.I.	47.49	NCSSAA East
2.	Emmett Charles	Sir Frederic Banting	47.89	Lancer Prep
3.	Brayden Kane	St. Joseph's CHS	48.42	WECSSAA
4.	Zachary Jeggo	Louis-Riel	48.44	National Capital Cl. Day 1
5.	Braydon Labonte	Belle River DHS	48.51	WECSSAA
6.	Ange-Mathis Kramo	Paul Desmarais	49.05	NCSSAA West
7.	Adnan Jimoh	Father Henry Carr	49.10	TDCAA
8.	Michael Ireland	Georgian Bay DSS	49.27	North GBSSA Qualifier
9.	Ryan Georgeson	Medway HS	49.28	TVRA
10.	David Edward-Etafo	Pickering	49.37	LOSSA
11.	Thomas-Daniel Tent	Tecumseh Vista	49.41	WECSSAA
12.	Amari Clunis	Sinclair (Whitby)	49.44	LOSSA
13.	Ethan James	Bill Crothers	49.60	South/West Regional
14.	Cameron Anderson	Bill Crothers	49.70	South/West Regional
15.	Elliot Mauricette	Clarington Central	49.85	Durham Track Series #1
16.	Ayoub Shangai	Louis-Riel	49.93	Ravens Relays
17.	Anthony Greene	A.B. Lucas	49.96	TVRA
18.	Kyle London	Sir Wilfred Laurier	49.97	NCSSAA East