

HS Throws Rankings (Pre-Ofsaa)**NG Shot Put**

1	Jenna Tunks	Oakridge	14.79m	West Region
2	Saige Burbick	Downsview	11.56m	Metro Region
3	Adalee Turland	Kincardine	11.43m	West Region
4	Bea Lyra	St Thomas CCS	11.30m	OCSSAA
5	Tyler Lamarche	North Star	11.28m	WECSSAA
6	Claudika Kronberger	Glenview Park	11.24m	CWOSSA
7	Blair Richard	ABOL	11.10m	Nipissing
8	Lana Petkovic	Grand River	11.03m	WCSSAA
9	Quinn Toll	St. Mary CHS	10.89m	EOSSAA
10	Georgia Policiecchio	harbord	10.77m	Metro Region
11	Keshika Umasangaran	Markham	10.64m	York Region
11	Mariana Guerrero	Resurrection	10.64m	CWOSSA
13	Malaya Ennis	St Martin's	10.59m	South Region
14	Madelyn Goulding	Port Colborne	10.52m	SOSSA
15	Molly Parker	St Thomas CCS	10.51m	OCSSAA
16	Madison Coulas	Pembroke	10.49m	UOVHSA
17	Michelle Anigwe	St Thomas Moore	10.38m	South Region
17	Riley Puddicombe	Banting	10.38m	West Region
19	Reagan Chesney	Kingston	10.36m	EOSSAA
20	Ava Mayrand	North Star	10.28m	WECSSAA

NG Discus

1	Jenna Tunks	Oakridge	49.01m	West Region
2	Tyler Lamarche	North Star	30.95m	West Region
3	Makinleigh Courtney	Sydenham	29.28m	East Region
4	Jess Dodridge	Centennial	28.48m	Zone 3
5	Mariana Guerrero	Resurrection	28.05m	District 8
6	Sophia Correale	St Marcellinus	27.97m	South Region
7	Ella Watson	Campbellford	27.28m	COSSA
8	Aleksandra Majos	St Joan of Arc	26.50m	South Region
9	Olive Girard	Loyalist	25.92m	EOSSAA
10	Ava Marshall	Holy Trinity	25.60m	LOSSA
11	Faith Jacobi	Centennial	25.14m	Zone 3
12	Ruby Turner	St Joseph's	25.00m	West Region
13	Brooke Moore	EL Crossley	24.75m	Zone Prep
14	Emily Raymond	Gananoque	24.49m	EOSSAA
15	Quinn Toll	St Mary CHS	24.47m	EOSSAA
16	Lily Galloway	Napanee	24.44m	East Region
17	Madelyn Goulding	Port Colborne	24.43m	Zone 3
18	Olivia Ashman	Uxbridge	24.40m	Central Region
19	Blair Rickard	ABOL	24.37m	Nipissing
20	Ava Mayrand	North Star	24.24m	West Region

NG Javelin

1	Mallea McMullin	Louis-Riel	40.04m	East Region
2	Abigayle Van Bakel	St. Michael CSS	37.16m	West Region
3	Quinn Toll	St. Mary CHS	36.34m	East Region
4	Ava Harrison	Essex	33.94m	WECSSAA
5	Olivia McCullough	Dundas Valley	32.34m	South Region
6	Eden Fraser	Woodstock	32.22m	West Region
7	Alyvia Koskela	Timmins	31.34m	NEOAA
8	Abby Lorz	AY Jackson	31.21m	East Region
9	Aubrey Simetic	Sandwich	30.60m	West Region
10	Robyn Currie	Mentor College	29.70m	ROPSSAA
11	Tyler Lamarche	North Star	29.26m	West Region
12	Ava Wales	Cameron Heights	29.00m	West Region
13	Addison Nagel	Cayuga	28.95m	AABHN
14	Mara Charlebois	Georgian Bay	28.66m	Central Region
15	Avery Titus	Sarnia Northern	28.42m	Lancer Prep
16	Ava Marshall	Holy Trinity	28.34m	Central Region
17	Ava Recoskie	Bishop Smith	28.33m	EOSSAA
18	Reagan Edwards	Bishop Smith	28.04m	East Region
19	Isla Brydson	St. Mary's	27.97m	Bay of Quinte
20	Claire Noble	Bishop Smith	27.87m	EOSSAA

JG Shot Put

1	Sydney Johnson	Nicholson	14.13m	COSSA
2	Emma Negri	Ursuline	12.31m	West Region
3	Rylan Stuart	RS McLaughlin	12.13m	Durham 2
4	Rachel Burns	St. Pat's	12.09m	West Region
5	Janell Ineh	St. Peter's	12.03m	Central Region
6	Abigail Francis	O'Neill	11.98m	LOSSA
7	Joelle Cox	Notre Dame	11.81m	Central Region
8	Mykayla Scarlett	Richview	11.34m	Metro Region
9	Jessica Boyd	North Hastings	11.03m	East Region
10	H Thompson	Bishop Strachan	10.99m	Snowball Relays
10	Lauren Livingston	EJ Lajeunesse	10.99m	West Region
12	Chiamaka Omeze	St Edmund Campion	10.80m	ROPSSAA
13	Madeline Mullin	Oakridge	10.55m	West Region
14	Daniella Johnson	Banting	10.53m	TVRAA
15	Ava Morrow	St Joan of Arc	10.50m	GBSSA
15	Daniella Kinoshi	Kings Christian	10.50m	South Region
17	Temidire Osinuga	East Northumberland	10.49m	East Region
17	Audrey Thompson	Perth	10.49m	East Region
19	Ava Leveillee	LOE	10.47m	NOSSA
20	Jordan Thompson	Cornwall	10.44m	EOSSAA

JG Discus (27.00m min)

1	Emma Negri	Ursuline	42.45m	LKSSAA
2	Sydney Johnson	Nicholson	37.95m	East Region
3	Mykayla Scarlett	Richview	37.22m	Metro Region
4	Janell Ineh	St Peters	32.70m	GBSSA
5	Emma Culin	SHNB	32.48m	NOSSA
6	Lauren Livingston	EJ Lajeunesse	32.00m	West Region
7	Payton Blight	St. Marys DCVI	31.99m	West Region
8	Josie Wilkinson	Brock	31.83m	COSSA
9	Selena Will	Medway	31.71m	West Region
10	Isabella Carson	Ange-Gabriel	31.27m	EOSSAA
11	Madeline Mullin	Oakridge	29.91m	TVRAA
12	Sophia Pereira	Our Lady of Mount Carmel	28.95m	ROPSSAA
13	Erika Vander Wilp	Quinte Christian	28.53m	NCSSAA East
14	Ashley Molson	Valour	28.30m	UOVHSAA
15	Victoria Riordan	St. Benedict	28.27m	CWOSSAA
16	Mya Balfe	Manitoulin	27.94m	NOSSA
17	Joanne Schroeder	Bear Creek	27.26m	GBSSA

JG Javelin

1	Savannah Griffith	Resurrection	39.90m	WCSSAA
2	Annie Seagris	Sandwich	38.09m	SWOSSAA
3	Brennan McNeil	Guido deBres	35.74m	OCSSAA
4	Chloe Najem	Sandwich	34.02m	SWOSSAA
5	Kalia Rounding	St. Joseph's	33.83m	West Region
6	Olivia Elias	Huron Park	33.53m	West Region
7	Jameson Goertz	Strathroy	33.37m	West Region
8	Isabelle Carson	Ange-Gabriel	33.13m	East Region
9	Payton Blight	St. Marys DCVI	31.59m	WOSSAA
10	Reese Burleigh	Maple Ridge	31.26m	GBSSA
11	Emily Lush	St James	31.10m	CWOSSA
12	Stephanie Samborski	Simcoe	30.77m	CWOSSA
13	Maidson Clipperto	Christ the King	30.76m	South Region
14	Maria Atanasoaei	Cathedral	30.74m	South Region
15	Zariah Chambers	Galt	30.72m	WCSSAA
16	Jordan Blondin	Franco-Ouest	30.26m	NCSSAA
17	Navreet Brar	Brampton Christian	30.23m	South Region
18	Courtney Vis	Emmanuel Christian	30.11m	CWOSSA
19	R Horner	Eastview	30.05m	St. Theresa Invite
20	Lillian Scott	Nelson	29.88m	South Region

SG Shot Put

1	Julia Tunks	Oakridge	15.53m	TVRAA
2	Brooke Bentley	Chatham-Kent	12.53m	West Region
3	Emma Longuay	Sandwich	12.40m	SWOSSAA
4	Jenae Francis	West Humber	11.68m	Metro Region
5	Samayaa Connell	Bramalea	11.47m	South Region
6	Coco Van Nynatten	West Niagara	11.36m	SOSSA
7	Taylor Scott	MM Robinson	11.20m	Graham Hood
8	Jessica Elford	Maxwell Heights	11.13m	Durham 2
9	Sadie Gilbert	Esc Paul-Des	10.98m	East Region
10	Lexi Stanat	Parkside	10.93m	West Region
11	Kiersten Galloway	Loyalist	10.80m	Limestone Legacy
12	T McLeod	Madonna	10.79m	Father Redmond
13	Jasmine Manebo	Our Lady of Mount Carmel	10.71m	ROPSSAA
13	Quinn Glover	Englehart	10.71m	NEOAA
15	Brynn Jenkins	Crestwood	10.52m	East Region
16	Amelia Siolkowsky	EL Crossley	10.51m	South Region
17	Naomi Hall	Port Credit	10.41m	South Region
18	Jasmine Broere	Kincardine	10.31m	Bluewater
19	Jaiden Clipperton	Christ the King	10.29m	South Region
20	Kamryn Breault	Sarnia St F	10.27m	LKSSAA

SG Discus

1	Julia Tunks	Oakridge	60.61m	West Region
2	Lexi Stanat	Parkside	42.84m	West Region
3	Coco Van Nynatten	West Niagara	38.55m	Zone 4
4	Jasmine Broere	Kincardine	38.38m	West Region
5	Samayaa Connell	Bramalea	34.57m	ROPSSAA
6	Gwenneth Gosnell	Oakridge	33.36m	West Region
7	Phoebe Onapajo	Etobicoke Arts	32.94m	Metro Region
8	Quinn Glover	Englehart	32.93m	NEOAA
9	Claudia Seeley-Baechler	Glenview Park	32.81m	West Region
10	Amberlynn Tiaga	All Saints	32.73m	Durham 2
11	Jenae Francis	West Humber	32.56m	Metro Region
12	Aurora Brydson	St Mary's	32.53m	COSSA
13	Payton Forde	Port Credit	32.46m	St Marcellinus
14	Lauren Clarke	Centennial	32.26m	Zone 3
15	Emma Longuay	Sandwich	31.99m	West Region
16	Neila Cesar	Centennial	31.27m	Bulldog Cougar
17	Abigail Collins	Vincent Massey	31.02m	West Region
18	Veronica Tedford	Saugeen	30.74m	West Region
19	Danica Colquhoun	Centennial	30.45m	Zone 3
20	Reese Reid	Our Lady of Mount Carmel	30.56m	ROPSSAA

SG Javelin

1	Taylor Kana	East Elgin	43.63m	West Region
2	Kaitlyn Pepper	Vista Academy	41.02m	West Region
3	Mykayla Grant	RS McLaughlin	40.87m	LOSSA
4	Brook Ward	Sandwich	40.79m	West Region
5	Jorja Sandilands	Brooklin	40.72m	LOSSA
6	Emma Longuay	Sandwich	40.67m	West Region
7	Ava Young	EL Crossley	40.59m	Zone 3
8	Avery Voakes	Sandwich	39.03m	WECSSAA
9	Sienna Gregory	Strathroy	38.97m	West Region
10	Coco Van Nynatten	West Niagara	38.78m	South Region
11	Tatum McGlynn	Sinclair	38.27m	LOSSA
12	Rowan Guy	Ursuline	37.21m	LKSSAA
13	Ella McCarty	O'Gorman	36.57m	NEOAA
14	Piper Stephenson	MacKenzie	36.44m	EOSSAA
15	Cassie Orr	Notre Dame	35.65m	Bulldog Cougar
16	Jana Want	Orchard Park	35.23m	SOSSA
17	Elise Katsube	Sir Robert Borden	34.88m	NCSSAA West
18	Lillian Yap	Pickering	34.80m	LOSSA
19	Eden Sinnett	St Marys DCVI	34.39m	WOSSAA
20	Kaiya Greydanus	Lambton Central	34.16m	LK Pre Meet

NB Shot Put

1	Mitchell Jibb	Bracebridge	14.80m	North GBSSA
2	Landon Middleton	Ernestown	14.09m	Bay of Quinte
3	Galen Hudel	St David	13.60m	West Region
4	Ashton Walz	Banting	13.36m	West Region
5	Anderson DaSilva	Pickering	13.32m	Central Region
6	Finne O'Leary	Banting	13.31m	WOSSAA
7	Drew Fennema	Dundas Valley	13.13m	South Region
7	Michael Gibb	Bracebridge	13.13m	Central Region
9	Cole Vreugdenhil	Hamilton	13.09m	South Region
10	Colens Desarduin	Mer Bleue	13.07m	East Region
11	Jeremy Lennips	Russell HS	13.03m	East Region
12	Marcus Bright	North Addington	13.02m	COSSA
12	Donovan McGregor	St Marys DCVI	13.02m	West Region
14	Carson Turner	Walkerton	12.90m	Bluewater
15	Joseph Pimentel	Cardinal Ambrozic	12.86m	ROPSSAA
16	Ryan Perrone	Sandwich	12.84m	West Region
17	Marco Fronte	Robert F Hall	12.79m	ROPSSAA
18	Maison Newman	Belle River	12.74m	West Region
19	Marcus Kunstadt-Landon	Ashbury	12.71m	East Region
20	D Hansen	Cardinal Leger	12.68m	Campion

NB Discus

1	Raine Bradley	Chippewa	50.20m	NOSSA
2	Cole Stevens	Oakridge	45.02m	West Region
3	Tyler Burns	FE Madill	44.08m	Huron Perth
4	Declan Cowan	Frontenac	44.07m	East Region
5	Marcus Kunstadt-Landon	Ashbury	42.94m	East Region
6	Abdulrahman Ramos	St Augustine	42.27m	South Region
7	Zach Naish	Holy Trinity	42.14m	Central Region
8	Jonathon Beck	Athens	41.36m	East Region
9	Marco Fronte	Robert F Hall	41.04m	ROPSSAA
10	Trenton Raftis-Munroe	Holy Cross	40.70m	KASSAA
11	Parker Pieffers	Emmanuel Christian	40.54m	CWOSSA
12	Tyrese Allen	St Marcellinus	40.49m	South Region
13	Parker Baetz	Holy Tinity	40.35m	NCSSAA
14	Linkin Stevens	Notre Dame	40.23m	EOSSAA
15	Mitchell Jibb	Bracebridge	40.16m	Central Region
16	Eric Patterson	Essex	39.97m	WECSSAA
17	Blake Linvingston	EJ Lajeunesse	39.57m	West Region
18	Brenner Lammens	Valley Heights	39.46m	AABHN
19	Kypton Lofthouse	Glendale	38.97m	WOSSAA
20	Pedran Jenkins	Robert Land	38.65m	SOSSA

NB Javelin

1	Mitchell Leachman	Bishop MacDonnell	48.75m	CWOSSA
2	Parker Pieffers	Emmanuel Christian	48.63m	West Region
3	Kaden McGregor	St Joseph's	48.15m	East Region
4	Lucas Glen	Rideau District	45.52m	East Region
5	T Rampley	Uxbridge	45.21m	LOSSA
6	Landon Van Bakel	St. Michael CSS	45.07m	West Region
7	Jacob Myers	EL Crossley	44.94m	South Region
8	Seth Black	East Northumberland	44.57m	East Region
9	Marcus Kunstadt-Landon	Ashbury	43.98m	East Region
10	Finne O'Leary	Banting	43.96m	West Region
11	Parker Baetz	Holy Trinity	43.58m	NCSSAA
12	Drew Fennema	Dundas Valley	42.88m	South Region
13	Declan Cowan	Frontenac	42.82m	East Region
14	Desmond Patsiopoulos	Humberside	42.75m	Metro Region
15	Maverick Stubbs	Delhi	42.29m	West Region
16	Max Gaspar	St Joseph's	41.65m	WOSSAA
17	Dermot Tomalty	Sandwich	41.35m	West Region
18	William Blacker	Sir Wilfrid Laurier	41.24m	NCSSAA
19	Eric Patterson	Essex	41.11m	SWOSSAA
19	Lucas Van Gorp	St Joseph's	41.11m	WOSSAA

JB Shot Put (14.00m min)

1	Noah Mitoraj	St. Thomas Aquinas	18.28m	WOSSAA
2	Andrew Urquhart	Lord Dorchester	18.09m	WOSSAA
3	Eghosa Ehigiator	James Cardinal McGuigan	16.85m	Metro Region
4	Markcos Newman	Belle River	16.81m	West Region
5	Adnal Oladejobi	James Cardinal McGuigan	16.60m	Andre Hamilton
6	Henry Heaton	Leamington	15.72m	WECSSAA All Comers 1
7	Zach McTaggart	St Theresa	15.39m	COSSA
8	Josiah Rivard	Bluevale	15.33m	CWOSSA
9	Tristan Thomas	Robert F Hall	14.98m	South Region
10	Jash Singh	Stratford	14.94m	Titans - Bronco
11	Tai Esekia	Central Hastings	14.74m	COSSA
12	Connor Schell	Martingrove	14.63m	Metro Region
13	Mason Pare	Sandwich	14.47m	WECSSAA
14	Matthew Bourgouin	Patrick Fogarty	14.41m	Central Region
15	Isaac Spence	Pickering	14.32m	LOSSA
16	Keith Leukkert	Timiskaming	14.27m	NEOAA
17	P Allert	J Clarke Richardson	14.25m	Durham 2
18	Ty Patterson	Essex	14.10m	WECSSAA
19	Brendan Farhat	Pierre Savard	14.04m	National Capital Classic

JB Discus

1	Noah Mitoraj	St. Thomas Aquinas	57.47m	TVRAA
2	Henry Heaton	Leamington	54.74m	WECSSAA 2
3	Eghosa Ehigiator	James Cardinal McGuigan	52.76m	Metro Region
4	Ian Costello	Chatham-Kent	50.26m	West Region
5	Jayden Davis	Centennial	49.82m	South Region
6	Liam Epps	Patrick Fogarty	49.66m	GBSSA
7	Matthew Bourgouin	Patrick Fogarty	49.54m	North GBSSA
8	Luke Shallow	Paul Dwyer	49.27m	Central Region
9	Jashan Singh	Stratford	49.17m	West Region
10	Jim McLaren	Georgian Bay	48.39m	Central Region
11	Landon Matthews	Loyalist	47.33m	Hungerford
12	Nate Travis	Mother Teresa	47.01m	WOSSAA
13	Adnal Oladejobi	James Cardinal McGuigan	46.84m	Metro Region
14	Colin Diotte	Sandwich	46.70m	West Region
15	Brian Davies	Robert Land	45.81m	Zone 3
16	Levi Snider	Bishop Ryan	45.79m	GHAC
17	Andrew Urquhart	Lord Dorchester	44.95m	TVRAA
18	Marcus Newman	Belle River	44.92m	West Region
19	Sebastian Levesque	Villanova	44.03m	WECSSAA 2
20	Jonathan Flavien	Robert Land	43.94m	Zone 3

JB Javelin

1	Colin Diotte	Sandwich	59.50m	West Region
2	Duncan Smith	Great Lakes	56.80m	West Region
3	Zach Molinaro	Woodstock	54.27m	Track Wars
4	Jim McLaren	Georgian Bay	53.53m	Central Region
5	Jaxon Lamb	Elmira	53.15m	CWOSSA
6	William Martin	Ashbury	52.19m	East Region
7	Adam Freure	EL Crossley	51.62m	Zone 3
8	Owen Chambers	Stratford	51.08m	WOSSAA
9	Nolan Morrow	Rideau	49.46m	Hungerford
10	Eli Raney	Sydenham	49.27m	East Region
11	Brody Mabbott	SCC - Sudbury	49.26m	NOSSA
12	Henk Benjamins	Woodland Christian	49.03m	Track Wars
13	JD Zurby	Delhi	47.82m	CWOSSA
14	Quintin Groves	St James	47.79m	CWOSSA
15	Ben Hewick	Bracebridge	47.63m	GBSSA
16	Spencer Horwood	Lambton Central	46.79m	Lancer Prep
17	Oliver Westerhof	North Park	46.67m	West Region
18	Keaton Reeds	Bishop Allen	46.37m	Metro Region
19	Patrick Piotrowski	Phillip Pocock	46.31m	ROPSSAA
20	Jonah Allen	St Kateri tekakwitha	46.06m	South Region

SB Shot Put

1	Owen Robins	Port Colborne	16.88m	South Region
2	Liam Davis	Opeongo	16.70m	National Capital Classic
3	Arven Ravichandran	Crestwood	16.32m	COSSA
4	Sam Pannell	Esc Algonquin	15.57m	St. Theresa Invite
5	Jack McCauley	Bill Crothers	15.11m	Colts Classic
6	Aidan Crawford	Eastside	14.90m	Hungerford
6	Calum Crawford	Elmira	14.90m	CWOSSA
8	Kenzo Miller	Courtice	14.85m	Durham 2
9	Nelan Thayaparan	Fr Michael McGivney	14.84m	York Region
10	Brydon Mitchell	Belle River	14.75m	SWOSSAA
11	Willbert Green	Bramalea	14.70m	ROPSSAA
12	Josh Moran	Walkerton	14.55m	Track Wars
13	Austin Riha	Richview	14.45m	Father Redmond
14	Nick Bucek	St Aloysius Gonzaga	14.41m	ROPSSAA
15	Hayden Basevski	Sandwich	14.26m	WECSSAA
16	Carter Blackmore	Sandwich	14.22m	West Region
17	Hassan Shami	Oakridge	14.12m	TVRAA
18	Hasveen Arulrajan	Chinguacousy	13.91m	South Region
19	Liam Larson	Banting	13.89m	West Region
20	Nick Jubenville	Lakeshore Catholic	13.80m	SOSSA

SB Discus

1	Brayden King	Mentor College	53.89m	ROPSSAA
2	Owen Robins	Port Colborne	50.94m	Zone 3
3	Aidan Crawford	Eastside	49.15m	Bay of Quinte
4	Carel Poirier-deGuzman	ESC Sainte-M	48.34m	East Region
5	Kenzo Miller	Courtice	47.89m	LOSSA
6	Hunter Campbell	Lambton Central	47.03m	LKSSAA
7	Wilbert Green	Bramalea	46.94m	ROPSSAA
8	Heath Bradley	Chippewa	46.43m	NOSSA
9	Austin Riha	Richview	46.31m	Metro Region
10	Sam Pannell	Esc Algonquin	45.91m	NDA
11	Liam Larson	Banting	45.82m	West Region
12	Jack McCauley	Bill Crothers	45.03m	York Region
13	Hasveen Arulrajan	Chinguacousy	44.40m	ROPSSAA
14	Calum Crawford	Elmira	43.96m	WCSSAA
15	Owen Miloje	Bluevale	43.50m	West Region
16	Caleb Koch	FE Madill	43.33m	West Region
17	Jack Mines	Char-Lan	43.20m	East Region
18	Carter Blackmore	Sandwich	43.19m	West Region
19	Liam Biesinger	St. Thomas Aquinas	43.04m	Titans - Bronco
20	Niko Besignano	Thousand Islands	42.50m	East Region

SB Javelin

1	Kaleb Kennedy	West Niagara	56.98m	South Region
2	Jack Helps	Lambton Central	55.94m	West Region
3	Carter Froggett	Medway	53.05m	West Region
4	Tyson Schiele	Brooklin	53.04m	Central Region
5	Dane Thompson	Sandwich	52.99m	West Region
6	Avery Rauzino	Bill Crothers	52.88m	York Region
7	Aidan Crawford	Eastside	52.42m	Pirate Relays
8	Nolan Crego	Monsignor Doyle	52.10m	West Region
9	Carson Gauthier	Saint Michael	52.05m	South Region
10	Cameron Beale	Sandwich	51.32m	WECSSAA
11	James Hipple	Strathroy	50.86m	West Region
12	Will Kormos	St John's	50.21m	West Region
13	Nicholas Bertrand	Longfields	49.67m	East Region
14	Alex Huneault	La Salle	49.43m	East Region
15	Merrick Rollins	Parkside	49.18m	West Region
16	Maxwell Myers	EL Crossley	49.16m	SOSSA
17	Clint Gore	North Bay	48.34m	Nipissing
18	Garrit Schlievert	MacKenzie	48.24m	EOSSAA
19	Conleigh Brown	Rideau	48.10m	East Region
20	James Quinn	Laura Secord	48.03m	SOSSA