



# 2025 MEET SCHEDULE

## DAY 1

### TRACK

### FIELD

TIME	EVENT	TIME	EVENT
1:00 pm	Novice Girls 80m Hurdles Heats (30") Junior Girls 80m Hurdles Heats (30") Senior Girls 100m Hurdles Heats (30") Novice Boys 100m Hurdles Heats (33") Junior Boys 100m Hurdles Heats (36") Senior Boys 110m Hurdles Heats (36")	12:30	Novice Boys Pole Vault *Boys Para Shot Put (4kg) *Girls Para Shot Put (3kg)
1:40 pm	Open Boys 2000m Steeplechase (1 heat) (36")		
2:00 pm	Novice Girls 100m Heats Junior Girls 100m Heats Senior Girls 100m Heats Novice Boys 100m Heats Junior Boys 100m Heats Senior Boys 100m Heats	2:00 pm	Novice Girls Long Jump Novice Boys Shot Put Junior Girls Triple Jump Junior Boys Discus Senior Girls High Jump Senior Boys Javelin
2:35 pm	*Open Girls 2000m Steeplechase (1 heat) (30")		
3:00 pm	Novice Girls 400m Timed Finals Junior Girls 400m Timed Finals Senior Girls 400m Timed Finals Novice Boys 400m Timed Finals Junior Boys 400m Timed Finals Senior Boys 400m Timed Finals Wheelchair Girls 400m Wheelchair Boys 400m	3:00 pm	Novice Girls Pole Vault
		3:30 pm	Novice Girls Shot Put Novice Boys Long Jump Junior Girls Discus Junior Boys Triple Jump Senior Girls Javelin Senior Boys High Jump
	<b>TRACK BREAK</b>		
4:30 pm	Senior Boys 110m Hurdle Finals Junior Boys 100m Hurdle Finals Novice Boys 100m Hurdle Finals Senior Girls 100m Hurdle Finals Junior Girls 80m Hurdle Finals Novice Girls 80m Hurdle Finals		
5:00 pm	Novice Boys 1500m Timed Finals Junior Boys 1500m Timed Finals Senior Boys 1500m Timed Finals		
5:30 pm	Girls Visual, Intellectual, Ambulatory 100m Timed Finals Boys Visual, Intellectual, Ambulatory 100m Timed Finals Novice Girls 100m Finals Junior Girls 100m Finals Senior Girls 100m Finals Novice Boys 100m Finals Junior Boys 100m Finals Senior Boys 100m Finals	5:30 pm	Novice Girls High Jump Novice Boys Javelin Junior Girls Long Jump Junior Boys Pole Vault Junior Boys Shot Put Senior Girls Triple Jump Senior Boys Discus
6:00 pm	Novice Girls 1500m Timed Finals Junior Girls 1500m Timed Finals Senior Girls 1500m Timed Finals		
6:30 pm	Novice Girls 4 x 100m Relay, Timed Finals Junior Girls 4 x 100m Relay, Timed Finals Senior Girls 4 x 100m Relay, Timed Finals Novice Boys 4 x 100m Relay, Timed Finals Junior Boys 4 x 100m Relay, Timed Finals Senior Boys 4 x 100m Relay, Timed Finals		



## 2025 MEET SCHEDULE DAY 2

### TRACK

### FIELD

TIME	EVENT	TIME	EVENT
		8:30 am	Junior Girls Pole Vault
10:00 am	Senior Girls 200m Heats Senior Boys 200m Heats Junior Girls 200m Heats Junior Boys 200m Heats Novice Girls 200m Heats Novice Boys 200m Heats	10:00 am	Novice Girls Javelin Novice Boys High Jump Junior Girls Shot Put Junior Boys Long Jump Senior Girls Discus Senior Boys Triple Jump
10:30 am	Senior Girls 3000m Timed Finals Senior Boys 3000m Timed Finals		
11:00 am	Senior Boys 400m Hurdles, Timed Finals (36") Senior Girls 400m Hurdles, Timed Finals (30") Novice Girls 300m Hurdles, Timed Finals (30") Junior Girls 300m Hurdles, Timed Finals (30") Junior Boys 300m Hurdles, Timed Finals (33") Novice Boys 300m Hurdles, Timed Finals (33")	11:00 am	Senior Boys Pole Vault
		12:00 pm	Novice Girls Triple Jump Novice Boys Discus Junior Girls High Jump Junior Boys Javelin Senior Girls Long Jump Senior Boys Shot Put
	<b>TRACK BREAK</b>		
12:30 pm	Junior Girls 3000m Timed Finals Junior Boys 3000m Timed Finals		
1:00 pm	Senior Girls 800m Timed Finals Senior Boys 800m Timed Finals Junior Girls 800m Timed Finals Junior Boys 800m Timed Finals Novice Boys 800m Timed Finals Novice Girls 800m Timed Finals G/B Visually Impaired, Ambulatory 800m G/B Intellectual Impairment 800m	1:30 pm	Novice Girls Discus Novice Boys Triple Jump Junior Girls Javelin Junior Boys High Jump Senior Girls Pole Vault Senior Girls Shot Put Senior Boys Long Jump
2:00 pm	Senior Girls 200m Senior Boys 200m Junior Girls 200m Junior Boys 200m Novice Girls 200m Novice Boys 200m Wheelchair Girls 200m Wheelchair Boys 200m Finals		
2:30 pm	Novice Girls 3000m Timed Finals Novice Boys 3000m Timed Finals		
3:00 pm	Open Girls 4 x 400m Relay Timed Finals Open Boys 4 x 400m Relay Timed Finals		