

**SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010****Day1 Sarnia / Day 2 Windsor  
Performance List****Event 1 Women 100 Meter Midget Prelims****Wednesday 19/05/2010 - 11:20 AM****Meet Record: 12.2h 1998 Sabrina Notarangelo**

Name	School	Seed Time
1 Warden, Jallan	SWSJ	12.96
2 Brosseau, Sam	SWCA	13.03
3 Ross, Taylor	SWES	13.03
4 Dalley, Madisc	SWBR	13.05
5 Pantic, Tina	SWHE	13.30
6 McPhail, Shau	SWLC	13.52
7 Herman, Madi	SWSJ	13.57
8 Quick, Amber	SWLM	13.72
9 Stewart, Sydne	SWST	14.00
10 Shaw, Macken	SWNO	14.17
11 Rivest, Cassan	SWLC	14.25
12 Durocher, Racl	SWTV	14.39
13 Carr, Kennedy	SWCK	14.54
14 Yeck, Kash	SWCK	14.60
15 Gihula, Clare	SWUR	14.79
16 Desbiens, Gabi	SWUR	14.92

**Event 2 Men 100 Meter Midget Prelims****Wednesday 19/05/2010 - 11:20 AM****Meet Record: 11.2h 1991 Jeff Schleifer\St.Jose**

Name	School	Seed Time
1 Woodfull, Brer	SWSA	11.70
2 Taveirne, Mitc	SWES	11.78
3 Rabanes, Ricar	SWTV	11.85
4 McGhee, Jacot	SWSA	12.01
5 Orton, Justin	SWES	12.12
6 Del Brocco, M	SWCC	12.18
7 Holmes, Curtis	SWHE	12.21
8 Papak, Dylan	SWHE	12.38
9 Percy, Blake	SWNO	12.42
10 Kee, Doug	SWST	12.59
11 Dew, Keegan	SWNL	12.64
12 Turner, Garrett	SWUR	12.78
13 Rundle, Kyle	SWLC	12.94
14 Hinch, Josh	SWBL	13.10
15 Malott, Stephe	SWUR	13.20
16 Moulton, Anth	SWUR	13.62

**Event 3 Women 200 Meter Midget Prelims****Thursday 20/05/2010 - 10:00 AM****Meet Record: 25.4h 1972 Karen Bashak\Sandw**

Name	School	Seed Time
1 Brosseau, Sam	SWCA	26.31
2 Dalley, Madisc	SWBR	26.52
3 Ross, Taylor	SWES	26.81
4 Pantic, Tina	SWHE	27.32
5 Alagha, Gabrie	SWLS	27.45
6 Bechard, Amb	SWSA	27.69
7 Mailloux, Justi	SWBR	27.75
8 Hesley, Elizab	SWSJ	27.92
9 McPhail, Shau	SWLC	28.20
10 Quinn, Daniell	SWST	29.35
11 Stewart, Sydne	SWST	29.70
12 Erdie, Taylor	SWCK	29.74

13 Hogg, Jill	SWRI	30.04
14 Lee, Taryn	SWST	30.05
15 Desbiens, Gabi	SWUR	30.34
16 Faubert, Cassa	SWPA	30.77

**Event 4 Men 200 Meter Midget Prelims****Thursday 20/05/2010 - 10:00 AM****Meet Record: 23.1h 1972 Rocco Stella\General**

Name	School	Seed Time
1 Woodfull, Brer	SWSA	23.41
2 Ubah, Anthony	SWHN	23.80
3 McGhee, Jacot	SWSA	24.10
4 Orton, Justin	SWES	24.46
5 McAiney, Rya	SWSA	24.48
6 Gardner, Desti	SWMA	24.88
7 Hertzog, Rober	SWHN	24.90
8 Garant, Dayne	SWES	24.93
9 Zottl, Nick	SWNO	25.05
10 Shepard, Dami	SWSP	25.16
11 Percy, Blake	SWNO	25.42
12 Fraser, Michae	SWST	25.42
13 Labute, Adam	SWCK	25.50
14 Turner, Garrett	SWUR	25.59
15 Hinch, Josh	SWBL	25.88
16 Pepper, Evan	SWPA	26.40

**Event 5 Women 400 Meter Midget****Wednesday 19/05/2010 - 12:00 PM****Meet Record: 57.59 1998 Tara Hall\St.Clair**

Name	School	Seed Time
1 Wolfe, Sierra	SWES	1:02.52
2 Reddy, Michel	SWST	1:03.31
3 Ross, Taylor	SWES	1:04.27
4 Daley, Anique	SWMG	1:04.93
5 Vaidya, Kather	SWAS	1:05.28
6 Gyemi, Alana	SWSA	1:05.93
7 Bechard, Amb	SWSA	1:06.24
8 Alagha, Gabrie	SWLS	1:06.25
9 Harrogate, Meç	SWCK	1:06.51
10 Fleming, Court	SWSW	1:07.19
11 Lee, Taryn	SWST	1:07.37
12 Lebel, Rachelle	SWTV	1:07.74
13 Thomas, Holly	SWNO	1:08.25
14 Faubert, Cassa	SWPA	1:08.46
15 Desbiens, Gabi	SWUR	1:08.49
16 George, Jana	SWNL	1:08.60

**Event 6 Men 400 Meter Midget****Wednesday 19/05/2010 - 12:00 PM****Meet Record: 52.39 1997 Mike Manka\Kenned**

Name	School	Seed Time
1 Parris, Khalil	SWSW	54.39
2 Shepard, Dami	SWSP	56.11
3 Rupert, Blake	SWMA	56.12
4 Huzevka, Jorda	SWNO	56.23
5 Holmes, Curtis	SWHE	56.58
6 McAiney, Rya	SWSA	56.60
7 Labute, Adam	SWCK	56.89
8 Fraser, Michae	SWST	57.11

9 Igbokwe, Emm	SWMA	57.28
10 Emode, Mark	SWKE	57.88
11 Wilcox, Reid	SWNO	58.33
12 Pepper, Evan	SWPA	58.60
13 Bierer, Steve	SWSA	58.63
14 McGhee, Jacot	SWSA	58.81
15 Kiar, Alex	SWLK	1:03.92
16 Reaume, Dylar	SWUR	1:11.94

**Event 7 Women 800 Meter Midget****Thursday 20/05/2010 - 10:40 AM****Meet Record: 2:11.72 2002 Alyson Kohlmeier**

Name	School	Seed Time
1 Wolfe, Sierra	SWES	2:29.96
2 Vaidya, Kather	SWAS	2:31.54
3 Martin, Jazmin	SWBR	2:31.55
4 Reddy, Michel	SWST	2:32.45
5 Parkes, Nicki	SWST	2:34.98
6 Pizzolitto, Nad	SWAS	2:37.98
7 Trombley, Carl	SWHN	2:38.01
8 Harris, Nathali	SWST	2:38.74
9 Kellam, Robin	SWAM	2:40.44
10 Beqaj, Julia	SWLS	2:41.51
11 Yazdani, Chloc	SWNO	2:42.75
12 Soucie, Delia	SWSA	2:43.19
13 Goetheyn, Allie	SWLK	2:45.46
14 Harrogate, Meç	SWCK	2:49.60
15 Castein, Kenne	SWUR	2:59.56
16 Bassett, Brianr	SWUR	3:07.13

**Event 8 Men 800 Meter Midget****Thursday 20/05/2010 - 10:40 AM****Meet Record: 2:02.41 2009 Shawn Master**

Name	School	Seed Time
1 Lozinski, Mich	SWSW	2:08.42
2 Sinclair, Ryan	SWSW	2:11.87
3 Igbokwe, Emm	SWMA	2:11.94
4 Rocheleau, Ale	SWMA	2:13.46
5 Huzevka, Jorda	SWNO	2:14.98
6 Rupert, Blake	SWMA	2:15.27
7 Abma, Evan	SWST	2:16.14
8 Wilcox, Reid	SWNO	2:17.14
9 Ducharme, Luc	SWTV	2:19.11
10 Jeong, Paul	SWST	2:19.48
11 Carvalho, Tyle	SWKI	2:21.11
12 Goodwin, Nick	SWHE	2:21.14
13 De Vries, Rubc	SWMC	2:21.79
14 Kirkpatrick, Ri	SWUR	2:23.98
15 Kiar, Alex	SWLK	2:33.19
16 Verburg, Justir	SWUR	2:41.96

**Event 9 Women 1500 Meter Midget****Wednesday 19/05/2010 - 2:20 PM****Meet Record: 4:34.99 2002 Alyson Kohlmeier**

Name	School	Seed Time
1 Reddy, Michel	SWST	5:13.00
2 Parkes, Nicki	SWST	5:15.30
3 Wolfe, Sierra	SWES	5:18.04
4 Harris, Nathali	SWST	5:19.78

## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

Day1 Sarnia / Day 2 Windsor  
Performance List**Event 9 ... (Women 1500 Meter Midget)**

5	Wong, Michell	SWNO	5:20.46
6	Martin, Jazmin	SWBR	5:22.94
7	Pizzolitto, Nad	SWAS	5:24.73
8	Gagnon, Celea	SWBN	5:27.96
9	Garrod, Erica	SWAM	5:32.41
10	Trombley, Carl	SWHN	5:33.01
11	Dumalo, Linda	SWNO	5:35.23
12	Kellam, Robin	SWAM	5:38.40
13	Shaw, Cara	SWAM	5:42.21
14	George, Jana	SWNL	5:46.17
15	Jamieson, Jessi	SWLC	5:47.10
16	Castein, Kenne	SWUR	6:13.07

**Event 10 Men 1500 Meter Midget**

Wednesday 19/05/2010 - 2:20 PM

Meet Record: 4:15.90 1977 Rick Dejadins/River

Name	School	Seed Time	
1	Sleiman, Ryan	SWKI	4:18.64
2	Allen, Brandor	SWAM	4:28.64
3	Lozinski, Mich	SWSW	4:37.74
4	Abma, Evan	SWST	4:38.58
5	Rocheleau, Ale	SWMA	4:46.94
6	Wilcox, Reid	SWNO	4:48.12
7	Loewen, Garric	SWAS	4:51.90
8	Jeong, Paul	SWST	4:52.23
9	Kirkpatrick, Ri	SWUR	4:55.00
10	Verburg, Nath	SWUR	4:55.10
11	Leatherdale, K	SWSR	4:56.75
12	Ducharme, Luc	SWTV	4:57.02
13	Sinclair, Ryan	SWSW	4:57.14
14	Bazzi, Hussein	SWMA	4:57.84
15	Kiar, Alex	SWLK	5:12.09
16	Verburg, Justir	SWUR	5:18.27

**Event 11 Women 3000 Meter Midget**

Thursday 20/05/2010 - 1:45 PM

Meet Record: 10:14.44 1999 Nicki Reckman/LCH

Name	School	Seed Time	
1	Martin, Jazmin	SWBR	11:19.73
2	Parkes, Nicki	SWST	11:27.51
3	Gagnon, Celea	SWBN	11:45.12
4	Harris, Nathali	SWST	11:50.35
5	Pizzolitto, Nad	SWAS	11:50.87
6	D'Esterre, Laur	SWST	11:55.26
7	Wong, Michell	SWNO	11:55.67
8	Dumalo, Linda	SWNO	11:56.35
9	Garrod, Erica	SWAM	11:56.82
10	Shaw, Cara	SWAM	12:05.96
11	Kellam, Robin	SWAM	12:07.91
12	Smallhorn, Ma	SWSW	12:26.47
13	Young, Becky	SWSA	12:31.09
14	Harrogate, Me	SWCK	13:12.12
15	Castein, Kenne	SWUR	13:15.85
16	Williams, Meg	SWCK	14:43.09

**Event 12 Men 3000 Meter Midget**

Thursday 20/05/2010 - 1:45 PM

Meet Record: 9:03.92 2006 Daryl Smith

Name	School	Seed Time	
1	Sleiman, Ryan	SWKI	8:59.01
2	Allen, Brandor	SWAM	9:35.61
3	Lozinski, Mich	SWSW	10:01.60
4	Loewen, Garric	SWAS	10:12.47
5	Goodwin, Nick	SWHE	10:16.34
6	Abma, Evan	SWST	10:19.61
7	Sinclair, Ryan	SWSW	10:21.22
8	Sanko, Luke	SWSA	10:25.65
9	Picard, Daniel	SWLJ	10:29.72
10	Charlton, Adar	SWBR	10:37.32
11	Jeong, Paul	SWST	10:44.26
12	Leatherdale, K	SWSR	10:46.64
13	Wright, Liam	SWNO	10:56.05
14	Lange, Colin	SWST	11:03.02
15	Verburg, Nath	SWUR	11:12.09
16	Johnson, Jerem	SWLC	12:22.24
17	Champagne, K	SWSC	12:33.67

**Event 13 Women 80 Meter Hurdles Midget Prelims**

Wednesday 19/05/2010 - 10:30 AM

Meet Record: 12.3h 1974 Karen Albu/Riversid

Name	School	Seed Time	
1	Brosseau, Sam	SWCA	13.04
2	King, Olivia	SWBR	13.15
3	Caraher, Chant	SWNO	13.28
4	Unsworth, Em	SWLC	13.68
5	Thomas, Holly	SWNO	14.02
6	Paglia, Jessica	SWTV	14.33
7	Yeck, Kash	SWCK	14.65
8	Paling, Ashley	SWTV	14.69
9	Zajacz, Stepha	SWSW	14.90
10	Shaw, Macken	SWNO	15.28
11	Yuen, Jocelyn	SWAS	15.31
12	Dodman, Emil	SWCK	15.60
13	Desbiens, Ryar	SWRS	15.66
14	Nolan, Shayen	SWSW	15.92
15	Hogg, Jill	SWRI	16.46
16	Fournie, Taryn	SWUR	16.55

**Event 14 Men 100 Meter Hurdles Midget Prelims**

Wednesday 19/05/2010 - 10:30 AM

Meet Record: 13.7h 1974 John Schmidt/Brenna

Name	School	Seed Time	
1	Mitchell, Mich	SWNO	15.46
2	Lin, Kevin	SWMA	15.48
3	Janikowski, Ph	SWTV	15.54
4	Giorgi, Mike	SWLC	15.69
5	Manu, Jude	SWSJ	15.82
6	Laird, Devon	SWNO	15.98
7	Neumann, Stev	SWKI	16.00
8	Del Brocco, M	SWCC	16.01
9	Bartos, Jason	SWBR	16.13
10	Turner, Garrett	SWUR	16.15
11	McNevin, Gra	SWSW	16.73

12	Taylor, Nathan	SWST	16.73
13	Elkelani, Yahy	SWNO	16.81
14	MacIntyre, Nat	SWLC	16.88
15	Brown, Corma	SWSP	17.36
16	Prentice, Jessy	SWAM	18.13

**Event 15 Women 300 Meter Hurdles Midget**

Thursday 20/05/2010 - 11:30 AM

Meet Record: 45.84 2007 Kelsey Balkwill

Name	School	Seed Time	
1	Augustyn, Nat	SWSW	47.97
2	Caraher, Chant	SWNO	49.05
3	Bechard, Amb	SWSA	49.83
4	Durocher, Racl	SWTV	50.79
5	Yuen, Jocelyn	SWAS	50.82
6	Iannicello, Me	SWRS	50.89
7	Paling, Ashley	SWTV	51.71
8	Fleming, Court	SWSW	51.86
9	Thomas, Holly	SWNO	51.98
10	Fischer, Karlee	SWKI	52.59
11	Daley, Anique	SWMG	52.78
12	Unsworth, Em	SWLC	53.11
13	Lee, Taryn	SWST	53.14
14	Fournie, Taryn	SWUR	56.56
15	Nerth, Megan	SWPA	58.70
16	McKinlay, Alli	SWUR	59.20

**Event 16 Men 300 Meter Hurdles Midget**

Thursday 20/05/2010 - 11:30 AM

Meet Record: 41.57 2009 Branden Gow

Name	School	Seed Time	
1	Parris, Khalil	SWSW	43.47
2	Janikowski, Ph	SWTV	44.49
3	Emode, Mark	SWKE	44.50
4	Lin, Kevin	SWMA	45.22
5	Neumann, Stev	SWKI	45.43
6	Mahon, Joel	SWSP	45.64
7	Mitchell, Mich	SWNO	45.85
8	Huzevka, Jor	SWNO	46.27
9	Rupert, Blake	SWMA	46.36
10	Del Brocco, M	SWCC	46.54
11	Renaud, Peter	SWSW	46.71
12	MacIntyre, Nat	SWLC	47.14
13	Taylor, Nathan	SWST	47.75
14	Sit, Jeff	SWNO	48.51
15	Giorgi, Mike	SWLC	49.64
16	Lang, Wallace	SWLC	51.35

**Event 17 Women High Jump Midget**

Wednesday 19/05/2010 - 1:30 PM

Starting Height 1.20m ,by 5 to 1.42, then by 3

Meet Record: 1.71m 1999 Lindsay Degroot/St.C

Name	School	Seed Mark	
1	Loebach, Emil	SWSW	1.63m
2	Fleischer, Chri	SWNO	1.48m
3	Unsworth, Em	SWLC	1.48m
4	Dodman, Emil	SWCK	1.45m
5	Stewart, Sydne	SWST	1.45m
6	Smith, Victorie	SWBR	1.40m

## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

Day1 Sarnia / Day 2 Windsor  
Performance List**Event 17 ... (Women High Jump Midget)**

7	MacDougall, K	SWSJ	1.40m
8	LeBlanc, Elise	SWTV	1.35m
9	Saul, Erika	SWNO	1.35m
10	Card, Sydney	SWLC	1.35m
11	Bishop, Ashlee	SWNO	1.30m
12	Corey, Erika	SWSW	1.30m
13	Rivest, Cassan	SWLC	1.25m
14	Cousins, Leah	SWSW	1.25m

**Event 18 Men High Jump Midget**

Thursday 20/05/2010 - 10:00 AM

Starting Height 1.43m, by 5 to 1.63, then by 3

Meet Record: 1.87m 1989 Mike Goodison\McG

Name	School	Seed	Mark
1	Taveirne, Jacol	SWES	1.65m
2	Parris, Khalil	SWSW	1.65m
3	Neumann, Stev	SWKI	1.65m
4	Heslop, Conno	SWNO	1.60m
5	Kee, Doug	SWST	1.60m
6	Kraayenbrink,	SWWB	1.56m
7	Percy, Blake	SWNO	1.55m
8	Way, Trevor	SWMA	1.55m
9	Mahon, Joel	SWSP	1.55m
10	Taylor, Nathan	SWST	1.55m
11	Steeves, Greg	SWST	1.50m
12	Campbell, Law	SWSJ	1.50m
13	Labute, Adam	SWCK	1.50m
14	Cipkar, Silas	SWAM	1.50m
15	Fleming, Quim	SWSW	1.40m
16	Stephan, Johna	SWSJ	1.40m

**Event 20 Men Pole Vault Midget**

Thursday 20/05/2010 - 10:45 AM

Starting height 1.90m, by 15 to 2.20, then by 10

Meet Record: 3.41m 1995 Andy Vendresco\St.A

Name	School	Seed	Mark
1	Abbruzzese, C	SWKI	2.50m
2	Cooper, Mke	SWKI	2.35m
3	Rosyan, Mich	SWSW	2.05m

**Event 21 Women Long Jump Midget**

Wednesday 19/05/2010 - 10:00 AM

Meet Record: 5.34m 1972 Karen Bashak\Sandv

Name	School	Seed	Mark
1	Quinn, Daniell	SWST	4.87m
2	Carr, Kennedy	SWCK	4.41m
3	Spadafora, Sea	SWHN	4.34m
4	Augustyn, Nat	SWSW	4.32m
5	Daley, Anique	SWMG	4.31m
6	Erdie, Taylor	SWCK	4.29m
7	Rivest, Cassan	SWLC	4.23m
8	Dalley, Madisc	SWBR	4.18m
9	Surdyka, Nicol	SWSP	4.17m
10	Kennedy, Broo	SWSR	4.11m
11	Brandner, Racl	SWKI	4.07m
12	Lee-Daigle, Mi	SWLS	4.06m
13	Nolan, Shayen	SWSW	4.04m

14	McIntosh, Jess	SWCK	4.02m
15	King, Olivia	SWBR	3.95m
16	Stephens, Katie	SWHE	3.94m

**Event 22 Men Long Jump Midget**

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 6.57m 1986 Willie Milligan\Hern

Name	School	Seed	Mark
1	Gardner, Desti	SWMA	5.86m
2	Taveirne, Jacol	SWES	5.70m
3	Janikowski, Ph	SWTV	5.63m
4	Taveirne, Mitc	SWES	5.59m
5	Fraser, Michae	SWST	5.41m
6	Woodfull, Brer	SWSA	5.38m
7	McAiney, Ryan	SWSA	5.23m
8	Laird, Devon	SWNO	5.19m
9	McMaster, Nic	SWBR	5.14m
10	Chiriac, Drago	SWMA	5.06m
11	Kraayenbrink,	SWWB	4.95m
12	Tetrault, Adam	SWTI	4.93m
13	Pelleboer, Tim	SWLC	4.80m
14	Core, Josh	SWSC	4.80m
15	Dennis, Hunter	SWTI	4.73m
16	Verburg, Justir	SWUR	4.68m

**Event 23 Women Triple Jump Midget**

Thursday 20/05/2010 - 12:00 PM

Meet Record: 11.36m 1997 Kim Braithwaite\Cha

Name	School	Seed	Mark
1	Augustyn, Nat	SWSW	10.26m
2	Spadafora, Sea	SWHN	10.22m
3	Lee-Daigle, Mi	SWLS	9.97m
4	Caraher, Chant	SWNO	9.49m
5	Brandner, Racl	SWKI	9.42m
6	Carr, Kennedy	SWCK	9.38m
7	Warden, Jallan	SWSJ	9.35m
8	Boyd, Meigher	SWSA	9.18m
9	Nikita, Tristen	SWES	9.02m
10	Humenny, Alis	SWSW	8.94m
11	Surdyka, Nicol	SWSP	8.93m
12	Bisson, Ashley	SWSC	8.84m
13	McPhail, Shau	SWLC	8.74m
14	Turner, Holley	SWWB	8.70m
15	House, Rachel	SWUR	8.35m
16	Goetheyn, Alli	SWLK	7.55m

**Event 24 Men Triple Jump Midget**

Thursday 20/05/2010 - 1:30 PM

Meet Record: 13.31m 1997 Leron Mitchell\North

Name	School	Seed	Mark
1	Taveirne, Mitc	SWES	12.26m
2	Taveirne, Jacol	SWES	12.00m
3	Laird, Devon	SWNO	11.42m
4	McMaster, Nic	SWBR	11.07m
5	Gardner, Desti	SWMA	11.04m
6	Chiriac, Drago	SWMA	11.02m
7	Montigny, Nicl	SWLS	10.86m
8	Yantzi, Matt	SWHA	10.78m
9	Giorgi, Mike	SWLC	10.75m

10	Fleming, Quim	SWSW	10.55m
11	Tetrault, Adam	SWTI	10.37m
12	Brown, Corma	SWSP	10.26m
13	Young, Dharm	SWSC	10.21m
14	Malott, Stephe	SWUR	10.07m
15	Brien, Billy	SWRI	9.99m
16	Dennis, Hunter	SWTI	9.89m

**Event 25 Women Shot Put Midget**

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 11.85m 1981 Joanne Rothery\Ken

Name	School	Seed	Mark
1	Quenneville, B	SWBR	9.57m
2	Wynn, Rebeck	SWAM	9.47m
3	Colbran, Mack	SWNO	8.88m
4	Gauthier, Josly	SWHE	8.57m
5	Dobson, Stacie	SWST	8.43m
6	Squalls, Christ	SWHE	8.41m
7	Smith, Sydney	SWNO	8.32m
8	Kearns, McKer	SWLJ	8.21m
9	Conlon, Quinn	SWAS	8.20m
10	Pepper, Emily	SWPA	8.11m
11	Sleaford, Mack	SWLC	8.10m
12	Hunter, Michel	SWBR	8.06m
13	Clancy, Emily	SWST	8.03m
14	Forshaw, Magg	SWLS	7.85m
15	Coyne, Paige	SWPA	6.63m
16	Marchand, Bro	SWPA	6.49m

**Event 26 Men Shot Put Midget**

Wednesday 19/05/2010 - 10:00 AM

Meet Record: 18.45m 1996 Steve Bedard\St.Jose

Name	School	Seed	Mark
1	Stumpf, Colin	SWSA	12.98m
2	Shepley, Josh	SWBR	12.48m
3	Innes, JJ	SWMG	12.34m
4	Collins, Mike	SWBR	11.88m
5	VanDijk, Mat	SWES	11.86m
6	Palmer, Lucas	SWWV	11.66m
7	Palmer, Liam	SWWV	11.53m
8	Zottl, Nick	SWNO	11.27m
9	Blair, Cody	SWRS	11.20m
10	Wilson, Lee	SWSR	11.04m
11	Chalupka, Kyla	SWLC	11.03m
12	Jones, Jakoby	SWSA	10.67m
13	Whitliff, Mical	SWSP	10.33m
14	Coleman, Rob	SWLK	10.33m
15	Lanigan, Billy	SWUR	10.04m
16	Karelse, Taivo	SWLC	10.04m

**Event 27 Women Discus Throw Midget**

Thursday 20/05/2010 - 1:30 PM

Meet Record: 35.52m 1985 Heather Quick\River

Name	School	Seed	Mark
1	Hunter, Michel	SWBR	28.90m
2	Wynn, Rebeck	SWAM	28.59m
3	Conlon, Quinn	SWAS	26.20m
4	Clancy, Emily	SWST	25.44m
5	Dobson, Stacie	SWST	25.28m

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Day1 Sarnia / Day 2 Windsor  
Performance List

## Event 27 ... (Women Discus Throw Midget)

6	Gauthier, Josly	SWHE	24.87m
7	Pepper, Emily	SWPA	22.96m
8	Coyle, Alex	SWSR	22.08m
9	Forshaw, Magg	SWLS	21.87m
10	Bevacqua, Juli	SWAS	21.68m
11	Colbran, Mack	SWNO	20.33m
12	Smith, Sydney	SWNO	19.81m
13	Adams, Darian	SWLC	18.88m
14	Kameka, Mcke	SWSR	18.82m
15	Gyemi, Alana	SWSA	18.57m
16	Gammy, Laura	SWSW	18.15m

## Event 28 Men Discus Throw Midget

Thursday 20/05/2010 - 12:00 PM			
Meet Record: 55.48m 2002 Joe Pocock			
Name	School	Seed	Mark
1	Zottl, Nick	SWNO	36.79m
2	Innes, JJ	SWMG	35.46m
3	LeClair, Kellen	SWBN	34.71m
4	Shepley, Josh	SWBR	34.39m
5	Collins, Mike	SWBR	33.94m
6	Benko, Noah	SWKE	33.55m
7	Strong, Montar	SWBR	33.41m
8	Nadon, Williar	SWHA	31.42m
9	Wilson, Lee	SWSR	31.36m
10	Chalupka, Kyle	SWLC	30.19m
11	VanDijk, Mat	SWES	29.61m
12	Grafos, George	SWRS	29.59m
13	Leckie, Joel	SWSC	28.98m
14	Whitbread, Dy	SWSC	28.61m
15	Vandervaart, P	SWNO	28.16m
16	Lanigan, Billy	SWUR	24.26m

## Event 29 Women Javelin Throw Midget

Thursday 20/05/2010 - 10:00 AM			
Meet Record: 37.70m 1981 Anna Armales\Brenn			
Name	School	Seed	Mark
1	Smith, Victoria	SWBR	30.77m
2	Wynn, Rebecca	SWAM	27.58m
3	Durocher, Racl	SWTV	27.14m
4	Coyne, Paige	SWPA	26.02m
5	Roberts, Abby	SWNO	25.76m
6	Henry, Jordan	SWST	25.51m
7	Colbran, Mack	SWNO	24.99m
8	McNames, Ke	SWBN	24.97m
9	Moran, Claire	SWSP	24.77m
10	Kennedy, Shan	SWSJ	24.00m
11	Sleaford, Mack	SWLC	23.39m
12	Dipasquale, He	SWTV	21.98m
13	Hendrycks, Ro	SWSP	21.89m
14	Smith, Sydney	SWNO	21.82m
15	Bevacqua, Juli	SWAS	20.96m
16	Labrado, Clari	SWAS	20.64m

## Event 30 Men Javelin Throw Midget

Wednesday 19/05/2010 - 1:30 PM			
Meet Record: 60.36m 2002 Joe Pocock			
Name	School	Seed	Mark
1	Shepley, Josh	SWBR	51.09m
2	Shepard, Dami	SWSP	39.90m
3	Smith, Ryan	SWMA	39.66m
4	Hennin, Jacob	SWMA	37.46m
5	Collins, Mike	SWBR	36.71m
6	Holmes, Curtis	SWHE	36.59m
7	Zavitz, James	SWHA	36.29m
8	Strong, Montar	SWBR	35.91m
9	Waller, Adam	SWSC	35.75m
10	LeClair, Kellen	SWBN	35.63m
11	Brown, Corma	SWSP	34.02m
12	Jacklin, Brad	SWLC	32.25m
13	Johnson, Jerem	SWLC	31.67m
14	Fauteux, Joe	SWSP	29.40m
15	Lanigan, Billy	SWUR	27.44m
16	Ross, John	SWST	27.33m

## Event 31 Women 4x100 Meter Relay Midget

Wednesday 19/05/2010 - 3:15 PM			
Meet Record: 50.1h 1971 Massey			
Team	Relay	Seed	Time
1	SWTV	A	54.87
2	SWSW	A	54.89
3	SWNO	A	55.08
4	SWLC	A	55.13
5	SWSJ	A	55.33
6	SWCK	A	55.52
7	SWST	A	56.28
8	SWRS	A	56.50
9	SWES	A	56.76
10	SWHN	A	57.47
11	SWAS	A	58.10
12	SWUR	A	58.33
13	SWSA	A	58.82
14	SWNL	A	59.29

## Event 32 Men 4x100 Meter Relay Midget

Wednesday 19/05/2010 - 3:15 PM			
Meet Record: 45.40 1981 Brennan			
Team	Relay	Seed	Time
1	SWES	A	47.49
2	SWNO	A	48.77
3	SWTV	A	48.96
4	SWST	A	49.59
5	SWMA	A	50.06
6	SWHN	A	50.19
7	SWSP	A	50.52
8	SWAS	A	50.55
9	SWSW	A	50.61
10	SWSJ	A	50.82
11	SWBR	A	51.76
12	SWLC	A	51.89
13	SWUR	A	52.31
14	SWSC	A	52.43

## Event 33 Women 100 Meter Junior Prelims

Wednesday 19/05/2010 - 11:20 AM			
Meet Record: 12.2h 1973 Karen Bashak\Sandv			
Name	School	Seed	Time
1	Omahen, Emil	SWSA	12.84
2	Hutt, Bailey	SWNL	13.05
3	Laureano, Jane	SWSP	13.39
4	Rops, Jillian	SWLC	13.59
5	Makar, Robyn	SWST	13.62
6	Griffiths, Keila	SWMC	13.64
7	Donison, Kaitl	SWLS	13.67
8	Wright, Elisa	SWHA	13.69
9	MacLean, Anis	SWCK	13.70
10	Horvath, Carle	SWUR	13.99
11	Pumphrey, Anc	SWLK	14.03
12	Wallace, Madi	SWMA	14.05
13	Baylis, Kendra	SWES	14.16
14	Lynk, Aliyah	SWBN	14.17
15	Donais, Vanes	SWHE	14.26
16	McFadden, Eri	SWCK	14.54

## Event 34 Men 100 Meter Junior Prelims

Wednesday 19/05/2010 - 11:20 AM			
Meet Record: 10.8h 1974 Rocco Stella\General			
Meet Record: 10.8h 1991 Jason Mailloux\Ursu			
Name	School	Seed	Time
1	Bramwell, Dre	SWNO	11.56
2	Gauthier, Jayd	SWHE	11.63
3	Nelson, Mitche	SWSW	11.73
4	Francis-Taylor	SWHN	11.77
5	Brown, Cody	SWHE	11.80
6	Kelly, Ben	SWSR	11.88
7	Klaudi, Matt	SWNO	11.95
8	Vaidya, Nick	SWAS	12.02
9	Sanchez, Gino	SWHN	12.03
10	Rosaasen, Josh	SWSA	12.18
11	Mater, Nate	SWLC	12.25
12	Frappier, Eric	SWPA	12.49
13	Craig, Jesse	SWLK	12.56
14	Wolfe, Ryan	SWCK	12.85
15	Jones, Ryan	SWCK	12.86

## Event 35 Women 200 Meter Junior Prelims

Thursday 20/05/2010 - 10:00 AM			
Meet Record: 24.9h 1973 Karen Bashak\Sandv			
Meet Record: 24.99 2002 Sarah Nelson			
Name	School	Seed	Time
1	Omahen, Emil	SWSA	25.83
2	Rivait, Courtne	SWKI	27.02
3	Hutt, Bailey	SWNL	27.05
4	Rops, Jillian	SWLC	27.84
5	MacLean, Anis	SWCK	27.88
6	Laureano, Jane	SWSP	27.92
7	Bonnema, Jess	SWNO	28.07
8	Chauvin, Mich	SWLS	28.13
9	Joseph, Margar	SWMC	28.20
10	Mukendi, Sara	SWSJ	28.44
11	Baylis, Kendra	SWES	28.58

## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

Day1 Sarnia / Day 2 Windsor  
Performance List**Event 35 ... (Women 200 Meter Junior Prelims)**

12	Schincariol, Er	SWMA	28.76
13	Pumphrey, An	SWLK	28.82
14	Donais, Vanes	SWHE	28.86
15	McFadden, Eri	SWCK	29.74
16	Young, Hannal	SWUR	30.31

**Event 36 Men 200 Meter Junior Prelims**

Thursday 20/05/2010 - 10:00 AM

Meet Record: 22.62 2008 MatthewMcKeegan

Name	School	Seed Time
1	McBride, Bran	SWHE 21.75
2	Nelson, Mitche	SWSW 23.24
3	Bramwell, Dre	SWNO 23.28
4	Brown, Cody	SWHE 23.44
5	Francis-Taylor	SWHN 23.48
6	Gow, Brandon	SWBR 23.62
7	Muise, Jared	SWKE 24.02
8	Limbombe, An	SWSA 24.02
9	Webster, Brod	SWNO 24.04
10	Dame, Josh	SWES 24.13
11	Prong, Tyler	SWNL 24.58
12	Krasinkiewicz,	SWST 24.79
13	Craig, Jesse	SWLK 25.34
14	Jones, Ryan	SWCK 25.94
15	Martin, Austin	SWLK 26.29
16	Song, Ray	SWCM 26.96

**Event 37 Women 400 Meter Junior**

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 56.68 2000 Tara Halls St.Clair

Name	School	Seed Time
1	Nicholas, Brea	SWBL 1:03.01
2	Smith, Siobhar	SWNO 1:03.10
3	Desjardins, An	SWES 1:05.28
4	Rops, Jillian	SWLC 1:05.32
5	VanLeerzem, J	SWLC 1:05.71
6	Campigotto, A	SWHN 1:05.78
7	Joseph, Margai	SWMC 1:06.00
8	Donais, Vanes	SWHE 1:06.81
9	Markou, Olivie	SWHN 1:06.89
10	Dann, Lauren	SWNO 1:07.10
11	McLean, Alex	SWHE 1:07.14
12	Hetzel, Haley	SWES 1:07.62
13	Olexa, Hope	SWCK 1:07.91
14	Milanis, Meagl	SWSA 1:08.89
15	Young, Hannal	SWUR 1:12.16
16	Sawyer, Linda	SWUR 1:13.63

**Event 38 Men 400 Meter Junior**

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 50.0h 1994 Jeff Schleifer/St.Jose

Name	School	Seed Time
1	McBride, Bran	SWHE 49.08
2	Beaudoin, Sha	SWSW 53.01
3	Hesman, Mical	SWSW 53.32
4	Clement, Jake	SWBN 53.45
5	Webster, Brod	SWNO 54.32

6	Bramwell, Dre	SWNO	55.20
7	Carter, Jonatha	SWAS	55.64
8	Nelson, Mitche	SWSW	56.01
9	Tremblay, Kyla	SWES	56.08
10	Brown, Cody	SWHE	56.57
11	Leckie, Brandc	SWLC	57.36
12	Ryan, John	SWST	57.54
13	Baillargeon, A	SWUR	59.74
14	Smith, Sebastia	SWLK	59.81
15	Sinclair, Spenc	SWUR	1:01.14
16	Robert, John	SWUR	1:03.12

**Event 39 Women 800 Meter Junior**

Thursday 20/05/2010 - 10:40 AM

Meet Record: 2:15.17 1998 Hilary Edmondson/S

Name	School	Seed Time
1	Campigotto, A	SWHN 2:30.77
2	Steen, Jacey	SWSA 2:31.87
3	Smith, Siobhar	SWNO 2:31.92
4	Limb, Darian	SWLC 2:32.94
5	Kiss, Andrea	SWSA 2:35.59
6	Hetzel, Haley	SWES 2:38.00
7	Wright, Ciara	SWNO 2:40.45
8	Markou, Olivie	SWHN 2:44.99
9	Morden, Faith	SWST 2:45.08
10	Boissonneault,	SWES 2:45.28
11	Ohlmann, Mau	SWLJ 2:45.86
12	Olexa, Hope	SWCK 2:45.95
13	Milanis, Meagl	SWSA 2:46.20
14	McArthur, Ave	SWUR 2:49.39
15	Flook, Atlanta	SWBL 2:52.22
16	Verbeek, Kim	SWCM 2:52.48

**Event 40 Men 800 Meter Junior**

Thursday 20/05/2010 - 10:40 AM

Meet Record: 1:57.79 1998 Scott Moncur/Belle F

Name	School	Seed Time
1	Bellemore, Cor	SWRS 1:58.58
2	Clement, Jake	SWBN 2:01.90
3	Colaluca, Jerry	SWCA 2:05.29
4	Master, Shawn	SWNO 2:05.95
5	Simard, Cory	SWKE 2:05.99
6	Carroll, Brad	SWHE 2:08.16
7	Bellemore, Jus	SWRS 2:09.28
8	Miner, Brandoi	SWHN 2:11.59
9	Mendoza, Pabl	SWNO 2:13.44
10	Porter, Jack	SWRS 2:13.55
11	Krall, Stephen	SWLC 2:18.70
12	Soetemans, Br	SWNL 2:19.67
13	Robert, John	SWUR 2:27.61
14	Montgomery, F	SWBL 2:28.35
15	Smith, Sebastia	SWLK 2:29.16
16	Baillargeon, A	SWUR 2:32.07

**Event 41 Women 1500 Meter Junior**

Wednesday 19/05/2010 - 2:20 PM

Meet Record: 4:37.88 2003 Aly Kohlmeier

Name	School	Seed Time
1	Limb, Darian	SWLC 5:12.01

2	Bourassa, Char	SWST	5:21.30
3	Odegard, Paige	SWNO	5:25.41
4	Bracci, Ashley	SWES	5:25.80
5	Kiss, Andrea	SWSA	5:29.10
6	Lee, Erinn	SWWB	5:29.99
7	Steen, Jacey	SWSA	5:30.42
8	Flook, Olivia	SWBL	5:30.58
9	Jameson, Meli	SWNO	5:30.61
10	Campigotto, A	SWHN	5:34.95
11	Jarison, Stepha	SWRS	5:38.18
12	Marsh, Carly	SWUR	5:39.22
13	McArthur, Ave	SWUR	5:47.48
14	Hetzel, Haley	SWES	5:52.54
15	Milanis, Meagl	SWSA	6:05.31
16	Delic, Leina	SWKE	6:05.95

**Event 42 Men 1500 Meter Junior**

Wednesday 19/05/2010 - 2:20 PM

Meet Record: 3:59.50 1983 Terry James\Assump

Name	School	Seed Time
1	Bellemore, Cor	SWRS 4:15.73
2	Master, Shawn	SWNO 4:16.68
3	Ward-Trymbul	SWAM 4:27.16
4	Colaluca, Jerry	SWCA 4:27.19
5	Elijah, Devon	SWMA 4:30.73
6	McNamara, Ry	SWCM 4:30.98
7	Simard, Cory	SWKE 4:31.05
8	Al-Khazraji, S	SWMA 4:34.55
9	Bellemore, Jus	SWRS 4:35.52
10	Mendoza, Pabl	SWNO 4:37.48
11	Porter, Jack	SWRS 4:38.76
12	Asselin, Olivie	SWNO 4:44.72
13	Krall, Stephen	SWLC 4:47.41
14	Murphy, Evan	SWWB 5:06.29
15	Sura, Ryan	SWMG 5:11.27
16	Montgomery, F	SWBL 5:17.83

**Event 43 Women 3000 Meter Junior**

Thursday 20/05/2010 - 1:45 PM

Meet Record: 9:56.58 2003 Aly Kohlmeier

Name	School	Seed Time
1	Limb, Darian	SWLC 11:16.92
2	Odegard, Paige	SWNO 11:19.88
3	Bourassa, Char	SWST 11:30.99
4	Bracci, Ashley	SWES 11:33.17
5	Jameson, Meli	SWNO 11:39.44
6	Steen, Jacey	SWSA 11:50.16
7	Jarison, Stepha	SWRS 11:59.81
8	Lee, Erinn	SWWB 12:36.79
9	Marsh, Carly	SWUR 12:40.57
10	Brush, Nicole	SWES 12:40.65
11	Flook, Olivia	SWBL 12:44.44
12	Chevalier, Jacc	SWLS 13:03.58
13	Boissonneault,	SWES 13:04.87
14	Verbeek, Kim	SWCM 13:27.47
15	Sandford-Coop	SWSW 13:45.25
16	Janisse, Sabrin	SWLS 13:46.54

## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

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Performance List**Event 44 Men 3000 Meter Junior**

Thursday 20/05/2010 - 1:45 PM

Meet Record: 8:51.62 2002 Matt Loiselle

Name	School	Seed Time
1 Bellemore, Cor	SWRS	9:00.62
2 Ellijah, Devon	SWMA	9:34.59
3 Miner, Brando	SWHN	9:35.15
4 Master, Shawn	SWNO	9:38.58
5 Al-Khazraji, Sa	SWMA	9:40.26
6 Ward-Trymbul	SWAM	9:52.42
7 Crowley, Cole	SWHN	9:53.25
8 Gole, Robert	SWKE	9:53.51
9 Simard, Cory	SWKE	9:57.45
10 McNamara, Ry	SWCM	9:59.59
11 Mendoza, Pabl	SWNO	10:06.84
12 Asselin, Olivie	SWNO	10:18.42
13 McGregor, Jes	SWLC	10:43.44
14 Montgomery, I	SWBL	11:46.78

**Event 45 Women 80 Meter Hurdles Junior Prelims**

Wednesday 19/05/2010 - 10:30 AM

Meet Record: 11.6h 1983 Angie Coon/Belle Riv

Name	School	Seed Time
1 Rivait, Courtne	SWKI	12.94
2 Pineault, Laura	SWRS	13.04
3 Pecora, Marlov	SWNO	13.21
4 Wright, Elisa	SWHA	13.30
5 Probert, Broga	SWBR	13.54
6 Molzan, Hann	SWLC	13.61
7 Penney, Bailey	SWRS	13.64
8 VanLeerzem, J	SWLC	13.74
9 Susevski, Vanc	SWSJ	14.04
10 Makar, Robyn	SWST	14.16
11 Donison, Kaitl	SWLS	14.64
12 Holdaway, Lea	SWNO	15.13
13 Bonnema, Jess	SWNO	15.36
14 Harrison, Kiar	SWES	16.25
15 Clarke, Ashley	SWSC	17.81
16 Lunn, Sandra	SWST	18.60

**Event 46 Men 100 Meter Hurdles Junior Prelims**

Wednesday 19/05/2010 - 10:30 AM

Meet Record: 14.19 2005 Ian Donald

Name	School	Seed Time
1 Gow, Brandon	SWBR	14.45
2 Mallender, Mil	SWAM	15.17
3 Long, Mitchell	SWHA	15.79
4 Gray, Michael	SWLC	15.79
5 Klaudi, Matt	SWNO	16.19
6 Webster, Kyle	SWBN	16.23
7 Johnson, Hunt	SWLC	16.33
8 Tremblay, Kyl	SWES	16.39
9 Helps, Steven	SWLC	17.00
10 McCormick, T	SWAM	17.67
11 Frappier, Eric	SWPA	17.69
12 MacDougall, C	SWHE	18.27
13 Vukov, Jonath	SWSW	19.74

**Event 47 Women 300 Meter Hurdles Junior**

Thursday 20/05/2010 - 11:30 AM

Meet Record: 44.0h 1990 Tara Smith/Chatham

Name	School	Seed Time
1 Rivait, Courtne	SWKI	48.73
2 VanLeerzem, J	SWLC	49.08
3 Pecora, Marlov	SWNO	50.38
4 Smith, Siobhar	SWNO	50.51
5 Joseph, Margat	SWMC	50.54
6 Donison, Kaitl	SWLS	51.43
7 Pineault, Laura	SWRS	51.54
8 Bondy, Samant	SWHE	54.08
9 Dann, Lauren	SWNO	54.14
10 Gorski, Alison	SWSW	54.89
11 McDonald, Sha	SWLC	55.57
12 Tighe, Danielle	SWBR	56.42
13 Elliott, Jenna	SWSC	59.17
14 Wolting, Alexa	SWUR	1:00.96
15 Seville, Britne	SWTV	1:01.43

**Event 48 Men 300 Meter Hurdles Junior**

Thursday 20/05/2010 - 11:30 AM

Meet Record: 39.24 1997 Shaun Murray/St. Jo

Name	School	Seed Time
1 McBride, Bran	SWHE	39.00
2 Gow, Brandon	SWBR	39.81
3 Beaudoin, Sha	SWSW	40.94
4 Hesman, Mical	SWSW	41.41
5 Ascot, Mike	SWHE	41.53
6 Mallender, Mil	SWAM	43.00
7 Carter, Jonatha	SWAS	44.44
8 Gray, Michael	SWLC	44.95
9 Tremblay, Kyle	SWES	45.34
10 Webster, Brod	SWNO	45.76
11 Helps, Steven	SWLC	46.82
12 Frappier, Eric	SWPA	46.90
13 Unsworth, Geo	SWLC	47.17
14 Klaudi, Matt	SWNO	47.22
15 Smith, Sebastie	SWLK	48.03
16 Murphy, Evan	SWWB	49.89

**Event 49 Women High Jump Junior**

Thursday 20/05/2010 - 12:00 PM

Starting Height 1.28m, by 5 to 1.43m, then by 3

Meet Record: 1.76m 1980 Linda McCurdy/Low

Name	School	Seed Mark
1 Uras, Veronica	SWMA	1.46m
2 Wolting, Alexa	SWUR	1.45m
3 VanBarneveld,	SWNO	1.45m
4 Wood, Natasha	SWUR	1.42m
5 Kiss, Andrea	SWSA	1.40m
6 Krall, Stephani	SWLC	1.40m
7 Caravan, Leah	SWNO	1.40m
8 Lockstadt, Ale	SWSW	1.35m
9 Molzan, Hann	SWLC	1.35m
10 Mong, Jessica	SWRS	1.35m
11 Severin, Jordyr	SWSW	1.30m
12 Schincariol, Er	SWMA	1.30m

13 McFadden, All SWBR 1.25m

**Event 50 Men High Jump Junior**

Thursday 20/05/2010 - 1:30 PM

Starting Height 1.48m, by 5 to 1.68m, then by 3

Meet Record: 2.00m 1996 Kriss Peterson/Sandy

Name	School	Seed Mark
1 Williams, Jake	SWNO	1.90m
2 Mulder, Mycha	SWCA	1.88m
3 Kah, Demetriu	SWHE	1.75m
4 Storey, Tyler	SWHE	1.70m
5 Beaudoin, Sha	SWSW	1.70m
6 Campbell, Scot	SWLC	1.70m
7 McGuire, Sam	SWLC	1.65m
8 Nelson, Cole	SWKI	1.65m
9 Prong, Tyler	SWNL	1.65m
10 Leckie, Brand	SWLC	1.60m
11 Doan, Bryce	SWTV	1.60m
12 Martinello, Gi	SWTV	1.60m
13 Maudin, Omar	SWMA	1.55m
14 Dore, Taylor	SWUR	1.51m

**Event 51 Women Pole Vault Midget/Jun Junior**

Thursday 20/05/2010 - 9:00 AM

Starting Height 1.70m, by 15 to 2.00, then by 10

Meet Record: 2.86m 2009 Courtney Fischer

Name	School	Seed Mark
1 Brandner, Racl	SWKI	2.40m
2 Sauro, Laura	SWAS	2.25m
3 Larocque, Tori	SWSA	2.25m
4 Loebach, Emil	SWSW	2.25m
5 Fischer, Karlee	SWKI	2.10m
6 Pinch, Kaitlyn	SWLM	2.10m
7 Crawford, Kay	SWKI	1.95m
8 Taylor, Angela	SWSA	1.80m

**Event 52 Men Pole Vault Junior**

Thursday 20/05/2010 - 12:30 PM

Starting Height 2.30m, then by 10

Meet Record: 3.87m 2003 Jeff Bianchi

Name	School	Seed Mark
1 Hesman, Mical	SWSW	3.10m
2 Meyer, Jay	SWSA	2.50m
3 Masse, Kaelan	SWSW	2.50m
4 Purdy, Josh	SWLM	2.35m

**Event 53 Women Long Jump Junior**

Wednesday 19/05/2010 - 1:30 PM

Meet Record: 5.59m 2002 Sarah Nelson

Name	School	Seed Mark
1 Omahen, Emil	SWSA	5.20m
2 Nicholas, Brea	SWBL	4.68m
3 Cuffaro, Mia	SWTV	4.66m
4 Molzan, Hann	SWLC	4.59m
5 Horvath, Carle	SWUR	4.57m
6 Yu, Nancy	SWKI	4.56m
7 Lockstadt, Ale	SWSW	4.48m
8 Pinch, Kaitlyn	SWLM	4.47m
9 Mong, Jessica	SWRS	4.33m

## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

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Performance List

## Event 53 ... (Women Long Jump Junior)

10	Kuskoff, Katy	SWST	4.29m
11	Gorski, Alison	SWSW	4.28m
12	Affleck, Court	SWKI	4.27m
13	Lefaive, Jenny	SWSR	4.26m
14	VanBarneveld,	SWNO	4.25m
15	Tamminga, Est	SWCM	3.95m
16	Griffith, Nicole	SWWB	3.80m

## Event 54 Men Long Jump Junior

Thursday 20/05/2010 - 10:00 AM

Meet Record: 7.06m 2001 Anton Wood \ J.L.Fo

Name	School	Seed	Mark
1	Ascot, Mike	SWHE	6.16m
2	Crumb, Austin	SWHA	5.94m
3	Lanteigne, Aus	SWSP	5.88m
4	Jones, Khalil	SWHE	5.87m
5	Long, Mitchell	SWHA	5.78m
6	Gauthier, Jayd	SWHE	5.78m
7	Lacroix Smith,	SWHN	5.76m
8	Rosaasen, Josh	SWSA	5.59m
9	Dierickse, Eva	SWES	5.53m
10	Jeffery, Lukas	SWLC	5.40m
11	Dunn, Aaron	SWST	5.39m
12	Campbell, Sco	SWLC	5.34m
13	Charland, Justi	SWSF	5.16m
14	Hamaguchi, Te	SWCK	4.92m
15	Robert, John	SWUR	4.53m
16	Dore, Taylor	SWUR	4.28m

## Event 55 Women Triple Jump Junior

Wednesday 19/05/2010 - 10:00 AM

Meet Record: 11.60m 2005 Jaime Gittens

Name	School	Seed	Mark
1	Cuffaro, Mia	SWTV	9.97m
2	Holdaway, Lea	SWNO	9.71m
3	Horvath, Carle	SWUR	9.61m
4	Nicholas, Brea	SWBL	9.54m
5	Yu, Nancy	SWKI	9.52m
6	Bourque, Carly	SWLC	9.28m
7	Krall, Stephani	SWLC	9.23m
8	Lockstadt, Ale	SWSW	8.99m
9	Pineault, Laura	SWRS	8.97m
10	Mong, Jessica	SWRS	8.97m
11	Harrison, Kiar	SWES	8.87m
12	Koschuk, Shell	SWSW	8.82m
13	Kuskoff, Katy	SWST	8.76m
14	Affleck, Court	SWKI	8.53m
15	Wood, Natasha	SWUR	8.46m
16	Tamminga, Est	SWCM	8.33m

## Event 56 Men Triple Jump Junior

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 14.59m 1996 Kriss Peterson\Sandv

Name	School	Seed	Mark
1	Gauthier, Jayd	SWHE	12.64m
2	Ascot, Mike	SWHE	12.62m
3	Lacroix Smith,	SWHN	12.62m

4	Jeffery, Lukas	SWLC	11.87m
5	Blonsky, Dere	SWLC	11.86m
6	Dierickse, Eva	SWES	11.74m
7	Kelly, Ben	SWSR	11.67m
8	Nelson, Cole	SWKI	11.66m
9	Sanchez, Gino	SWHN	11.38m
10	Carr, Rob	SWSC	11.23m
11	Gray, Michael	SWLC	11.22m
12	Cheung, Allan	SWSW	11.06m
13	Mariuz, Alex	SWSP	10.95m
14	Prong, Tyler	SWNL	10.70m
15	Green, Daniel	SWSJ	10.42m
16	Babcock, Drak	SWNO	10.20m

## Event 57 Women Shot Put Junior

Thursday 20/05/2010 - 10:00 AM

Meet Record: 13.57m 1982 Joanne Rothery\Ken

Name	School	Seed	Mark
1	Lam, Suzanna	SWFO	10.31m
2	Masson, Chels	SWHE	9.90m
3	Hutt, Bailey	SWNL	9.63m
4	Morse, Nicole	SWES	9.09m
5	Forshaw, Alex	SWLS	9.08m
6	Welten, Caleig	SWLC	8.80m
7	Nicholas, Amb	SWBL	8.33m
8	Arthurs, Alisha	SWNO	8.18m
9	Turner, Kate	SWLC	7.86m
10	Talevska, Vero	SWMA	7.70m
11	Zondag, Katrin	SWMG	7.54m
12	Kulidzan, Mari	SWRS	7.53m
13	Bondy, Alex	SWMA	7.51m
14	Griffiths, Keila	SWMC	7.32m
15	Howell, Lariss	SWWB	7.18m
16	Routley, Corrie	SWWB	7.12m

## Event 58 Men Shot Put 4kg Junior

Wednesday 19/05/2010 - 1:30 PM

Meet Record: 16.09m 2008 Darnell Girard

Name	School	Seed	Mark
1	Boersma, Brett	SWNO	15.47m
2	Dame, Josh	SWES	15.44m
3	Wortley, Corey	SWMA	15.35m
4	Lanteigne, Aus	SWSP	14.55m
5	Williams, Jake	SWNO	14.25m
6	Marchand, Anc	SWLK	13.72m
7	Kreitzer, Taylo	SWBR	13.62m
8	Medel, Daniel	SWRS	13.05m
9	Mulder, Mycha	SWCA	12.96m
10	Simpson, Greg	SWCK	12.88m
11	Handy, Eliot	SWNO	12.75m
12	Hopper, Will	SWRI	12.31m
13	Freeman Gibb,	SWHN	12.15m
14	Spanic, Anthor	SWAM	11.78m
15	Brown, Jordan	SWPA	11.43m
16	Pare, Michael	SWSW	11.37m

## Event 59 Women Discus Throw Junior

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 41.71m 1998 Christina Taouil

Name	School	Seed	Mark
1	Forshaw, Alex	SWLS	29.16m
2	Coughlin, Mar	SWTV	28.53m
3	Nicholas, Amb	SWBL	26.71m
4	Turner, Kate	SWLC	24.76m
5	Carpani, Veror	SWSC	24.48m
6	Bondy, Alex	SWMA	23.87m
7	Welten, Caleig	SWLC	23.22m
8	Masson, Chels	SWHE	23.18m
9	Tracey, Katie	SWSA	23.15m
10	Tighe, Daniell	SWBR	22.29m
11	Kulidzan, Mari	SWRS	22.14m
12	Limarzi, Laura	SWAS	21.76m
13	Hanly, Lexie	SWSC	20.35m
14	Zondag, Katrin	SWMG	20.27m
15	Howell, Lariss	SWWB	20.24m

## Event 60 Men Discus Throw 1kg Junior

Wednesday 19/05/2010 - 10:00 AM

Meet Record: 53.93m 2004 Josh Wilson

Name	School	Seed	Mark
1	Kreitzer, Taylo	SWBR	42.97m
2	Rocca, Michae	SWST	42.53m
3	Dame, Josh	SWES	36.86m
4	Noll, Carter	SWLC	35.06m
5	Concannon, Ja	SWRS	33.48m
6	Collette, Josh	SWNL	32.44m
7	Medel, Daniel	SWRS	32.30m
8	Brown, Jordan	SWPA	32.23m
9	Fleischer, Tom	SWNO	32.07m
10	McCaig, Josh	SWST	31.27m
11	Spanic, Anthor	SWAM	31.03m
12	Gillard, Caleb	SWUR	28.93m
13	Freeman Gibb,	SWHN	28.62m
14	Mullins, Greg	SWSA	28.22m
15	Werner, Justin	SWBR	27.07m
16	Hopper, Will	SWRI	22.21m

## Event 61 Women Javelin Throw Junior

Thursday 20/05/2010 - 1:30 PM

Meet Record: 46.52m 1996 Andrea Bulat\Brenna

Name	School	Seed	Mark
1	Bondy, Saman	SWHE	33.40m
2	Koschuk, Shell	SWSW	29.89m
3	Burress, Leah	SWHN	29.01m
4	Hanly, Lexie	SWSC	28.73m
5	Clark, Karli	SWBN	28.72m
6	Ritchie, Deann	SWNO	27.93m
7	Bondy, Alex	SWMA	27.90m
8	Tracey, Katie	SWSA	26.97m
9	Lomazzo, Jessi	SWSW	26.44m
10	Tighe, Daniell	SWBR	24.70m
11	Deschenes, Da	SWST	22.97m
12	Fowlie, Cassan	SWNO	22.00m
13	Howes, Ashley	SWSP	21.77m

## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

Day1 Sarnia / Day 2 Windsor  
Performance List

## Event 61 ... (Women Javelin Throw Junior)

14	Graham, Linds	SWNO	21.32m
15	McLean, Janel	SWLC	21.30m
16	Nicholas, Amb	SWBL	20.53m

## Event 62 Men Javelin Throw 600g Junior

Thursday 20/05/2010 - 12:00 PM

Meet Record: 55.72m 2009 Tyler Withers

Name	School	Seed	Mark
1	Kreitzer, Taylo	SWBR	60.32m
2	Chan, Richard	SWSW	55.58m
3	Hackney, Aaro	SWSW	54.15m
4	Lanteigne, Aus	SWSP	51.21m
5	Couloufif, Mat	SWHN	47.56m
6	Handy, Eliot	SWNO	43.76m
7	Williams, Jake	SWNO	43.60m
8	Packer, Jacob	SWNO	43.08m
9	Francis-Taylor	SWHN	40.34m
10	Mallender, Mil	SWAM	40.14m
11	Grosse, Kalan	SWBR	39.74m
12	Spanic, Anthor	SWAM	39.61m
13	Martin, Austin	SWLK	30.64m
14	Wolfe, Ryan	SWCK	29.99m
15	Simpson, Greg	SWCK	24.95m
16	Craig, Jesse	SWLK	24.60m

## Event 63 Women 4x100 Meter Relay Junior

Wednesday 19/05/2010 - 3:15 PM

Meet Record: 50.1h 1971 Massey

Team	Relay	Seed	Time
1	SWNO	A	52.65
2	SWLC	A	53.30
3	SWUR	A	55.41
4	SWSA	A	55.61
5	SWBR	A	56.51
6	SWKI	A	57.10
7	SWHE	A	57.18
8	SWLS	A	57.35
9	SWSW	A	57.57
10	SWNL	A	58.73
11	SWSR	A	58.84
12	SWHN	A	58.85
13	SWTV	A	59.01

## Event 64 Men 4x100 Meter Relay Junior

Wednesday 19/05/2010 - 3:15 PM

Meet Record: 44.03 1997 St.Joseph

Team	Relay	Seed	Time
1	SWHN	A	46.02
2	SWNO	A	46.70
3	SWHE	A	46.85
4	SWSW	A	46.93
5	SWCK	A	47.96
6	SWLC	A	48.75
7	SWES	A	48.86
8	SWAS	A	48.93
9	SWLK	A	49.48
10	SWSA	A	50.01

## Event 65 Women 100 Meter Senior Prelims

Wednesday 19/05/2010 - 11:20 AM

Meet Record: 12.3h 1991 Gisele Poulin\L'Esso

Name	School	Seed	Time
1	Wilson, Amy	SWNL	12.87
2	Jones, Tichina	SWRS	12.96
3	McMahon, kris	SWBR	13.19
4	Deschamps, R	SWSW	13.20
5	Pillon, Brittany	SWTV	13.41
6	Hiller, Dayna	SWNO	13.48
7	Ross, Kim	SWSC	13.53
8	Moran, Kara	SWSP	13.73
9	Khalaf, Miriam	SWBN	13.82
10	Paton, Sarah	SWSW	13.83
11	Siniarski, Eva	SWHN	14.07
12	Aguilar, Gloria	SWHN	14.16
13	Robert, Coriss	SWUR	14.33
14	Pippo, Julia	SWUR	14.62
15	Squazzin, Katr	SWUR	14.78
16	Cayer, Erica	SWBL	15.14

## Event 66 Men 100 Meter Senior Prelims

Wednesday 19/05/2010 - 11:20 AM

Meet Record: 10.6h 1975 Rocco Stella\General

Meet Record: 10.6h 1991 Kevin Butcher\Chath

Name	School	Seed	Time
1	MacLeod, Tyle	SWSW	10.88
2	McKeegan, M	SWHN	11.04
3	Colquhoun, Ar	SWHE	11.05
4	Annett, Tyler	SWNO	11.27
5	Wattie, Graeme	SWNO	11.32
6	Amir, Ali	SWSW	11.40
7	Lumley, Beau	SWHE	11.55
8	Bezaire, Corey	SWAM	11.59
9	Sullivan, Colin	SWSP	11.59
10	Bednarik, Tom	SWCK	11.64
11	Santos, George	SWSJ	11.71
12	Young, Ryan	SWNO	11.72
13	Smyth, Graham	SWCK	11.79
14	Robbins, RJ	SWRS	11.98
15	Wright, Josh	SWMG	12.30
16	Martin, Joel	SWMG	12.45

## Event 67 Women 200 Meter Senior Prelims

Thursday 20/05/2010 - 10:00 AM

Meet Record: 24.99 2008 Alexa Winik

Name	School	Seed	Time
1	Balkwill, Kelse	SWES	24.81
2	Lewis, Brittany	SWSC	25.66
3	Griffiths, Nath	SWMC	25.80
4	Jones, Tichina	SWRS	26.02
5	Wilson, Amy	SWNL	26.32
6	Pillon, Brittany	SWTV	27.24
7	Deschamps, R	SWSW	27.40

8	Abrams, Danie	SWMA	27.41
9	Makar, Nicole	SWST	27.67
10	Paton, Sarah	SWSW	27.69
11	McMahon, kris	SWBR	27.86
12	Moran, Kara	SWSP	28.08
13	Beaten, Devan	SWNO	28.17
14	Robert, Coriss	SWUR	29.42
15	Myers, Alesha	SWUR	29.72
16	Squazzin, Katr	SWUR	30.18

## Event 68 Men 200 Meter Senior Prelims

Thursday 20/05/2010 - 10:00 AM

Meet Record: 21.8h 1975 Rocco Stella\General

Meet Record: 21.82 2006 Nathan Riva

Name	School	Seed	Time
1	MacLeod, Tyle	SWSW	21.94
2	McKeegan, M	SWHN	22.08
3	Johnson, Charl	SWHE	22.67
4	Annett, Tyler	SWNO	22.79
5	Young, Ryan	SWNO	23.04
6	Wattie, Graeme	SWNO	23.16
7	Nawesei, Egbo	SWHN	23.19
8	Strybos, Stever	SWST	23.29
9	Lumley, Beau	SWHE	23.33
10	Amir, Ali	SWSW	23.37
11	Santos, George	SWSJ	23.49
12	Bezaire, Corey	SWAM	23.67
13	Smyth, Graham	SWCK	23.90
14	Wright, Josh	SWMG	25.10
15	Turgeon, Wayr	SWBL	26.00
16	House, Josh	SWUR	26.08

## Event 69 Women 400 Meter Senior

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 56.39 2008 Alexa Winik

Name	School	Seed	Time
1	Balkwill, Kelse	SWES	56.11
2	Lewis, Brittany	SWSC	58.83
3	Griffiths, Nath	SWMC	1:00.49
4	Cyrenne, Genn	SWHE	1:00.73
5	Telega, Lyndse	SWSW	1:02.57
6	Makar, Nicole	SWST	1:03.22
7	Van Espen, Lis	SWSW	1:03.35
8	Little, TJ	SWNL	1:04.21
9	Fisher, Jolene	SWNO	1:04.60
10	Veens, Sarah	SWNL	1:04.80
11	Robert, Coriss	SWUR	1:05.15
12	Gemmell, Ama	SWES	1:05.41
13	Burton, Kelly	SWBR	1:06.22
14	Cambil, Jessic	SWBN	1:06.94
15	Squazzin, Katr	SWUR	1:09.50
16	Myers, Alesha	SWUR	1:09.58

## Event 70 Men 400 Meter Senior

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 48.27 2006 Jonathan Reid

Name	School	Seed	Time
1	Colquhoun, Ar	SWHE	49.19
2	Johnson, Charl	SWHE	51.00



## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

Day1 Sarnia / Day 2 Windsor  
Performance List**Event 70 ... (Men 400 Meter Senior)**

3	Sawatzky, Ada	SWNO	51.27
4	McKeegan, Mi	SWHN	51.37
5	Savic, Milos	SWHE	52.42
6	Pizzolitto, Don	SWAS	52.81
7	Huzevka, Bran	SWNO	52.90
8	Santos, George	SWSJ	52.93
9	Young, Ryan	SWNO	53.30
10	Nawesei, Egbo	SWHN	53.83
11	Gemmell, Jami	SWES	54.06
12	Golub, Devin	SWST	54.21
13	House, Josh	SWUR	55.63
14	Funk, Brandon	SWPA	57.48
15	VanHooste, Joi	SWUR	58.67
16	Fleury, Matt	SWBL	59.31

**Event 71 Women 800 Meter Senior****Thursday 20/05/2010 - 10:40 AM****Meet Record: 2:12.93 2000 Hilary Edmondson \**

Name	School	Seed Time
1	Fleischer, Katie	SWNO 2:22.23
2	Kellam, Samar	SWAM 2:23.33
3	Bernard, Franc	SWMA 2:23.34
4	Gray, Jenn	SWLC 2:25.38
5	Telega, Lyndse	SWSW 2:26.09
6	Parker, Sarah	SWNO 2:26.29
7	Morgan, Kodi	SWRS 2:26.81
8	Malette, Gabrie	SWAS 2:26.99
9	Abram, Sabrina	SWNO 2:29.73
10	Gemmell, Ama	SWES 2:32.78
11	Bertucci, Eliza	SWTV 2:36.44
12	Petrasovic, Juli	SWSA 2:37.38
13	Little, TJ	SWNL 2:37.64
14	Koopmans, Jul	SWCM 2:42.67
15	Arthur, Nikki	SWNL 2:42.95
16	Davis, Kayley	SWCK 2:55.44

**Event 72 Men 800 Meter Senior****Thursday 20/05/2010 - 10:40 AM****Meet Record: 1:54.10 1993 Sean Ryan\Brennan**

Name	School	Seed Time
1	Janikowski, Pa	SWTV 1:56.00
2	Sawatzky, Ada	SWNO 1:56.84
3	Pizzolitto, Don	SWAS 1:58.44
4	Meloche, Davi	SWMA 1:59.07
5	Huzevka, Bran	SWNO 2:00.34
6	Fortune, Patric	SWKE 2:03.78
7	Nelson, Mike	SWST 2:04.54
8	Barnes, Derek	SWNO 2:07.04
9	Krey, Matt	SWMA 2:07.58
10	McNamara, St	SWCM 2:10.00
11	Wall, Jason	SWUM 2:11.12
12	Burdett, Haydr	SWMA 2:12.44
13	Blakney, Taylc	SWHE 2:13.28
14	Gordon, Mike	SWNL 2:18.44
15	Blondeel, Blak	SWPA 2:22.93
16	Funk, Brandon	SWPA 2:28.54

**Event 73 Women 1500 Meter Senior****Wednesday 19/05/2010 - 2:20 PM****Meet Record: 4:32.89 2000 Hilary Edmondston \**

Name	School	Seed Time
1	Fleischer, Katie	SWNO 4:52.87
2	Marton, Meagl	SWAM 4:53.80
3	Baydoun, Zein	SWMA 4:54.99
4	Bernard, Franc	SWMA 5:00.21
5	Kellam, Samar	SWAM 5:03.63
6	Moore, Melissa	SWMA 5:06.44
7	Malette, Gabrie	SWAS 5:11.78
8	Gray, Jenn	SWLC 5:12.22
9	Steele, Christi	SWCK 5:12.47
10	Parker, Sarah	SWNO 5:15.11
11	Abram, Sabrina	SWNO 5:21.43
12	Marcotte Toale	SWAS 5:24.31
13	Chevalier, Can	SWES 5:28.50
14	Koopmans, Jul	SWCM 5:36.44
15	Davis, Kayley	SWCK 5:43.98
16	Sarapnickas, E	SWWB 5:44.34

**Event 74 Men 1500 Meter Senior****Wednesday 19/05/2010 - 2:20 PM****Meet Record: 3:59.44 2006 David Moore**

Name	School	Seed Time
1	Smith, Daryl	SWMA 4:05.38
2	McArthur, Tay	SWUR 4:10.04
3	Janikowski, Pa	SWTV 4:10.60
4	Meloche, Davi	SWMA 4:11.19
5	Sawatzky, Ada	SWNO 4:15.39
6	Kowalsky, Anc	SWMA 4:17.45
7	McNamara, St	SWCM 4:17.47
8	Hall, Matt	SWST 4:17.66
9	Hewlett, Tyler	SWNO 4:19.48
10	Fortune, Patric	SWKE 4:21.23
11	Brown, Zac	SWNO 4:23.25
12	Holley, Mike	SWST 4:23.97
13	Pizzolitto, Don	SWAS 4:26.71
14	Mitchell, Reid	SWAS 4:27.64
15	Campbell, Eva	SWSA 4:43.93
16	Carroll, Nathar	SWUR 4:46.65

**Event 75 Women 3000 Meter Senior****Thursday 20/05/2010 - 1:45 PM****Meet Record: 10:06.98 2002 Amy Kohlmeier**

Name	School	Seed Time
1	Baydoun, Zein	SWMA 10:26.52
2	Marton, Meagl	SWAM 10:33.23
3	Bernard, Franc	SWMA 10:40.36
4	Moore, Melissa	SWMA 10:40.67
5	Marcotte Toale	SWAS 11:14.62
6	Fleischer, Katie	SWNO 11:15.54
7	Malette, Gabrie	SWAS 11:26.58
8	Steele, Christi	SWCK 11:37.16
9	Chevalier, Can	SWES 11:37.45
10	Gaudette, Megi	SWSA 11:39.84
11	Arthur, Nikki	SWNL 12:15.98
12	Koopmans, Jul	SWCM 12:18.40

13	Stephens, Jill	SWLC 12:22.38
14	Mellon, Stefan	SWNO 12:36.26
15	Renaud, Britta	SWCK 12:42.79
16	Sarapnickas, E	SWWB 12:53.11

**Event 76 Men 3000 Meter Senior****Thursday 20/05/2010 - 1:45 PM****Meet Record: 8:39.00 1980 Scott Mills\Low**

Name	School	Seed Time
1	Smith, Daryl	SWMA 8:27.90
2	Kowalsky, Anc	SWMA 8:45.67
3	Meloche, Davi	SWMA 8:50.43
4	Hall, Matt	SWST 9:19.50
5	McArthur, Tay	SWUR 9:26.18
6	Brown, Zac	SWNO 9:28.01
7	McNamara, St	SWCM 9:29.56
8	Mitchell, Reid	SWAS 9:31.99
9	Smith, Clint	SWLC 9:32.26
10	Hewlett, Tyler	SWNO 9:41.13
11	Holley, Mike	SWST 9:49.24
12	Charlton, John	SWBR 9:52.24
13	Jenner, Drew	SWHA 10:01.50
14	Campbell, Eva	SWSA 10:02.44
15	Demarco, Rob	SWTV 10:03.73
16	Carroll, Nathar	SWUR 11:58.14

**Event 77 Women 100 Meter Hurdles Senior Prelims****Wednesday 19/05/2010 - 10:30 AM****Meet Record: 14.73 2001 Kelley Park \ Sandwi**

Name	School	Seed Time
1	Van Espen, Lis	SWSW 15.84
2	Harding, Sarah	SWNO 15.94
3	Cyrenne, Genn	SWHE 16.24
4	Vandenborn, E	SWCK 16.58
5	Burton, Kelly	SWBR 16.64
6	Williams, Riley	SWSC 17.07
7	Reddy, Megha	SWST 17.22
8	Howard, Jamie	SWSW 17.23
9	Chauvin, Mari	SWBR 17.44
10	Lucier, Karli	SWAS 18.01
11	Leonard, Ashle	SWNO 18.05
12	Dam, Vanessa	SWLC 18.17
13	Gray, Paula	SWWB 18.38
14	Clarkson, Step	SWES 18.56
15	Brochert, Kate	SWAM 19.25
16	Pippo, Julia	SWUR 21.06

**Event 78 Men 110 Meter Hurdles Senior Prelims****Wednesday 19/05/2010 - 10:30 AM****Meet Record: 14.6h 1978 John Schmidt\Brenna****Meet Record: 14.78 2006 David Gomes**

Name	School	Seed Time
1	Colquhoun, Ar	SWHE 14.84
2	Pfaff, Jake	SWSW 15.24
3	Snowdon, Mik	SWCI 15.32
4	Landry, Kyle	SWSW 15.44
5	Mastronardi, S	SWLM 15.60
6	Paisley, Micha	SWLC 15.61
7	Withers, Ben	SWNO 15.86

## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

Day1 Sarnia / Day 2 Windsor  
Performance List

## Event 78 ... (Men 110 Meter Hurdles Senior)

8 Sabutsch, Paul	SWCC	16.14
9 Hesman, Gidec	SWSW	16.69
10 Butler, Marty	SWLC	18.23
11 Aitken, Chris	SWLC	18.58
12 Foldesi, Devin	SWCC	23.20

## Event 79 Women 400 Meter Hurdles Senior

Thursday 20/05/2010 - 11:30 AM

Meet Record: 1:03.20 1991 Tara Smith\Chatham

Name	School	Seed Time
1 Balkwill, Kelse	SWES	1:03.19
2 Cyrenne, Genn	SWHE	1:07.20
3 Van Espen, Lis	SWSW	1:10.01
4 Lewis, Brittany	SWSC	1:11.54
5 Vandeborn, E	SWCK	1:12.37
6 Burton, Kelly	SWBR	1:13.96
7 Evers, Amy	SWST	1:14.26
8 Telega, Lyndse	SWSW	1:16.66
9 Stoesser, Mary	SWSP	1:16.89
10 Leonard, Ashle	SWNO	1:18.51
11 Milos, Adi	SWBR	1:18.52
12 VanKlaveren, I	SWLC	1:18.64
13 Sibbald, Jayde	SWNO	1:18.76
14 Normandeau, I	SWBN	1:19.62
15 MacTavish, La	SWWB	1:23.92
16 Bondy, Staci	SWSW	1:26.23

## Event 80 Men 400 Meter Hurdles Senior

Thursday 20/05/2010 - 11:30 AM

Meet Record: 54.85 2003 Ryan Byrne

Name	School	Seed Time
1 Savic, Milos	SWHE	59.13
2 Johnson, Charl	SWHE	1:00.18
3 Landry, Kyle	SWSW	1:01.00
4 Van Dusen, Jai	SWSJ	1:01.07
5 Hesman, Gidec	SWSW	1:01.33
6 Squire, Joel	SWBR	1:01.58
7 Hesley, Eli	SWHE	1:01.86
8 Mastronardi, S	SWLM	1:01.88
9 Huzevka, Bran	SWNO	1:02.02
10 Smith, Clint	SWLC	1:03.30
11 Martin, Joel	SWMG	1:04.92
12 Paisley, Micha	SWLC	1:04.95
13 House, Josh	SWUR	1:05.78
14 Huebl, Ryan	SWNO	1:12.29

## Event 81 Women High Jump Senior

Wednesday 19/05/2010 - 10:00 AM

Starting Height 1.25m, then by 5 to 1.45m, then by 3

Meet Record: 1.73m 2004 Shelby Aldous

Name	School	Seed Mark
1 Dam, Vanessa	SWLC	1.50m
2 Smyth, Melissa	SWMG	1.48m
3 Henshaw, Sara	SWWV	1.48m
4 Jones, Tichina	SWRS	1.45m
5 Moroun, Kim	SWBR	1.45m
6 Williams, Riley	SWSC	1.45m

7 VanKlaveren, I	SWLC	1.45m
8 Sharman, Tess	SWSJ	1.40m
9 Ross, Kim	SWSC	1.40m
10 Stewart, Blaire	SWCK	1.36m
11 Kongas, Kelsey	SWST	1.35m
12 Clark, Lindsay	SWNO	1.35m
13 Corey, Blair	SWSW	1.35m
14 Bulkiewicz, Kr	SWSW	1.35m
15 Huneault, Jenn	SWAM	1.35m
16 Crawford, Sam	SWKI	1.35m

## Event 82 Men High Jump Senior

Wednesday 19/05/2010 - 12:00 PM

Starting Height 1.62m, by 5 to 1.72m, then 3

Meet Record: 2.15m 2006 Brad Huey

Name	School	Seed Mark
1 Dunn, Jayden	SWLC	1.91m
2 Crough, Austir	SWSA	1.80m
3 Dyck, Tim	SWKI	1.80m
4 Withers, Ben	SWNO	1.80m
5 Smith-White, C	SWSC	1.80m
6 Lucier, Mike	SWNL	1.80m
7 Payne, Trent	SWFO	1.80m
8 Bessey, Matt	SWSW	1.80m
9 Xu, Kevin	SWSW	1.80m
10 Elliot, Kuinton	SWAM	1.75m
11 Sullivan, Colin	SWSP	1.75m
12 French, Calwin	SWRS	1.70m
13 Tamminga, Lu	SWCM	1.69m
14 Malott, Jeff	SWTI	1.66m
15 DiTomasso, Er	SWSW	1.65m
16 Hay, Tyler	SWCK	1.63m

## Event 83 Women Pole Vault Senior

Thursday 20/05/2010 - 9:00 AM

Starting Height 1.60m, then by 10

Meet Record: 3.36m 2007 Erica Reiser

Name	School	Seed Mark
1 Felet, Meaghar	SWMA	3.00m
2 Fischer, Courtr	SWKI	2.55m
3 McFadden, Jill	SWSW	2.10m
4 Romaniuk, Jen	SWSA	1.95m
5 Stewart, Blaire	SWCK	1.85m
6 Dominato, Ale	SWSA	1.80m
7 Bortolotti, Carl	SWSW	1.80m
8 Tyrell, Macken	SWLM	1.80m
9 Bondy, Kayla	SWAS	1.80m

## Event 84 Men Pole Vault Senior

Thursday 20/05/2010 - 2:00 PM

Starting Height 2.40, by 15 to 2.85, then by 10

Meet Record: 4.50m 1995 Kristian Wilson\Blen

Name	School	Seed Mark
1 Pfaff, Jake	SWSW	4.00m
2 Lecours, Mich	SWSW	3.55m
3 Schroeder, Cla	SWLM	3.40m
4 Harwood, Dan	SWCK	3.40m
5 DiTomasso, Er	SWSW	3.25m
6 Crough, Austir	SWSA	3.10m

7 Mouck, Wheat	SWLM	3.10m
8 Giesbrecht, Jo	SWLM	2.80m
9 Dmytrow, Rya	SWSA	2.65m

## Event 85 Women Long Jump Senior

Thursday 20/05/2010 - 12:00 PM

Meet Record: 5.63m 2001 Sabrina Notarangelo

Name	School	Seed Mark
1 Griffiths, Nath	SWMC	5.01m
2 Sikkema, Chris	SWCM	4.95m
3 Parent, Karlee	SWBR	4.95m
4 Pile, Phyllicia	SWES	4.90m
5 Harding, Sarah	SWNO	4.67m
6 Pretty, Kandice	SWTV	4.60m
7 Chittle, Laura	SWES	4.60m
8 Williams, Riley	SWSC	4.55m
9 Stewart, Blaire	SWCK	4.55m
10 DePooter, Kale	SWWB	4.51m
11 Deveau-Carter,	SWLM	4.41m
12 Campbell, Am	SWLC	4.38m
13 Girard, Daniell	SWST	4.38m
14 Elliot, Kuyan	SWAM	4.36m
15 Gray, Paula	SWWB	4.33m
16 Olagbegi, Bosc	SWSJ	4.31m

## Event 86 Men Long Jump Senior

Thursday 20/05/2010 - 1:30 PM

Meet Record: 7.14m 1997 Kriss Peterson\Sandy

Name	School	Seed Mark
1 Bednarik, Tom	SWCK	6.45m
2 Veenstra, Rich	SWMA	6.19m
3 Pfaff, Jake	SWSW	5.98m
4 Lue, Greg	SWST	5.98m
5 Wright, Aaron	SWHA	5.97m
6 Withers, Ben	SWNO	5.93m
7 Avelar, Logan	SWLM	5.90m
8 McDonald, Eri	SWST	5.88m
9 Lucier, Mike	SWNL	5.81m
10 Payne, Trent	SWFO	5.79m
11 Clarke, Collin	SWSW	5.70m
12 Hesley, Eli	SWHE	5.65m
13 Simms, Jonath	SWSW	5.59m
14 Bishop, Peter	SWCK	5.51m
15 Shuiian, Zach	SWBL	5.47m
16 Turgeon, Wayr	SWBL	5.34m

## Event 87 Women Triple Jump Senior

Wednesday 19/05/2010 - 1:30 PM

Meet Record: 11.78m 2001 Kim Braithwaite \Ch

Name	School	Seed Mark
1 Sikkema, Chris	SWCM	10.77m
2 Chittle, Laura	SWES	10.68m
3 DePooter, Kale	SWWB	10.28m
4 Pile, Phyllicia	SWES	10.23m
5 Gray, Paula	SWWB	10.09m
6 Stoesser, Mary	SWSP	9.92m
7 Prong, Kelsey	SWNL	9.85m
8 Phaneuf, Nicol	SWES	9.82m
9 Macrae, Miche	SWLC	9.47m

## SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010

Day1 Sarnia / Day 2 Windsor  
Performance List

## Event 87 ... (Women Triple Jump Senior)

10	Bertrand, Dani	SWWV	9.37m
11	Harris, Shanice	SWAS	9.28m
12	Deveau-Carter,	SWLM	9.25m
13	Bulkiewicz, Kr	SWSW	9.12m
14	Fisher, Carly	SWUR	9.10m
15	Roberts, Tenie	SWAS	8.92m
16	Graham, Jenna	SWNO	8.85m

## Event 88 Men Triple Jump Senior

Thursday 20/05/2010 - 10:00 AM

Meet Record: 14.24m 1973 Mike Nipinak\Brenna

Name	School	Seed	Mark
1	Bednarik, Tom	SWCK	13.28m
2	Blackmore, Jor	SWHE	13.12m
3	Gauthier, Jorc	SWHE	12.82m
4	Veenstra, Rich	SWMA	12.68m
5	Crough, Austir	SWSA	12.41m
6	Foldesi, Devin	SWCC	12.05m
7	Clarke, Collin	SWSW	11.98m
8	Souliere, Jorda	SWBR	11.83m
9	Xu, Kevin	SWSW	11.79m
10	Lucier, Mike	SWNL	11.58m
11	Withers, Tyler	SWNO	11.47m
12	Shuiian, Zach	SWBL	11.22m
13	Gordon, Mike	SWNL	11.07m
14	Tsuruda, Aaron	SWRI	10.99m
15	Oh, Harry	SWSP	10.76m
16	Molzan, Jordar	SWLC	10.73m

## Event 89 Women Shot Put Senior

Thursday 20/05/2010 - 1:30 PM

Meet Record: 14.05m 1980 Cindy Crapper\Sand

Name	School	Seed	Mark
1	Cowan, Jacinta	SWSJ	11.14m
2	Service, Ciji	SWSP	10.83m
3	Hitchcock, Jes	SWSW	10.23m
4	Dodson, Kayla	SWRS	10.16m
5	Larocque, Joce	SWSA	10.14m
6	Rogers, Jillian	SWSR	10.13m
7	Athanasopoulo	SWST	10.06m
8	Miller, Jessika	SWNO	9.91m
9	Armstrong, Er	SWMG	9.19m
10	Radan, Bojana	SWKE	9.16m
11	Moroun, Kim	SWBR	8.89m
12	Herbert, Briell	SWAM	8.78m
13	Mickle, Rebec	SWAM	8.75m
14	Brouwer, Allis	SWCM	8.22m
15	Pailey, Destiny	SWCK	7.85m
16	Couture, Erin	SWRI	7.83m

## Event 90 Men Shot Put Senior

Thursday 20/05/2010 - 12:00 PM

Meet Record: 20.26m 1995 Brad Snyder\St.Joseph

Name	School	Seed	Mark
1	Young, Jordan	SWMA	17.99m
2	Girard, Darnell	SWHE	16.33m
3	Gray, Jackson	SWSR	15.89m

4	Gauthier, Jorc	SWHE	15.38m
5	Thompson, Bre	SWST	14.36m
6	Paulley, Jeff	SWSR	14.26m
7	DiSilvia, Josh	SWHN	13.94m
8	Remeloso-Talb	SWCA	13.14m
9	Hedges, Brett	SWAM	12.77m
10	laChance, Kris	SWNO	12.72m
11	Rollo, Zach	SWBR	12.39m
12	Trasher, Nicho	SWLS	12.29m
13	Durston, Adan	SWWB	11.69m
14	Plumbridge, Ja	SWRI	11.53m
15	Tammaing, Lu	SWCM	10.75m
16	Kominek, Josh	SWUR	10.72m

## Event 91 Women Discus Throw Senior

Thursday 20/05/2010 - 10:00 AM

Meet Record: 44.42m 1984 Joanne Rothery\Ken

Name	School	Seed	Mark
1	Kulidzan, Mili	SWSR	34.86m
2	Cowan, Jacinta	SWSJ	33.28m
3	Luker, Carissa	SWLC	32.49m
4	Hitchcock, Jes	SWSW	31.68m
5	Balzer, Brianna	SWHN	31.08m
6	Service, Ciji	SWSP	30.55m
7	Armstrong, Er	SWMG	30.19m
8	Miller, Jessika	SWNO	29.81m
9	Dobbin, Karly	SWLC	28.87m
10	Vuletic, Dragana	SWRS	28.17m
11	Radan, Bojana	SWKE	27.06m
12	Morlog, Sami	SWCK	26.62m
13	Herbert, Briell	SWAM	26.37m
14	Couture, Erin	SWRI	25.51m
15	Mickle, Rebec	SWAM	22.93m
16	Pailey, Destiny	SWCK	22.43m

## Event 92 Men Discus Throw Senior

Wednesday 19/05/2010 - 1:30 PM

Meet Record: 54.81m 2002 Mike Marsh

Name	School	Seed	Mark
1	Young, Jordan	SWMA	55.46m
2	Gray, Jackson	SWSR	49.87m
3	Gauthier, Jorc	SWHE	43.56m
4	Rocca, Joe	SWST	42.45m
5	Chittim, Luke	SWRS	38.53m
6	Tammaing, Lu	SWCM	38.28m
7	Stymest, Justin	SWNO	37.67m
8	Hedges, Brett	SWAM	37.45m
9	Paulley, Jeff	SWSR	37.08m
10	Remeloso-Talb	SWCA	36.26m
11	Smith, Spencer	SWHN	35.15m
12	Girard, Darnell	SWHE	34.12m
13	Raniwsky, Ale	SWHE	33.27m
14	Lobzun, Ricky	SWRS	32.91m
15	Durston, Adan	SWWB	30.41m
16	Flook, Daymin	SWBL	26.68m
17	Neudorf, Rob	SWBL	26.38m

## Event 93 Women Javelin Throw Senior

Wednesday 19/05/2010 - 12:00 PM

Meet Record: 47.72m 1980 Cindy Crapper\Sand

Name	School	Seed	Mark
1	Hitchcock, Jes	SWSW	39.84m
2	Henry, Kelsey	SWST	38.48m
3	Kulidzan, Mili	SWSR	34.27m
4	Robson, Hann	SWBN	34.26m
5	Moroun, Kim	SWBR	32.70m
6	Graham, Jenna	SWNO	32.59m
7	Ducharme, Ler	SWTV	32.10m
8	Belanger, Briar	SWSR	32.06m
9	Gyemi, Lauren	SWWV	30.92m
10	Woods, Taylor	SWNO	29.42m
11	Mullins, Anna	SWSA	29.34m
12	Pailey, Destiny	SWCK	27.89m
13	Bulkiewicz, Kr	SWSW	27.01m
14	Ball, Karen	SWBL	22.89m
15	Dunn, Julie	SWUR	22.87m
16	Morlog, Sami	SWCK	21.68m

## Event 94 Men Javelin Throw Senior

Wednesday 19/05/2010 - 10:00 AM

Meet Record: 69.64m 1981 Mike Brennan\Kings

Name	School	Seed	Mark
1	Withers, Tyler	SWNO	49.39m
2	Paisley, Micha	SWLC	47.21m
3	Sullivan, Colin	SWSP	46.13m
4	Acton, Joel	SWSP	45.87m
5	Plumbridge, Ja	SWRI	44.93m
6	Hackney, Chris	SWSW	44.55m
7	Kolody, Robert	SWSW	44.21m
8	Young, Jordan	SWMA	43.12m
9	Mascaro, Evan	SWBN	41.73m
10	Whittington, J	SWCM	41.26m
11	Mota, Jason	SWBN	40.78m
12	Remeloso-Talb	SWCA	40.71m
13	Raniwsky, Ale	SWHE	40.58m
14	Kreitzer, Brad	SWBR	40.40m
15	Pottier, Sean	SWUR	33.55m
16	Craven, Andre	SWUR	33.28m

## Event 95 Women 4x100 Meter Relay Senior

Wednesday 19/05/2010 - 3:15 PM

Meet Record: 49.82 2003 Brennan, F.J. HS-Wi

M Orzylyowski, M Fall, J Plante, L Smitham

Team	Relay	Seed	Time
1	SWNL	A	51.68
2	SWSC	A	53.19
3	SWNO	A	53.23
4	SWSW	A	53.32
5	SWSP	A	53.63
6	SWST	A	53.94
7	SWMC	A	54.23
8	SWES	A	54.24
9	SWTV	A	54.76
10	SWBR	A	55.43
11	SWCK	A	55.87

**SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010****Day1 Sarnia / Day 2 Windsor  
Performance List****Event 95 ... (Women 4x100 Meter Relay Senior)**

12	SWLC	A	55.93
13	SWHN	A	56.01
14	SWBN	A	56.10
15	SWAM	A	57.02

**Event 96 Men 4x100 Meter Relay Senior****Wednesday 19/05/2010 - 3:15 PM****Meet Record: 42.66 2006 Sandwich**

Team	Relay	Seed Time	
1	SWNO	A	44.20
2	SWSW	A	45.19
3	SWSP	A	45.23
4	SWLC	A	45.82
5	SWHE	A	46.49
6	SWHN	A	46.74
7	SWCK	A	46.93
8	SWAM	A	47.56
9	SWMG	A	47.76
10	SWST	B	47.92
11	SWRS	A	48.13
12	SWNL	A	48.32
13	SWBR	A	48.52
14	SWSJ	A	48.95
15	SWUR	A	51.47

**Event 97 Women 1500 Meter Steeplechase Senior****Wednesday 19/05/2010 - 10:00 AM****Meet Record: 5:06.20 2005 Lydia Willemse**

Name	School	Seed Time	
1	Baydoun, Zein	SWMA	5:16.87
2	Morgan, Kodi	SWRS	5:24.87
3	Kellam, Samar	SWAM	5:27.72
4	Raniwsky, Kay	SWHE	5:44.34
5	Chevalier, Can	SWES	5:46.38
6	Odegard, Paige	SWNO	5:52.05
7	Parris, Kiswan	SWMA	5:54.36
8	Sibbald, Jayde	SWNO	5:56.04
9	Lee, Erinn	SWWB	6:02.02
10	Renaud, Britta	SWCK	6:02.43
11	Adamo, Taylor	SWSJ	6:02.65
12	Flook, Olivia	SWBL	6:04.05
13	Fader, Liz	SWMA	6:08.73
14	Sarapnickas, E	SWWB	6:14.59
15	Margetts, Wen	SWNO	6:18.19
16	McDonald, Sh	SWLC	6:21.00

**Event 98 Men 2000 Meter Steeplechase Senior****Wednesday 19/05/2010 - 10:00 AM****Meet Record: 6:03.20 2008 Daryl Smith**

Name	School	Seed Time	
1	Smith, Daryl	SWMA	6:10.48
2	Piticariu, Dani	SWMA	6:12.83
3	Fortune, Patric	SWKE	6:24.13
4	Smith, Clint	SWLC	6:26.40
5	Brown, Zac	SWNO	6:38.95
6	Leckie, Spence	SWSC	6:53.83
7	Krey, Matt	SWMA	6:56.86

8	Willisie, Lenard	SWSJ	7:05.71
9	VanEngelen, A	SWNL	7:22.54
10	Saunders, Troy	SWNO	7:23.54
11	Carroll, Nathar	SWUR	7:25.14
12	Jenner, Drew	SWHA	7:31.05
13	Renaud, Matt	SWSW	7:36.03
14	Jaeger, Josh	SWCA	7:42.95
15	Murphy, Evan	SWWB	7:53.19

**Event 99 Women 4x400 Meter Relay Senior****Thursday 20/05/2010 - 3:15 PM****Meet Record: 3:58.32 1998 St.Christopher**

Team	Relay	Seed Time	
1	SWES	A	4:11.70
2	SWNO	A	4:13.20
3	SWST	A	4:20.14
4	SWHE	A	4:21.64
5	SWAM	A	4:23.33
6	SWSA	A	4:23.62
7	SWMC	A	4:24.08
8	SWLC	A	4:24.14
9	SWRS	A	4:24.91
10	SWNL	A	4:25.67
11	SWHN	A	4:31.86
12	SWSW	A	4:32.07
13	SWCK	A	4:36.67
14	SWCM	A	4:46.44
15	SWUR	A	4:50.21
16	SWBL	A	5:28.66

**Event 100 Men 4x400 Meter Relay Senior****Thursday 20/05/2010 - 3:40 PM****Meet Record: 3:23.00 2001 St.Joseph's**

Team	Relay	Seed Time	
1	SWHE	A	3:22.36
2	SWNO	A	3:30.26
3	SWSW	A	3:34.90
4	SWMA	A	3:37.89
5	SWST	A	3:38.94
6	SWLC	A	3:40.16
7	SWHN	A	3:42.61
8	SWES	A	3:42.92
9	SWKE	A	3:46.80
10	SWSJ	A	3:47.13
11	SWAS	A	3:47.89
12	SWNL	A	3:50.90
13	SWUR	A	3:55.94
14	SWCM	A	4:02.73
15	SWSR	A	4:14.20

**Event 101 Women 100 Meter Ambulatory****Wednesday 19/05/2010 - 1:50 PM****Meet Record: 15.71 2006 Joanna Edwards**

Name	School	Seed Time	
1	Crevier, Sylvia	SWSP	16.78
2	McLachlan, Vi	SWAS	16.87
3	Laker, Terri-Ly	SWMK	20.32
4	Passador, Katri	SWAS	20.98

**Event 102 Men 100 Meter Ambulatory****Wednesday 19/05/2010 - 1:50 PM****Meet Record: 13.67 2008 Andrew Cook**

Name	School	Seed Time	
1	Wong, Brandon	SWMK	14.06
2	DaSilva, Josh	SWSP	16.03
3	Beneteau, Mari	SWCC	16.33
4	Blondin, Mitch	SWMK	16.50
5	Koolen, Justin	SWMK	17.92
6	Desroches, Doi	SWMK	17.93
7	Koke, Myles	SWCM	23.71