

OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010

Track and Field

University of Windsor Stadium

Meet Program

Event 1 Women 100 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 12.12 2002 Emily JOHNSON/J. F. Ross****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	312 Tegan Sauer	Forest Heigh	_____
2	1026 Madison Herman	St. Joseph's W	_____
3	766 Niki Paiva	Resurrection	_____
4	145 Samantha Brosseau	Catholic Cen	_____
5	36 Madison Dalley	Belle River	_____
6	506 Shauna McPhail	Lambton Cent	_____
7	1006 Courtney Willock	St. James HS	_____
8	1045 Tanisha Johnson	St. Mary's High	_____

Heat 2 of 2 Prelims

1	138 Valentina Perez	Catholic Central	_____
2	1219 Tina Pantic	Herman, W.F.	_____
3	1032 Jallandra Warden	St. Joseph's W	_____
4	429 Sara Eyndhoven	Ingersoll DC	_____
5	143 Kasia Suski	Catholic Central	_____
6	734 Madeline Dailey	Pauline John	_____
7	869 Dimitra Lerikos	Saunders SS	_____
8	134 Amy O'Donnell	Catholic Central	_____

Event 2 Men 100 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 11.18 2006 Corey CRAWLEY****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	1002 Aaron Stemmler	St David	_____
2	542 Stefan Poirier	London Central	_____
3	530 Greg Cherniak	London Central	_____
4	617 Breyden Miller	North Park C	_____
5	320 Adam Gray	Galt Cvi-Cam	_____
6	113 Matteo Del Brocco	Cardinal Car	_____
7	935 Jacob McGhee	St. Anne SS -	_____
8	260 Mitchell Taveirne	Essex D H S-Es	_____

Heat 2 of 2 Prelims

1	743 Riccardo Carranza	Regina Mundi	_____
2	885 Jacob	Banting, Sir	_____
3	1125 Ricardo Rabanes	Villanova	_____
4	1007 Andrew Zamin	St. James HS	_____
5	659 Blake Percy	Northern C I V	_____
6	385 Michael Van Damme	Holy Cross	_____
7	716 Nick Parisotto	Lourdes	_____
8	945 Brendan Woodfull	St. Anne SS -	_____

Event 3 Women 200 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 24.70 2002 Emily JOHNSON/J. F. Ross****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	416 Megan Parsons	Huron Heights S	_____
2	506 Shauna McPhail	Lambton Cent	_____
3	1219 Tina Pantic	Herman, W.F.	_____
4	166 Sarah Muma	Central Elgin	_____
5	257 Taylor Ross	Essex D H S-Es	_____
6	145 Samantha Brosseau	Catholic Cen	_____
7	170 Kelsey King	Central Huron	_____
8	742 Rheanna Butler	Preston H S-C	_____

Heat 2 of 2 Prelims

1	1093 Katherine	St. Thomas Aq	_____
2	43 Justine Mailloux	Belle River	_____
3	134 Amy O'Donnell	Catholic Central	_____
4	772 Bailey Sprout	Resurrection	_____
5	36 Madison Dalley	Belle River	_____
6	913 Mikesha Bobb	Laurier, Sir	_____
7	180 Kelsi Darmon	Centre Welli	_____
8	1247 Ellen Diemert	West Hill	_____

Event 4 Men 200 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 22.69 1993 Andrew BECKFORD /****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	874 Jordan Simpson	Saunders SS	_____
2	775 Josh Warren	Resurrection	_____
3	935 Jacob McGhee	St. Anne SS -	_____
4	530 Greg Cherniak	London Central	_____
5	229 Sab Huber	Elmira Dhs	_____
6	711 Shayne Finoro	Lourdes	_____
7	255 Justin Orton	Essex D H S-Es	_____
8	945 Brendan Woodfull	St. Anne SS -	_____

Heat 2 of 2 Prelims

1	403 Anthony Ubah	Holy Names H	_____
2	215 Craig Maltby	East Elgin SS	_____
3	197 Adam Labute	Chatham-Kent	_____
4	677 Nick Zottl	Northern C I V	_____
5	743 Riccardo Carranza	Regina Mundi	_____
6	1243 Chase Konecny	West Elgin	_____
7	613 Jon Advincula	North Park C	_____
8	617 Breyden Miller	North Park C	_____

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Event 5 Women 400 Meter Midget**Friday 28/05/2010 - 5:19 PM****West Region: 57.3h 1982 Donalda DUPREY / Pt.****Lane Name School Seed Time****Section 1 of 2 Finals**

1	450 Anique Daley	McGregor, Jo	_____
2	899 Brianne Hofstede	Sir John A Macc	_____
3	557 Maddie DeDecker	Dorchester	_____
4	591 Sabrina Fitzgerald	Mother Teresa	_____
5	61 Emma Bluemke	Bluevale	_____
6	1093 Katherine	St. Thomas Aq	_____
7	801 Courtney Fleming	Sandwich	_____
8	20 Katherine Vaidya	Assumption C	_____

Section 2 of 2 Finals

1	1043 Monica Januszek	St. Mary's High	_____
2	1247 Ellen Diemert	West Hill	_____
3	983 Michelle Reddy	St Christoph	_____
4	442 Alison Fraser	John F. Ross	_____
5	263 Sierra Wolfe	Essex D H S-Es	_____
6	134 Amy O'Donnell	Catholic Central	_____
7	886 Meredith Leitch	Banting, Sir	_____
8	257 Taylor Ross	Essex D H S-Es	_____

Event 6 Men 400 Meter Midget**Friday 28/05/2010 - 5:19 PM****West Region: 50.91 1994 Jeff ELLIS / Orangeville****Lane Name School Seed Time****Section 1 of 2 Finals**

1	874 Jordan Simpson	Saunders SS	_____
2	670 Reid Wilcox	Northern C I V	_____
3	1243 Chase Konecny	West Elgin	_____
4	646 Jordan Huzevka	Northern C I V	_____
5	1075 Damien Shepard	St. Patrick'	_____
6	445 Liam Stiles	John F. Ross	_____
7	58 Matt Quirk	Bishop MacDo	_____
8	1062 Mac MacSorley	St. Michael	_____

Section 2 of 2 Finals

1	967 Michael Fraser	St Christoph	_____
2	114 John Arboleda	Catholic Central	_____
3	891 Liam Wilson	Banting, Sir	_____
4	177 Connor Musselman	Centre Dufferin	_____
5	109 Jordan Sherwood	Cameron Heig	_____
6	820 Khalil Parris	Sandwich	_____
7	105 Jalen Noronha	Cameron Heig	_____
8	197 Adam Labute	Chatham-Kent	_____

Event 7 Women 800 Meter Midget**Saturday 29/05/2010 - 3:00 PM****West Region: 2:12.68 2002 Alyson****Lane Name School Seed Time****Section 1 of 1 Finals**

1A	1050 Jaimie Phelan	St. Mary's High	_____
1B	22 Cozette Collin	Assumption	_____
1C	472 Jennifer Rowe	Kitchener Wa	_____
1D	983 Michelle Reddy	St Christoph	_____
1E	263 Sierra Wolfe	Essex D H S-Es	_____
1F	1247 Ellen Diemert	West Hill	_____
2A	402 Carlie Trombley	Holy Names H	_____
2B	980 Nicki Parkes	St Christoph	_____
2C	20 Katherine Vaidya	Assumption C	_____
2D	887 Cassidy Mayer	Banting, Sir	_____
2E	559 Morgan Hendriks	Dorchester	_____
2F	423 Madalyn Ruby	Huron Park SS	_____
2G	591 Sabrina Fitzgerald	Mother Teresa	_____
2H	425 Marissa Ukos	Huron Park SS	_____
2I	18 Nadia Pizzolitto	Assumption C	_____
2J	319 Olivia Gains	Galt Cvi-Cam	_____

Event 8 Men 800 Meter Midget**Saturday 29/05/2010 - 3:00 PM****West Region: 1:55.74 1989 Kevin Sullivan/Brantford-North****Lane Name School Seed Time****Section 1 of 1 Finals**

1A	891 Liam Wilson	Banting, Sir	_____
1B	1004 Paul Kealey	St. James HS	_____
1C	814 Michael Lozinski	Sandwich	_____
1D	177 Connor Musselman	Centre Dufferin	_____
1E	957 Nathan Cumber	St. Benedict	_____
1F	445 Liam Stiles	John F. Ross	_____
2A	825 Ryan Sinclair	Sandwich	_____
2B	583 Ryan Foott	Montcalm SS	_____
2C	646 Jordan Huzevka	Northern C I V	_____
2D	1049 Chris Oblitas	St. Mary's High	_____
2E	1066 Cameron Oliver	St. Michael	_____
2F	888 Devin Pfeister	Banting, Sir	_____
2G	1190 Blake Rupert	Massey, Vinc	_____
2H	1189 Alexander	Massey, Vinc	_____
2I	572 Henry Off	Medway HS	_____
2J	670 Reid Wilcox	Northern C I V	_____

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Event 9 Women 1500 Meter Midget**Friday 28/05/2010 - 5:05 PM****West Region: 4:33.99 1997****Erin MCLURE / Waterloo CI**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	22 Cozette Collin	Assumption
2	372 Beatrice Shilton	Beal, H.B. S
3	674 Michelle Wong	Northern C I V
4	1105 Hilary Stafford	St. Thomas Aq
5	1266 Robin Kellam	Amherst, Gen
6	558 Mariel Flutters	Dorchester
7	1050 Jaimie Phelan	St. Mary's High
8	980 Nicki Parkes	St Christoph
9	970 Nathalie Harris	St Christoph
10	472 Jennifer Rowe	Kitchener Wa
11	44 Jazmin Martin	Belle River
12	1249 Kelly Long	West Hill
13	402 Carlie Trombley	Holy Names H
14	1259 Jordyn Visscher	Woodland Chr
15	887 Cassidy Mayer	Banting, Sir
16	423 Madalyn Ruby	Huron Park SS

Event 10 Men 1500 Meter Midget**Friday 28/05/2010 - 5:05 PM****West Region: 4:00.0h 1986****Andrew DUTZ /**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1	1131 Cael Wishart	Stratford Centr
2	223 Matt Bannon	Elmira Dhs
3	960 Evan Abma	St Christoph
4	12 Garrick Loewen	Assumption C
5	867 Sameem Javeed	Saunders SS
6	825 Ryan Sinclair	Sandwich
7	583 Ryan Foott	Montcalm SS
8	466 Ryan Sleiman	Kingsville D
9	1039 Ben Flanagan	St. Mary's High
10	814 Michael Lozinski	Sandwich
11	1149 Derek Hick	Strathroy DC
12	405 Stefan Peters	Holy Trinity C F
13	1004 Paul Kealey	St. James HS
14	1244 Jacob McDonald	West Elgin
15	326 Brandon Allen	Amherst, Gen
16	700 Patrick Sullivan	Orangeville

Event 11 Women 3000 Meter Midget**Saturday 29/05/2010 - 4:15 PM****West Region: 9:48.0h 1986****Jennifer ARMSTRONG /**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A	1259 Jordyn Visscher	Woodland Chr
1B	44 Jazmin Martin	Belle River
1C	1064 Sami McGuinness	St. Michael
1D	1240 Anna Burns	Wellington Hts
2A	1105 Hilary Stafford	St. Thomas Aq
2B	372 Beatrice Shilton	Beal, H.B. S
2C	300 Celeah Gagnon	Brennan, F.J
2D	339 Breanne Lyons	Glenview Par
3A	22 Cozette Collin	Assumption
3B	980 Nicki Parkes	St Christoph
3C	674 Michelle Wong	Northern C I V
3D	906 Mika Otsuka	Sir John A Macd
4A	558 Mariel Flutters	Dorchester
4B	970 Nathalie Harris	St Christoph
4C	331 Cara Shaw	Amherst, Gen

Event 12 Men 3000 Meter Midget**Saturday 29/05/2010 - 4:15 PM****West Region: 8:47.3h 1979****Chris BREWSTER /**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A	326 Brandon Allen	Amherst, Gen
1B	158 Peter Quosai	Centennial C
1C	1244 Jacob McDonald	West Elgin
1D	1166 Nathan Verburg	Ur The Pines
2A	466 Ryan Sleiman	Kingsville D
2B	223 Matt Bannon	Elmira Dhs
2C	313 Nick Schroeder	Forest Heigh
2D	12 Garrick Loewen	Assumption C
3A	1039 Ben Flanagan	St. Mary's High
3B	1149 Derek Hick	Strathroy DC
3C	1131 Cael Wishart	Stratford Centr
3D	960 Evan Abma	St Christoph
4A	867 Sameem Javeed	Saunders SS
4B	533 Tristan Fleming	London Central
4C	405 Stefan Peters	Holy Trinity C F
4D	33 Adam Charlton	Belle River

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Event 13 Women 80 Meter Hurdles Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 11.52 1996 Jessica ZELINKA /**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	949 Shelby Janmaat	St. Anne's	_____
2	913 Mikesha Bobb	Laurier, Sir	_____
3	407 Jenna West	Holy Trinity C F	_____
4	634 Chantal Caraher	Northern C I V	_____
5	690 Nicole Settingington	Oakridge SS	_____
6	1121 Jessica Paglia	Villanova	_____
7	588 Megan Baker	Mother Teresa	_____
8	40 Olivia King	Belle River	_____

Heat 2 of 2 Prelims

1	439 Emily Bowerman	John F. Ross	_____
2	666 Holly Thomas	Northern C I V	_____
3	516 Emelia Unsworth	Lambton Cent	_____
4	416 Megan Parsons	Huron Heights S	_____
5	587 Ali Baker	Mother Teresa	_____
6	1230 Ericka Chuli	Waterford	_____
7	145 Samantha Brosseau	Catholic Cen	_____
8	353 Tori Givlin	Grand River	_____

Event 14 Men 100 Meter Hurdles Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 13.12 1998 Paul WHITTY /**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	1165 Garrett Turner	Ur The Pines	_____
2	653 Michigan Mitchell	Northern C I V	_____
3	491 Mike Giorgi	Lambton Cent	_____
4	1116 Phil Janikowski	Villanova	_____
5	861 Ben Craik	Saunders SS	_____
6	716 Nick Parisotto	Lourdes	_____
7	1002 Aaron Stemmler	St David	_____
8	918 Will Potter	South Huron	_____

Heat 2 of 2 Prelims

1	69 Austin Kreller	Bluevale	_____
2	900 Dennis Hong	Sir John A Macc	_____
3	109 Jordan Sherwood	Cameron Heig	_____
4	124 Cameron Geddes	Catholic Central	_____
5	1087 Mike Frizzell	St. Thomas Aq	_____
6	1185 Kevin Lin	Massey, Vinc	_____
7	272 Luke Dailleboust	Madill, F.E.	_____
8	1029 Jude Manu	St. Joseph's W	_____

Event 15 Women 300 Meter Hurdles Midget**Saturday 29/05/2010 - 1:30 PM****West Region: 43.80 1997 Jessica ZELINKA /**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	353 Tori Givlin	Grand River	_____
2	975 Taryn Lee	St Christoph	_____
3	685 Kayla Hopkins	Oakridge SS	_____
4	1112 Rachael Durocher	Villanova	_____
5	666 Holly Thomas	Northern C I V	_____
6	927 Amber Bechard	St. Anne SS -	_____
7	419 Michelle Thompson	Huron Heights S	_____
8	736 Kim Kunkel	Pauline John	_____

Section 2 of 2 Finals

1	1230 Ericka Chuli	Waterford	_____
2	416 Megan Parsons	Huron Heights S	_____
3	450 Anique Daley	McGregor, Jo	_____
4	855 Sydney Barber	Saunders SS	_____
5	794 Natalia Augustyn	Sandwich	_____
6	913 Mikesha Bobb	Laurier, Sir	_____
7	559 Morgan Hendriks	Dorchester	_____
8	594 Sara Grzywnowicz	Mother Teresa	_____

Event 16 Men 300 Meter Hurdles Midget**Saturday 29/05/2010 - 1:30 PM****West Region: 40.41 28/05/2005 Jeremy Gibbons**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	273 Garrett Davidson	Madill, F.E.	_____
2	177 Connor Musselman	Centre Dufferin	_____
3	124 Cameron Geddes	Catholic Central	_____
4	646 Jordan Huzevka	Northern C I V	_____
5	1047 Sam Martinello	St. Mary's High	_____
6	1073 Joel Mahon	St. Patrick'	_____
7	169 Blake Evans	Central Huron	_____
8	354 Brian MiCall	Grand River	_____

Section 2 of 2 Finals

1	918 Will Potter	South Huron	_____
2	1185 Kevin Lin	Massey, Vinc	_____
3	109 Jordan Sherwood	Cameron Heig	_____
4	1116 Phil Janikowski	Villanova	_____
5	1002 Aaron Stemmler	St David	_____
6	820 Khalil Parris	Sandwich	_____
7	861 Ben Craik	Saunders SS	_____
8	653 Michigan Mitchell	Northern C I V	_____

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Event 17 Women High Jump Midget

Saturday 29/05/2010 - 10:00 AM

Starting height 1.35m

West Region: 1.73m 1984

Leanne MADILL /

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Finals

1	1 Carolyn Adams	Lucas, A.B.		_____
2	1253 Vanessa Wahl	Westminster		_____
3	1118 Elise LeBlanc	Villanova		_____
4	404 Celina DeCarolis	Holy Trinity C F		_____
5	225 Tessa Charnuski	Elmira Dhs		_____
6	178 Melissa Stapleton	Centre Dufferin		_____
7	192 Emily Dodman	Chatham-Kent		_____
8	892 Jess Authier	Sir John A Macd		_____
9	587 Ali Baker	Mother Teresa		_____
10	639 Christine Fleischer	Northern C I V		_____
11	315 Ashlyn Beckman	Galt Cvi-Cam		_____
12	516 Emelia Unsworth	Lambton Cent		_____
13	562 Meghan Wright	Dorchester		_____
14	1028 Kyla MacDougall	St. Joseph's W		_____
15	799 Erika Corey	Sandwich		_____
16	279 Leah Hutchison	Madill, F.E.		_____

Event 18 Men High Jump Midget

Saturday 29/05/2010 - 11:30 AM

Starting height 1.55 m

West Region: 1.90m 02/06/2007 Branden Wilhelm

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Finals

1	974 Doug Kee	St Christoph		_____
2	545 Alek Ruzic	London Central		_____
3	1073 Joel Mahon	St. Patrick'		_____
4	904 Jermaine MacDougal	Sir John A Macd		_____
5	894 Braden Cok	Sir John A Macd		_____
6	1169 Rick Knelsen	Valley Heigh		_____
7	1195 Trevor Way	Massey, Vinc		_____
8	549 Shaun Brus	London Christia		_____
9	369 Terry Pham	Guelph Cvi-G		_____
10	363 Mike Wood	Grey Highlands		_____
11	592 Scott Goad	Mother Teresa		_____
12	1143 Tom deVroomen	Strathroy DC		_____
13	1138 Derek Wagler	Stratford NW SS		_____
14	464 Steve Neumann	Kingsville D		_____
15	643 Connor Heslop	Northern C I V		_____
16	802 Quinn Fleming	Sandwich		_____

Event 20 Men Pole Vault Midget

Friday 28/05/2010 - 4:00 PM

Starting height 2.00 m

West Region: 3.80m 1997

Frank KLUNDERT / Cardinal

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Finals

1	456 Corey Abbruzzese	Kingsville D		_____
2	85 Lyndon Rey	Brantford CI		_____
3	342 Aaron Bos	Goderich Dci		_____
4	877 Connor Young	Saunders SS		_____
5	824 Michael Rossyan	Sandwich		_____
6	689 Ashton Marlow	Oakridge SS		_____
7	460 Mke Cooper	Kingsville D		_____
8	894 Braden Cok	Sir John A Macd		_____
9	763 Trevon Mendez	Resurrection		_____
10	210 Ty Hamilton	Delhi Dss-De		_____
11	905 Brian Mundt	Sir John A Macd		_____
12	678 Brian Choja	Oakridge SS		_____

Event 21 Women Long Jump Midget

Friday 28/05/2010 - 4:00 PM

West Region: 5.78m 1996

Jessica ZELINKA /

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Finals

1	949 Shelby Janmaat	St. Anne's		_____
2	480 Mialynn Lee-Daigle	L'Essor		_____
3	794 Natalia Augustyn	Sandwich		_____
4	847 Nicole	Saugeen D S S		_____
5	757 Emma Higgins	Resurrection		_____
6	404 Celina DeCarolis	Holy Trinity C F		_____
7	1170 Sarah Sandor	Valley Heigh		_____
8	191 Kennedy Carr	Chatham-Kent		_____
9	690 Nicole Settingerton	Oakridge SS		_____
10	1077 Nicole Surdyka	St. Patrick'		_____
11	588 Megan Baker	Mother Teresa		_____
12	399 Searra Spadafora	Holy Names H		_____
13	1099 Mackenzie Puklicz	St. Thomas Aq		_____
14	981 Danielle Quinn	St Christoph		_____
15	1019 Megan Payler	St. Joseph's		_____
16	920 Nicki Cruickshank	Southwood S S		_____

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Event 22 Men Long Jump Midget**Friday 28/05/2010 - 5:30 PM****West Region: 6.67m 1979 Ken BERRY / London-Laurier**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	292 Tyrell Smith	Madill, F.E.	_____
2	272 Luke Dailleboust	Madill, F.E.	_____
3	105 Jalen Noronha	Cameron Heig	_____
4	1116 Phil Janikowski	Villanova	_____
5	69 Austin Kreller	Bluevale	_____
6	753 Kyle Patrick Dennis	Resurrection	_____
7	259 Jacob Taveirne	Essex D H S-Es	_____
8	1179 Destin Gardner	Massey, Vinc	_____
9	549 Shaun Brus	London Christia	_____
10	945 Brendan Woodfull	St. Anne SS -	_____
11	1143 Tom deVroomen	Strathroy DC	_____
12	1041 Riley Flanagan	St. Mary's High	_____
13	592 Scott Goad	Mother Teresa	_____
14	1007 Andrew Zamin	St. James HS	_____
15	260 Mitchell Taveirne	Essex D H S-Es	_____
16	46 Nick McMaster	Belle River	_____

Event 23 Women Triple Jump Midget**Saturday 29/05/2010 - 1:15 PM****West Region: 11.22m 02/06/2007 Katie Flemington**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	690 Nicole Setterington	Oakridge SS	_____
2	920 Nicki Cruickshank	Southwood S S	_____
3	847 Nicole	Saugeen D S S	_____
4	399 Searra Spadafora	Holy Names H	_____
5	757 Emma Higgins	Resurrection	_____
6	989 Ashley Bisson	St. Clair S S	_____
7	407 Jenna West	Holy Trinity C F	_____
8	279 Leah Hutchison	Madill, F.E.	_____
9	276 Kelsie Eadie	Madill, F.E.	_____
10	191 Kennedy Carr	Chatham-Kent	_____
11	794 Natalia Augustyn	Sandwich	_____
12	1019 Megan Payler	St. Joseph's	_____
13	480 Mialynn Lee-Daigle	L'Essor	_____
14	739 Mackenzie Pulham	Pauline John	_____
15	928 Meighen Boyd	St. Anne SS -	_____
16	1126 Paige Henry	Stratford Centr	_____

Event 24 Men Triple Jump Midget**Saturday 29/05/2010 - 2:45 PM****West Region: 13.78m 1994 Kriss PETERSON /**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	272 Luke Dailleboust	Madill, F.E.	_____
2	894 Braden Cok	Sir John A Macd	_____
3	1041 Riley Flanagan	St. Mary's High	_____
4	292 Tyrell Smith	Madill, F.E.	_____
5	802 Quinn Fleming	Sandwich	_____
6	1152 Kevin Maurer	Strathroy DC	_____
7	348 Andrew Bye	Grand River	_____
8	46 Nick McMaster	Belle River	_____
9	481 Nicholas Montigny	L'Essor	_____
10	259 Jacob Taveirne	Essex D H S-Es	_____
11	260 Mitchell Taveirne	Essex D H S-Es	_____
12	1007 Andrew Zamin	St. James HS	_____
13	549 Shaun Brus	London Christia	_____
14	69 Austin Kreller	Bluevale	_____
15	649 Devon Laird	Northern C I V	_____
16	592 Scott Goad	Mother Teresa	_____

Event 25 Women Shot Put Midget**Friday 28/05/2010 - 5:30 PM****West Region: 12.06m 1979 Liz POLYAK / Brantford-North**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	216 Karli Milmine	East Elgin SS	_____
2	842 Kelly Gribbons	Saugeen D S S	_____
3	61 Emma Bluemke	Bluevale	_____
4	965 Stacie Dobson	St Christoph	_____
5	483 McKenzie Kearns	Lajeunesse E	_____
6	4 Natalie Waren	Lucas, A.B.	_____
7	49 Brianna Quenneville	Belle River	_____
8	581 Brittany Wilson	Mgsr. E.A. Doyl	_____
9	534 Kathleen Francis	London Central	_____
10	1136 Brett Jutzi	Stratford NW SS	_____
11	637 Mackenzie Colbran	Northern C I V	_____
12	1241 Tamara Officer	Wellington Hts	_____
13	334 Rebecca Wynn	Amherst, Gen	_____
14	88 Rachel McLay	Bpds	_____
15	569 Nicole Horneman	Medway HS	_____
16	1208 Joslyn Gauthier	Herman, W.F.	_____

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Event 26 Men Shot Put Midget**Friday 28/05/2010 - 4:00 PM****West Region: 18.23m 1982 Dave CROMBEEN / Sarnia-St.**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	35 Mike Collins	Belle River	_____
2	262 Mat VanDijk	Essex D H S-Es	_____
3	52 Josh Shepley	Belle River	_____
4	880 Chris Cambridge	Banting, Sir	_____
5	62 James Burns	Bluevale	_____
6	1159 Josh Vandeven	Strathroy DC	_____
7	1227 Lucas Palmer	Walkerville	_____
8	1226 Liam Palmer	Walkerville	_____
9	932 Jakob Jones	St. Anne SS -	_____
10	1062 Mac MacSorley	St. Michael	_____
11	878 Brady Crandall	Simcoe Cs-Si	_____
12	1242 Alex Kirshner	West Elgin	_____
13	612 Matt Lencz	North Middlesex	_____
14	703 Austin Baggio	Lourdes	_____
15	237 Tyler Winchester	Erin Dhs-Eri	_____
16	408 Dyllon Wintemute	Holy Trinity C F	_____

Event 27 Women Discus Throw Midget**Saturday 29/05/2010 - 2:45 PM****West Region: 40.46m 1979 Liz POLYAK / Brantford-North**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	212 Mercedes VanSloun	Delhi Dss-De	_____
2	842 Kelly Gribbons	Saugeen D S S	_____
3	852 Tanja Velickovic	Saugeen D S S	_____
4	11 Quinn Conlon	Assumption C	_____
5	184 Jessica Wilson	Centre Welli	_____
6	965 Stacie Dobson	St Christoph	_____
7	534 Kathleen Francis	London Central	_____
8	569 Nicole Horneman	Medway HS	_____
9	479 Maggie Forshaw	L'Essor	_____
10	334 Rebecca Wynn	Amherst, Gen	_____
11	39 Michelle Hunter	Belle River	_____
12	614 Brianna Atto	North Park C	_____
13	424 Stephanie Shepard	Huron Park SS	_____
14	1023 Schuyler Young	St. Joseph's	_____
15	889 Delaney Vanderburg	Banting, Sir	_____
16	832 Alex Coyle	Sarnia C I T S	_____

Event 28 Men Discus Throw Midget**Saturday 29/05/2010 - 1:15 PM****West Region: 55.14m 2002 Joe POCOCK/Windsor**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	207 Hudson Bruin	Delhi Dss-De	_____
2	570 Mitch McConnel	Medway HS	_____
3	62 James Burns	Bluevale	_____
4	342 Aaron Bos	Goderich Dci	_____
5	677 Nick Zottl	Northern C I V	_____
6	335 Colin Robertson	Georgian Bay	_____
7	301 Kellen LeClair	Brennan, F.J	_____
8	430 Mitchell Fitzmorris	Ingersoll DC	_____
9	917 Luke Alexander	South Huron	_____
10	52 Josh Shepley	Belle River	_____
11	237 Tyler Winchester	Erin Dhs-Eri	_____
12	409 Noah Benko	Kennedy, Hon	_____
13	1159 Josh Vandeven	Strathroy DC	_____
14	451 JJ Innes	McGregor, Jo	_____
15	55 Montana Strong	Belle River	_____
16	923 Zachary Sauer	Southwood S S	_____

Event 29 Women Javelin Throw Midget**Saturday 29/05/2010 - 11:30 AM****West Region: 39.25m 2009 Brooke ROWLAND**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	569 Nicole Horneman	Medway HS	_____
2	53 Victoria Smith	Belle River	_____
3	719 Paige Coyne	Pain Court E S	_____
4	842 Kelly Gribbons	Saugeen D S S	_____
5	601 Laura Vermeire	Mother Teresa	_____
6	433 Jaime Moon	Ingersoll DC	_____
7	971 Jordan Henry	St Christoph	_____
8	513 Mackenzie Sleaford	Lambton Cent	_____
9	661 Abby Roberts	Northern C I V	_____
10	1112 Rachael Durocher	Villanova	_____
11	231 Melanie	Elmira Dhs	_____
12	581 Brittany Wilson	Mgsr. E.A. Doyl	_____
13	4 Natalie Waren	Lucas, A.B.	_____
14	226 Julia Frey	Elmira Dhs	_____
15	424 Stephanie Shepard	Huron Park SS	_____
16	580 Courtney Van Allen	Mgsr. E.A. Doyl	_____

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Event 30 Men Javelin Throw Midget**Saturday 29/05/2010 - 10:00 AM****West Region: 61.70m 1982 Dave CROMBEEN / Sarnia-St.**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	708 Caleb Crewson	Lourdes	_____
2	318 Matt Coates	Galt Cvi-Cam	_____
3	422 Will Chesney	Huron Park SS	_____
4	711 Shayne Finoro	Lourdes	_____
5	301 Kellen LeClair	Brennan, F.J	_____
6	455 Andrew Tovey	Kincardine	_____
7	1180 Jacob Hennin	Massey, Vinc	_____
8	687 Cole Jordan	Oakridge SS	_____
9	341 Evan Redka	Glenview Par	_____
10	1245 Zach Read	West Elgin	_____
11	996 Adam Waller	St. Clair S S	_____
12	52 Josh Shepley	Belle River	_____
13	35 Mike Collins	Belle River	_____
14	1060 Mike Duddy	St. Michael	_____
15	749 D'Sean Thelwell	Regina Mundi	_____
16	1192 Ryan Smith	Massey, Vinc	_____

Event 31 Women 4x100 Meter Relay Midget**Friday 28/05/2010 - 7:20 PM****West Region: 50.00 1996 LONDON - BANTING**

Lane Team	Relay	Seed Time
Section 1 of 2 Finals		
1	Dorchester	A
2	Pauline John	A
3	St. Thomas Aq	A
4	Sandwich	A
5	Southwood S S	A
6	Assumption	A
7	Essex D H S-Es	A
8	Lambton Cent	A
Section 2 of 2 Finals		
1	Madill, F.E.	A
2	Northern C I V	A
3	St. Joseph's W	A
4	St. Mary's High	A
5	Resurrection	A
6	Catholic Central	A
7	Oakridge SS	A
8	Villanova	A

Event 32 Men 4x100 Meter Relay Midget**Friday 28/05/2010 - 7:20 PM****West Region: 45.37 2002 LASALLE-VILLANOVA**

Lane Team	Relay	Seed Time
Section 1 of 2 Finals		
1	Sir John A Macdo	A
2	Massey, Vinc	A
3	St. Mary's High	A
4	St Christoph	A
5	London Central	A
6	Saunders SS	A
7	Medway HS	A
8	St. Thomas Aq	A
Section 2 of 2 Finals		
1	Holy Names H	A
2	Cameron Heig	A
3	Resurrection	A
4	Northern C I V	A
5	Madill, F.E.	A
6	Villanova	A
7	Sandwich	A
8	Lourdes	A

Event 33 Women 100 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 11.89 1995 Margaret FOX / Guelph-Bishop**

Lane Name	School	Seed Time
Heat 1 of 2 Prelims		
1	1072 Janessa Laureano	St. Patrick'
2	81 Kayla Cooke	Brantford CI
3	349 Jenny Carrique	Grand River
4	1081 Sara Costa	St. Thomas Aq
5	82 Danielle Holder	Brantford CI
6	605 Bailey Hutt	North Lambto
7	406 Hannah Reardon	Holy Trinity C H
8	1163 Carley Horvath	Ur The Pines
Heat 2 of 2 Prelims		
1	939 Emily Omahen	St. Anne SS -
2	1022 Laura VanBommel	St. Joseph's
3	375 Elisa Wright	Harrow D H S
4	770 Emma Sandrock	Resurrection
5	198 Anisha MacLean	Chatham-Kent
6	336 Taylor Campbell	Glendale HS
7	952 Kelsey Smith	St. Anne's
8	914 McKenzie Johnson	Laurier, Sir

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Event 34 Men 100 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 10.60 2002 Rhoads STERLING/Galt**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	728 Devon Lucan	Parkside CI	_____
2	1005 Jermaine	St. James HS	_____
3	631 Drelan Bramwell	Northern C I V	_____
4	1267 Eric Frappier	Pain Court E S	_____
5	133 Bashar Neema	Catholic Central	_____
6	391 Jacob Francis-Taylor	Holy Names H	_____
7	730 Alex Morgan	Parkside CI	_____
8	93 Chris Green	Cameron Heig	_____

Heat 2 of 2 Prelims

1	819 Mitchell Nelson	Sandwich	_____
2	356 Dustin Nguyen-Black	Grand River	_____
3	621 Morgan Walls	North Park C	_____
4	324 Emerson Petri	Galt Cvi-Cam	_____
5	834 Ben Kelly	Sarnia C I T S	_____
6	1090 Connor Hogg	St. Thomas Aq	_____
7	745 Justin Kobarda	Regina Mundi	_____
8	1206 Jaydon Gauthier	Herman, W.F.	_____

Event 35 Women 200 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 24.13 1995 Margaret FOX / Guelph-Bishop**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	1072 Janessa Laureano	St. Patrick'	_____
2	1081 Sara Costa	St. Thomas Aq	_____
3	951 Nadine Otten	St. Anne's	_____
4	914 McKenzie Johnson	Laurier, Sir	_____
5	349 Jenny Carrique	Grand River	_____
6	198 Anisha MacLean	Chatham-Kent	_____
7	540 Christine MacNeill	London Central	_____
8	476 Michelle Chauvin	L'Essor	_____

Heat 2 of 2 Prelims

1	717 Hannah Pearsall	Lourdes	_____
2	367 Marissa Kurtimah	Guelph Cvi-G	_____
3	406 Hannah Reardon	Holy Trinity C F	_____
4	939 Emily Omahen	St. Anne SS -	_____
5	67 Samantha Ireland	Bluevale	_____
6	131 Alyssa Medeiros	Catholic Central	_____
7	511 Jillian Rops	Lambton Cent	_____

Event 36 Men 200 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 21.67 1993 Chris ROBINSON /**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	38 Brandon Gow	Belle River	_____
2	819 Mitchell Nelson	Sandwich	_____
3	669 Broderick Webster	Northern C I V	_____
4	310 Nienkel Paljola	Forest Heigh	_____
5	1233 Keegan Calder	Waterloo	_____
6	1201 Cody Brown	Herman, W.F.	_____
7	391 Jacob Francis-Taylor	Holy Names H	_____
8	745 Justin Kobarda	Regina Mundi	_____

Heat 2 of 2 Prelims

1	171 Dylan Lambert	Central Huron	_____
2	356 Dustin Nguyen-Black	Grand River	_____
3	560 Devyn McGlocklin	Dorchester	_____
4	1096 Caleb Papineau	St. Thomas Aq	_____
5	631 Drelan Bramwell	Northern C I V	_____
6	621 Morgan Walls	North Park C	_____
7	1005 Jermaine	St. James HS	_____
8	568 Nathan Hartwig	Medway HS	_____

Event 37 Women 400 Meter Junior**Friday 28/05/2010 - 5:19 PM****West Region: 54.56 1994 Nadia SCHMEIDT /**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	247 Amanda Desjardins	Essex D H S-Es	_____
2	67 Samantha Ireland	Bluevale	_____
3	151 Charlotte Clarke	Centennial C	_____
4	707 Rachel Costa	Lourdes	_____
5	744 Ally Gonzalez	Regina Mundi	_____
6	389 Angelica Campigotto	Holy Names H	_____
7	511 Jillian Rops	Lambton Cent	_____
8	638 Lauren Dann	Northern C I V	_____

Section 2 of 2 Finals

1	1054 Kaitlyn Schenck	St. Mary's High	_____
2	367 Marissa Kurtimah	Guelph Cvi-G	_____
3	914 McKenzie Johnson	Laurier, Sir	_____
4	532 Taylor Farquhar	London Central	_____
5	1097 Katie Parry	St. Thomas Aq	_____
6	576 Mikaela	Medway HS	_____
7	60 Breanne Nicholas	Blenheim D H S	_____
8	664 Siobhan Smith	Northern C I V	_____

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Event 38 Men 400 Meter Junior**Friday 28/05/2010 - 5:19 PM****West Region: 47.94 1997 Liam CARD / Port**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	732 Corey Squires	Parkside CI	_____
2	1008 Brady Johnston	St. John's Colle	_____
3	537 Peter Harris	London Central	_____
4	806 Micah Hesman	Sandwich	_____
5	299 Jake Clement	Brennan, F.J	_____
6	795 Shawn Beaudoin	Sandwich	_____
7	1144 Alex Dufault	Strathroy DC	_____
8	560 Devyn McGlocklin	Dorchester	_____

Section 2 of 2 Finals

1	631 Drelan Bramwell	Northern C I V	_____
2	750 Scott Buttinger	Resurrection	_____
3	1005 Jermaine	St. James HS	_____
4	310 Nienkel Paljola	Forest Heigh	_____
5	1218 Brandon McBride	Herman, W.F.	_____
6	1233 Keegan Calder	Waterloo	_____
7	171 Dylan Lambert	Central Huron	_____
8	669 Broderick Webster	Northern C I V	_____

Event 39 Women 800 Meter Junior**Saturday 29/05/2010 - 3:00 PM****West Region: 2:08.52 02/06/2007 Jessica Parry**

Lane Name	School	Seed Time
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Section 1 of 1 Finals

1A	453 Cheyenne Hunter	Kincardine	_____
1B	1001 Aliya Roga	St David	_____
1C	1097 Katie Parry	St. Thomas Aq	_____
1D	857 Jessica Bujouves	Saunders SS	_____
1E	664 Siobhan Smith	Northern C I V	_____
1F	500 Darian Limb	Lambton Cent	_____
2A	57 Elora Beitz	Bishop MacDo	_____
2B	389 Angelica Campigotto	Holy Names H	_____
2C	67 Samantha Ireland	Bluevale	_____
2D	915 Spottiswood Sarah	Laurier, Sir	_____
2E	619 Reo Roland	North Park C	_____
2F	297 Madeline Yungblut	Madill, F.E.	_____
2G	942 Jacey Steen	St. Anne SS -	_____
2H	724 Amanda Hancock	Parkside CI	_____
2I	251 Haley Hetzel	Essex D H S-Es	_____
2J	241 Mel Boissonneault	Essex D H S-Es	_____

Event 40 Men 800 Meter Junior**Saturday 29/05/2010 - 3:00 PM****West Region: 1:50.90 2000 Nathan BRANNEN / Preston HS**

Lane Name	School	Seed Time
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Section 1 of 1 Finals

1A	778 Corey Bellemore	Riverside S S	_____
1B	651 Shawn Master	Northern C I V	_____
1C	146 Jerry Colaluca	Catholic Cen	_____
1D	299 Jake Clement	Brennan, F.J	_____
1E	750 Scott Buttinger	Resurrection	_____
1F	1036 Sam Baxter	St. Mary's High	_____
2A	411 Cory Simard	Kennedy, Hon	_____
2B	1144 Alex Dufault	Strathroy DC	_____
2C	1202 Brad Carroll	Herman, W.F.	_____
2D	1021 Chris Taylor	St. Joseph's	_____
2E	684 Mike Gunn	Oakridge SS	_____
2F	561 Andrew Moser	Dorchester	_____
2G	120 Curtis D'Hollander	Catholic Central	_____
2H	1236 Usama Ikram	Waterloo	_____
2I	618 Jake Moore	North Park C	_____
2J	706 Brendan Clark	Lourdes	_____

Event 41 Women 1500 Meter Junior**Friday 28/05/2010 - 6:07 PM****West Region: 4:28.35 01/06/2007 Jessica Parry**

Lane Name	School	Seed Time
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Section 1 of 1 Finals

1	942 Jacey Steen	St. Anne SS -	_____
2	368 Vanessa Linton	Guelph Cvi-G	_____
3	297 Madeline Yungblut	Madill, F.E.	_____
4	242 Ashley Bracci	Essex D H S-Es	_____
5	1001 Aliya Roga	St David	_____
6	654 Paige Odegard	Northern C I V	_____
7	962 Chantal Bourassa	St Christoph	_____
8	500 Darian Limb	Lambton Cent	_____
9	236 Maggie MacDonald	Erin Dhs-Eri	_____
10	57 Elora Beitz	Bishop MacDo	_____
11	915 Spottiswood Sarah	Laurier, Sir	_____
12	857 Jessica Bujouves	Saunders SS	_____
13	453 Cheyenne Hunter	Kincardine	_____
14	933 Andrea Kiss	St. Anne SS -	_____
15	602 Jaelyn White	Mother Teresa	_____
16	543 Stephanie Rigg	London Central	_____

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Event 42 Men 1500 Meter Junior**Friday 28/05/2010 - 6:07 PM****West Region: 3:49.3h 1994 Jay CANTIN / Sarnia-St. Clair**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	1065 Tyler Natywary	St. Michael	_____
2	1000 James Milton	St David	_____
3	1010 Tyler VanLeewen	St. John's Colle	_____
4	164 Mate Magdic	Central Elgin	_____
5	411 Cory Simard	Kennedy, Hon	_____
6	1036 Sam Baxter	St. Mary's High	_____
7	838 Logan Chappell	Saugeen D S S	_____
8	1068 Paul Wunder	St. Michael	_____
9	146 Jerry Colaluca	Catholic Cen	_____
10	626 Olivier Asselin	Northern C I V	_____
11	186 Ryan McNamara	Chatham Chri	_____
12	556 Patrick Deane	Dorchester	_____
13	651 Shawn Master	Northern C I V	_____
14	684 Mike Gunn	Oakridge SS	_____
15	778 Corey Bellemore	Riverside S S	_____
16	1236 Usama Ikram	Waterloo	_____

Event 43 Women 3000 Meter Junior**Saturday 29/05/2010 - 2:30 PM****West Region: 9:50.02 2001 Amy KOHLMEIER**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1A	368 Vanessa Linton	Guelph Cvi-G	_____
1B	1139 Tiana Beharriell	Strathroy DC	_____
1C	72 Nicole	Bluevale	_____
1D	781 Stephanie Jarison	Riverside S S	_____
2A	602 Jaclyn White	Mother Teresa	_____
2B	654 Paige Odegard	Northern C I V	_____
2C	962 Chantal Bourassa	St Christoph	_____
2D	647 Melissa Jameson	Northern C I V	_____
3A	543 Stephanie Rigg	London Central	_____
3B	236 Maggie MacDonald	Erin Dhs-Eri	_____
3C	242 Ashley Bracci	Essex D H S-Es	_____
3D	539 Madi MacDonald	London Central	_____
4A	100 Taylor Martin	Cameron Heig	_____
4B	747 Hanne Roelen	Regina Mundi	_____
4C	64 Marina Drygala	Bluevale	_____
4D	1229 Erinn Lee	Wallaceburg	_____

Event 44 Men 3000 Meter Junior**Saturday 29/05/2010 - 2:30 PM****West Region: 8:35.46 2001 Adam HORTIAN / Bluevale**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1A	1065 Tyler Natywary	St. Michael	_____
1B	556 Patrick Deane	Dorchester	_____
1C	1010 Tyler VanLeewen	St. John's Colle	_____
1D	350 Patrick Carrique	Grand River	_____
2A	333 Matt	Amherst, Gen	_____
2B	838 Logan Chappell	Saugeen D S S	_____
2C	1177 Devon Ellijah	Massey, Vinc	_____
2D	395 Brandon Miner	Holy Names H	_____
3A	186 Ryan McNamara	Chatham Chri	_____
3B	1173 Sayf Al-Khazraji	Massey, Vinc	_____
3C	925 Joel Webster	Southwood S S	_____
3D	164 Mate Magdic	Central Elgin	_____
4A	1000 James Milton	St David	_____
4B	1068 Paul Wunder	St. Michael	_____
4C	871 Colton MacDonald	Saunders SS	_____
4D	652 Pablo Mendoza	Northern C I V	_____

Event 45 Women 80 Meter Hurdles Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 11.01 1998 Jessica ZELINKA /**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	351 Nicole Do	Grand River	_____
2	48 Brogan Probert	Belle River	_____
3	507 Hanna Molzan	Lambton Cent	_____
4	159 Helena Reinfels	Centennial C	_____
5	540 Christine MacNeill	London Central	_____
6	744 Ally Gonzalez	Regina Mundi	_____
7	465 Courtney Rivait	Kingsville D	_____
8	91 Leah de los Santos	Cameron Heig	_____
Heat 2 of 2 Prelims			
1	174 Adrienne Wise	Central Huron	_____
2	599 Alysha Newman	Mother Teresa	_____
3	1048 Cheryse Mitton	St. Mary's High	_____
4	519 Jilleen VanLeerzem	Lambton Cent	_____
5	789 Laura Pineault	Riverside S S	_____
6	951 Nadine Otten	St. Anne's	_____
7	1054 Kaitlyn Schenck	St. Mary's High	_____
8	375 Elisa Wright	Harrow D H S	_____

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Event 46 Men 100 Meter Hurdles Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 13.49 2009 Gregory MACNEILL****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	213 Jevon Bisschop	East Elgin SS	_____
2	163 Zak Jukna	Central Elgin	_____
3	93 Chris Green	Cameron Heig	_____
4	493 Michael Gray	Lambton Cent	_____
5	447 Shawn Wu	John F. Ross	_____
6	308 Mitch O'Donnell	Forest Heigh	_____
7	648 Matt Klaudi	Northern C I V	_____
8	421 Steven Buckley	Huron Park SS	_____

Heat 2 of 2 Prelims

1	330 Tom McCormick	Amherst, Gen	_____
2	374 Mitchell Long	Harrow D H S	_____
3	412 Matt Cober	Huron Heights S	_____
4	181 Ian McGregor	Centre Welli	_____
5	328 Mike Mallender	Amherst, Gen	_____
6	38 Brandon Gow	Belle River	_____
7	427 Garrick Byers	Ingersoll DC	_____
8	1090 Connor Hogg	St. Thomas Aq	_____

Event 47 Women 300 Meter Hurdles Junior**Saturday 29/05/2010 - 1:30 PM****West Region: 41.78 1994 Nadia SCHMEIDT /****Lane Name School Seed Time****Section 1 of 2 Finals**

1	789 Laura Pineault	Riverside S S	_____
2	91 Leah de los Santos	Cameron Heig	_____
3	1048 Cheryse Mitton	St. Mary's High	_____
4	1054 Kaitlyn Schenck	St. Mary's High	_____
5	658 Marlowe Pecora	Northern C I V	_____
6	951 Nadine Otten	St. Anne's	_____
7	680 Kaylin Cornelius	Oakridge SS	_____
8	477 Kaitlyn Donison	L'Essor	_____

Section 2 of 2 Finals

1	664 Siobhan Smith	Northern C I V	_____
2	465 Courtney Rivait	Kingsville D	_____
3	744 Ally Gonzalez	Regina Mundi	_____
4	532 Taylor Farquhar	London Central	_____
5	540 Christine MacNeill	London Central	_____
6	159 Helena Reinfels	Centennial C	_____
7	519 Jilleen VanLeerzem	Lambton Cent	_____
8	104 Sam Murray	Cameron Heig	_____

Event 48 Men 300 Meter Hurdles Junior**Saturday 29/05/2010 - 1:30 PM****West Region: 38.11 1996 Jeff ELLIS/Orangeville****Lane Name School Seed Time****Section 1 of 2 Finals**

1	1034 Zac Bandura	St. Mary's High	_____
2	443 Jeff Mah	John F. Ross	_____
3	571 Mark Muehmer	Medway HS	_____
4	171 Dylan Lambert	Central Huron	_____
5	561 Andrew Moser	Dorchester	_____
6	713 Brady Kelly	Lourdes	_____
7	181 Ian McGregor	Centre Welli	_____

Section 2 of 2 Finals

1	412 Matt Cober	Huron Heights S	_____
2	493 Michael Gray	Lambton Cent	_____
3	795 Shawn Beaudoin	Sandwich	_____
4	806 Micah Hesman	Sandwich	_____
5	1218 Brandon McBride	Herman, W.F.	_____
6	38 Brandon Gow	Belle River	_____
7	648 Matt Klaudi	Northern C I V	_____
8	732 Corey Squires	Parkside CI	_____

Event 49 Women High Jump Junior**Saturday 29/05/2010 - 1:15 PM****Starting height 1.35 m****West Region: 1.77m 1985 Catherine BOND / Woodstock****Pos Name School Seed Mark****Flight 1 of 1 Finals**

1	321 Bryar Hind	Galt Cvi-Cam	_____
2	470 Avrya Janke	Kitchener Wa	_____
3	635 Leah Caravan	Northern C I V	_____
4	854 Sarah Backes	Saunders SS	_____
5	1256 Brooke Rowland	Westside Sec	_____
6	1193 Veronica Uras	Massey, Vinc	_____
7	812 Alexis Lockstadt	Sandwich	_____
8	860 Jennifer Christie	Saunders SS	_____
9	1167 Alexandra Wolting	Ur The Pines	_____
10	901 Caitlin Hughes	Sir John A Macc	_____
11	667 Leah VanBarneveld	Northern C I V	_____
12	577 Karleigh Davidson	Mgsr. E.A. Doyl	_____
13	432 Julie-Ann Milling	Ingersoll DC	_____
14	1153 Rachel Neves	Strathroy DC	_____
15	786 Jessica Mong	Riverside S S	_____
16	1260 Alyssa Bickle	Woodstock	_____

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Event 50 Men High Jump Junior

Saturday 29/05/2010 - 2:45 PM

Starting height 1.65 m

West Region: 2.01m 1984 Andrew MCLEAN /

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	571 Mark Muehmer	Medway HS	_____
2	795 Shawn Beaudoin	Sandwich	_____
3	147 Mychal Mulder	Catholic Cen	_____
4	958 Robin Petrie	St. Benedict	_____
5	487 Scott Campbell	Lambton Cent	_____
6	527 Quinton Eaton	Listowel Dss	_____
7	1016 Conner	St. Joseph's	_____
8	211 Jordan Spain	Delhi Dss-De	_____
9	1140 Sean Callaghan	Strathroy DC	_____
10	1257 David Nightingale	Woodland Chr	_____
11	1223 Tyler Storey	Herman, W.F.	_____
12	1233 Keegan Calder	Waterloo	_____
13	230 Jordan Moore	Elmira Dhs	_____
14	671 Jake Williams	Northern C I V	_____
15	1214 Demetrius Kah	Herman, W.F.	_____
16	117 Mark Boles	Catholic Central	_____

Event 51 Women Pole Vault Junior

Friday 28/05/2010 - 6:00 PM

Starting height 1.70 m

West Region: 3.41m 2009 Alysha NEWMAN

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	769 Anna Maria Radu	Resurrection	_____
2	19 Laura Sauro	Assumption C	_____
3	908 Tracey Scanling	Sir John A Macc	_____
4	352 Alyssa Fiedler	Grand River	_____
5	101 Abbie McLellan	Cameron Heig	_____
6	458 Rachel Brandner	Kingsville D	_____
7	1261 Larrissa Jerome	Woodstock	_____
8	599 Alysha Newman	Mother Teresa	_____
9	886 Meredith Leitch	Banting, Sir	_____
10	860 Jennifer Christie	Saunders SS	_____
11	80 Hannah Becket	Brantford CI	_____
12	943 Angela Taylor	St. Anne SS -	_____
13	856 Sophie Bauer	Saunders SS	_____
14	934 Tori Larocque	St. Anne SS -	_____
15	523 Kaitlyn Pinch	Leamington D	_____
16	461 Kaylie Crawford	Kingsville D	_____

Event 52 Men Pole Vault Junior

Saturday 29/05/2010 - 10:00 PM

Starting height 2.25 m

West Region: 4.40m 1991 Mike NOLAN / Lord Dorchester

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	688 Brad Kuiack	Oakridge SS	_____
2	865 Matt Hartley	Saunders SS	_____
3	524 Josh Purdy	Leamington D	_____
4	898 Nik Hoediono	Sir John A Macc	_____
5	936 Jay Meyer	St. Anne SS -	_____
6	884 Mike Lavdas	Banting, Sir	_____
7	902 Emil Larsson	Sir John A Macc	_____
8	882 Sam Ferguson	Banting, Sir	_____
9	806 Micah Hesman	Sandwich	_____
10	816 Kaelan Masse	Sandwich	_____
11	912 Harvey Xu	Sir John A Macc	_____
12	896 Reid Hayes	Sir John A Macc	_____
13	208 Beau Burroughs	Delhi Dss-De	_____

Event 53 Women Long Jump Junior

Saturday 29/05/2010 - 10:00 AM

West Region: 5.76m 1981 Tina LETOURNEAU /

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	434 Pheobe Sampey	Ingersoll DC	_____
2	1128 Emily Lesouder	Stratford Centr	_____
3	1163 Carley Horvath	Ur The Pines	_____
4	1110 Mia Cuffaro	Villanova	_____
5	939 Emily Omahen	St. Anne SS -	_____
6	812 Alexis Lockstadt	Sandwich	_____
7	693 Briawna Taylor	Oakridge SS	_____
8	699 Lauren Smith	Orangeville	_____
9	507 Hanna Molzan	Lambton Cent	_____
10	576 Mikaela	Medway HS	_____
11	1022 Laura VanBommel	St. Joseph's	_____
12	60 Breanne Nicholas	Blenheim D H S	_____
13	752 Katrina Corrado	Resurrection	_____
14	717 Hannah Pearsall	Lourdes	_____
15	175 Devin Crandall	Centre Dufferin	_____
16	1235 Jessica Clancy	Waterloo	_____

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Event 54 Men Long Jump Junior**Saturday 29/05/2010 - 11:30 AM****West Region: 7.18m 1999 Paul WHITTY /**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	160 Danny Richards	Centennial C	_____
2	497 Lukas Jeffery	Lambton Cent	_____
3	1016 Conner	St. Joseph's	_____
4	220 Salah Kanu	Eastwood	_____
5	958 Robin Petrie	St. Benedict	_____
6	308 Mitch O'Donnell	Forest Heigh	_____
7	1213 Khalil Jones	Herman, W.F.	_____
8	373 Austin Crumb	Harrow D H S	_____
9	1071 Austin Lanteigne	St. Patrick'	_____
10	582 Jormnap Chhorn	Montcalm SS	_____
11	792 Colin Black	Sacred Heart	_____
12	144 Nick Vanin	Catholic Central	_____
13	1017 Brandon Meginnis	St. Joseph's	_____
14	728 Devon Lucan	Parkside CI	_____
15	1198 Mike Ascot	Herman, W.F.	_____
16	374 Mitchell Long	Harrow D H S	_____

Event 55 Women Triple Jump Junior**Friday 28/05/2010 - 4:00 PM****West Region: 11.94m 1995 Monique HAAN / London**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	467 Nancy Yu	Kingsville D	_____
2	1252 Valerie Wahl	Westminster	_____
3	692 Kendra Stirling	Oakridge SS	_____
4	65 Emily Ersman	Bluevale	_____
5	576 Mikaela	Medway HS	_____
6	91 Leah de los Santos	Cameron Heig	_____
7	414 Danielle Gunsch	Huron Heights S	_____
8	60 Breanne Nicholas	Blenheim D H S	_____
9	1110 Mia Cuffaro	Villanova	_____
10	1256 Brooke Rowland	Westside Sec	_____
11	714 Katrina Kok	Lourdes	_____
12	3 Danielle Prapavessis	Lucas, A.B.	_____
13	644 Leanne Holdaway	Northern C I V	_____
14	337 Cayla Smith	Glendale HS	_____
15	812 Alexis Lockstadt	Sandwich	_____
16	1163 Carley Horvath	Ur The Pines	_____

Event 56 Men Triple Jump Junior**Friday 28/05/2010 - 5:30 PM****West Region: 15.22m 2000 Kenen SHADD /**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	550 Steven Riosa	London Christia	_____
2	1206 Jaydon Gauthier	Herman, W.F.	_____
3	1198 Mike Ascot	Herman, W.F.	_____
4	393 Damion Lacroix	Holy Names H	_____
5	310 Nienkel Paljola	Forest Heigh	_____
6	248 Evan Dierickse	Essex D H S-Es	_____
7	1254 Riley Crean	Westside Sec	_____
8	497 Lukas Jeffery	Lambton Cent	_____
9	435 Casey Barvinek	Jacob Hesple	_____
10	93 Chris Green	Cameron Heig	_____
11	426 Ryan Wells	Huron Park SS	_____
12	213 Jevon Bisschop	East Elgin SS	_____
13	485 Derek Blonsky	Lambton Cent	_____
14	421 Steven Buckley	Huron Park SS	_____
15	308 Mitch O'Donnell	Forest Heigh	_____
16	1063 Ethan McCarroll	St. Michael	_____

Event 57 Women Shot Put Junior**Saturday 29/05/2010 - 11:30 AM****West Region: 13.30m 1981 Liz POLYAK / Brantford -**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1262 Mara Rumble	Woodstock	_____
2	125 Heather Grandy	Catholic Central	_____
3	605 Bailey Hutt	North Lambto	_____
4	1246 Emily Charlton	West Hill	_____
5	625 Alisha Arthurs	Northern C I V	_____
6	448 Suzanna Lam	Forster, Joh	_____
7	218 Michelle Hudyn	Eastwood	_____
8	851 Christie Robertson	Saugeen D S S	_____
9	1127 Brindley Jantzi	Stratford Centr	_____
10	532 Taylor Farquhar	London Central	_____
11	252 Nicole Morse	Essex D H S-Es	_____
12	526 Patti Blake	Listowel Dss	_____
13	579 Breanne Hutchings	Mgsr. E.A. Doyl	_____
14	206 Emily Brooks	Delhi Dss-De	_____
15	1217 Chelsea Masson	Herman, W.F.	_____
16	478 Alex Forshaw	L'Essor	_____

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Event 58 Men Shot Put Junior**Saturday 29/05/2010 - 10:00 AM****West Region: 17.41m 2009 Jordan YOUNG**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	671 Jake Williams	Northern C I V	_____
2	42 Taylor Kreitzer	Belle River	_____
3	596 Zach Mallough	Mother Teresa	_____
4	246 Josh Dame	Essex D H S-Es	_____
5	1251 Braeden Weppler	West Hill	_____
6	1018 Charles Nguyen	St. Joseph's	_____
7	584 Garrett Heming	Montcalm SS	_____
8	555 Mark Wheatley	London South	_____
9	1071 Austin Lanteigne	St. Patrick'	_____
10	94 Lance Hazlett	Cameron Heig	_____
11	756 Jake Francis	Resurrection	_____
12	1196 Corey Wortley	Massey, Vinc	_____
13	71 Grevon Marston	Bluevale	_____
14	1133 Matt Dobbin	Stratford NW SS	_____
15	628 Brett Boersma	Northern C I V	_____
16	209 Jake Dougherty	Delhi Dss-De	_____

Event 59 Women Discus Throw Junior**Friday 28/05/2010 - 5:30 PM****West Region: 44.24m 1981 Liz POLYAK / Brantford-North**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	218 Michelle Hudyn	Eastwood	_____
2	990 Veronica Carpani	St. Clair S S	_____
3	681 Katie Costello	Oakridge SS	_____
4	526 Patti Blake	Listowel Dss	_____
5	944 Katie Tracey	St. Anne SS -	_____
6	783 Marija Kulidzan	Riverside S S	_____
7	108 Nikki Ross	Cameron Heig	_____
8	1061 Kelsey MacSorley	St. Michael	_____
9	478 Alex Forshaw	L'Essor	_____
10	1246 Emily Charlton	West Hill	_____
11	1162 Sierra Stoffelson	Tollgate	_____
12	1109 Mary Coughlin	Villanova	_____
13	59 Amber Nicholas	Blenheim D H S	_____
14	206 Emily Brooks	Delhi Dss-De	_____
15	1127 Brindley Jantzi	Stratford Centr	_____
16	1262 Mara Rumble	Woodstock	_____

Event 60 Men Discus Throw Junior**Friday 28/05/2010 - 4:00 PM****West Region: 61.26m 2009 Jordan YOUNG**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	584 Garrett Heming	Montcalm SS	_____
2	1018 Charles Nguyen	St. Joseph's	_____
3	620 Ben Sayles	North Park C	_____
4	985 Michael Rocca	St Christoph	_____
5	555 Mark Wheatley	London South	_____
6	384 Bronson Smart	Holy Cross	_____
7	1224 Andrew Scott	Walkerton	_____
8	332 Anthony Spanic	Amherst, Gen	_____
9	841 Thomas Godwin	Saugeen D S S	_____
10	42 Taylor Kreitzer	Belle River	_____
11	246 Josh Dame	Essex D H S-Es	_____
12	1148 Lance Freer	Strathroy DC	_____
13	508 Carter Noll	Lambton Cent	_____
14	71 Grevon Marston	Bluevale	_____
15	840 Jayce Dunlop	Saugeen D S S	_____
16	785 Daniel Medel	Riverside S S	_____

Event 61 Women Javelin Throw Junior**Saturday 29/05/2010 - 2:45 PM****West Region: 48.84m 1989 Margaret GRIFFITHS /**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	1200 Samantha Bondy	Herman, W.F.	_____
2	856 Sophie Bauer	Saunders SS	_____
3	1151 Katrina Jeromkin	Strathroy DC	_____
4	1262 Mara Rumble	Woodstock	_____
5	388 Leah Burress	Holy Names H	_____
6	1238 Rachel Woolley	Waterloo-Oxf	_____
7	992 Lexie Hanly	St. Clair S S	_____
8	1256 Brooke Rowland	Westside Sec	_____
9	1022 Laura VanBommel	St. Joseph's	_____
10	1142 Jasmine Crosby	Strathroy DC	_____
11	298 Karli Clark	Brennan, F.J	_____
12	813 Jessica Lomazzo	Sandwich	_____
13	579 Breanne Hutchings	Mgsr. E.A. Doyl	_____
14	454 Hayley Stewart	Kincardine	_____
15	660 Deanna Ritchie	Northern C I V	_____
16	233 Jasmine Wilson	Elmira Dhs	_____

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Event 62 Men Javelin Throw Junior

Saturday 29/05/2010 - 1:15 PM

West Region: 61.10m 2009 Tyler WITHERS

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	27 Mitch Green	Assumption		_____
2	585 Nolan Anderson	Mother Teresa		_____
3	803 Aaron Hackney	Sandwich		_____
4	235 Kyle Kinsey	Erin Dhs-Eri		_____
5	1231 Brian Gilbert	Waterford		_____
6	1071 Austin Lanteigne	St. Patrick'		_____
7	846 Russell MacMillan	Saugeen D S S		_____
8	671 Jake Williams	Northern C I V		_____
9	386 Cody Wuytenberg	Holy Cross		_____
10	841 Thomas Godwin	Saugeen D S S		_____
11	173 Riley Ward	Central Huron		_____
12	641 Eliot Handy	Northern C I V		_____
13	282 Mitch Kuik	Madill, F.E.		_____
14	883 Wilson Kabutangana	Banting, Sir		_____
15	797 Richard Chan	Sandwich		_____
16	42 Taylor Kreitzer	Belle River		_____

Event 63 Women 4x100 Meter Relay Junior

Friday 28/05/2010 - 7:20 PM

West Region: 49.80 2006 LONDON - BANTING

K. Law,M.Harris,B.Rausch,S.Malek

Lane	Team	Relay	Seed	Time
Section 1 of 2 Finals				
1	L'Essor	A		_____
2	Kingsville D	A		_____
3	Madill, F.E.	A		_____
4	Strathroy DC	A		_____
5	Guelph Cvi-G	A		_____
6	Cameron Heig	A		_____
7	Belle River	A		_____
8	Brantford CI	A		_____
Section 2 of 2 Finals				
1	Lambton Cent	A		_____
2	St. Anne SS -	A		_____
3	Catholic Central	A		_____
4	Northern C I V	A		_____
5	London Central	A		_____
6	St. Anne's	A		_____
7	St. Mary's High	A		_____
8	Resurrection	A		_____

Event 64 Men 4x100 Meter Relay Junior

Friday 28/05/2010 - 7:20 PM

West Region: 43.15 2002 LONDON-CATHOLIC

Lane	Team	Relay	Seed	Time
Section 1 of 2 Finals				
1	North Park C	A		_____
2	Essex D H S-Es	A		_____
3	Lambton Cent	A		_____
4	St. Thomas Aq	A		_____
5	Catholic Central	A		_____
6	Medway HS	A		_____
7	Huron Park SS	A		_____
8	Lourdes	A		_____
Section 2 of 2 Finals				
1	Grand River	A		_____
2	Parkside CI	A		_____
3	Holy Names H	A		_____
4	Sandwich	A		_____
5	Northern C I V	A		_____
6	Herman, W.F.	A		_____
7	Resurrection	A		_____
8	Centennial C	A		_____

Event 65 Women 100 Meter Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Saturday 29/05/2010 - 9:30 AM

West Region: 12.08 2004 Emily JOHNSON/Guelph-J. F.

Lane	Name	School	Seed	Time
Heat 1 of 2 Prelims				
1	31 Saleena Wedderburn	Assumption		_____
2	126 Tori Haffner	Catholic Central		_____
3	800 Raegan Deschamps	Sandwich		_____
4	1123 Brittany Pillon	Villanova		_____
5	70 Tonya Malcolm	Bluevale		_____
6	610 Amy Wilson	North Lambto		_____
7	959 Tia Semplonius	St. Benedict		_____
8	441 Karry-Ann Cornwall	John F. Ross		_____
Heat 2 of 2 Prelims				
1	45 kristen McMahon	Belle River		_____
2	589 Jennifer Barbon	Mother Teresa		_____
3	994 Kim Ross	St. Clair S S		_____
4	538 Lauren Jespersen	London Central		_____
5	782 Tichina Jones	Riverside S S		_____
6	165 Rachel Muma	Central Elgin		_____
7	107 Erin Robbins	Cameron Heig		_____
8	289 Kayla Smith	Madill, F.E.		_____

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Event 66 Men 100 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 10.57 1994 Dave TOMLIN / Kitchener-St.**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	624 Tyler Annett	Northern C I V	_____
2	815 Tyler MacLeod	Sandwich	_____
3	394 Mathew McKeegan	Holy Names H	_____
4	1155 Brandon Stewart	Strathroy DC	_____
5	413 Talon Guerra	Huron Heights S	_____
6	694 Gabe Tesfaye	Oakridge SS	_____
7	676 Ryan Young	Northern C I V	_____
8	748 Taylor Stewart	Regina Mundi	_____

Heat 2 of 2 Prelims

1	228 Cory Giroux	Elmira Dhs	_____
2	311 Devon Rittinger	Forest Heigh	_____
3	668 Graeme Wattie	Northern C I V	_____
4	597 Brandyn Martineau	Mother Teresa	_____
5	222 Emeka Agada	Elmira Dhs	_____
6	529 Jordan Boutilier	London Central	_____
7	23 Marqus Daniel	Assumption	_____

Event 67 Women 200 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 24.70 1999 Jessica ZELINKA/Banting**

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	589 Jennifer Barbon	Mother Teresa	_____
2	1123 Brittany Pillon	Villanova	_____
3	441 Karry-Ann Cornwall	John F. Ross	_____
4	800 Raegan Deschamps	Sandwich	_____
5	593 Amy Grzywnowicz	Mother Teresa	_____
6	444 Heather Rayner	John F. Ross	_____
7	977 Nicole Makar	St Christoph	_____
8	993 Brittany Lewis	St. Clair S S	_____

Heat 2 of 2 Prelims

1	566 Nathana Griffiths	Maranatha	_____
2	911 Payton Thiel	Sir John A Macc	_____
3	782 Tichina Jones	Riverside S S	_____
4	881 Caitlyn Evered	Banting, Sir	_____
5	721 Katie Butterwick	Parkside CI	_____
6	959 Tia Semplonius	St. Benedict	_____
7	325 Liz Phillips	Galt Cvi-Cam	_____
8	538 Lauren Jespersen	London Central	_____

Event 68 Men 200 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 21.30 1995 Dave TOMLIN / Kitchener-St.**

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	668 Graeme Wattie	Northern C I V	_____
2	529 Jordan Boutilier	London Central	_____
3	1212 Charles Johnson	Herman, W.F.	_____
4	394 Mathew McKeegan	Holy Names H	_____
5	986 Steven Strybos	St Christoph	_____
6	1088 Felipe Granja	St. Thomas Aq	_____
7	595 Greg MacNeill	Mother Teresa	_____
8	311 Devon Rittinger	Forest Heigh	_____

Heat 2 of 2 Prelims

1	1011 Brandon Wagstaff	St. John's Colle	_____
2	23 Marqus Daniel	Assumption	_____
3	694 Gabe Tesfaye	Oakridge SS	_____
4	624 Tyler Annett	Northern C I V	_____
5	314 Jake Arnoldi	Galt Cvi-Cam	_____
6	815 Tyler MacLeod	Sandwich	_____
7	309 Phil O'Donnell	Forest Heigh	_____
8	597 Brandyn Martineau	Mother Teresa	_____

Event 69 Women 400 Meter Senior**Friday 28/05/2010 - 5:19 PM****West Region: 55.02 1985 Nadia SCHMEIDT /**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

2	154 Emily Gordon	Centennial C	_____
3	1089 Madison Halls	St. Thomas Aq	_____
4	1129 Rachel Rohfritsch	Stratford Centr	_____
5	977 Nicole Makar	St Christoph	_____
6	340 Emily McLean	Glenview Par	_____
7	606 TJ Little	North Lambto	_____
8	444 Heather Rayner	John F. Ross	_____

Section 2 of 2 Finals

1	566 Nathana Griffiths	Maranatha	_____
2	705 Jane Brownlee	Lourdes	_____
3	126 Tori Haffner	Catholic Central	_____
4	239 Kelsey Balkwill	Essex D H S-Es	_____
5	993 Brittany Lewis	St. Clair S S	_____
6	593 Amy Grzywnowicz	Mother Teresa	_____
7	589 Jennifer Barbon	Mother Teresa	_____
8	1205 Genny Cyrenne	Herman, W.F.	_____

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Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	645 Brandon Huzevka	Northern C I V	_____
2	140 Myles Rombough	Catholic Central	_____
3	1079 Alex Bogorin	St. Thomas Aq	_____
4	1059 Jeremiah Campbell	St. Michael	_____
5	676 Ryan Young	Northern C I V	_____
6	946 Matt Boven	St. Anne's	_____
7	1234 Tye Calder	Waterloo	_____
8	999 Nick Batten	St David	_____

Section 2 of 2 Finals

1	446 Charlie Sutton	John F. Ross	_____
2	360 Andy Fawcett	Grey Highlands	_____
3	394 Mathew McKeegan	Holy Names H	_____
4	1204 Arjen Colquhoun	Herman, W.F.	_____
5	1212 Charles Johnson	Herman, W.F.	_____
6	850 Evan Porter	Saugeen D S S	_____
7	1088 Felipe Granja	St. Thomas Aq	_____
8	17 Dominic Pizzolitto	Assumption C	_____

Event 71 Women 800 Meter Senior**Saturday 29/05/2010 - 3:00 PM****West Region: 2:09.88 2008 Jessica PARRY**

Lane Name	School	Seed Time
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Section 1 of 1 Finals

1A	640 Katie Fleischer	Northern C I V	_____
1B	132 Laura Morrison	Catholic Central	_____
1C	1051 Katie Phelan	St. Mary's High	_____
1D	327 Samantha Kellam	Amherst, Gen	_____
1E	544 Samantha Robbins	London Central	_____
1F	111 Simonne Tomasovic	Cameron Heig	_____
2A	1067 Sarah Wilson	St. Michael	_____
2B	1089 Madison Halls	St. Thomas Aq	_____
2C	826 Lyndsey Telega	Sandwich	_____
2D	787 Kodi Morgan	Riverside S S	_____
2E	575 Katie Schurr	Medway HS	_____
2F	370 Lindsay Thompson	Guelph Cvi-G	_____
2G	13 Gabrielle Malette	Assumption C	_____
2H	63 Michelle Cress	Bluevale	_____
2I	656 Sarah Parker	Northern C I V	_____
2J	1248 Chelsea Gillies	West Hill	_____

Event 72 Men 800 Meter Senior**Saturday 29/05/2010 - 3:00 PM****West Region: 1:48.69 2001 Nathan BRANNEN / Preston**

Lane Name	School	Seed Time
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Section 1 of 1 Finals

A	662 Adam Sawatzky	Northern C I V	_____
1A	645 Brandon Huzevka	Northern C I V	_____
1B	17 Dominic Pizzolitto	Assumption C	_____
1C	129 Paul LaMarra	Catholic Central	_____
1D	790 Connor Outhit	Rockway Menn	_____
1E	187 Stephan McNamara	Chatham Chri	_____
2A	149 Drew Anderson	Centennial C	_____
2B	850 Evan Porter	Saugeen D S S	_____
2C	946 Matt Boven	St. Anne's	_____
2D	1012 Eric Barry	St. Joseph's	_____
2E	183 Austin Trapp	Centre Welli	_____
2F	77 Alexander Ullman	Bluevale	_____
2G	1115 Paul Janikowski	Villanova	_____
2H	695 Ubong Umoh	Oakridge SS	_____
2I	130 Danny McKee	Catholic Central	_____
2J	979 Mike Nelson	St Christoph	_____

Event 73 Women 1500 Meter Senior**Friday 28/05/2010 - 6:55 PM****West Region: 4:26.66 2008 Jessica PARRY**

Lane Name	School	Seed Time
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Section 1 of 1 Finals

1	1095 Juane Odendaal	St. Thomas Aq	_____
2	200 Christi Steele	Chatham-Kent	_____
3	1187 Melissa Moore	Massey, Vinc	_____
4	132 Laura Morrison	Catholic Central	_____
5	640 Katie Fleischer	Northern C I V	_____
6	1040 Kristen Flanagan	St. Mary's High	_____
7	853 Kirsten Allen	Saunders SS	_____
8	1248 Chelsea Gillies	West Hill	_____
9	1175 Francis Bernard	Massey, Vinc	_____
10	329 Meaghan Marton	Amherst, Gen	_____
11	13 Gabrielle Malette	Assumption C	_____
12	1067 Sarah Wilson	St. Michael	_____
13	544 Samantha Robbins	London Central	_____
14	910 Bronwyn Stevens	Sir John A Macd	_____
15	718 Caleigh Smith	Lourdes	_____

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Event 74 Men 1500 Meter Senior**Friday 28/05/2010 - 6:55 PM****West Region: 3:45.06 1993****Kevin SULLIVAN /**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	790 Connor Outhit	Rockway Menn	_____
2	1012 Eric Barry	St. Joseph's	_____
3	99 Jon Martin	Cameron Heig	_____
4	149 Drew Anderson	Centennial C	_____
5	969 Matt Hall	St Christoph	_____
6	187 Stephan McNamara	Chatham Chri	_____
7	611 Aaron Hendrixx	North Middlesex	_____
8	436 Jason Thornton	Jacob Hesple	_____
9	1115 Paul Janikowski	Villanova	_____
10	1108 Matthew Travaglini	St. Thomas Aq	_____
11	1186 David Meloche	Massey, Vinc	_____
12	129 Paul LaMarra	Catholic Central	_____
13	662 Adam Sawatzky	Northern C I V	_____
14	1164 Taylor McArthur	Ur The Pines	_____
15	183 Austin Trapp	Centre Welli	_____
16	1130 Mackay Wilson	Stratford Centr	_____

Event 75 Women 3000 Meter Senior**Saturday 29/05/2010 - 10:00 AM****West Region: 9:39.9h 1992****Kathy BUTLER / Waterloo CI**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1A	1174 Zeinab Baydoun	Massey, Vinc	_____
1B	853 Kirsten Allen	Saunders SS	_____
1C	346 Laura Walker	Goderich Dei	_____
1D	179 Genevieve Beals	Centre Welli	_____
2A	640 Katie Fleischer	Northern C I V	_____
2B	1040 Kristen Flanagan	St. Mary's High	_____
2C	1020 Jennifer Roberts	St. Joseph's	_____
2D	329 Meaghan Marton	Amherst, Gen	_____
3A	718 Caleigh Smith	Lourdes	_____
3B	1175 Francis Bernard	Massey, Vinc	_____
3C	371 Katie Komarnicky	Beal, H.B. S	_____
3D	1255 Heather Dimond	Westside Sec	_____
4A	1187 Melissa Moore	Massey, Vinc	_____
4B	440 Sara Bowman	John F. Ross	_____
4C	431 Emily Kruger	Ingersoll DC	_____
4D	14 Charlotte Marcotte	Assumption C	_____

Event 76 Men 3000 Meter Senior**Saturday 29/05/2010 - 10:00 AM****West Region: 8:21.8h 1995****Matt KERR / Fergus - Centre**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1A	1186 David Meloche	Massey, Vinc	_____
1B	1164 Taylor McArthur	Ur The Pines	_____
1C	1108 Matthew Travaglini	St. Thomas Aq	_____
1D	99 Jon Martin	Cameron Heig	_____
2A	1191 Daryl Smith	Massey, Vinc	_____
2B	1130 Mackay Wilson	Stratford Centr	_____
2C	437 Abdu Zaghlo	Jacob Hesple	_____
2D	436 Jason Thornton	Jacob Hesple	_____
3A	1183 Andrew Kowalsky	Massey, Vinc	_____
3B	839 Jordan Collison	Saugeen D S S	_____
3C	969 Matt Hall	St Christoph	_____
3D	514 Clint Smith	Lambton Cent	_____
4A	611 Aaron Hendrixx	North Middlesex	_____
4B	947 Pat Hartman	St. Anne's	_____
4C	428 Scott deBoer	Ingersoll DC	_____
4D	468 Graham Blackport	Kitchener Wa	_____

Event 77 Women 100 Meter Hurdles Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 13.15 2000****Jessica ZELINKA /**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	32 Kelly Burton	Belle River	_____
2	553 Jasmine Kerr	London South	_____
3	590 Charlotte Crombeen	Mother Teresa	_____
4	741 Rita Rudell	Penninsula Shor	_____
5	202 Elizabeth	Chatham-Kent	_____
6	827 Lisa Van Espen	Sandwich	_____
7	224 Madeline Charnuski	Elmira Dhs	_____
8	217 Brianna Wilson	East Elgin SS	_____
Heat 2 of 2 Prelims			
1	165 Rachel Muma	Central Elgin	_____
2	881 Caitlyn Evered	Banting, Sir	_____
3	997 Riley Williams	St. Clair S S	_____
4	982 Meghan Reddy	St Christoph	_____
5	157 Eszter Nagy	Centennial C	_____
6	845 Caitlyn MacMillan	Saugeen D S S	_____
7	642 Sarah Harding	Northern C I V	_____
8	998 Anna Antczak	St David	_____

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Event 78 Men 110 Meter Hurdles Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 13.82 2000 Adam KUNKEL /Walkerton**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	805 Gideon Hesman	Sandwich	_____
2	823 Jake Pfaff	Sandwich	_____
3	765 Marvin Muschette	Resurrection	_____
4	1239 Trevor Zister	Waterloo-Oxf	_____
5	672 Ben Withers	Northern C I V	_____
6	66 Charl Fourie	Bluevale	_____
7	694 Gabe Tesfaye	Oakridge SS	_____
8	1033 Calvin Arsenault	St. Mary's High	_____

Heat 2 of 2 Prelims

1	509 Michael Paisley	Lambton Cent	_____
2	595 Greg MacNeill	Mother Teresa	_____
3	953 Grant Sparling	St. Anne's	_____
4	234 Jesse Goldglas	Erin Dhs-Eri	_____
5	810 Kyle Landry	Sandwich	_____
6	271 Ben Dailleboust	Madill, F.E.	_____
7	5 Mike Snowdon	Ste. Cecile	_____
8	875 Mark Stantsos	Saunders SS	_____

Event 79 Women 400 Meter Hurdles Senior**Saturday 29/05/2010 - 1:30 PM****West Region: 58.03 1995 Nadia SCHMEIDT /**

Lane Name	School	Seed Time
-----------	--------	-----------

Section 1 of 2 Finals

1	127 Nicole Kelly	Catholic Central	_____
2	746 Alysha Matthews	Regina Mundi	_____
3	202 Elizabeth	Chatham-Kent	_____
4	293 Julie-Anne Staehli	Madill, F.E.	_____
5	325 Liz Phillips	Galt Cvi-Cam	_____
6	1046 Naomi Lance	St. Mary's High	_____
7	966 Amy Evers	St Christoph	_____
8	733 Kendra Taylor	Parkside CI	_____

Section 2 of 2 Finals

1	705 Jane Brownlee	Lourdes	_____
2	1205 Genny Cyrenne	Herman, W.F.	_____
3	845 Caitlyn MacMillan	Saugeen D S S	_____
4	239 Kelsey Balkwill	Essex D H S-Es	_____
5	993 Brittany Lewis	St. Clair S S	_____
6	224 Madeline Charnuski	Elmira Dhs	_____
7	593 Amy Grzywnowicz	Mother Teresa	_____
8	827 Lisa Van Espen	Sandwich	_____

Event 80 Men 400 Meter Hurdles Senior**Saturday 29/05/2010 - 1:30 PM****West Region: 52.37 1997 Jeff ELLIS / Orangeville**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	810 Kyle Landry	Sandwich	_____
2	1031 Jamell Van Dusen	St. Joseph's W	_____
3	864 Tayler Harris	Saunders SS	_____
4	168 Colin Bokhout	Central Huron	_____
5	514 Clint Smith	Lambton Cent	_____
6	271 Ben Dailleboust	Madill, F.E.	_____
7	805 Gideon Hesman	Sandwich	_____
8	521 Scott Mastronardi	Leamington D	_____

Section 2 of 2 Finals

1	73 Ben Miethig	Bluevale	_____
2	446 Charlie Sutton	John F. Ross	_____
3	953 Grant Sparling	St. Anne's	_____
4	1033 Calvin Arsenault	St. Mary's High	_____
5	645 Brandon Huzevka	Northern C I V	_____
6	695 Ubong Umoh	Oakridge SS	_____
7	360 Andy Fawcett	Grey Highlands	_____
8	75 Wesley Palmer	Bluevale	_____

Event 81 Women High Jump Senior**Friday 28/05/2010 - 4:00 PM****Starting height 1.43 m****West Region: 1.78m 1986 Catherine BOND / Woodstock**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	518 Rebecca	Lambton Cent	_____
2	1265 Kaitlin Wilhelm	Woodstock	_____
3	1009 Tessa Rowe	St. John's Colle	_____
4	798 Blair Corey	Sandwich	_____
5	553 Jasmine Kerr	London South	_____
6	782 Tichina Jones	Riverside S S	_____
7	221 Alex Kocher	Eastwood	_____
8	103 Michelle Miller	Cameron Heig	_____
9	452 Melissa Smyth	McGregor, Jo	_____
10	357 Flo Peters	Grand River	_____
11	997 Riley Williams	St. Clair S S	_____
12	377 Kristin Bujnowski	Holy Cross	_____
13	741 Rita Rudell	Penninsula Shor	_____
14	598 Sarah McDonald	Mother Teresa	_____
15	217 Brianna Wilson	East Elgin SS	_____
16	489 Vanessa Dam	Lambton Cent	_____

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Event 82 Men High Jump Senior

Friday 28/05/2010 - 5:30 PM

Starting height 1.73 m

West Region: 2.18m 1993 Mike CAZA / Chatham -

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	222 Emeka Agada	Elmira Dhs		_____
2	875 Mark Stantsos	Saunders SS		_____
3	204 Jeremy Armour	College Avenue		_____
4	1264 Branden Wilhelm	Woodstock		_____
5	1160 Erik VanDyk	Strathroy DC		_____
6	828 Kevin Xu	Sandwich		_____
7	995 CJ Smith-White	St. Clair S S		_____
8	672 Ben Withers	Northern C I V		_____
9	449 Trent Payne	Forster, Joh		_____
10	462 Tim Dyck	Kingsville D		_____
11	1168 Jay Knelsen	Valley Heigh		_____
12	1232 Mustafa Bastinduka	Waterloo		_____
13	1258 Mackenzie Streutker	Woodland Chr		_____
14	1225 Mat West	Walkerton		_____
15	607 Mike Lucier	North Lambto		_____
16	1015 Jordan Harvey	St. Joseph's		_____

Event 83 Women Pole Vault Senior

Saturday 29/05/2010 - 2:45 PM

Starting height 1.90 m

West Region: 3.55m 02/06/2007 Jen House

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	10 Kayla Bondy	Assumption C		_____
2	92 Elisa Dorman	Cameron Heig		_____
3	940 Jen Romaniuk	St. Anne SS -		_____
4	873 Jessica McClure	Saunders SS		_____
5	1137 Amanda Kelly	Stratford NW SS		_____
6	1178 Meaghan Felet	Massey, Vinc		_____
7	879 Nicole Rollins	Simcoe Cs-Si		_____
8	201 Blaire Stewart	Chatham-Kent		_____
9	172 Alanna Roy	Central Huron		_____
10	1080 Michelle Corbiere	St. Thomas Aq		_____
11	930 Alex Dominato	St. Anne SS -		_____
12	817 Jillian McFadden	Sandwich		_____
13	473 Christine Walsh	Kitchener Wa		_____
14	98 Olga Lioudvinevitch	Cameron Heig		_____
15	469 Marielle Harper	Kitchener Wa		_____
16	205 Karleigh Parker	College Avenue		_____

Event 84 Men Pole Vault Senior

Saturday 29/05/2010 - 12:15 PM

Starting height 2.85 m

West Region: 5.10m 1985 Doug WOOD / Wingham-Madill

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	897 Alex Hoediono	Sir John A Macd		_____
2	522 Wheaton Mouck	Leamington D		_____
3	343 Tyler Durst	Goderich Dei		_____
4	876 Chris Waugh	Saunders SS		_____
5	866 Cameron Hooker	Saunders SS		_____
6	194 Dane Harwood	Chatham-Kent		_____
7	811 Michael Lecours	Sandwich		_____
8	929 Austin Crough	St. Anne SS -		_____
9	679 Harrison Connell	Oakridge SS		_____
10	909 James Steubing	Sir John A Macd		_____
11	525 Clayton Schroeder	Leamington D		_____
12	698 Morley Willoughby	Oakridge SS		_____
13	1058 Paul Worndl	St. Mary's High		_____
14	823 Jake Pfaff	Sandwich		_____
15	758 Andrew Keller	Resurrection		_____
16	903 Ruben Larsson	Sir John A Macd		_____

Event 85 Women Long Jump Senior

Saturday 29/05/2010 - 1:15 PM

West Region: 5.92m 1996 Laura WESSELING / Delhi

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	738 Alexandria Pulham	Pauline John		_____
2	1014 Caitlyn Campbell	St. Joseph's		_____
3	1124 Kandice Pretty	Villanova		_____
4	997 Riley Williams	St. Clair S S		_____
5	153 Katie Flemington	Centennial C		_____
6	566 Nathana Griffiths	Maranatha		_____
7	377 Kristin Bujnowski	Holy Cross		_____
8	188 Christy Sikkema	Chatham Chri		_____
9	590 Charlotte Crombeen	Mother Teresa		_____
10	740 Logan White	Pauline John		_____
11	47 Karlee Parent	Belle River		_____
12	709 Kim Cupid	Lourdes		_____
13	1013 Kelly Bedek	St. Joseph's		_____
14	256 Phyllicia Pile	Essex D H S-Es		_____
15	1145 Brooke Earley	Strathroy DC		_____

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Event 86 Men Long Jump Senior**Saturday 29/05/2010 - 2:45 PM****West Region: 7.48m 2008 Damian WARNER**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	672 Ben Withers	Northern C I V		_____
2	228 Cory Giroux	Elmira Dhs		_____
3	1132 Jamie Diehl	Stratford NW SS		_____
4	976 Greg Lue	St Christoph		_____
5	748 Taylor Stewart	Regina Mundi		_____
6	1250 Adam Stuck	West Hill		_____
7	449 Trent Payne	Forster, Joh		_____
8	978 Eric McDonald	St Christoph		_____
9	1057 Brandon Williams	St. Mary's High		_____
10	701 Pieter VanDipten	Orangeville		_____
11	232 Scott Shea	Elmira Dhs		_____
12	383 Mike Slegers	Holy Cross		_____
13	574 Brandon Potter	Medway HS		_____
14	1194 Richard Veenstra	Massey, Vinc		_____
15	1264 Branden Wilhelm	Woodstock		_____
16	189 Tom Bednarik	Chatham-Kent		_____

Event 87 Women Triple Jump Senior**Saturday 29/05/2010 - 10:00 AM****West Region: 12.11m 1996 Monique HAAN / London**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	1228 Paula Gray	Wallaceburg		_____
2	153 Katie Flemington	Centennial C		_____
3	244 Laura Chittle	Essex D H S-Es		_____
4	998 Anna Antczak	St David		_____
5	738 Alexandria Pulham	Pauline John		_____
6	1076 Mary Stoesser	St. Patrick'		_____
7	1013 Kelly Bedek	St. Joseph's		_____
8	256 Phyllicia Pile	Essex D H S-Es		_____
9	844 Emily MacLeod	Saugeen D S S		_____
10	188 Christy Sikkema	Chatham Chri		_____
11	554 Krista Sipprell	London South		_____
12	1014 Caitlyn Campbell	St. Joseph's		_____
13	502 Michelle Macrae	Lambton Cent		_____
14	471 Ally Krug	Kitchener Wa		_____
15	289 Kayla Smith	Madill, F.E.		_____
16	536 Melissa Guiler	London Central		_____

Event 88 Men Triple Jump Senior**Saturday 29/05/2010 - 11:30 AM****West Region: 15.73m 2002 Kenen SHADD/Kitchener**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	1194 Richard Veenstra	Massey, Vinc		_____
2	1199 Jordan Blackmore	Herman, W.F.		_____
3	765 Marvin Muschette	Resurrection		_____
4	287 Cole Pellett	Madill, F.E.		_____
5	204 Jeremy Armour	College Avenue		_____
6	162 Andrew Jenkins	Central Elgin		_____
7	574 Brandon Potter	Medway HS		_____
8	1237 Mitchell Roth	Waterloo		_____
9	1171 Justin Wood	Valley Heigh		_____
10	1250 Adam Stuck	West Hill		_____
11	701 Pieter VanDipten	Orangeville		_____
12	673 Tyler Withers	Northern C I V		_____
13	265 Michael Ballagh	Madill, F.E.		_____
14	189 Tom Bednarik	Chatham-Kent		_____
15	929 Austin Crough	St. Anne SS -		_____
16	1207 Jordon Gauthier	Herman, W.F.		_____

Event 89 Women Shot Put Senior**Saturday 29/05/2010 - 2:45 PM****West Region: 14.25m 1996 Liz TOMAN / Elmira**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	727 Jill Knight	Parkside CI		_____
2	1158 Sarah	Strathroy DC		_____
3	78 Jill Van Damme	Bluevale		_____
4	740 Logan White	Pauline John		_____
5	167 Jenn Wakefield	Central Elgin		_____
6	779 Kayla Dodson	Riverside S S		_____
7	87 Karlee Kelly	Bpds		_____
8	836 Jillian Rogers	Sarnia C I T S		_____
9	552 Allyson Steutker	London Christia		_____
10	807 Jessica Hitchcock	Sandwich		_____
11	961 Sia Athanasopoulos	St Christoph		_____
12	278 Erin Gilchrist	Madill, F.E.		_____
13	1025 Jacinta Cowan	St. Joseph's W		_____
14	616 Jenny Howell	North Park C		_____
15	219 Sara Hudyn	Eastwood		_____
16	1074 Ciji Service	St. Patrick'		_____

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Event 90 Men Shot Put Senior**Saturday 29/05/2010 - 1:15 PM****West Region: 20.78m 1995 Brad SNYDER / Windsor - St.**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	291 Tyler Smith	Madill, F.E.	_____
2	1263 Scott Rumble	Woodstock	_____
3	833 Jackson Gray	Sarnia C I T S	_____
4	390 Josh DaSilva	Holy Names H	_____
5	1209 Darnell Girard	Herman, W.F.	_____
6	338 Drew Campbell	Glenview Par	_____
7	438 Alexander Welch	John Diefenbake	_____
8	214 Michael Dyck	East Elgin SS	_____
9	344 Coy Kulich	Goderich Dci	_____
10	835 Jeff Paulley	Sarnia C I T S	_____
11	837 Kevin Bowman	Saugeen D S S	_____
12	849 Seb Pilon	Saugeen D S S	_____
13	1085 Aaron Dinich	St. Thomas Aq	_____
14	1207 Jordon Gauthier	Herman, W.F.	_____
15	1197 Jordan Young	Massey, Vinc	_____
16	21 Nick Brimmer	Assumption	_____

Event 91 Women Discus Throw Senior**Saturday 29/05/2010 - 11:30 AM****West Region: 48.20m 1982 Liz POLYAK / Brantford-North**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	78 Jill Van Damme	Bluevale	_____
2	501 Carissa Luker	Lambton Cent	_____
3	227 Lydia Frey	Elmira Dhs	_____
4	784 Milica Kulidzan	Riverside S S	_____
5	274 Heather de Boer	Madill, F.E.	_____
6	219 Sara Hudyn	Eastwood	_____
7	890 Emily Weston	Banting, Sir	_____
8	275 Jodie Eadie	Madill, F.E.	_____
9	1025 Jacinta Cowan	St. Joseph's W	_____
10	807 Jessica Hitchcock	Sandwich	_____
11	1158 Sarah	Strathroy DC	_____
12	87 Karlee Kelly	Bpds	_____
13	387 Brianna Balzer	Holy Names H	_____
14	182 Acadia Northfield	Centre Welli	_____
15	376 Alexis Beddard	Holy Cross	_____
16	490 Karly Dobbin	Lambton Cent	_____

Event 92 Men Discus Throw Senior**Saturday 29/05/2010 - 10:00 AM****West Region: 64.94m 1995 Jason TUNKS / London-Banting**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	833 Jackson Gray	Sarnia C I T S	_____
2	1197 Jordan Young	Massey, Vinc	_____
3	665 Justin Stymest	Northern C I V	_____
4	837 Kevin Bowman	Saugeen D S S	_____
5	1147 Derek Freer	Strathroy DC	_____
6	710 Tyrone Enerio	Lourdes	_____
7	148 Tracey	Catholic Cen	_____
8	704 Rob Bartoszewicz	Lourdes	_____
9	848 Alex Pilar	Saugeen D S S	_____
10	344 Coy Kulich	Goderich Dci	_____
11	1263 Scott Rumble	Woodstock	_____
12	214 Michael Dyck	East Elgin SS	_____
13	863 Jeff Grass	Saunders SS	_____
14	849 Seb Pilon	Saugeen D S S	_____
15	1207 Jordon Gauthier	Herman, W.F.	_____

Event 93 Women Javelin Throw Senior**Friday 28/05/2010 - 5:30 PM****West Region: 47.56m 1997 Andrea BULAT /**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	807 Jessica Hitchcock	Sandwich	_____
2	843 Hillary Lubimiv	Saugeen D S S	_____
3	916 Samira Sommer	Laurier, Sir	_____
4	831 Brianne Belanger	Sarnia C I T S	_____
5	304 Hannah Robson	Brennan, F.J	_____
6	784 Milica Kulidzan	Riverside S S	_____
7	167 Jenn Wakefield	Central Elgin	_____
8	205 Karleigh Parker	College Avenue	_____
9	740 Logan White	Pauline John	_____
10	285 Gina Murray	Madill, F.E.	_____
11	702 Jenn Ward	Orangeville	_____
12	227 Lydia Frey	Elmira Dhs	_____
13	78 Jill Van Damme	Bluevale	_____
14	1111 Lerrun Ducharme	Villanova	_____
15	972 Kelsey Henry	St Christoph	_____
16	600 Hien Ngo	Mother Teresa	_____

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Event 94 Men Javelin Throw Senior

Friday 28/05/2010 - 4:00 PM

West Region: 70.20m 2001 Trevor SNYDER /

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	686 Brandon Jordan	Oakridge SS		_____
2	303 Jason Mota	Brennan, F.J		_____
3	344 Coy Kulich	Goderich Dci		_____
4	804 Christian Hackney	Sandwich		_____
5	1263 Scott Rumble	Woodstock		_____
6	1225 Mat West	Walkerton		_____
7	75 Wesley Palmer	Bluevale		_____
8	1134 Nick Graver	Stratford NW SS		_____
9	673 Tyler Withers	Northern C I V		_____
10	704 Rob Bartoszewicz	Lourdes		_____
11	573 Tyler Patterson	Medway HS		_____
12	720 Bryan Mitchell	Paris D H S-Pa		_____
13	302 Evan Mascaro	Brennan, F.J		_____
14	509 Michael Paisley	Lambton Cent		_____
15	715 Matthew Kok	Lourdes		_____
16	41 Brad Kreitzer	Belle River		_____

Event 95 Women 4x100 Meter Relay Senior

Friday 28/05/2010 - 7:20 PM

West Region: 48.73 2000 LONDON-BANTING

Lane	Team	Relay	Seed	Time
Section 1 of 2 Finals				
1	Parkside CI	A		_____
2	Belle River	A		_____
3	Medway HS	A		_____
4	Sandwich	A		_____
5	Bluevale	A		_____
6	Madill, F.E.	A		_____
7	Maranatha	A		_____
8	Catholic Central	A		_____
Section 2 of 2 Finals				
1	Cameron Heig	A		_____
2	St. Clair S S	A		_____
3	Centennial C	A		_____
4	John F. Ross	A		_____
5	Lourdes	A		_____
6	Mother Teresa	A		_____
7	North Lambto	A		_____
8	Essex D H S-Es	A		_____

Event 96 Men 4x100 Meter Relay Senior

Friday 28/05/2010 - 7:20 PM

West Region: 42.1h 1992 WATERLOO-BLUEVALE

Lane	Team	Relay	Seed	Time
Section 1 of 2 Finals				
1	Galt Cvi-Cam	A		_____
2	Valley Heigh	A		_____
3	Grey Highlands	A		_____
4	Strathroy DC	A		_____
5	Lambton Cent	A		_____
6	Chatham-Kent	A		_____
7	Catholic Central	A		_____
8	St. Thomas Aq	A		_____
Section 2 of 2 Finals				
1	Holy Cross	A		_____
2	St Christoph	A		_____
3	Madill, F.E.	A		_____
4	Northern C I V	A		_____
5	Huron Heights Se	A		_____
6	Sandwich	A		_____
7	Assumption	A		_____
8	Herman, W.F.	A		_____

Event 97 Women 1500 Meter Steeplechase Open

Friday 28/05/2010 - 3:45 PM

West Region: 5:02.59 2009 Haley CADWALLER

Lane	Name	School	Seed	Time
Section 1 of 1 Finals				
1A	787 Kodi Morgan	Riverside S S		_____
1B	578 Olivia Grafinger	Mgsr. E.A. Doyl		_____
1C	440 Sara Bowman	John F. Ross		_____
1D	323 Stephanie Mason	Galt Cvi-Cam		_____
2A	1174 Zeinab Baydoun	Massey, Vinc		_____
2B	111 Simonne Tomasovic	Cameron Heig		_____
2C	683 Michelle Gleason	Oakridge SS		_____
2D	1221 Kayla Raniwsky	Herman, W.F.		_____
3A	327 Samantha Kellam	Amherst, Gen		_____
3B	575 Katie Schurr	Medway HS		_____
3C	654 Paige Odegard	Northern C I V		_____
3D	1020 Jennifer Roberts	St. Joseph's		_____
4A	370 Lindsay Thompson	Guelph Cvi-G		_____
4B	346 Laura Walker	Goderich Dci		_____
4C	296 Emily Yungblut	Madill, F.E.		_____
4D	243 Candice Chevalier	Essex D H S-Es		_____

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Event 98 Men 2000 Meter Steeplechase Open**Friday 28/05/2010 - 3:45 PM****West Region: 5:56.7h 1984****Nick CIPP/Waterloo-Bluevale**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1A	1188 Daniel Piticariu	Massey, Vinc	_____
1B	1184 Matt Krey	Massey, Vinc	_____
1C	1150 Jeremy Hick	Strathroy DC	_____
1D	1092 Nathaniel Lamb	St. Thomas Aq	_____
2A	839 Jordan Collison	Saugeen D S S	_____
2B	947 Pat Hartman	St. Anne's	_____
2C	436 Jason Thornton	Jacob Hesple	_____
2D	176 Ben Murphy	Centre Dufferin	_____
3A	1191 Daryl Smith	Massey, Vinc	_____
3B	410 Patrick Fortune	Kennedy, Hon	_____
3C	2 Jacob Marsh	Lucas, A.B.	_____
3D	1106 Alastair Thompson	St. Thomas Aq	_____
4A	514 Clint Smith	Lambton Cent	_____
4B	633 Zac Brown	Northern C I V	_____
4C	77 Alexander Ullman	Bluevale	_____
4D	1003 Dan Caudle	St. James HS	_____

Event 99 Women 4x400 Meter Relay Open**Saturday 29/05/2010 - 4:45 PM****West Region: 3:54.13 2008****RESURRECTION**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Saunders SS	A	_____
2	Riverside S S	A	_____
3	St Christoph	A	_____
4	Cameron Heig	A	_____
5	Medway HS	A	_____
6	Guelph Cvi-G	A	_____
7	Sandwich	A	_____
8	Lambton Cent	A	_____
Section 2 of 2 Finals			
1	Centennial C	A	_____
2	Northern C I V	A	_____
3	Mother Teresa	A	_____
4	St. Mary's High	A	_____
5	Catholic Central	A	_____
6	Lourdes	A	_____
7	Essex D H S-Es	A	_____
8	St. Thomas Aq	A	_____

Event 100 Men 4x400 Meter Relay Open**Saturday 29/05/2010 - 4:45 PM****West Region: 3:20.70 1996****GENERAL AMHERST**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	John F. Ross	A	_____
2	St. Mary's High	A	_____
3	Massey, Vinc	A	_____
4	Forest Heigh	A	_____
5	Lambton Cent	A	_____
6	St. Joseph's	A	_____
7	Saunders SS	A	_____
8	Grey Highlands	A	_____
Section 2 of 2 Finals			
1	Bluevale	A	_____
2	St. Anne's	A	_____
3	Northern C I V	A	_____
4	Catholic Central	A	_____
5	Herman, W.F.	A	_____
6	Sandwich	A	_____
7	St. Thomas Aq	A	_____
8	St Christoph	A	_____

Event 101 Women 100 Meter Ambulatory**Saturday 29/05/2010 - 1:00 PM****West Region: 15.29 28/05/2006 Joanna Edwards**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
2	8 Terri-Lynn Laker	MacKenzie, A	_____
3	1069 Sylvia Crevier	St. Patrick'	_____
4	15 Virginia McLachlan	Assumption C	_____
5	791 Leah Robinson	Rockway Menn	_____
6	528 Lena Worner	Listowel Dss	_____
7	16 Katrina Passador	Assumption C	_____

Event 102 Men 100 Meter Ambulatory**Saturday 29/05/2010 - 1:00 PM****West Region: 12.08 01/06/2006 Deric Kruse**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
3	7 Justin Koolen	MacKenzie, A	_____
4	712 Travis Hill	Lourdes	_____
5	185 Myles Koke	Chatham Chri	_____
Section 2 of 2 Finals			
1	112 Mark Beneteau	Cardinal Car	_____
2	6 Mitch Blondin	MacKenzie, A	_____
3	288 Jaime Pollard	Madill, F.E.	_____
4	551 Cody Salomons	London Christia	_____
5	345 Leshon Morris	Goderich Dci	_____
6	9 Brandon Wong	MacKenzie, A	_____
7	1135 Andrew Hoskin	Stratford NW SS	_____
8	1070 Josh DaSilva	St. Patrick'	_____

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Event 104 Men 1500 Meter Wheelchair

Saturday 29/05/2010 - 10:30 AM

West Region: 4:37.13 2008 Ian Van Heteren

Lane Name School Seed Time

Section 1 of 1 Finals

1 1161 Ian VanHeteren Strathroy DC _____