

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 1 Women 100 Meter Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 11:20 AM****Meet Record: 12.2h 1998 Sabrina Notarangelo\St.Anne**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	755 Herman, Madison	St. Joseph's	13.57
2	91 Brosseau, Samantha	Catholic Cen	13.03
3	133 Yeck, Kash	Chatham Kent	14.60
4	167 Ross, Taylor	Essex D H S	13.03
5	357 Rivest, Cassandra	Lambton Cent	14.25
6	351 McPhail, Shauna	Lambton Cent	13.52
7	842 Gihula, Clare	Ursuline	14.79
8	487 Shaw, Mackenzie	Northern Civ	14.17

Heat 2 of 2 Prelims

1	724 Stewart, Sydney	St Christoph	14.00
2	808 Durocher, Rachael	Villanova	14.39
3	936 Pantic, Tina	Herman S S	13.30
4	41 Dalley, Madison	Belle River	13.05
5	385 Quick, Amber	Leamington	13.72
6	772 Warden, Jallandra	St. Joseph's	12.96
7	837 Desbiens, Gabrielle	Ursuline	14.92
8	109 Carr, Kennedy	Chatham Kent	14.54

Event 2 Men 100 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 11:20 AM****Meet Record: 11.2h 1991 Jeff Schleifer\St.Joseph**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	925 Holmes, Curtis	Herman S S	12.21
2	700 Kee, Doug	St Christoph	12.59
3	850 Malott, Stephen	Ursuline	13.20
4	172 Taveirne, Mitchell	Essex D H S	11.78
5	88 Del Brocco, Matteo	C . Carter	12.18
6	404 Dew, Keegan	North Lambto	12.64
7	80 Hinch, Josh	Blenheim	13.10
8	824 Rabanes, Ricardo	Villanova	11.85

Heat 2 of 2 Prelims

1	164 Orton, Justin	Essex D H S	12.12
2	937 Papak, Dylan	Herman S S	12.38
3	359 Rundle, Kyle	Lambton Cent	12.94
4	678 Woodfull, Brendan	St.Anne's	11.70
5	658 McGhee, Jacob	St.Anne's	12.01
6	480 Percy, Blake	Northern Civ	12.42
7	866 Turner, Garrett	Ursuline	12.78
8	855 Moulton, Anthony	Ursuline	13.62

Event 3 Women 200 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 20/05/2010 - 10:00 AM****Meet Record: 25.4h 1972 Karen Bashak\Sandwich**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	716 Quinn, Danielle	St Christoph	29.35
2	705 Lee, Taryn	St Christoph	30.05
3	41 Dalley, Madison	Belle River	26.52
4	837 Desbiens, Gabrielle	Ursuline	30.34
5	51 Mailloux, Justine	Belle River	27.75
6	639 Bechard, Amber	St.Anne's	27.69
7	167 Ross, Taylor	Essex D H S	26.81
8	724 Stewart, Sydney	St Christoph	29.70

Heat 2 of 2 Prelims

1	513 Faubert, Cassandra	Paincourt	30.77
2	936 Pantic, Tina	Herman S S	27.32
3	112 Erdie, Taylor	Chatham Kent	29.74
4	756 Hesley, Elizabeth	St. Joseph's	27.92
5	91 Brosseau, Samantha	Catholic Cen	26.31
6	293 Alagha, Gabriella	L'Essor E S	27.45
7	351 McPhail, Shauna	Lambton Cent	28.20
8	522 Hogg, Jill	Ridgetown	30.04

Event 4 Men 200 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 20/05/2010 - 10:00 AM****Meet Record: 23.1h 1972 Rocco Stella\General Amherst**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	866 Turner, Garrett	Ursuline	25.59
2	258 Ubah, Anthony	Holy Names H	23.80
3	80 Hinch, Josh	Blenheim	25.88
4	691 Fraser, Michael	St Christoph	25.42
5	885 Gardner, Destin	Massey	24.88
6	235 Hertzog, Robert	Holy Names H	24.90
7	658 McGhee, Jacob	St.Anne's	24.10
8	794 Shepard, Damien	St. Patrick'	25.16

Heat 2 of 2 Prelims

1	657 McAiney, Ryan	St.Anne's	24.48
2	480 Percy, Blake	Northern Civ	25.42
3	509 Zottl, Nick	Northern Civ	25.05
4	164 Orton, Justin	Essex D H S	24.46
5	519 Pepper, Evan	Paincourt	26.40
6	678 Woodfull, Brendan	St.Anne's	23.41
7	118 Labute, Adam	Chatham Kent	25.50
8	155 Garant, Dayne	Essex D H S	24.93

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 5 Women 400 Meter Midget****Wednesday 19/05/2010 - 12:00 PM****Meet Record: 57.59 1998 Tara Hall\St.Clair**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	493 Thomas, Holly	Northern Civ	1:08.25
2	837 Desbiens, Gabrielle	Ursuline	1:08.49
3	574 Fleming, Courtney	Sandwich	1:07.19
4	114 Harrogate, Meghan	Chatham Kent	1:06.51
5	705 Lee, Taryn	St Christoph	1:07.37
6	814 Lebel, Rachelle	Villanova	1:07.74
7	405 George, Jana	North Lambto	1:08.60
8	513 Faubert, Cassandra	Paincourt	1:08.46

Section 2 of 2 Finals

1	639 Bechard, Amber	St.Anne's	1:06.24
2	293 Alagha, Gabriella	L'Essor E S	1:06.25
3	270 Daley, Anique	Mc Gregor	1:04.93
4	167 Ross, Taylor	Essex D H S	1:04.27
5	718 Reddy, Michelle	St Christoph	1:03.31
6	176 Wolfe, Sierra	Essex D H S	1:02.52
7	30 Vaidya, Katherine	Assumption C	1:05.28
8	650 Gyemi, Alana	St.Anne's	1:05.93

Event 6 Men 400 Meter Midget**Wednesday 19/05/2010 - 12:00 PM****Meet Record: 52.39 1997 Mike Manka\Kennedy**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	658 McGhee, Jacob	St.Anne's	58.81
2	640 Bierer, Steve	St.Anne's	58.63
3	519 Pepper, Evan	Paincourt	58.60
4	887 Igbokwe, Emmanuel	Massey	57.28
5	498 Wilcox, Reid	Northern Civ	58.33
6	261 Emode, Mark	Kennedy	57.88
7	860 Reaume, Dylan	Ursuline	1:11.94
8	373 Kiar, Alex	Lambton-Kent	1:03.92

Section 2 of 2 Finals

1	925 Holmes, Curtis	Herman S S	56.58
2	691 Fraser, Michael	St Christoph	57.11
3	462 Huzevka, Jordan	Northern Civ	56.23
4	602 Parris, Khalil	Sandwich	54.39
5	794 Shepard, Damien	St. Patrick'	56.11
6	898 Rupert, Blake	Massey	56.12
7	657 McAiney, Ryan	St.Anne's	56.60
8	118 Labute, Adam	Chatham Kent	56.89

Event 7 Women 800 Meter Midget**Thursday 20/05/2010 - 10:40 AM****Meet Record: 2:11.72 23/05/2002 Alyson Kohlmeier**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	114 Harrogate, Meghan	Chatham Kent	2:49.60
2	372 Goetheyn, Allison	Lambton-Kent	2:45.46
3	507 Yazdani, Chloe	Northern Civ	2:42.75
4	671 Soucie, Delia	St.Anne's	2:43.19
5	294 Beqaj, Julia	L'Essor E S	2:41.51
6	203 Kellam, Robin	Amherst	2:40.44
7	835 Castein, Kennedy	Ursuline	2:59.56
8	833 Bassett, Brianna	Ursuline	3:07.13

Section 2 of 2 Finals

1	25 Pizzolitto, Nadia	Assumption C	2:37.98
2	257 Trombley, Carlie	Holy Names H	2:38.01
3	30 Vaidya, Katherine	Assumption C	2:31.54
4	52 Martin, Jazmin	Belle River	2:31.55
5	176 Wolfe, Sierra	Essex D H S	2:29.96
6	718 Reddy, Michelle	St Christoph	2:32.45
7	714 Parkes, Nicki	St Christoph	2:34.98
8	695 Harris, Nathalie	St Christoph	2:38.74

Event 8 Men 800 Meter Midget**Thursday 20/05/2010 - 10:40 AM****Meet Record: 2:02.41 21/05/2009 Shawn Master**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	847 Kirkpatrick, Riley	Ursuline	2:23.98
2	489 Sit, Jeff	Northern Civ	2:22.80
3			
4	699 Jeong, Paul	St Christoph	2:19.48
5	280 Carvalho, Tyler	Kingsville D	2:21.11
6	807 Ducharme, Lucas	Villanova	2:19.11
7	868 Verburg, Justin	Ursuline	2:41.96
8	373 Kiar, Alex	Lambton-Kent	2:33.19

Section 2 of 2 Finals

1	898 Rupert, Blake	Massey	2:15.27
2	462 Huzevka, Jordan	Northern Civ	2:14.98
3	887 Igbokwe, Emmanuel	Massey	2:11.94
4	897 Rocheleau, Alexander	Massey	2:13.46
5	613 Sinclair, Ryan	Sandwich	2:11.87
6	594 Lozinski, Michael	Sandwich	2:08.42
7	498 Wilcox, Reid	Northern Civ	2:17.14
8	680 Abma, Evan	St Christoph	2:16.14

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 9 Women 1500 Meter Midget****Wednesday 19/05/2010 - 2:20 PM****Meet Record: 4:34.99 22/05/2002 Alyson Kohlmeier**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 329 Jamieson, Jessica	Lambton Cent	5:47.10
2 203 Kellam, Robin	Amherst	5:38.40
3 25 Pizzolitto, Nadia	Assumption C	5:24.73
4 405 George, Jana	North Lambto	5:46.17
5 197 Garrod, Erica	Amherst	5:32.41
6 210 Shaw, Cara	Amherst	5:42.21
7 502 Wong, Michelle	Northern Civ	5:20.46
8 180 Gagnon, Celeah	F.J.Brennan	5:27.96
9 257 Trombley, Carlie	Holy Names H	5:33.01
10 718 Reddy, Michelle	St Christoph	5:13.00
11 835 Castein, Kennedy	Ursuline	6:13.07
12 714 Parkes, Nicki	St Christoph	5:15.30
13 176 Wolfe, Sierra	Essex D H S	5:18.04
14 445 Dumalo, Linda	Northern Civ	5:35.23
15 52 Martin, Jazmin	Belle River	5:22.94
16 695 Harris, Nathalie	St Christoph	5:19.78

Event 10 Men 1500 Meter Midget**Wednesday 19/05/2010 - 2:20 PM****Meet Record: 4:15.90 1977 Rick Dejardins\Riverside**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 594 Lozinski, Michael	Sandwich	4:37.74
2 869 Verburg, Nathan	Ursuline	4:55.10
3 699 Jeong, Paul	St Christoph	4:52.23
4 632 Leatherdale, Kevin	Sarnia Cits	4:56.75
5 897 Rocheleau, Alexander	Massey	4:46.94
6 613 Sinclair, Ryan	Sandwich	4:57.14
7 847 Kirkpatrick, Riley	Ursuline	4:55.00
8 16 Loewen, Garrick	Assumption C	4:51.90
9 291 Sleiman, Ryan	Kingsville D	4:18.64
10 190 Allen, Brandon	Amherst	4:28.64
11 373 Kiar, Alex	Lambton-Kent	5:12.09
12 680 Abma, Evan	St Christoph	4:38.58
13 498 Wilcox, Reid	Northern Civ	4:48.12
14 868 Verburg, Justin	Ursuline	5:18.27
15 807 Ducharme, Lucas	Villanova	4:57.02
16 877 Bazzi, Hussein	Massey	4:57.84

Event 11 Women 3000 Meter Midget**Thursday 20/05/2010 - 1:45 PM****Meet Record: 10:14.44 1999 Nicki Reckman\LCHS**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 835 Castein, Kennedy	Ursuline	13:15.85
2 197 Garrod, Erica	Amherst	11:56.82
3 180 Gagnon, Celeah	F.J.Brennan	11:45.12
4 25 Pizzolitto, Nadia	Assumption C	11:50.87
5 210 Shaw, Cara	Amherst	12:05.96
6 114 Harrogate, Meghan	Chatham Kent	13:12.12
7 685 D'Esterre, Laureenne	St Christoph	11:55.26
8 203 Kellam, Robin	Amherst	12:07.91
9 714 Parkes, Nicki	St Christoph	11:27.51
10 695 Harris, Nathalie	St Christoph	11:50.35
11 614 Smallhorn,	Sandwich	12:26.47
12 679 Young, Becky	St.Anne's	12:31.09
13 52 Martin, Jazmin	Belle River	11:19.73
14 445 Dumalo, Linda	Northern Civ	11:56.35
15 502 Wong, Michelle	Northern Civ	11:55.67
16 131 Williams, Megan	Chatham Kent	14:43.09

Event 12 Men 3000 Meter Midget**Thursday 20/05/2010 - 1:45 PM****Meet Record: 9:03.92 2006 Daryl Smith**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 668 Sanko, Luke	St.Anne's	10:25.65
2 16 Loewen, Garrick	Assumption C	10:12.47
3 699 Jeong, Paul	St Christoph	10:44.26
4 613 Sinclair, Ryan	Sandwich	10:21.22
5 733 Champagne, Kevin	St. Clair SS	12:33.67
6 291 Sleiman, Ryan	Kingsville D	8:59.01
7 332 Johnson, Jeremy	Lambton Cent	12:22.24
8 632 Leatherdale, Kevin	Sarnia Cits	10:46.64
9 506 Wright, Liam	Northern Civ	10:56.05
10 140 Picard, Daniel	Lajeunesse	10:29.72
11 869 Verburg, Nathan	Ursuline	11:12.09
12 704 Lange, Colin	St Christoph	11:03.02
13 190 Allen, Brandon	Amherst	9:35.61
14 37 Charlton, Adam	Belle River	10:37.32
15 680 Abma, Evan	St Christoph	10:19.61
16 594 Lozinski, Michael	Sandwich	10:01.60

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 13 Women 80 Meter Hurdles Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 10:30 AM****Meet Record: 12.3h 1974 Karen Albu/Riverside**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	493 Thomas, Holly	Northern Civ	14.02	_____
2	841 Fournie, Taryn	Ursuline	16.55	_____
3	365 Unsworth, Emelia	Lambton Cent	13.68	_____
4	535 Desbiens, Ryan	Riverside SS	15.66	_____
5	620 Zajacz, Stephanie	Sandwich	14.90	_____
6	91 Brosseau, Samantha	Catholic Cen	13.04	_____
7	821 Paling, Ashley	Villanova	14.69	_____
8	111 Dodman, Emily	Chatham Kent	15.60	_____

Heat 2 of 2 Prelims

1	820 Paglia, Jessica	Villanova	14.33	_____
2	438 Caraher, Chantal	Northern Civ	13.28	_____
3	522 Hogg, Jill	Ridgetown	16.46	_____
4	600 Nolan, Shayenna	Sandwich	15.92	_____
5	487 Shaw, Mackenzie	Northern Civ	15.28	_____
6	32 Yuen, Jocelyn	Assumption C	15.31	_____
7	48 King, Olivia	Belle River	13.15	_____
8	133 Yeck, Kash	Chatham Kent	14.65	_____

Event 14 Men 100 Meter Hurdles Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 10:30 AM****Meet Record: 13.7h 1974 John Schmidt/Brennan**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	777 Brown, Cormac	St. Patrick'	17.36	_____
2	341 MacIntyre, Nathan	Lambton Cent	16.88	_____
3	598 McNevin, Grahame	Sandwich	16.73	_____
4	866 Turner, Garrett	Ursuline	16.15	_____
5	813 Janikowski, Phil	Villanova	15.54	_____
6	466 Laird, Devon	Northern Civ	15.98	_____
7	891 Lin, Kevin	Massey	15.48	_____
8	289 Neumann, Steve	Kingsville D	16.00	_____

Heat 2 of 2 Prelims

1	474 Mitchell, Michigan	Northern Civ	15.46	_____
2	446 Elkelani, Yahya	Northern Civ	16.81	_____
3	762 Manu, Jude	St. Joseph's	15.82	_____
4	726 Taylor, Nathan	St Christoph	16.73	_____
5	88 Del Brocco, Matteo	C . Carter	16.01	_____
6	34 Bartos, Jason	Belle River	16.13	_____
7	323 Giorgi, Mike	Lambton Cent	15.69	_____
8	209 Prentice, Jessy	Amherst	18.13	_____

Event 15 Women 300 Meter Hurdles Midget**Thursday 20/05/2010 - 11:30 AM****Meet Record: 45.84 24/05/2007 Kelsey Balkwill**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	854 McKinlay, Allie	Ursuline	59.20	_____
2	705 Lee, Taryn	St Christoph	53.14	_____
3	270 Daley, Anique	Mc Gregor	52.78	_____
4	365 Unsworth, Emelia	Lambton Cent	53.11	_____
5	493 Thomas, Holly	Northern Civ	51.98	_____
6	287 Fischer, Karlee	Kingsville D	52.59	_____
7	517 Nerth, Megan	Paincourt	58.70	_____
8	841 Fournie, Taryn	Ursuline	56.56	_____

Section 2 of 2 Finals

1	821 Paling, Ashley	Villanova	51.71	_____
2	32 Yuen, Jocelyn	Assumption C	50.82	_____
3	438 Caraher, Chantal	Northern Civ	49.05	_____
4	808 Durocher, Rachael	Villanova	50.79	_____
5	639 Bechard, Amber	St. Anne's	49.83	_____
6	559 Augustyn, Natalia	Sandwich	47.97	_____
7	539 Iannicello, Megan	Riverside SS	50.89	_____
8	574 Fleming, Courtney	Sandwich	51.86	_____

Event 16 Men 300 Meter Hurdles Midget**Thursday 20/05/2010 - 11:30 AM****Meet Record: 41.57 21/05/2009 Branden Gow**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	336 Lang, Wallace	Lambton Cent	51.35	_____
2	726 Taylor, Nathan	St Christoph	47.75	_____
3	898 Rupert, Blake	Massey	46.36	_____
4	341 MacIntyre, Nathan	Lambton Cent	47.14	_____
5	607 Renaud, Peter	Sandwich	46.71	_____
6	88 Del Brocco, Matteo	C . Carter	46.54	_____
7	323 Giorgi, Mike	Lambton Cent	49.64	_____
8	489 Sit, Jeff	Northern Civ	48.51	_____

Section 2 of 2 Finals

1	462 Huzevka, Jordan	Northern Civ	46.27	_____
2	289 Neumann, Steve	Kingsville D	45.43	_____
3	891 Lin, Kevin	Massey	45.22	_____
4	261 Emode, Mark	Kennedy	44.50	_____
5	813 Janikowski, Phil	Villanova	44.49	_____
6	602 Parris, Khalil	Sandwich	43.47	_____
7	786 Mahon, Joel	St. Patrick'	45.64	_____
8	474 Mitchell, Michigan	Northern Civ	45.85	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 17 Women High Jump Midget****Wednesday 19/05/2010 - 1:30 PM****Starting Height 1.22m ,by 5 to 1.42, then by 3****Meet Record: 1.71m 1999 Lindsay Degroot\St.Chris**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	815 LeBlanc, Elise	Villanova	1.35m	_____
2	724 Stewart, Sydney	St Christoph	1.45m	_____
3	761 MacDougall, Kyla	St. Joseph's	1.40m	_____
4	483 Saul, Erika	Northern Civ	1.35m	_____
5	66 Smith, Victoria	Belle River	1.40m	_____
6	448 Fleischer, Christine	Northern Civ	1.48m	_____
7	571 Cousins, Leah	Sandwich	1.25m	_____
8	316 Card, Sydney	Lambton Cent	1.35m	_____
9	570 Corey, Erika	Sandwich	1.30m	_____
10	592 Loebach, Emily	Sandwich	1.63m	_____
11	431 Bishop, Ashlee	Northern Civ	1.30m	_____
12	365 Unsworth, Emelia	Lambton Cent	1.48m	_____
13	357 Rivest, Cassandra	Lambton Cent	1.25m	_____
14	111 Dodman, Emily	Chatham Kent	1.45m	_____
15				_____
16				_____

Event 18 Men High Jump Midget**Thursday 20/05/2010 - 10:00 AM****Starting Height 1..43m, by 5 to 1.58, then by 3****Meet Record: 1.87m 1989 Mike Goodison\McGregor**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	906 Way, Trevor	Massey	1.55m	_____
2	480 Percy, Blake	Northern Civ	1.55m	_____
3	171 Taveirne, Jacob	Essex D H S	1.65m	_____
4	602 Parris, Khalil	Sandwich	1.65m	_____
5	786 Mahon, Joel	St. Patrick'	1.55m	_____
6	723 Steeves, Greg	St Christoph	1.50m	_____
7	118 Labute, Adam	Chatham Kent	1.50m	_____
8	751 Campbell, Lawrence	St. Joseph's	1.50m	_____
9	955 Kraayenbrink, Matt	Wallaceburg	1.56m	_____
10	769 Stephan, Johnathan	St. Joseph's	1.40m	_____
11	575 Fleming, Quinn	Sandwich	1.40m	_____
12	726 Taylor, Nathan	St Christoph	1.55m	_____
13	700 Kee, Doug	St Christoph	1.60m	_____
14	289 Neumann, Steve	Kingsville D	1.65m	_____
15	456 Heslop, Connor	Northern Civ	1.60m	_____
16	194 Cipkar, Silas	Amherst	1.50m	_____

Event 20 Men Pole Vault Midget**Thursday 20/05/2010 - 10:45 AM****Starting height 1.90m, by 15 to 2.20, then by 10****Meet Record: 3.41m 1995 Andy Vendresco\St.Anne**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	282 Cooper, Mke	Kingsville D	2.35m	_____
2	608 Rossyan, Michael	Sandwich	2.05m	_____
3	277 Abbruzzese, Corey	Kingsville D	2.50m	_____
4				_____
5				_____
6				_____
7				_____
8				_____
9				_____
10				_____

Event 21 Women Long Jump Midget**Wednesday 19/05/2010 - 10:00 AM****Meet Record: 5.34m 1972 Karen Bashak\Sandwich**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	41 Dalley, Madison	Belle River	4.18m	_____
2	631 Kennedy, Brooklyn	Sarnia Cits	4.11m	_____
3	303 Lee-Daigle, Mialynn	L'Essor E S	4.06m	_____
4	48 King, Olivia	Belle River	3.95m	_____
5	357 Rivest, Cassandra	Lambton Cent	4.23m	_____
6	797 Surdyka, Nicole	St. Patrick'	4.17m	_____
7	559 Augustyn, Natalia	Sandwich	4.32m	_____
8	121 McIntosh, Jessica	Chatham Kent	4.02m	_____
9	600 Nolan, Shayenna	Sandwich	4.04m	_____
10	112 Erdie, Taylor	Chatham Kent	4.29m	_____
11	254 Spadafora, Searra	Holy Names H	4.34m	_____
12	109 Carr, Kennedy	Chatham Kent	4.41m	_____
13	716 Quinn, Danielle	St Christoph	4.87m	_____
14	270 Daley, Anique	Mc Gregor	4.31m	_____
15	279 Brandner, Rachel	Kingsville D	4.07m	_____
16	942 Stephens, Katie	Herman S S	3.94m	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 22 Men Long Jump Midget****Wednesday 19/05/2010 - 12:00 PM****Meet Record: 6.57m 1986 Willie Milligan\Herman**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	466 Laird, Devon	Northern Civ	5.19m	_____
2	881 Chiriarc, Dragos	Massey	5.06m	_____
3	56 McMaster, Nick	Belle River	5.14m	_____
4	830 Tetrault, Adam	Tilbury	4.93m	_____
5	868 Verburg, Justin	Ursuline	4.68m	_____
6	885 Gardner, Destin	Massey	5.86m	_____
7	678 Woodfull, Brendan	St.Anne's	5.38m	_____
8	171 Taveirne, Jacob	Essex D H S	5.70m	_____
9	691 Fraser, Michael	St Christoph	5.41m	_____
10	735 Core, Josh	St. Clair SS	4.80m	_____
11	172 Taveirne, Mitchell	Essex D H S	5.59m	_____
12	813 Janikowski, Phil	Villanova	5.63m	_____
13	955 Kraayenbrink, Matt	Wallaceburg	4.95m	_____
14	356 Pelleboer, Tim	Lambton Cent	4.80m	_____
15	657 McAiney, Ryan	St.Anne's	5.23m	_____
16	828 Dennis, Hunter	Tilbury	4.73m	_____

Event 23 Women Triple Jump Midget**Thursday 20/05/2010 - 12:00 PM****Meet Record: 11.36m 1997 Kim Braithwaite\Chatham-Kent**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	279 Brandner, Rachel	Kingsville D	9.42m	_____
2	303 Lee-Daigle, Mialynn	L'Essor E S	9.97m	_____
3	351 McPhail, Shauna	Lambton Cent	8.74m	_____
4	846 House, Rachel	Ursuline	8.35m	_____
5	641 Boyd, Meighen	St.Anne's	9.18m	_____
6	961 Turner, Holley	Wallaceburg	8.70m	_____
7	163 Nikita, Tristen	Essex D H S	9.02m	_____
8	438 Caraher, Chantal	Northern Civ	9.49m	_____
9	109 Carr, Kennedy	Chatham Kent	9.38m	_____
10	585 Humenny, Alissa	Sandwich	8.94m	_____
11	559 Augustyn, Natalia	Sandwich	10.26m	_____
12	730 Bisson, Ashley	St. Clair SS	8.84m	_____
13	772 Warden, Jallandra	St. Joseph's	9.35m	_____
14	372 Goetheyn, Allison	Lambton-Kent	7.55m	_____
15	254 Spadafora, Searra	Holy Names H	10.22m	_____
16	797 Surdyka, Nicole	St. Patrick'	8.93m	_____

Event 24 Men Triple Jump Midget**Thursday 20/05/2010 - 1:30 PM****Meet Record: 13.31m 1997 Leron Mitchell\Northern**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	172 Taveirne, Mitchell	Essex D H S	12.26m	_____
2	520 Brien, Billy	Ridgetown	9.99m	_____
3	747 Young, Dharma	St. Clair SS	10.21m	_____
4	885 Gardner, Destin	Massey	11.04m	_____
5	304 Montigny, Nicholas	L'Essor E S	10.86m	_____
6	466 Laird, Devon	Northern Civ	11.42m	_____
7	56 McMaster, Nick	Belle River	11.07m	_____
8	220 Yantzi, Matt	Harrow	10.78m	_____
9	830 Tetrault, Adam	Tilbury	10.37m	_____
10	881 Chiriarc, Dragos	Massey	11.02m	_____
11	828 Dennis, Hunter	Tilbury	9.89m	_____
12	575 Fleming, Quinn	Sandwich	10.55m	_____
13	777 Brown, Cormac	St. Patrick'	10.26m	_____
14	171 Taveirne, Jacob	Essex D H S	12.00m	_____
15	323 Giorgi, Mike	Lambton Cent	10.75m	_____
16	850 Malott, Stephen	Ursuline	10.07m	_____

Event 25 Women Shot Put Midget**Wednesday 19/05/2010 - 12:00 PM****Meet Record: 11.85m 1981 Joanne Rothery\Kennedy**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	443 Colbran, Mackenzie	Northern Civ	8.88m	_____
2	301 Forshaw, Maggie	L'Essor E S	7.85m	_____
3	688 Dobson, Stacie	St Christoph	8.43m	_____
4	922 Gauthier, Joslyn	Herman S S	8.57m	_____
5	138 Kearns, McKenzie	Lajeunesse	8.21m	_____
6	684 Clancy, Emily	St Christoph	8.03m	_____
7	512 Coyne, Paige	Paincourt	6.63m	_____
8	361 Sleaford, Mackenzie	Lambton Cent	8.10m	_____
9	491 Smith, Sydney	Northern Civ	8.32m	_____
10	213 Wynn, Rebecca	Amherst	9.47m	_____
11	516 Marchand, Brooke	Paincourt	6.49m	_____
12	518 Pepper, Emily	Paincourt	8.11m	_____
13	941 Squalls, Christina	Herman S S	8.41m	_____
14	61 Quenneville, Brianna	Belle River	9.57m	_____
15	47 Hunter, Michelle	Belle River	8.06m	_____
16	10 Conlon, Quinn	Assumption C	8.20m	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 26 Men Shot Put Midget****Wednesday 19/05/2010 - 10:00 AM****Meet Record: 18.45m 1996 Steve Bedard\St.Joseph**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	673 Stumpf, Colin	St.Anne's	12.98m	_____
2	948 Palmer, Liam	Walkerville	11.53m	_____
3	370 Coleman, Rob	Lambton-Kent	10.33m	_____
4	849 Lanigan, Billy	Ursuline	10.04m	_____
5	40 Collins, Mike	Belle River	11.88m	_____
6	949 Palmer, Lucas	Walkerville	11.66m	_____
7	637 Wilson, Lee	Sarnia Cits	11.04m	_____
8	651 Jones, Jakoby	St.Anne's	10.67m	_____
9	509 Zottl, Nick	Northern Civ	11.27m	_____
10	175 VanDijk, Mat	Essex D H S	11.86m	_____
11	64 Shepley, Josh	Belle River	12.48m	_____
12	318 Chalupka, Kyle	Lambton Cent	11.03m	_____
13	798 Whitliff, Micah	St. Patrick'	10.33m	_____
14	217 Nadon, William	Harrow	10.60m	_____
15	333 Karelse, Taivon	Lambton Cent	10.04m	_____
16	271 Innes, JJ	Mc Gregor	12.34m	_____

Event 27 Women Discus Throw Midget**Thursday 20/05/2010 - 1:30 PM****Meet Record: 35.52m 1985 Heather Quick\Riverside**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	10 Conlon, Quinn	Assumption C	26.20m	_____
2	47 Hunter, Michelle	Belle River	28.90m	_____
3	629 Kameka, Mckenna	Sarnia Cits	18.82m	_____
4	688 Dobson, Stacie	St Christoph	25.28m	_____
5	650 Gyemi, Alana	St.Anne's	18.57m	_____
6	213 Wynn, Rebecca	Amherst	28.59m	_____
7	307 Adams, Darian	Lambton Cent	18.88m	_____
8	491 Smith, Sydney	Northern Civ	19.81m	_____
9	576 Gammy, Laura	Sandwich	18.15m	_____
10	518 Pepper, Emily	Paincourt	22.96m	_____
11	7 Bevacqua, Julia	Assumption C	21.68m	_____
12	684 Clancy, Emily	St Christoph	25.44m	_____
13	301 Forshaw, Maggie	L'Essor E S	21.87m	_____
14	443 Colbran, Mackenzie	Northern Civ	20.33m	_____
15	625 Coyle, Alex	Sarnia Cits	22.08m	_____
16	922 Gauthier, Joslyn	Herman S S	24.87m	_____

Event 28 Men Discus Throw Midget**Thursday 20/05/2010 - 12:00 PM****Meet Record: 55.48m 23/05/2002 Joe Pocock**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	538 Grafos, George	Riverside SS	29.59m	_____
2	509 Zottl, Nick	Northern Civ	36.79m	_____
3	40 Collins, Mike	Belle River	33.94m	_____
4	182 LeClair, Kellen	F.J.Brennan	34.71m	_____
5	70 Strong, Montana	Belle River	33.41m	_____
6	637 Wilson, Lee	Sarnia Cits	31.36m	_____
7	738 Leckie, Joel	St. Clair SS	28.98m	_____
8	271 Innes, JJ	Mc Gregor	35.46m	_____
9	495 Vandervaart, PJ	Northern Civ	28.16m	_____
10	217 Nadon, William	Harrow	31.42m	_____
11	318 Chalupka, Kyle	Lambton Cent	30.19m	_____
12	64 Shepley, Josh	Belle River	34.39m	_____
13	259 Benko, Noah	Kennedy	33.55m	_____
14	175 VanDijk, Mat	Essex D H S	29.61m	_____
15	849 Lanigan, Billy	Ursuline	24.26m	_____
16	745 Whitbread, Dylan	St. Clair SS	28.61m	_____

Event 29 Women Javelin Throw Midget**Thursday 20/05/2010 - 10:00 AM****Meet Record: 37.70m 1981 Anna Armales\Brennan**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	782 Hendrycks, Roxanne	St. Patrick'	21.89m	_____
2	696 Henry, Jordan	St Christoph	25.51m	_____
3	213 Wynn, Rebecca	Amherst	27.58m	_____
4	14 Labrado, Clarice	Assumption C	20.64m	_____
5	443 Colbran, Mackenzie	Northern Civ	24.99m	_____
6	808 Durocher, Rachael	Villanova	27.14m	_____
7	66 Smith, Victoria	Belle River	30.77m	_____
8	185 McNames, Keaton	F.J.Brennan	24.97m	_____
9	789 Moran, Claire	St. Patrick'	24.77m	_____
10	7 Bevacqua, Julia	Assumption C	20.96m	_____
11	804 Dipasquale, Hannah	Villanova	21.98m	_____
12	361 Sleaford, Mackenzie	Lambton Cent	23.39m	_____
13	512 Coyne, Paige	Paincourt	26.02m	_____
14	491 Smith, Sydney	Northern Civ	21.82m	_____
15	482 Roberts, Abby	Northern Civ	25.76m	_____
16	759 Kennedy, Shannon	St. Joseph's	24.00m	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 30 Men Javelin Throw Midget****Wednesday 19/05/2010 - 1:30 PM****Meet Record: 60.36m 23/05/2002 Joe Pocock**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	794 Shepard, Damien	St. Patrick'	39.90m	_____
2	886 Hennin, Jacob	Massey	37.46m	_____
3	721 Ross, John	St Christoph	27.33m	_____
4	328 Jacklin, Brad	Lambton Cent	32.25m	_____
5	781 Fauteux, Joe	St. Patrick'	29.40m	_____
6	64 Shepley, Josh	Belle River	51.09m	_____
7	70 Strong, Montana	Belle River	35.91m	_____
8	40 Collins, Mike	Belle River	36.71m	_____
9	744 Waller, Adam	St. Clair SS	35.75m	_____
10	182 LeClair, Kellen	F.J.Brennan	35.63m	_____
11	925 Holmes, Curtis	Herman S S	36.59m	_____
12	849 Lanigan, Billy	Ursuline	27.44m	_____
13	901 Smith, Ryan	Massey	39.66m	_____
14	332 Johnson, Jeremy	Lambton Cent	31.67m	_____
15	777 Brown, Cormac	St. Patrick'	34.02m	_____
16	221 Zavitz, James	Harrow	36.29m	_____

Event 31 Women 4x100 Meter Relay Midget**Wednesday 19/05/2010 - 3:15 PM****Meet Record: 50.1h 1971 Massey**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1			_____
2	North Lambto	A	59.29 _____
3	Holy Names H	A	57.47 _____
4	Essex D H S	A	56.76 _____
5	Ursuline	A	58.33 _____
6	Assumption C	A	58.10 _____
7	St.Anne's	A	58.82 _____
8			_____
Section 2 of 2 Finals			
1	Lambton Cent	A	55.13 _____
2	Riverside SS	A	56.50 _____
3	Sandwich	A	54.89 _____
4	Chatham Kent	A	55.52 _____
5	Northern Civ	A	55.08 _____
6	Villanova	A	54.87 _____
7	St. Joseph's	A	55.33 _____
8	St Christoph	A	56.28 _____

Event 32 Men 4x100 Meter Relay Midget**Wednesday 19/05/2010 - 3:15 PM****Meet Record: 45.40 1981 Brennan**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1			_____
2	St. Clair SS	A	52.43 _____
3	Belle River	A	51.76 _____
4	St. Joseph's	A	50.82 _____
5	Lambton Cent	A	51.89 _____
6	Sandwich	A	50.61 _____
7	Ursuline	A	52.31 _____
8			_____
Section 2 of 2 Finals			
1	St. Patrick'	A	50.52 _____
2	Massey	A	50.06 _____
3	Essex D H S	A	47.49 _____
4	Villanova	A	48.96 _____
5	Northern Civ	A	48.77 _____
6	St Christoph	A	49.59 _____
7	Assumption C	A	50.55 _____
8	Holy Names H	A	50.19 _____

Event 33 Women 100 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 11:20 AM****Meet Record: 12.2h 1973 Karen Bashak(Sandwich)**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	785 Laureano, Janessa	St. Patrick'	13.39 _____
2	376 Pumphrey, Andrea	Lambton-Kent	14.03 _____
3	919 Donais, Vanessa	Herman S S	14.26 _____
4	408 Hutt, Bailey	North Lambto	13.05 _____
5	844 Horvath, Carley	Ursuline	13.99 _____
6	392 Griffiths, Keilah	Maranatha	13.64 _____
7	299 Donison, Kaitlyn	L'Essor E S	13.67 _____
8	183 Lynk, Aliyah	F.J.Brennan	14.17 _____
Heat 2 of 2 Prelims			
1	664 Omahen, Emily	St.Anne's	12.84 _____
2	120 McFadden, Erica	Chatham Kent	14.54 _____
3	905 Wallace, Madison	Massey	14.05 _____
4	144 Baylis, Kendra	Essex D H S	14.16 _____
5	219 Wright, Elisa	Harrow	13.69 _____
6	358 Rops, Jillian	Lambton Cent	13.59 _____
7	119 MacLean, Anisha	Chatham Kent	13.70 _____
8	709 Makar, Robyn	St Christoph	13.62 _____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 34 Men 100 Meter Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 11:20 AM****Meet Record: 10.8h 1974 Rocco Stella\General Ahmerst****Meet Record: 10.8h 1991 Jason Mailloux\Ursuline**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	920 Gauthier, Jaydon	Herman S S	11.63	_____
2	344 Mater, Nate	Lambton Cent	12.25	_____
3	630 Kelly, Ben	Sarnia Cits	11.88	_____
4	132 Wolfe, Ryan	Chatham Kent	12.85	_____
5	599 Nelson, Mitchell	Sandwich	11.73	_____
6	464 Klaudi, Matt	Northern Civ	11.95	_____
7	667 Rosaasen, Josh	St.Anne's	12.18	_____
8	117 Jones, Ryan	Chatham Kent	12.86	_____

Heat 2 of 2 Prelims

1	232 Francis-Taylor, Jacob	Holy Names H	11.77	_____
2	913 Brown, Cody	Herman S S	11.80	_____
3	250 Sanchez, Gino	Holy Names H	12.03	_____
4	514 Frappier, Eric	Paincourt	12.49	_____
5	371 Craig, Jesse	Lambton-Kent	12.56	_____
6	435 Bramwell, Drelan	Northern Civ	11.56	_____
7	31 Vaidya, Nick	Assumption C	12.02	_____
8				_____

Event 35 Women 200 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 20/05/2010 - 10:00 AM****Meet Record: 24.9h 1973 Karen Bashak\Sandwich****Meet Record: 24.99 2002 Sarah Nelson**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	144 Baylis, Kendra	Essex D H S	28.58	_____
2	919 Donais, Vanessa	Herman S S	28.86	_____
3	408 Hutt, Bailey	North Lambto	27.05	_____
4	434 Bonnema, Jess	Northern Civ	28.07	_____
5	120 McFadden, Erica	Chatham Kent	29.74	_____
6	763 Mukendi, Sarah	St. Joseph's	28.44	_____
7	785 Laureano, Janessa	St. Patrick'	27.92	_____
8	290 Rivait, Courtney	Kingsville D	27.02	_____

Heat 2 of 2 Prelims

1	358 Rops, Jillian	Lambton Cent	27.84	_____
2	296 Chauvin, Michelle	L'Essor E S	28.13	_____
3	394 Joseph, Margaret	Maranatha	28.20	_____
4	664 Omahen, Emily	St.Anne's	25.83	_____
5	899 Schincariol, Erica	Massey	28.76	_____
6	119 MacLean, Anisha	Chatham Kent	27.88	_____
7	872 Young, Hannah	Ursuline	30.31	_____
8	376 Pumphrey, Andrea	Lambton-Kent	28.82	_____

Event 36 Men 200 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 20/05/2010 - 10:00 AM****Meet Record: 22.62 5/2008 MatthewMcKeegan**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	599 Nelson, Mitchell	Sandwich	23.24	_____
2	152 Dame, Josh	Essex D H S	24.13	_____
3	117 Jones, Ryan	Chatham Kent	25.94	_____
4	375 Martin, Austin	Lambton-Kent	26.29	_____
5	45 Gow, Brandon	Belle River	23.62	_____
6	655 Limbombe, Anthony	St.Anne's	24.02	_____
7	435 Bramwell, Drelan	Northern Civ	23.28	_____
8	414 Prong, Tyler	North Lambto	24.58	_____

Heat 2 of 2 Prelims

1	913 Brown, Cody	Herman S S	23.44	_____
2	702 Krasinkiewicz, Ryan	St Christoph	24.79	_____
3	371 Craig, Jesse	Lambton-Kent	25.34	_____
4	102 Song, Ray	Chat Christian	26.96	_____
5	497 Webster, Broderick	Northern Civ	24.04	_____
6	232 Francis-Taylor, Jacob	Holy Names H	23.48	_____
7	934 McBride, Brandon	Herman S S	21.75	_____
8	264 Muise, Jared	Kennedy	24.02	_____

Event 37 Women 400 Meter Junior**Wednesday 19/05/2010 - 12:00 PM****Meet Record: 56.68 2000 Tara Halls St.Clair**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	123 Olexa, Hope	Chatham Kent	1:07.91	_____
2	872 Young, Hannah	Ursuline	1:12.16	_____
3	444 Dann, Lauren	Northern Civ	1:07.10	_____
4	160 Hetzel, Haley	Essex D H S	1:07.62	_____
5	935 McLean, Alexandra	Herman S S	1:07.14	_____
6	242 Markou, Olivia	Holy Names H	1:06.89	_____
7	863 Sawyer, Linda	Ursuline	1:13.63	_____
8	660 Milanis, Meaghan	St.Anne's	1:08.89	_____

Section 2 of 2 Finals

1	227 Campigotto, Angelica	Holy Names H	1:05.78	_____
2	919 Donais, Vanessa	Herman S S	1:06.81	_____
3	358 Rops, Jillian	Lambton Cent	1:05.32	_____
4	84 Nicholas, Breanne	Blenheim	1:03.01	_____
5	490 Smith, Siobhan	Northern Civ	1:03.10	_____
6	153 Desjardins, Amanda	Essex D H S	1:05.28	_____
7	368 VanLeerzem, Jilleen	Lambton Cent	1:05.71	_____
8	394 Joseph, Margaret	Maranatha	1:06.00	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 38 Men 400 Meter Junior****Wednesday 19/05/2010 - 12:00 PM****Meet Record: 50.0h 1994 Jeff Schleifer\St.Joseph**

Lane Name	School	Seed Time
Section 1 of 2 Finals		
1 832 Baillargeon, Austin	Ursuline	59.74
2 377 Smith, Sebastian	Lambton-Kent	59.81
3 338 Leckie, Brandon	Lambton Cent	57.36
4 174 Tremblay, Kyle	Essex D H S	56.08
5 913 Brown, Cody	Herman S S	56.57
6 722 Ryan, John	St Christoph	57.54
7 864 Sinclair, Spencer	Ursuline	1:01.14
8 862 Robert, John	Ursuline	1:03.12

Section 2 of 2 Finals

1 435 Bramwell, Drelan	Northern Civ	55.20
2 9 Carter, Jonathan	Assumption C	55.64
3 581 Hesman, Micah	Sandwich	53.32
4 934 McBride, Brandon	Herman S S	49.08
5 179 Clement, Jake	F.J.Brennan	53.45
6 560 Beaudoin, Shawn	Sandwich	53.01
7 599 Nelson, Mitchell	Sandwich	56.01
8 497 Webster, Broderick	Northern Civ	54.32

Event 39 Women 800 Meter Junior**Thursday 20/05/2010 - 10:40 AM****Meet Record: 2:15.17 1998 Hilary**

Lane Name	School	Seed Time
Section 1 of 2 Finals		
1 852 McArthur, Avery	Ursuline	2:49.39
2 660 Milanis, Meaghan	St.Anne's	2:46.20
3 123 Olexa, Hope	Chatham Kent	2:45.95
4 139 Ohlmann, Maua	Lajeunesse	2:45.86
5 712 Morden, Faith	St Christoph	2:45.08
6 146 Boissonneault, Mel	Essex D H S	2:45.28
7 77 Flook, Atlanta	Blenheim	2:52.22
8 105 Verbeek, Kim	Chat Christian	2:52.48

Section 2 of 2 Finals

1 504 Wright, Ciara	Northern Civ	2:40.45
2 652 Kiss, Andrea	St.Anne's	2:35.59
3 490 Smith, Siobhan	Northern Civ	2:31.92
4 339 Limb, Darian	Lambton Cent	2:32.94
5 672 Steen, Jacey	St.Anne's	2:31.87
6 227 Campigotto, Angelica	Holy Names H	2:30.77
7 160 Hetzel, Haley	Essex D H S	2:38.00
8 242 Markou, Olivia	Holy Names H	2:44.99

Event 40 Men 800 Meter Junior**Thursday 20/05/2010 - 10:40 AM****Meet Record: 1:57.79 1998 Scott Moncur\Belle River**

Lane Name	School	Seed Time
Section 1 of 2 Finals		
1 377 Smith, Sebastian	Lambton-Kent	2:29.16
2 862 Robert, John	Ursuline	2:27.61
3 264 Muise, Jared	Kennedy	2:13.76
4 552 Porter, Jack	Riverside SS	2:13.55
5 335 Krall, Stephen	Lambton Cent	2:18.70
6 416 Soetemans, Bryan	North Lambto	2:19.67
7 81 Montgomery, Eric	Blenheim	2:28.35
8 832 Baillargeon, Austin	Ursuline	2:32.07

Section 2 of 2 Finals

1 266 Simard, Cory	Kennedy	2:05.99
2 472 Mendoza, Pablo	Northern Civ	2:13.44
3 92 Colaluca, Jerry	Catholic Cen	2:05.29
4 470 Master, Shawn	Northern Civ	2:05.95
5 528 Bellemore, Corey	Riverside SS	1:58.58
6 179 Clement, Jake	F.J.Brennan	2:01.90
7 529 Bellemore, Justin	Riverside SS	2:09.28
8 914 Carroll, Brad	Herman S S	2:08.16

Event 41 Women 1500 Meter Junior**Wednesday 19/05/2010 - 2:20 PM****Meet Record: 4:37.88 22/05/2003 Aly Kohlmeier**

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 956 Lee, Erinn	Wallaceburg	5:29.99
2 147 Bracci, Ashley	Essex D H S	5:25.80
3 260 Delic, Leina	Kennedy	6:05.95
4 682 Bourassa, Chantal	St Christoph	5:21.30
5 463 Jameson, Melissa	Northern Civ	5:30.61
6 652 Kiss, Andrea	St.Anne's	5:29.10
7 852 McArthur, Avery	Ursuline	5:47.48
8 851 Marsh, Carly	Ursuline	5:39.22
9 339 Limb, Darian	Lambton Cent	5:12.01
10 79 Flook, Olivia	Blenheim	5:30.58
11 672 Steen, Jacey	St.Anne's	5:30.42
12 660 Milanis, Meaghan	St.Anne's	6:05.31
13 475 Odegard, Paige	Northern Civ	5:25.41
14 227 Campigotto, Angelica	Holy Names H	5:34.95
15 160 Hetzel, Haley	Essex D H S	5:52.54
16 540 Jarison, Stephanie	Riverside SS	5:38.18

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 42 Men 1500 Meter Junior****Wednesday 19/05/2010 - 2:20 PM****Meet Record: 3:59.50 1983 Terry James\Assumption**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1	528 Bellemore, Corey	Riverside SS	4:15.73	_____
2	274 Sura, Ryan	Mc Gregor	5:11.27	_____
3	92 Colaluca, Jerry	Catholic Cen	4:27.19	_____
4	882 Ellijah, Devon	Massey	4:30.73	_____
5	99 McNamara, Ryan	Chat Christian	4:30.98	_____
6	470 Master, Shawn	Northern Civ	4:16.68	_____
7	875 Al-Khazraji, Sayf	Massey	4:34.55	_____
8	335 Krall, Stephen	Lambton Cent	4:47.41	_____
9	212 Ward-Trymbulak,	Amherst	4:27.16	_____
10	529 Bellemore, Justin	Riverside SS	4:35.52	_____
11	552 Porter, Jack	Riverside SS	4:38.76	_____
12	427 Asselin, Olivier	Northern Civ	4:44.72	_____
13	958 Murphy, Evan	Wallaceburg	5:06.29	_____
14	472 Mendoza, Pablo	Northern Civ	4:37.48	_____
15	81 Montgomery, Eric	Blenheim	5:17.83	_____
16	266 Simard, Cory	Kennedy	4:31.05	_____

Event 43 Women 3000 Meter Junior**Thursday 20/05/2010 - 1:45 PM****Meet Record: 9:56.58 23/05/2003 Aly Kohlmeier**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1	463 Jameson, Melissa	Northern Civ	11:39.44	_____
2	147 Bracci, Ashley	Essex D H S	11:33.17	_____
3	302 Janisse, Sabrina	L'Essor E S	13:46.54	_____
4	672 Steen, Jacey	St.Anne's	11:50.16	_____
5	79 Flook, Olivia	Blenheim	12:44.44	_____
6	540 Jarison, Stephanie	Riverside SS	11:59.81	_____
7	105 Verbeek, Kim	Chat Christian	13:27.47	_____
8	682 Bourassa, Chantal	St Christoph	11:30.99	_____
9	610 Sandford-Cooper,	Sandwich	13:45.25	_____
10	339 Limb, Darian	Lambton Cent	11:16.92	_____
11	146 Boissonneault, Mel	Essex D H S	13:04.87	_____
12	297 Chevalier, Jacqueline	L'Essor E S	13:03.58	_____
13	148 Brush, Nicole	Essex D H S	12:40.65	_____
14	475 Odegard, Paige	Northern Civ	11:19.88	_____
15	851 Marsh, Carly	Ursuline	12:40.57	_____
16	956 Lee, Erinn	Wallaceburg	12:36.79	_____

Event 44 Men 3000 Meter Junior**Thursday 20/05/2010 - 1:45 PM****Meet Record: 8:51.62 23/05/2002 Matt Loiselle**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1	266 Simard, Cory	Kennedy	9:57.45	_____
2	81 Montgomery, Eric	Blenheim	11:46.78	_____
3	99 McNamara, Ryan	Chat Christian	9:59.59	_____
4	263 Gole, Robert	Kennedy	9:53.51	_____
5	875 Al-Khazraji, Sayf	Massey	9:40.26	_____
6	528 Bellemore, Corey	Riverside SS	9:00.62	_____
7	230 Crowley, Cole	Holy Names H	9:53.25	_____
8	244 Miner, Brandon	Holy Names H	9:35.15	_____
9	427 Asselin, Olivier	Northern Civ	10:18.42	_____
10	470 Master, Shawn	Northern Civ	9:38.58	_____
11	472 Mendoza, Pablo	Northern Civ	10:06.84	_____
12	212 Ward-Trymbulak,	Amherst	9:52.42	_____
13	882 Ellijah, Devon	Massey	9:34.59	_____
14	346 McGregor, Jesse	Lambton Cent	10:43.44	_____
15				_____
16				_____

Event 45 Women 80 Meter Hurdles Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 10:30 AM****Meet Record: 11.6h 1983 Angie Coon\Belle River**

Lane	Name	School	Seed Time	
Heat 1 of 2 Prelims				
1	479 Pecora, Marlowe	Northern Civ	13.21	_____
2	159 Harrison, Kiara	Essex D H S	16.25	_____
3	551 Pineault, Laura	Riverside SS	13.04	_____
4	734 Clarke, Ashley	St. Clair SS	17.81	_____
5	550 Penney, Bailey	Riverside SS	13.64	_____
6	299 Donison, Kaitlyn	L'Essor E S	14.64	_____
7	709 Makar, Robyn	St Christoph	14.16	_____
8	352 Molzan, Hanna	Lambton Cent	13.61	_____
Heat 2 of 2 Prelims				
1	219 Wright, Elisa	Harrow	13.30	_____
2	434 Bonnema, Jess	Northern Civ	15.36	_____
3	290 Rivait, Courtney	Kingsville D	12.94	_____
4	770 Susevski, Vanessa	St. Joseph's	14.04	_____
5	459 Holdaway, Leanne	Northern Civ	15.13	_____
6	60 Probert, Brogan	Belle River	13.54	_____
7	368 VanLeerzem, Jilleen	Lambton Cent	13.74	_____
8	707 Lunn, Sandra	St Christoph	18.60	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 46 Men 100 Meter Hurdles Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 10:30 AM****Meet Record: 14.19 18/05/2005 Ian Donald**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	464 Klaudi, Matt	Northern Civ	16.19
2	174 Tremblay, Kyle	Essex D H S	16.39
3	45 Gow, Brandon	Belle River	14.45
4	325 Gray, Michael	Lambton Cent	15.79
5	326 Helps, Steven	Lambton Cent	17.00
6	932 MacDougall,	Herman S S	18.27
7	618 Vukov, Jonathan	Sandwich	19.74
8			

Heat 2 of 2 Prelims

1			
2	514 Frappier, Eric	Paincourt	17.69
3	189 Webster, Kyle	F.J.Brennan	16.23
4	331 Johnson, Hunter	Lambton Cent	16.33
5	207 McCormick, Tom	Amherst	17.67
6	216 Long, Mitchell	Harrow	15.79
7	205 Mallender, Mike	Amherst	15.17
8			

Event 47 Women 300 Meter Hurdles Junior**Thursday 20/05/2010 - 11:30 AM****Meet Record: 44.0h 1990 Tara Smith\Chatham CI**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1			
2	826 Seville, Brittney	Villanova	1:01.43
3	345 McDonald, Shaylynn	Lambton Cent	55.57
4	72 Tighe, Danielle	Belle River	56.42
5	444 Dann, Lauren	Northern Civ	54.14
6	577 Gorski, Alison	Sandwich	54.89
7	736 Elliott, Jenna	St. Clair SS	59.17
8	870 Wolting, Alexandra	Ursuline	1:00.96

Section 2 of 2 Finals

1	551 Pineault, Laura	Riverside SS	51.54
2	394 Joseph, Margaret	Maranatha	50.54
3	368 VanLeerzem, Jilleen	Lambton Cent	49.08
4	490 Smith, Siobhan	Northern Civ	50.51
5	290 Rivait, Courtney	Kingsville D	48.73
6	479 Pecora, Marlowe	Northern Civ	50.38
7	912 Bondy, Samantha	Herman S S	54.08
8	299 Donison, Kaitlyn	L'Essor E S	51.43

Event 48 Men 300 Meter Hurdles Junior**Thursday 20/05/2010 - 11:30 AM****Meet Record: 39.24 1997 Shaun Murray\St. Joseph**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	958 Murphy, Evan	Wallaceburg	49.89
2	464 Klaudi, Matt	Northern Civ	47.22
3	174 Tremblay, Kyle	Essex D H S	45.34
4	326 Helps, Steven	Lambton Cent	46.82
5	514 Frappier, Eric	Paincourt	46.90
6	497 Webster, Broderick	Northern Civ	45.76
7	377 Smith, Sebastian	Lambton-Kent	48.03
8	366 Unsworth, George	Lambton Cent	47.17

Section 2 of 2 Finals

1	205 Mallender, Mike	Amherst	43.00
2	909 Ascot, Mike	Herman S S	41.53
3	934 McBride, Brandon	Herman S S	39.00
4	45 Gow, Brandon	Belle River	39.81
5	560 Beaudoin, Shawn	Sandwich	40.94
6	581 Hesman, Micah	Sandwich	41.41
7	9 Carter, Jonathan	Assumption C	44.44
8	325 Gray, Michael	Lambton Cent	44.95

Event 49 Women High Jump Junior**Thursday 20/05/2010 - 12:00 PM****Starting Height 1.25m, by 5 to 1.40m, then by 3****Meet Record: 1.76m 1980 Linda McCurdy\Lowe**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	903 Uras, Veronica	Massey	1.46m
2	591 Lockstadt, Alexis	Sandwich	1.35m
3	439 Caravan, Leah	Northern Civ	1.40m
4	548 Mong, Jessica	Riverside SS	1.35m
5	54 McFadden, Allison	Belle River	1.25m
6	652 Kiss, Andrea	St. Anne's	1.40m
7	871 Wood, Natasha	Ursuline	1.42m
8	352 Molzan, Hanna	Lambton Cent	1.35m
9	870 Wolting, Alexandra	Ursuline	1.45m
10	611 Severin, Jordyn	Sandwich	1.30m
11	899 Schincariol, Erica	Massey	1.30m
12	334 Krall, Stephanie	Lambton Cent	1.40m
13	494 VanBarneveld, Leah	Northern Civ	1.45m
14			
15			
16			

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 50 Men High Jump Junior****Thursday 20/05/2010 - 1:30 PM****Starting Height 1.48m, by 5 to 1.68m, then by 3****Meet Record: 2.00m 1996 Kriss Peterson\Sandwich**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	94 Mulder, Mychal	Catholic Cen	1.88m	_____
2	338 Leckie, Brandon	Lambton Cent	1.60m	_____
3	414 Prong, Tyler	North Lambto	1.65m	_____
4	347 McGuire, Sam	Lambton Cent	1.65m	_____
5	499 Williams, Jake	Northern Civ	1.90m	_____
6	818 Martinello, Gianni	Villanova	1.60m	_____
7	928 Kah, Demetrius	Herman S S	1.75m	_____
8	805 Doan, Bryce	Villanova	1.60m	_____
9	892 Maudin, Omar	Massey	1.55m	_____
10	838 Dore, Taylor	Ursuline	1.51m	_____
11	560 Beaudoin, Shawn	Sandwich	1.70m	_____
12	288 Nelson, Cole	Kingsville D	1.65m	_____
13	315 Campbell, Scott	Lambton Cent	1.70m	_____
14	943 Storey, Tyler	Herman S S	1.70m	_____
15				_____
16				_____

Event 51 Women Pole Vault Midget/Jun Junior**Thursday 20/05/2010 - 9:00 AM****Starting Height 1.70m, by 15 to 2.00, then by 10****Meet Record: 2.86m 21/05/2009 Courtney Fischer**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	674 Taylor, Angela	St.Anne's	1.80m	_____
2	283 Crawford, Kaylie	Kingsville D	1.95m	_____
3	287 Fischer, Karlee	Kingsville D	2.10m	_____
4	383 Pinch, Kaitlyn	Leamington	2.10m	_____
5	654 Larocque, Tori	St.Anne's	2.25m	_____
6	28 Sauro, Laura	Assumption C	2.25m	_____
7	592 Loebach, Emily	Sandwich	2.25m	_____
8	279 Brandner, Rachel	Kingsville D	2.40m	_____
9				_____
10				_____
11				_____
12				_____

Event 52 Men Pole Vault Junior**Thursday 20/05/2010 - 12:30 PM****Starting Height 2.30m, then by 10****Meet Record: 3.87m 23/05/2003 Jeff Bianchi**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	596 Masse, Kaelan	Sandwich	2.50m	_____
2	384 Purdy, Josh	Leamington	2.35m	_____
3	581 Hesman, Micah	Sandwich	3.10m	_____
4	659 Meyer, Jay	St.Anne's	2.50m	_____
5				_____
6				_____
7				_____
8				_____
9				_____
10				_____
11				_____
12				_____
13				_____
14				_____
15				_____
16				_____

Event 53 Women Long Jump Junior**Wednesday 19/05/2010 - 1:30 PM****Meet Record: 5.59m 23/05/2002 Sarah Nelson**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	591 Lockstadt, Alexis	Sandwich	4.48m	_____
2	292 Yu, Nancy	Kingsville D	4.56m	_____
3	352 Molzan, Hanna	Lambton Cent	4.59m	_____
4	802 Cuffaro, Mia	Villanova	4.66m	_____
5	953 Griffith, Nicole	Wallaceburg	3.80m	_____
6	703 Kuskoff, Katy	St Christoph	4.29m	_____
7	84 Nicholas, Breanne	Blenheim	4.68m	_____
8	633 Lefaive, Jenny	Sarnia Cits	4.26m	_____
9	577 Gorski, Alison	Sandwich	4.28m	_____
10	548 Mong, Jessica	Riverside SS	4.33m	_____
11	103 Tamminga, Ester	Chat Christian	3.95m	_____
12	383 Pinch, Kaitlyn	Leamington	4.47m	_____
13	278 Affleck, Courtney	Kingsville D	4.27m	_____
14	664 Omahen, Emily	St.Anne's	5.20m	_____
15	494 VanBarneveld, Leah	Northern Civ	4.25m	_____
16	844 Horvath, Carley	Ursuline	4.57m	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 54 Men Long Jump Junior****Thursday 20/05/2010 - 10:00 AM****Meet Record: 7.06m 5/2001 Anton Wood \ J.L.Forster**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	862 Robert, John	Ursuline		4.53m
2	330 Jeffery, Lukas	Lambton Cent		5.40m
3	838 Dore, Taylor	Ursuline		4.28m
4	141 Charland, Justin	St-Francois Xavi		5.16m
5	216 Long, Mitchell	Harrow		5.78m
6	784 Lanteigne, Austin	St. Patrick'		5.88m
7	927 Jones, Khalil	Herman S S		5.87m
8	667 Rosaasen, Josh	St.Anne's		5.59m
9	689 Dunn, Aaron	St Christoph		5.39m
10	920 Gauthier, Jaydon	Herman S S		5.78m
11	909 Ascot, Mike	Herman S S		6.16m
12	154 Dierickse, Evan	Essex D H S		5.53m
13	113 Hamaguchi, Todd	Chatham Kent		4.92m
14	239 Lacroix Smith,	Holy Names H		5.76m
15	315 Campbell, Scott	Lambton Cent		5.34m
16	214 Crumb, Austin	Harrow		5.94m

Event 55 Women Triple Jump Junior**Wednesday 19/05/2010 - 10:00 AM****Meet Record: 11.60m 18/05/2005 Jaime Gittens**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	548 Mong, Jessica	Riverside SS		8.97m
2	871 Wood, Natasha	Ursuline		8.46m
3	802 Cuffaro, Mia	Villanova		9.97m
4	311 Bourque, Carly	Lambton Cent		9.28m
5	591 Lockstadt, Alexis	Sandwich		8.99m
6	459 Holdaway, Leanne	Northern Civ		9.71m
7	292 Yu, Nancy	Kingsville D		9.52m
8	159 Harrison, Kiara	Essex D H S		8.87m
9	588 Koschuk, Shelby	Sandwich		8.82m
10	84 Nicholas, Breanne	Blenheim		9.54m
11	703 Kuskoff, Katy	St Christoph		8.76m
12	844 Horvath, Carley	Ursuline		9.61m
13	278 Affleck, Courtney	Kingsville D		8.53m
14	551 Pineault, Laura	Riverside SS		8.97m
15	334 Krall, Stephanie	Lambton Cent		9.23m
16	103 Tamminga, Ester	Chat Christian		8.33m

Event 56 Men Triple Jump Junior**Wednesday 19/05/2010 - 12:00 PM****Meet Record: 14.59m 1996 Kriss Peterson\Sandwich**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	325 Gray, Michael	Lambton Cent		11.22m
2	567 Cheung, Allan	Sandwich		11.06m
3	732 Carr, Rob	St. Clair SS		11.23m
4	920 Gauthier, Jaydon	Herman S S		12.64m
5	787 Mariuz, Alex	St. Patrick'		10.95m
6	330 Jeffery, Lukas	Lambton Cent		11.87m
7	154 Dierickse, Evan	Essex D H S		11.74m
8	909 Ascot, Mike	Herman S S		12.62m
9	288 Nelson, Cole	Kingsville D		11.66m
10	630 Kelly, Ben	Sarnia Cits		11.67m
11	414 Prong, Tyler	North Lambto		10.70m
12	428 Babcock, Drake	Northern Civ		10.20m
13	754 Green, Daniel	St. Joseph's		10.42m
14	310 Blonsky, Derek	Lambton Cent		11.86m
15	239 Lacroix Smith,	Holy Names H		12.62m
16	250 Sanchez, Gino	Holy Names H		11.38m

Event 57 Women Shot Put Junior**Thursday 20/05/2010 - 10:00 AM****Meet Record: 13.57m 1982 Joanne Rothery\Kennedy**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	369 Welten, Caleigh	Lambton Cent		8.80m
2	426 Arthurs, Alisha	Northern Civ		8.18m
3	161 Morse, Nicole	Essex D H S		9.09m
4	408 Hutt, Bailey	North Lambto		9.63m
5	300 Forshaw, Alex	L'Essor E S		9.08m
6	276 Zondag, Katrina	Mc Gregor		7.54m
7	933 Masson, Chelsea	Herman S S		9.90m
8	267 Lam, Suzanna	Forster Joh		10.31m
9	959 Routley, Corrie	Wallaceburg		7.12m
10	83 Nicholas, Amber	Blenheim		8.33m
11	542 Kulidzan, Marija	Riverside SS		7.53m
12	364 Turner, Kate	Lambton Cent		7.86m
13	902 Talevska, Veronica	Massey		7.70m
14	392 Griffiths, Keilah	Maranatha		7.32m
15	954 Howell, Larissa	Wallaceburg		7.18m
16	879 Bondy, Alex	Massey		7.51m

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 58 Men Shot Put 4kg Junior****Wednesday 19/05/2010 - 1:30 PM****Meet Record: 16.09m 21/05/2008 Darnell Girard**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	454 Handy, Eliot	Northern Civ	12.75m
2	907 Wortley, Corey	Massey	15.35m
3	432 Boersma, Brett	Northern Civ	15.47m
4	50 Kreitzer, Taylor	Belle River	13.62m
5	374 Marchand, Andre	Lambton-Kent	13.72m
6	94 Mulder, Mychal	Catholic Cen	12.96m
7	523 Hopper, Will	Ridgetown	12.31m
8	152 Dame, Josh	Essex D H S	15.44m
9	784 Lanteigne, Austin	St. Patrick'	14.55m
10	511 Brown, Jordan	Paincourt	11.43m
11	233 Freeman Gibb, Evan	Holy Names H	12.15m
12	547 Medel, Daniel	Riverside SS	13.05m
13	211 Spanic, Anthony	Amherst	11.78m
14	126 Simpson, Greg	Chatham Kent	12.88m
15	499 Williams, Jake	Northern Civ	14.25m
16	601 Pare, Michael	Sandwich	11.37m

Event 59 Women Discus Throw Junior**Wednesday 19/05/2010 - 12:00 PM****Meet Record: 41.71m 1998 Christina Taouil**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	369 Welten, Caleigh	Lambton Cent	23.22m
2	954 Howell, Larissa	Wallaceburg	20.24m
3	83 Nicholas, Amber	Blenheim	26.71m
4	300 Forshaw, Alex	L'Essor E S	29.16m
5	737 Hanly, Lexie	St. Clair SS	20.35m
6	676 Tracey, Katie	St. Anne's	23.15m
7	542 Kulidzan, Marija	Riverside SS	22.14m
8	364 Turner, Kate	Lambton Cent	24.76m
9	731 Carpani, Veronica	St. Clair SS	24.48m
10	15 Limarzi, Laura	Assumption C	21.76m
11	933 Masson, Chelsea	Herman S S	23.18m
12	72 Tighe, Danielle	Belle River	22.29m
13	276 Zondag, Katrina	Mc Gregor	20.27m
14	879 Bondy, Alex	Massey	23.87m
15	801 Coughlin, Mary	Villanova	28.53m
16			

Event 60 Men Discus Throw 1kg Junior**Wednesday 19/05/2010 - 10:00 AM****Meet Record: 53.93m 19/05/2004 Josh Wilson**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	401 Collette, Josh	North Lambto	32.44m
2	533 Concannon, Jake	Riverside SS	33.48m
3	663 Mullins, Greg	St. Anne's	28.22m
4	511 Brown, Jordan	Paincourt	32.23m
5	152 Dame, Josh	Essex D H S	36.86m
6	523 Hopper, Will	Ridgetown	22.21m
7	73 Werner, Justin	Belle River	27.07m
8	547 Medel, Daniel	Riverside SS	32.30m
9	354 Noll, Carter	Lambton Cent	35.06m
10	843 Gillard, Caleb	Ursuline	28.93m
11	450 Fleischer, Tom	Northern Civ	32.07m
12	710 McCaig, Josh	St Christoph	31.27m
13	211 Spanic, Anthony	Amherst	31.03m
14	233 Freeman Gibb, Evan	Holy Names H	28.62m
15	50 Kreitzer, Taylor	Belle River	42.97m
16	720 Rocca, Michael	St Christoph	42.53m

Event 61 Women Javelin Throw Junior**Thursday 20/05/2010 - 1:30 PM****Meet Record: 46.52m 1996 Andrea Bulat\Brennan**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	879 Bondy, Alex	Massey	27.90m
2	588 Koschuk, Shelby	Sandwich	29.89m
3	453 Graham, Lindsay	Northern Civ	21.32m
4	349 McLean, Janelle	Lambton Cent	21.30m
5	72 Tighe, Danielle	Belle River	24.70m
6	593 Lomazzo, Jessica	Sandwich	26.44m
7	686 Deschenes, Danielle	St Christoph	22.97m
8	451 Fowlie, Cassandra	Northern Civ	22.00m
9	783 Howes, Ashley	St. Patrick'	21.77m
10	676 Tracey, Katie	St. Anne's	26.97m
11	481 Ritchie, Deanna	Northern Civ	27.93m
12	737 Hanly, Lexie	St. Clair SS	28.73m
13	178 Clark, Karli	F.J.Brennan	28.72m
14	83 Nicholas, Amber	Blenheim	20.53m
15	912 Bondy, Samantha	Herman S S	33.40m
16	226 Burress, Leah	Holy Names H	29.01m

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 62 Men Javelin Throw 600g Junior****Thursday 20/05/2010 - 12:00 PM****Meet Record: 55.72m 21/05/2009 Tyler Withers**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	50 Kreitzer, Taylor	Belle River	60.32m	_____
2	211 Spanic, Anthony	Amherst	39.61m	_____
3	205 Mallender, Mike	Amherst	40.14m	_____
4	229 Couloufis, Matt	Holy Names H	47.56m	_____
5	46 Grosse, Kalan	Belle River	39.74m	_____
6	566 Chan, Richard	Sandwich	55.58m	_____
7	375 Martin, Austin	Lambton-Kent	30.64m	_____
8	476 Packer, Jacob	Northern Civ	43.08m	_____
9	232 Francis-Taylor, Jacob	Holy Names H	40.34m	_____
10	371 Craig, Jesse	Lambton-Kent	24.60m	_____
11	578 Hackney, Aaron	Sandwich	54.15m	_____
12	454 Handy, Eliot	Northern Civ	43.76m	_____
13	126 Simpson, Greg	Chatham Kent	24.95m	_____
14	784 Lanteigne, Austin	St. Patrick'	51.21m	_____
15	499 Williams, Jake	Northern Civ	43.60m	_____
16	132 Wolfe, Ryan	Chatham Kent	29.99m	_____

Event 63 Women 4x100 Meter Relay Junior**Wednesday 19/05/2010 - 3:15 PM****Meet Record: 50.1h 1971 Massey**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1			_____
2			_____
3	Holy Names H	A	58.85 _____
4	Sandwich	A	57.57 _____
5	North Lambto	A	58.73 _____
6	Sarnia Cits	A	58.84 _____
7	Villanova	A	59.01 _____
8			_____
Section 2 of 2 Finals			
1	L'Essor E S	A	57.35 _____
2	Herman S S	A	57.18 _____
3	Ursuline	A	55.41 _____
4	St.Anne's	A	55.61 _____
5	Northern Civ	A	52.65 _____
6	Lambton Cent	A	53.30 _____
7	Belle River	A	56.51 _____
8	Kingsville D	A	57.10 _____

Event 64 Men 4x100 Meter Relay Junior**Wednesday 19/05/2010 - 3:15 PM****Meet Record: 44.03 1997 St.Joseph**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1			_____
2	Riverside SS	A	54.31 _____
3	St.Anne's	A	50.01 _____
4	Lambton-Kent	A	49.48 _____
5	Lajeunesse	A	52.67 _____
6	Ursuline	A	52.37 _____
7	North Lambto	A	54.36 _____
8			_____
Section 2 of 2 Finals			
1	Chatham Kent	A	47.96 _____
2	Essex D H S	A	48.86 _____
3	Herman S S	A	46.85 _____
4	Sandwich	A	46.93 _____
5	Holy Names H	A	46.02 _____
6	Northern Civ	A	46.70 _____
7	Assumption C	A	48.93 _____
8	Lambton Cent	A	48.75 _____

Event 65 Women 100 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 11:20 AM****Meet Record: 12.3h 1991 Gisele Poulin\L'Essor**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	252 Siniarski, Eva	Holy Names H	14.07 _____
2	604 Paton, Sarah	Sandwich	13.83 _____
3	541 Jones, Tichina	Riverside SS	12.96 _____
4	741 Ross, Kim	St. Clair SS	13.53 _____
5	865 Squazzin, Katrina	Ursuline	14.78 _____
6	858 Pippo, Julia	Ursuline	14.62 _____
7	55 McMahan, kristen	Belle River	13.19 _____
8	458 Hiller, Dayna	Northern Civ	13.48 _____
Heat 2 of 2 Prelims			
1	861 Robert, Corissa	Ursuline	14.33 _____
2	181 Khalaf, Miriam	F.J.Brennan	13.82 _____
3	790 Moran, Kara	St. Patrick'	13.73 _____
4	572 Deschamps, Raegan	Sandwich	13.20 _____
5	222 Aguilar, Gloria	Holy Names H	14.16 _____
6	423 Wilson, Amy	North Lambto	12.87 _____
7	75 Cayer, Erica	Blenheim	15.14 _____
8	822 Pillon, Brittany	Villanova	13.41 _____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 66 Men 100 Meter Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 11:20 AM****Meet Record: 10.6h 1975 Rocco Stella\General Amherst****Meet Record: 10.6h 1991 Kevin Butcher\Chatham-Kent**

Lane	Name	School	Seed	Time
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Heat 1 of 2 Prelims

1	508 Young, Ryan	Northern Civ	11.72	_____
2	595 MacLeod, Tyler	Sandwich	10.88	_____
3	796 Sullivan, Colin	St. Patrick'	11.59	_____
4	127 Smyth, Graham	Chatham Kent	11.79	_____
5	191 Bezaire, Corey	Amherst	11.59	_____
6	496 Wattie, Graeme	Northern Civ	11.32	_____
7	425 Annett, Tyler	Northern Civ	11.27	_____
8	272 Martin, Joel	Mc Gregor	12.45	_____

Heat 2 of 2 Prelims

1	107 Bednarik, Tom	Chatham Kent	11.64	_____
2	558 Amir, Ali	Sandwich	11.40	_____
3	917 Colquhoun, Arjen	Herman S S	11.05	_____
4	243 McKeegan, Mathew	Holy Names H	11.04	_____
5	931 Lumley, Beau	Herman S S	11.55	_____
6	553 Robbins, RJ	Riverside SS	11.98	_____
7	765 Santos, George	St. Joseph's	11.71	_____
8	275 Wright, Josh	Mc Gregor	12.30	_____

Event 67 Women 200 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 20/05/2010 - 10:00 AM****Meet Record: 24.99 22/05/2008 Alexa Winik**

Lane	Name	School	Seed	Time
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Heat 1 of 2 Prelims

1	393 Griffiths, Nathana	Maranatha	25.80	_____
2	822 Pillon, Brittany	Villanova	27.24	_____
3	740 Lewis, Brittany	St. Clair SS	25.66	_____
4	604 Paton, Sarah	Sandwich	27.69	_____
5	572 Deschamps, Raegan	Sandwich	27.40	_____
6	856 Myers, Alesha	Ursuline	29.72	_____
7	861 Robert, Corissa	Ursuline	29.42	_____
8	55 McMahon, kristen	Belle River	27.86	_____

Heat 2 of 2 Prelims

1	873 Abrams, Daniella	Massey	27.41	_____
2	430 Beaten, Devan	Northern Civ	28.17	_____
3	865 Squazzin, Katrina	Ursuline	30.18	_____
4	423 Wilson, Amy	North Lambto	26.32	_____
5	790 Moran, Kara	St. Patrick'	28.08	_____
6	708 Makar, Nicole	St Christoph	27.67	_____
7	541 Jones, Tichina	Riverside SS	26.02	_____
8	143 Balkwill, Kelsey	Essex D H S	24.81	_____

Event 68 Men 200 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 20/05/2010 - 10:00 AM****Meet Record: 21.8h 1975 Rocco Stella\General Amherst****Meet Record: 21.82 2006 Nathan Riva**

Lane	Name	School	Seed	Time
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Heat 1 of 2 Prelims

1	496 Wattie, Graeme	Northern Civ	23.16	_____
2	558 Amir, Ali	Sandwich	23.37	_____
3	243 McKeegan, Mathew	Holy Names H	22.08	_____
4	247 Nawesei, Egbo	Holy Names H	23.19	_____
5	926 Johnson, Charles	Herman S S	22.67	_____
6	275 Wright, Josh	Mc Gregor	25.10	_____
7	86 Turgeon, Wayne	Blenheim	26.00	_____
8	765 Santos, George	St. Joseph's	23.49	_____

Heat 2 of 2 Prelims

1	508 Young, Ryan	Northern Civ	23.04	_____
2	845 House, Josh	Ursuline	26.08	_____
3	595 MacLeod, Tyler	Sandwich	21.94	_____
4	931 Lumley, Beau	Herman S S	23.33	_____
5	425 Annett, Tyler	Northern Civ	22.79	_____
6	191 Bezaire, Corey	Amherst	23.67	_____
7	725 Strybos, Steven	St Christoph	23.29	_____
8	127 Smyth, Graham	Chatham Kent	23.90	_____

Event 69 Women 400 Meter Senior**Wednesday 19/05/2010 - 12:00 PM****Meet Record: 56.39 21/05/2008 Alexa Winik**

Lane	Name	School	Seed	Time
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Section 1 of 2 Finals

1	856 Myers, Alesha	Ursuline	1:09.58	_____
2	865 Squazzin, Katrina	Ursuline	1:09.50	_____
3	861 Robert, Corissa	Ursuline	1:05.15	_____
4	421 Veens, Sarah	North Lambto	1:04.80	_____
5	447 Fisher, Jolene	Northern Civ	1:04.60	_____
6	156 Gemmell, Amanda	Essex D H S	1:05.41	_____
7	35 Burton, Kelly	Belle River	1:06.22	_____
8	177 Cambil, Jessica	F.J.Brennan	1:06.94	_____

Section 2 of 2 Finals

1	410 Little, TJ	North Lambto	1:04.21	_____
2	708 Makar, Nicole	St Christoph	1:03.22	_____
3	918 Cyrenne, Genny	Herman S S	1:00.73	_____
4	740 Lewis, Brittany	St. Clair SS	58.83	_____
5	143 Balkwill, Kelsey	Essex D H S	56.11	_____
6	393 Griffiths, Nathana	Maranatha	1:00.49	_____
7	617 Van Espen, Lisa	Sandwich	1:03.35	_____
8	616 Telega, Lyndsey	Sandwich	1:02.57	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 70 Men 400 Meter Senior****Wednesday 19/05/2010 - 12:00 PM****Meet Record: 48.27 2006 Jonathan Reid**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	845 House, Josh	Ursuline	55.63
2	515 Funk, Brandon	Paincourt	57.48
3	565 Chan, Dennis	Sandwich	54.35
4	508 Young, Ryan	Northern Civ	53.30
5	693 Golub, Devin	St Christoph	54.21
6	247 Nawesei, Egbo	Holy Names H	53.83
7	76 Fleury, Matt	Blenheim	59.31
8	867 VanHooste, Jordan	Ursuline	58.67

Section 2 of 2 Finals

1	765 Santos, George	St. Joseph's	52.93
2	24 Pizzolitto, Dominic	Assumption C	52.81
3	926 Johnson, Charles	Herman S S	51.00
4	485 Sawatzky, Adam	Northern Civ	51.27
5	243 McKeegan, Mathew	Holy Names H	51.37
6	917 Colquhoun, Arjen	Herman S S	49.19
7	940 Savic, Milos	Herman S S	52.42
8	461 Huzevka, Brandon	Northern Civ	52.90

Event 71 Women 800 Meter Senior**Thursday 20/05/2010 - 10:40 AM****Meet Record: 2:12.93 2000 Hilary Edmondson \ St**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	98 Koopmans, Julie	Chat Christian	2:42.67
2	110 Davis, Kayley	Chatham Kent	2:55.44
3	665 Petrasovic, Julie	St.Anne's	2:37.38
4	799 Bertucci, Elizabeth	Villanova	2:36.44
5	424 Abram, Sabrina	Northern Civ	2:29.73
6	156 Gemmell, Amanda	Essex D H S	2:32.78
7	410 Little, TJ	North Lambto	2:37.64
8	395 Arthur, Nikki	North Lambto	2:42.95

Section 2 of 2 Finals

1	477 Parker, Sarah	Northern Civ	2:26.29
2	18 Malette, Gabrielle	Assumption C	2:26.99
3	204 Kellam, Samantha	Amherst	2:23.33
4	324 Gray, Jenn	Lambton Cent	2:25.38
5	878 Bernard, Francis	Massey	2:23.34
6	449 Fleischer, Katie	Northern Civ	2:22.23
7	549 Morgan, Kodi	Riverside SS	2:26.81
8	616 Telega, Lyndsey	Sandwich	2:26.09

Event 72 Men 800 Meter Senior**Thursday 20/05/2010 - 10:40 AM****Meet Record: 1:54.10 1993 Sean Ryan\Brennan**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	510 Blondeel, Blake	Paincourt	2:22.93
2	911 Blakney, Taylor	Herman S S	2:13.28
3	880 Burdett, Haydn	Massey	2:12.44
4	100 McNamara, Stephan	Chat Christian	2:10.00
5	890 Krey, Matt	Massey	2:07.58
6	831 Wall, Jason	U.M.E.I.	2:11.12
7	515 Funk, Brandon	Paincourt	2:28.54
8	407 Gordon, Mike	North Lambto	2:18.44

Section 2 of 2 Finals

1	713 Nelson, Mike	St Christoph	2:04.54
2	461 Huzevka, Brandon	Northern Civ	2:00.34
3	893 Meloche, David	Massey	1:59.07
4	485 Sawatzky, Adam	Northern Civ	1:56.84
5	812 Janikowski, Paul	Villanova	1:56.00
6	24 Pizzolitto, Dominic	Assumption C	1:58.44
7	429 Barnes, Derek	Northern Civ	2:07.04
8	262 Fortune, Patrick	Kennedy	2:03.78

Event 73 Women 1500 Meter Senior**Wednesday 19/05/2010 - 2:20 PM****Meet Record: 4:32.89 2000 Hilary Edmondston \St**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	477 Parker, Sarah	Northern Civ	5:15.11
2	98 Koopmans, Julie	Chat Christian	5:36.44
3	19 Marcotte Toale,	Assumption C	5:24.31
4	206 Marton, Meaghan	Amherst	4:53.80
5	204 Kellam, Samantha	Amherst	5:03.63
6	128 Steele, Christi	Chatham Kent	5:12.47
7	449 Fleischer, Katie	Northern Civ	4:52.87
8	110 Davis, Kayley	Chatham Kent	5:43.98
9	876 Baydoun, Zeinab	Massey	4:54.99
10	424 Abram, Sabrina	Northern Civ	5:21.43
11	960 Sarapnickas, Erin	Wallaceburg	5:44.34
12	894 Moore, Melissa	Massey	5:06.44
13	324 Gray, Jenn	Lambton Cent	5:12.22
14	18 Malette, Gabrielle	Assumption C	5:11.78
15	878 Bernard, Francis	Massey	5:00.21
16	799 Bertucci, Elizabeth	Villanova	5:34.07

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 74 Men 1500 Meter Senior****Wednesday 19/05/2010 - 2:20 PM****Meet Record: 3:59.44 2006 David Moore**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1	889 Kowalsky, Andrew	Massey	4:17.45	_____
2	853 McArthur, Taylor	Ursuline	4:10.04	_____
3	22 Mitchell, Reid	Assumption C	4:27.64	_____
4	642 Campbell, Evan	St.Anne's	4:43.93	_____
5	262 Fortune, Patrick	Kennedy	4:21.23	_____
6	698 Holley, Mike	St Christoph	4:23.97	_____
7	485 Sawatzky, Adam	Northern Civ	4:15.39	_____
8	437 Brown, Zac	Northern Civ	4:23.25	_____
9	834 Carroll, Nathan	Ursuline	4:46.65	_____
10	100 McNamara, Stephan	Chat Christian	4:17.47	_____
11	893 Meloche, David	Massey	4:11.19	_____
12	900 Smith, Daryl	Massey	4:05.38	_____
13	694 Hall, Matt	St Christoph	4:17.66	_____
14	24 Pizzolitto, Dominic	Assumption C	4:26.71	_____
15	812 Janikowski, Paul	Villanova	4:10.60	_____
16	457 Hewlett, Tyler	Northern Civ	4:19.48	_____

Event 75 Women 3000 Meter Senior**Thursday 20/05/2010 - 1:45 PM****Meet Record: 10:06.98 23/05/2002 Amy Kohlmeier**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1	149 Chevalier, Candice	Essex D H S	11:37.45	_____
2	128 Steele, Christi	Chatham Kent	11:37.16	_____
3	878 Bernard, Francis	Massey	10:40.36	_____
4	395 Arthur, Nikki	North Lambto	12:15.98	_____
5	960 Sarapnickas, Erin	Wallaceburg	12:53.11	_____
6	206 Marton, Meaghan	Amherst	10:33.23	_____
7	98 Koopmans, Julie	Chat Christian	12:18.40	_____
8	363 Stephens, Jill	Lambton Cent	12:22.38	_____
9	894 Moore, Melissa	Massey	10:40.67	_____
10	125 Renaud, Brittany	Chatham Kent	12:42.79	_____
11	648 Gaudette, Meghan	St.Anne's	11:39.84	_____
12	449 Fleischer, Katie	Northern Civ	11:15.54	_____
13	18 Malette, Gabrielle	Assumption C	11:26.58	_____
14	876 Baydoun, Zeinab	Massey	10:26.52	_____
15	471 Mellon, Stefanie	Northern Civ	12:36.26	_____
16	19 Marcotte Toale,	Assumption C	11:14.62	_____

Event 76 Men 3000 Meter Senior**Thursday 20/05/2010 - 1:45 PM****Meet Record: 8:39.00 1980 Scott Mills\Lowe**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1	457 Hewlett, Tyler	Northern Civ	9:41.13	_____
2	642 Campbell, Evan	St.Anne's	10:02.44	_____
3	698 Holley, Mike	St Christoph	9:49.24	_____
4	22 Mitchell, Reid	Assumption C	9:31.99	_____
5	215 Jenner, Drew	Harrow	10:01.50	_____
6	362 Smith, Clint	Lambton Cent	9:32.26	_____
7	834 Carroll, Nathan	Ursuline	11:58.14	_____
8	803 Demarco, Robert	Villanova	10:03.73	_____
9	889 Kowalsky, Andrew	Massey	8:45.67	_____
10	900 Smith, Daryl	Massey	8:27.90	_____
11	100 McNamara, Stephan	Chat Christian	9:29.56	_____
12	694 Hall, Matt	St Christoph	9:19.50	_____
13	893 Meloche, David	Massey	8:50.43	_____
14	437 Brown, Zac	Northern Civ	9:28.01	_____
15	38 Charlton, John	Belle River	9:52.24	_____
16	853 McArthur, Taylor	Ursuline	9:26.18	_____

Event 77 Women 100 Meter Hurdles Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 10:30 AM****Meet Record: 14.73 5/2001 Kelley Park \ Sandwich**

Lane	Name	School	Seed Time	
Heat 1 of 2 Prelims				
1	584 Howard, Jamielynn	Sandwich	17.23	_____
2	617 Van Espen, Lisa	Sandwich	15.84	_____
3	952 Gray, Paula	Wallaceburg	18.38	_____
4	130 Vandeborn,	Chatham Kent	16.58	_____
5	35 Burton, Kelly	Belle River	16.64	_____
6	858 Pippo, Julia	Ursuline	21.06	_____
7	319 Dam, Vanessa	Lambton Cent	18.17	_____
8	39 Chauvin, Marissa	Belle River	17.44	_____
Heat 2 of 2 Prelims				
1	468 Leonard, Ashlen	Northern Civ	18.05	_____
2	17 Lucier, Karli	Assumption C	18.01	_____
3	151 Clarkson, Stephanie	Essex D H S	18.56	_____
4	918 Cyrenne, Genny	Herman S S	16.24	_____
5	717 Reddy, Meghan	St Christoph	17.22	_____
6	455 Harding, Sarah	Northern Civ	15.94	_____
7	192 Brochert, Kate	Amherst	19.25	_____
8	746 Williams, Riley	St. Clair SS	17.07	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 78 Men 110 Meter Hurdles Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Wednesday 19/05/2010 - 10:30 AM****Meet Record: 14.6h 1978 John Schmidt\Brennan****Meet Record: 14.78 2006 David Gomes**

Lane Name	School	Seed Time
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Heat 1 of 2 Prelims

1	500 Withers, Ben	Northern Civ	15.86	_____
2	313 Butler, Marty	Lambton Cent	18.23	_____
3	308 Aitken, Chris	Lambton Cent	18.58	_____
4	355 Paisley, Michael	Lambton Cent	15.61	_____
5	1 Snowdon, Mike	Ste Cecile	15.32	_____
6	605 Pfaff, Jake	Sandwich	15.24	_____
7				_____
8				_____

Heat 2 of 2 Prelims

1	580 Hesman, Gideon	Sandwich	16.69	_____
2	381 Mastronardi, Scott	Leamington	15.60	_____
3	917 Colquhoun, Arjen	Herman S S	14.84	_____
4	90 Sabutsch, Paul	C . Carter	16.14	_____
5	589 Landry, Kyle	Sandwich	15.44	_____
6	89 Foldesi, Devin	C . Carter	23.20	_____
7				_____
8				_____

Event 79 Women 400 Meter Hurdles Senior**Thursday 20/05/2010 - 11:30 AM****Meet Record: 1:03.20 1991 Tara Smith\Chatham CI**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	187 Normandeau, Devon	F.J.Brennan	1:19.62	_____
2	488 Sibbald, Jayde	Northern Civ	1:18.76	_____
3	367 VanKlaveren,	Lambton Cent	1:18.64	_____
4	468 Leonard, Ashlen	Northern Civ	1:18.51	_____
5	795 Stoesser, Mary	St. Patrick'	1:16.89	_____
6	57 Milos, Adi	Belle River	1:18.52	_____
7	562 Bondy, Staci	Sandwich	1:26.23	_____
8	957 MacTavish, Lauren	Wallaceburg	1:23.92	_____

Section 2 of 2 Finals

1	130 Vandenborn,	Chatham Kent	1:12.37	_____
2	690 Evers, Amy	St Christoph	1:14.26	_____
3	143 Balkwill, Kelsey	Essex D H S	1:03.19	_____
4	740 Lewis, Brittany	St. Clair SS	1:11.54	_____
5	918 Cyrenne, Genny	Herman S S	1:07.20	_____
6	617 Van Espen, Lisa	Sandwich	1:10.01	_____
7	616 Telega, Lyndsey	Sandwich	1:16.66	_____
8	35 Burton, Kelly	Belle River	1:13.96	_____

Event 80 Men 400 Meter Hurdles Senior**Thursday 20/05/2010 - 11:30 AM****Meet Record: 54.85 23/05/2003 Ryan Byrne**

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1				_____
2	845 House, Josh	Ursuline	1:05.78	_____
3	362 Smith, Clint	Lambton Cent	1:03.30	_____
4	355 Paisley, Michael	Lambton Cent	1:04.95	_____
5	381 Mastronardi, Scott	Leamington	1:01.88	_____
6	272 Martin, Joel	Mc Gregor	1:04.92	_____
7	460 Huebl, Ryan	Northern Civ	1:12.29	_____
8				_____

Section 2 of 2 Finals

1	68 Squire, Joel	Belle River	1:01.58	_____
2	461 Huzevka, Brandon	Northern Civ	1:02.02	_____
3	589 Landry, Kyle	Sandwich	1:01.00	_____
4	940 Savic, Milos	Herman S S	59.13	_____
5	771 Van Dusen, Jamell	St. Joseph's	1:01.07	_____
6	926 Johnson, Charles	Herman S S	1:00.18	_____
7	924 Hesley, Eli	Herman S S	1:01.86	_____
8	580 Hesman, Gideon	Sandwich	1:01.33	_____

Event 81 Women High Jump Senior**Wednesday 19/05/2010 - 10:00 AM****Starting Height 1.25m, then by 5 to 1.45m, then by 3****Meet Record: 1.73m 19/05/2004 Shelby Aldous**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	541 Jones, Tichina	Riverside SS	1.45m	_____
2	129 Stewart, Blaire	Chatham Kent	1.36m	_____
3	768 Sharman, Tessa	St. Joseph's	1.40m	_____
4	273 Smyth, Melissa	Mc Gregor	1.48m	_____
5	746 Williams, Riley	St. Clair SS	1.45m	_____
6	564 Bulkiewicz, Kristen	Sandwich	1.35m	_____
7	442 Clark, Lindsay	Northern Civ	1.35m	_____
8	319 Dam, Vanessa	Lambton Cent	1.50m	_____
9	201 Huneault, Jenna	Amherst	1.35m	_____
10	58 Moroun, Kim	Belle River	1.45m	_____
11	284 Crawford, Samantha	Kingsville D	1.35m	_____
12	947 Henshaw, Sarah	Walkerville	1.48m	_____
13	741 Ross, Kim	St. Clair SS	1.40m	_____
14	367 VanKlaveren,	Lambton Cent	1.45m	_____
15	569 Corey, Blair	Sandwich	1.35m	_____
16	701 Kongas, Kelsey	St Christoph	1.35m	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 82 Men High Jump Senior****Wednesday 19/05/2010 - 12:00 PM****Starting Height 1.60m, by 5 to 1.80m, then 3****Meet Record: 2.15m 2006 Brad Huey**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	561 Bessey, Matt	Sandwich	1.80m _____
2	742 Smith-White, CJ	St. Clair SS	1.80m _____
3	322 Dunn, Jayden	Lambton Cent	1.91m _____
4	537 French, Calvin	Riverside SS	1.70m _____
5	619 Xu, Kevin	Sandwich	1.80m _____
6	500 Withers, Ben	Northern Civ	1.80m _____
7	829 Malott, Jeff	Tilbury	1.66m _____
8	796 Sullivan, Colin	St. Patrick'	1.75m _____
9	104 Tamminga, Lucas	Chat Christian	1.69m _____
10	116 Hay, Tyler	Chatham Kent	1.63m _____
11	195 Elliot, Kuinton	Amherst	1.75m _____
12	268 Payne, Trent	Forster Joh	1.80m _____
13	643 Crough, Austin	St. Anne's	1.80m _____
14	573 DiTomasso, Eric	Sandwich	1.65m _____
15	411 Lucier, Mike	North Lambto	1.80m _____
16	285 Dyck, Tim	Kingsville D	1.80m _____

Event 83 Women Pole Vault Senior**Thursday 20/05/2010 - 9:00 AM****Starting Height 1.60m, then by 10****Meet Record: 3.36m 24/05/2007 Erica Reiser**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	286 Fischer, Courtney	Kingsville D	2.55m _____
2	666 Romaniuk, Jen	St. Anne's	1.95m _____
3	8 Bondy, Kayla	Assumption C	1.80m _____
4	129 Stewart, Blaire	Chatham Kent	1.85m _____
5	597 McFadden, Jillian	Sandwich	2.10m _____
6	645 Dominato, Alex	St. Anne's	1.80m _____
7	563 Bortolotti, Carlisle	Sandwich	1.80m _____
8	387 Tyrell, Mackenzie	Leamington	1.80m _____
9	884 Felet, Meaghan	Massey	3.00m _____
10			_____
11			_____
12			_____

Event 84 Men Pole Vault Senior**Thursday 20/05/2010 - 2:00 PM****Starting Height 2.60, by 20 to 3.00, then by 10****Meet Record: 4.50m 1995 Kristian Wilson\Blenheim**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	382 Mouck, Wheaton	Leamington	3.10m _____
2	386 Schroeder, Clayton	Leamington	3.40m _____
3	643 Crough, Austin	St. Anne's	3.10m _____
4	115 Harwood, Dane	Chatham Kent	3.40m _____
5	644 Dmytrow, Ryan	St. Anne's	2.65m _____
6	573 DiTomasso, Eric	Sandwich	3.25m _____
7	605 Pfaff, Jake	Sandwich	4.00m _____
8	380 Giesbrecht, John	Leamington	2.80m _____
9	590 Lecours, Michael	Sandwich	3.55m _____
10			_____
11			_____
12			_____
13			_____
14			_____
15			_____
16			_____

Event 85 Women Long Jump Senior**Thursday 20/05/2010 - 12:00 PM****Meet Record: 5.63m 5/2001 Sabrina Notarangelo \ St. Anne's**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	950 DePooter, Kaley	Wallaceburg	4.51m _____
2	746 Williams, Riley	St. Clair SS	4.55m _____
3	952 Gray, Paula	Wallaceburg	4.33m _____
4	129 Stewart, Blaire	Chatham Kent	4.55m _____
5	166 Pile, Phyllicia	Essex D H S	4.90m _____
6	692 Girard, Danielle	St Christoph	4.38m _____
7	379 Deveau-Carter,	Leamington	4.41m _____
8	196 Elliot, Kuyan	Amherst	4.36m _____
9	314 Campbell, Amanda	Lambton Cent	4.38m _____
10	764 Olagbegi, Bosoye	St. Joseph's	4.31m _____
11	59 Parent, Karlee	Belle River	4.95m _____
12	150 Chittle, Laura	Essex D H S	4.60m _____
13	101 Sikkema, Christy	Chat Christian	4.95m _____
14	393 Griffiths, Nathana	Maranatha	5.01m _____
15	455 Harding, Sarah	Northern Civ	4.67m _____
16	823 Pretty, Kandice	Villanova	4.60m _____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 86 Men Long Jump Senior****Thursday 20/05/2010 - 1:30 PM****Meet Record: 7.14m 1997 Kriss Peterson\Sandwich**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	500 Withers, Ben	Northern Civ	5.93m	_____
2	568 Clarke, Collin	Sandwich	5.70m	_____
3	612 Simms, Jonathan	Sandwich	5.59m	_____
4	411 Lucier, Mike	North Lambto	5.81m	_____
5	107 Bednarik, Tom	Chatham Kent	6.45m	_____
6	86 Turgeon, Wayne	Blenheim	5.34m	_____
7	268 Payne, Trent	Forster Joh	5.79m	_____
8	218 Wright, Aaron	Harrow	5.97m	_____
9	711 McDonald, Eric	St Christoph	5.88m	_____
10	85 Shuiian, Zach	Blenheim	5.47m	_____
11	924 Hesley, Eli	Herman S S	5.65m	_____
12	378 Avelar, Logan	Leamington	5.90m	_____
13	706 Lue, Greg	St Christoph	5.98m	_____
14	605 Pfaff, Jake	Sandwich	5.98m	_____
15	904 Veenstra, Richard	Massey	6.19m	_____
16	108 Bishop, Peter	Chatham Kent	5.51m	_____

Event 87 Women Triple Jump Senior**Wednesday 19/05/2010 - 1:30 PM****Meet Record: 11.78m 5/2001 Kim Braithwaite **

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	342 Macrae, Michelle	Lambton Cent	9.47m	_____
2	952 Gray, Paula	Wallaceburg	10.09m	_____
3	101 Sikkema, Christy	Chat Christian	10.77m	_____
4	945 Bertrand, Danielle	Walkerville	9.37m	_____
5	165 Phaneuf, Nicole	Essex D H S	9.82m	_____
6	840 Fisher, Carly	Ursuline	9.10m	_____
7	379 Deveau-Carter,	Leamington	9.25m	_____
8	26 Roberts, Teniece	Assumption C	8.92m	_____
9	950 DePooter, Kaley	Wallaceburg	10.28m	_____
10	452 Graham, Jenna	Northern Civ	8.85m	_____
11	795 Stoesser, Mary	St. Patrick'	9.92m	_____
12	11 Harris, Shanice	Assumption C	9.28m	_____
13	564 Bulkiewicz, Kristen	Sandwich	9.12m	_____
14	166 Pile, Phyllicia	Essex D H S	10.23m	_____
15	150 Chittle, Laura	Essex D H S	10.68m	_____
16	413 Prong, Kelsey	North Lambto	9.85m	_____

Event 88 Men Triple Jump Senior**Thursday 20/05/2010 - 10:00 AM****Meet Record: 14.24m 1973 Mike Nipinak\Brennan**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	921 Gauthier, Jordon	Herman S S	12.82m	_____
2	411 Lucier, Mike	North Lambto	11.58m	_____
3	791 Oh, Harry	St. Patrick'	10.76m	_____
4	568 Clarke, Collin	Sandwich	11.98m	_____
5	525 Tsuruda, Aaron	Ridgetown	10.99m	_____
6	643 Crough, Austin	St. Anne's	12.41m	_____
7	904 Veenstra, Richard	Massey	12.68m	_____
8	85 Shuiian, Zach	Blenheim	11.22m	_____
9	67 Souliere, Jordan	Belle River	11.83m	_____
10	910 Blackmore, Jordan	Herman S S	13.12m	_____
11	107 Bednarik, Tom	Chatham Kent	13.28m	_____
12	353 Molzan, Jordan	Lambton Cent	10.73m	_____
13	407 Gordon, Mike	North Lambto	11.07m	_____
14	501 Withers, Tyler	Northern Civ	11.47m	_____
15	89 Foldesi, Devin	C. Carter	12.05m	_____
16	619 Xu, Kevin	Sandwich	11.79m	_____

Event 89 Women Shot Put Senior**Thursday 20/05/2010 - 1:30 PM****Meet Record: 14.05m 1980 Cindy Crapper\Sandwich**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	265 Radan, Bojana	Kennedy	9.16m	_____
2	636 Rogers, Jillian	Sarnia Cits	10.13m	_____
3	681 Athanasopoulos, Sia	St Christoph	10.06m	_____
4	124 Pailey, Destiny	Chatham Kent	7.85m	_____
5	582 Hitchcock, Jessica	Sandwich	10.23m	_____
6	269 Armstrong, Emily	Mc Gregor	9.19m	_____
7	752 Cowan, Jacinta	St. Joseph's	11.14m	_____
8	96 Brouwer, Allison	Chat Christian	8.22m	_____
9	793 Service, Ciji	St. Patrick'	10.83m	_____
10	521 Couture, Erin	Ridgetown	7.83m	_____
11	208 Mickle, Rebecca	Amherst	8.75m	_____
12	200 Herbert, Brielle	Amherst	8.78m	_____
13	653 Larocque, Jocelyn	St. Anne's	10.14m	_____
14	473 Miller, Jessika	Northern Civ	9.91m	_____
15	536 Dodson, Kayla	Riverside SS	10.16m	_____
16	58 Moroun, Kim	Belle River	8.89m	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 90 Men Shot Put Senior****Thursday 20/05/2010 - 12:00 PM****Meet Record: 20.26m 1995 Brad Snyder\St.Joseph**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	95 Remeloso-Talbot,	Catholic Cen	13.14m	_____
2	465 laChance, Kris	Northern Civ	12.72m	_____
3	848 Kominek, Josh	Ursuline	10.72m	_____
4	627 Gray, Jackson	Sarnia Cits	15.89m	_____
5	231 DiSilvia, Josh	Holy Names H	13.94m	_____
6	62 Rollo, Zach	Belle River	12.39m	_____
7	923 Girard, Darnell	Herman S S	16.33m	_____
8	951 Durston, Adam	Wallaceburg	11.69m	_____
9	524 Plumbidge, James	Ridgetown	11.53m	_____
10	199 Hedges, Brett	Amherst	12.77m	_____
11	104 Tamminga, Lucas	Chat Christian	10.75m	_____
12	908 Young, Jordan	Massey	17.99m	_____
13	635 Paulley, Jeff	Sarnia Cits	14.26m	_____
14	727 Thompson, Brett	St Christoph	14.36m	_____
15	306 Trasher, Nicholas	L'Essor E S	12.29m	_____
16	921 Gauthier, Jordon	Herman S S	15.38m	_____

Event 91 Women Discus Throw Senior**Thursday 20/05/2010 - 10:00 AM****Meet Record: 44.42m 1984 Joanne Rothery\Kennedy**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	122 Morlog, Sami	Chatham Kent	26.62m	_____
2	543 Kulidzan, Milica	Riverside SS	34.86m	_____
3	340 Luker, Carissa	Lambton Cent	32.49m	_____
4	124 Pailey, Destiny	Chatham Kent	22.43m	_____
5	321 Dobbin, Karly	Lambton Cent	28.87m	_____
6	200 Herbert, Brielle	Amherst	26.37m	_____
7	269 Armstrong, Emily	Mc Gregor	30.19m	_____
8	582 Hitchcock, Jessica	Sandwich	31.68m	_____
9	793 Service, Ciji	St. Patrick'	30.55m	_____
10	521 Couture, Erin	Ridgetown	25.51m	_____
11	473 Miller, Jessika	Northern Civ	29.81m	_____
12	752 Cowan, Jacinta	St. Joseph's	33.28m	_____
13	265 Radan, Bojana	Kennedy	27.06m	_____
14	223 Balzer, Brianna	Holy Names H	31.08m	_____
15	208 Mickle, Rebecca	Amherst	22.93m	_____
16	557 Vuletic, Dragana	Riverside SS	28.17m	_____

Event 92 Men Discus Throw Senior**Wednesday 19/05/2010 - 1:30 PM****Meet Record: 54.81m 23/05/2002 Mike Marsh**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	253 Smith, Spencer	Holy Names H	35.15m	_____
2	492 Stymest, Justin	Northern Civ	37.67m	_____
3	532 Chittim, Luke	Riverside SS	38.53m	_____
4	627 Gray, Jackson	Sarnia Cits	49.87m	_____
5	95 Remeloso-Talbot,	Catholic Cen	36.26m	_____
6	951 Durston, Adam	Wallaceburg	30.41m	_____
7	546 Lobzun, Ricky	Riverside SS	32.91m	_____
8	921 Gauthier, Jordon	Herman S S	43.56m	_____
9	938 Raniwsky, Alec	Herman S S	33.27m	_____
10	199 Hedges, Brett	Amherst	37.45m	_____
11	82 Neudorf, Rob	Blenheim	26.38m	_____
12	719 Rocca, Joe	St Christoph	42.45m	_____
13	104 Tamminga, Lucas	Chat Christian	38.28m	_____
14	635 Paulley, Jeff	Sarnia Cits	37.08m	_____
15	908 Young, Jordan	Massey	55.46m	_____
16	78 Flook, Daymin	Blenheim	26.68m	_____

Event 93 Women Javelin Throw Senior**Wednesday 19/05/2010 - 12:00 PM****Meet Record: 47.72m 1980 Cindy Crapper\Sandwich**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	564 Bulkiewicz, Kristen	Sandwich	27.01m	_____
2	74 Ball, Karen	Blenheim	22.89m	_____
3	124 Pailey, Destiny	Chatham Kent	27.89m	_____
4	58 Moroun, Kim	Belle River	32.70m	_____
5	452 Graham, Jenna	Northern Civ	32.59m	_____
6	623 Belanger, Brianne	Sarnia Cits	32.06m	_____
7	582 Hitchcock, Jessica	Sandwich	39.84m	_____
8	122 Morlog, Sami	Chatham Kent	21.68m	_____
9	662 Mullins, Anna	St.Anne's	29.34m	_____
10	543 Kulidzan, Milica	Riverside SS	34.27m	_____
11	806 Ducharme, Lerren	Villanova	32.10m	_____
12	188 Robson, Hannah	F.J.Brennan	34.26m	_____
13	946 Gyemi, Lauren	Walkerville	30.92m	_____
14	697 Henry, Kelsey	St Christoph	38.48m	_____
15	839 Dunn, Julie	Ursuline	22.87m	_____
16	503 Woods, Taylor	Northern Civ	29.42m	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 94 Men Javelin Throw Senior****Wednesday 19/05/2010 - 10:00 AM****Meet Record: 69.64m 1981 Mike Brennan\Kingsville**

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	836 Craven, Andrew	Ursuline	33.28m	_____
2	355 Paisley, Michael	Lambton Cent	47.21m	_____
3	908 Young, Jordan	Massey	43.12m	_____
4	579 Hackney, Christian	Sandwich	44.55m	_____
5	106 Whittington, Justin	Chat Christian	41.26m	_____
6	796 Sullivan, Colin	St. Patrick'	46.13m	_____
7	186 Mota, Jason	F.J.Brennan	40.78m	_____
8	501 Withers, Tyler	Northern Civ	49.39m	_____
9	776 Acton, Joel	St. Patrick'	45.87m	_____
10	587 Kolody, Robert	Sandwich	44.21m	_____
11	49 Kreitzer, Brad	Belle River	40.40m	_____
12	859 Pottier, Sean	Ursuline	33.55m	_____
13	95 Remeloso-Talbot,	Catholic Cen	40.71m	_____
14	938 Raniwsky, Alec	Herman S S	40.58m	_____
15	524 Plumbridge, James	Ridgetown	44.93m	_____
16	184 Mascaro, Evan	F.J.Brennan	41.73m	_____

Event 95 Women 4x100 Meter Relay Senior**Wednesday 19/05/2010 - 3:15 PM****Meet Record: 49.82 22/05/2003 Brennan, F.J. HS-Windsor****M Orzylowski, M Fall, J Plante, L Smitham**

Lane	Team	Relay	Seed	Time
Section 1 of 2 Finals				
1	F.J.Brennan	A	56.10	_____
2	Amherst	A	57.02	_____
3	Villanova	A	54.76	_____
4	Belle River	A	55.43	_____
5	Chatham Kent	A	55.87	_____
6	Lambton Cent	A	55.93	_____
7	Holy Names H	A	56.01	_____
8				_____
Section 2 of 2 Finals				
1	Essex D H S	A	54.24	_____
2	St. Patrick'	A	53.63	_____
3	Northern Civ	A	53.23	_____
4	Sandwich	A	53.32	_____
5	St. Clair SS	A	53.19	_____
6	North Lambto	A	51.68	_____
7	Maranatha	A	54.23	_____
8	St Christoph	A	53.94	_____

Event 96 Men 4x100 Meter Relay Senior**Wednesday 19/05/2010 - 3:15 PM****Meet Record: 42.66 5/2006 Sandwich**

Lane	Team	Relay	Seed	Time
Section 1 of 2 Finals				
1				_____
2	St. Joseph's	A	48.95	_____
3	St Christoph	B	47.92	_____
4	Riverside SS	A	48.13	_____
5	North Lambto	A	48.32	_____
6	Mc Gregor	A	47.76	_____
7	Ursuline	A	51.47	_____
8	Belle River	A	48.52	_____
Section 2 of 2 Finals				
1	Herman S S	A	46.49	_____
2	Holy Names H	A	46.74	_____
3	Sandwich	A	45.19	_____
4	Northern Civ	A	44.20	_____
5	Lambton Cent	A	45.82	_____
6	St. Patrick'	A	45.23	_____
7	Chatham Kent	A	46.93	_____
8	Amherst	A	47.56	_____

Event 97 Women 1500 Meter Steeplechase Senior**Wednesday 19/05/2010 - 10:00 AM****Meet Record: 5:06.20 18/05/2005 Lydia Willemse**

Lane	Name	School	Seed	Time
Section 1 of 1 Finals				
1	488 Sibbald, Jayde	Northern Civ	5:56.04	_____
2	748 Adamo, Taylor	St. Joseph's	6:02.65	_____
3	204 Kellam, Samantha	Amherst	5:27.72	_____
4	960 Sarapnickas, Erin	Wallaceburg	6:14.59	_____
5	149 Chevalier, Candice	Essex D H S	5:46.38	_____
6	876 Baydoun, Zeinab	Massey	5:16.87	_____
7	345 McDonald, Shaylynn	Lambton Cent	6:21.00	_____
8	939 Raniwsky, Kayla	Herman S S	5:44.34	_____
9	125 Renaud, Brittany	Chatham Kent	6:02.43	_____
10	895 Parris, Kiswana	Massey	5:54.36	_____
11	883 Fader, Liz	Massey	6:08.73	_____
12	79 Flook, Olivia	Blenheim	6:04.05	_____
13	475 Odegard, Paige	Northern Civ	5:52.05	_____
14	549 Morgan, Kodi	Riverside SS	5:24.87	_____
15	956 Lee, Erinn	Wallaceburg	6:02.02	_____
16	469 Margetts, Wendy	Northern Civ	6:18.19	_____

SWOSSAA Track and Field 2010 - 19/05/2010 to 20/05/2010**Day1 Sarnia / Day 2 Windsor****Meet Program****Event 98 Men 2000 Meter Steeplechase Senior****Wednesday 19/05/2010 - 10:00 AM****Meet Record: 6:03.20 21/05/2008 Daryl Smith**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1	958 Murphy, Evan	Wallaceburg	7:53.19	_____
2	773 Willisie, Lenard	St. Joseph's	7:05.71	_____
3	419 VanEngelen, Adam	North Lambto	7:22.54	_____
4	262 Fortune, Patrick	Kennedy	6:24.13	_____
5	484 Saunders, Troy	Northern Civ	7:23.54	_____
6	890 Krey, Matt	Massey	6:56.86	_____
7	215 Jenner, Drew	Harrow	7:31.05	_____
8	834 Carroll, Nathan	Ursuline	7:25.14	_____
9	739 Leckie, Spencer	St. Clair SS	6:53.83	_____
10	362 Smith, Clint	Lambton Cent	6:26.40	_____
11	606 Renaud, Matt	Sandwich	7:36.03	_____
12	93 Jaeger, Josh	Catholic Cen	7:42.95	_____
13	896 Piticariu, Daniel	Massey	6:12.83	_____
14	437 Brown, Zac	Northern Civ	6:38.95	_____
15	900 Smith, Daryl	Massey	6:10.48	_____
16				_____

Event 99 Women 4x400 Meter Relay Senior**Thursday 20/05/2010 - 3:15 PM****Meet Record: 3:58.32 1998 St.Christopher**

Lane	Team	Relay	Seed Time	
Section 1 of 2 Finals				
1	Blenheim	A	5:28.66	_____
2	Ursuline	A	4:50.21	_____
3	Riverside SS	A	4:24.91	_____
4	Sandwich	A	4:32.07	_____
5	Holy Names H	A	4:31.86	_____
6	North Lambto	A	4:25.67	_____
7	Lambton Cent	A	4:24.14	_____
8	Chat Christian	A	4:46.44	_____
Section 2 of 2 Finals				
1	Amherst	A	4:23.33	_____
2	Chatham Kent	A	4:36.67	_____
3	Essex D H S	A	4:11.70	_____
4	Northern Civ	A	4:13.20	_____
5	Herman S S	A	4:21.64	_____
6	St Christoph	A	4:20.14	_____
7	Maranatha	A	4:24.08	_____
8	St.Anne's	A	4:23.62	_____

Event 100 Men 4x400 Meter Relay Senior**Thursday 20/05/2010 - 3:40 PM****Meet Record: 3:23.00 5/2001 St.Joseph's**

Lane	Team	Relay	Seed Time	
Section 1 of 2 Finals				
1				_____
2	Ursuline	A	3:55.94	_____
3	Assumption C	A	3:47.89	_____
4	North Lambto	A	3:50.90	_____
5	Kennedy	A	3:46.80	_____
6	St. Joseph's	A	3:47.13	_____
7	Chat Christian	A	4:02.73	_____
8	Sarnia Cits	A	4:14.20	_____
Section 2 of 2 Finals				
1	Holy Names H	A	3:42.61	_____
2	Essex D H S	A	3:42.92	_____
3	Massey	A	3:37.89	_____
4	Northern Civ	A	3:30.26	_____
5	Sandwich	A	3:34.90	_____
6	Herman S S	A	3:22.36	_____
7	St Christoph	A	3:38.94	_____
8	Lambton Cent	A	3:40.16	_____

Event 101 Women 100 Meter Ambulatory**Wednesday 19/05/2010 - 1:50 PM****Meet Record: 15.71 19/05/2006 Joanna Edwards**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1				_____
2				_____
3	778 Crevier, Sylvia	St. Patrick'	16.78	_____
4	23 Passador, Katrina	Assumption C	20.98	_____
5	21 McLachlan, Virginia	Assumption C	16.87	_____
6	5 Laker, Terri-Lynn	MacKenzie A	20.32	_____
7				_____
8				_____

Event 102 Men 100 Meter Ambulatory**Wednesday 19/05/2010 - 1:50 PM****Meet Record: 13.67 21/05/2008 Andrew Cook**

Lane	Name	School	Seed Time	
Section 1 of 1 Finals				
1	4 Koolen, Justin	MacKenzie A	17.92	_____
2	3 Desroches, Dominic	MacKenzie A	17.93	_____
3	6 Wong, Brandon	MacKenzie A	14.06	_____
4	2 Blondin, Mitch	MacKenzie A	16.50	_____
5	779 DaSilva, Josh	St. Patrick'	16.03	_____
6	87 Beneteau, Mark	C. Carter	16.33	_____
7	97 Koke, Myles	Chat Christian	23.71	_____
8				_____