

CANATARA MEET OF CHAMPIONS

DATE: Thursday, October 9

Canatara Park, Sarnia, ON
Site of OFSAA '08

RACES:	10:30	Midget Girls	3km
	11:15	Midget Boys	5km
	12:00	Junior Girls	4km
	12:45	Junior Boys	6km
	1:30	Senior Girls	5km
	2:15	Senior Boys	7km

COURSE: Course is relatively flat and run on varied terrain including grass, wood chip trails and some paved road crossings. Short spikes or racing flats are recommended.

SCORING: The first four finishers per team will count with all other runners as displacers. All runners must wear their assigned number and timing chip. Timing will be done by Sportstats.

ENTRY FEE: \$8 /athlete. Please make cheques payable to L.S.S.A.A. and bring with you to the meet.

ENTRY LIMIT: You may enter up to 7 athletes in each division. If there are too many athletes entered into a specific division, the race will be split and the schedule will be compressed. Information will be published on the website.

ENTRY DEADLINE: Thursday, October 2 @ 9:00pm or 2000 athletes. Entries to be done online at https://eventsonline.ca/events/pre_ofsaa/
If you make a mistake, please inform Bob Newman at <mailto:rnewman@ebtech.net>

AWARDS: Awards will be given to the top team in each division and the top 10 individuals. Awards may be picked up underneath the pavilion once the results have been posted.

T-SHIRTS: Souvenir t-shirts will be available for purchase.

DIRECTIONS: Highway 402 to Christina Street North

BUSES: Turn left at Michigan Road. Turn right at Alfred Street. Entrance to park will be on your right.

CARS/VANS: Go through lights at Michigan Road. Entrance to park will be on your left.

QUESTIONS: Please direct any questions to Mark Scott @ Northern Collegiate
(scottma@lkdsb.net) 519 542 5545 x234

